

Wednesday in the Word Bible Study

First Mount Zion Baptist Church (FMZBC), Dumfries, Virginia
To Connect People Who Have a Desire To Become Fully Devoted Followers of Jesus Christ
2026 Church Theme: Generation to Generation– Generation to Generation, Growing Together:
One Lord, One Church, One Future

July 1, 2026

Study Focus: The Basics of Prayer

Presenters: Rev. Glenda Brown (am)/Rev. Cozy Bailey (pm)

Objective: To gain a greater understanding of prayer, why Jesus taught His followers to pray, and how to begin building a consistent daily prayer rhythm.

Key Scriptures: Matthew 6:5-15; Luke 11:1-3; Luke 5:16

Summary: Author, E. M. Bounds states that the most important lesson we can learn is how to pray. Prayer is personal communication with God. Jesus teaches that prayer is not meant to impress people, repeat empty words, or perform religion for attention. Prayer grows out of relationship with the Father. In Matthew 6, Jesus gives His followers a pattern that includes worship, surrender, dependence, forgiveness, guidance, and deliverance. In Luke 11, Jesus also teaches persistence and confidence, reminding believers that the Father hears and responds to His children.

1. According to Matthew 6:5-6, what kind of prayer does Jesus warn against?

2. Why does Jesus say to pray in secret?

3. What does Matthew 6:7-8 teach about repeating words in prayer?

4. What does “Our Father in heaven” teach us about God?

5. What does “Your kingdom come, Your will be done” mean for daily living?

6. What does asking Jesus for “daily bread” mean to you?

7. What is the purpose of forgiveness in Jesus’ pattern for prayer?

8. Luke 11: 9-10 addresses persistence in prayer. Explain what it means to be persistent in prayer.

Personal Application

- Choose one consistent time each day this week to pray
- Choose a quiet place where you can meet with God without distractions
- Use the Lord’s Prayer as a guide (praise God, surrender to His will, ask for daily needs, confess sin, forgive others, and ask for guidance)
- Write down one prayer request and one thing you are thankful for each day

Reflection: What is one step you will take this week to grow deeper in your prayer life?

Closing Prayer:

Father, thank You for inviting us to come to You in prayer. Teach us to pray with honest hearts, humble spirits, and a steady faith. Help us seek Your kingdom, trust You for our daily needs, forgive others, and follow Your will. Build in us a consistent rhythm of prayer that draws us closer to You each day. In Jesus’ Mighty name, we pray, AMEN.