



Visit our  
Website

Click Here to register your email and receive Connection Points directly to your Email from  
Constant Contact

## **First Mount Zion Baptist Church**

**Our Vision:** "Sharing the light from the Promise, to Pentecost, to Points around the world!"

**Our Mission:** To connect people who have a desire to become fully devoted followers of Jesus Christ.

**Our Four-Step Strategy:**

- Worship
- Study of God's Word
- Stewardship
- Service

## **CONNECTION POINTS**

**November 18, 2025**

Connection Points is a weekly communication to keep you connected, by providing information on ways to be informed, to sign up for ministry activity, to serve, and to give.

# Pastoral Installation Weekend

Installation Service

2 PM

Saturday, November 22, 2025

Guest Preacher

Rev. Dr. Cynthia L. Hale

Pastor, Ray of Hope Christian Church  
Decatur, GA

Pastor-Elect

Rev. Dr. Sandra K. James

Worship Service

11 AM

Sunday, November 23, 2025

Guest Preacher

Rev. Dr. Margaret Elaine M. Flake

Pastor Emerita, Greater Allen A.M.E.  
Cathedral of New York, Jamaica, NY



**The Gift Of A Shepherd After God's Own Heart**

"And I will give you shepherds according to My heart, who will feed you with knowledge and understanding."

-Jeremiah 3:15

First Mount Zion Baptist Church  
16222 Dumfries Rd, Dumfries, VA

## Worship Wednesdays

Wednesdays in person in the Chapel:

Each Wednesday evening in November at 7:30 PM.

**In-person Bible Study is each Wednesday at 11am in the Chapel (except on the 3rd Wednesday, it starts at 10:00am.)**

**The Chosen will resume in January 2026 with Season 3**

## Proposed 2026 Budget Review

**The proposed 2026 budget comment period now open!**  
The Trustee Ministry is pleased to share the draft 2026 budget, thoughtfully prepared by the Trustee Ministry, for your review. Your input is valuable, and we invite all members to carefully examine this draft and provide any questions, comments, or recommendations to the Trustee Ministry by Friday, November 20, 2025.

You may submit your questions, comments, and recommendations via email to:

[financechair@firstmountzionbc.org](mailto:financechair@firstmountzionbc.org)

A member of the Finance Committee will address your questions prior to our upcoming Church meeting on December 6, 2025. Thank you for dedicating your time and thought to this important review process.

# Academic Education Ministry

## Love Donations to FMZ Students Attending Institutions of Higher Learning

The AEM will provide Love Donations to FMZ students who are attending institutions of higher learning. The Love Donations consist of an encouragement card and a monetary donation. Institutions of higher learning may be a college, university, community college, technical school or other schools offering a degree or certification. We want the students to stay encouraged and know that we are praying for their success. We request parents/guardians provide the student's name, name of the institution, mailing address (home and school) and student's FMZ member number to Bro. Gerry Griffin, Chair, Academic Education Ministry, [aem@firstmountzionbc.org](mailto:aem@firstmountzionbc.org) and Sis. Malinda and Bro. Ken Spencer, Co-chairs Love Donations, [skenneths@comcast.net](mailto:skenneths@comcast.net) by **Friday November 28, 2025**.

---

### Attention E-Givers – First Things First!

If you are currently enrolled with VANCO, please cancel your recurring contributions before making the switch to

### **Pushpay!**

To give through Pushpay, simply:

Scan the QR code below; OR

Text FMZBC to (833) 735-8175

Thank you for taking this important step  
to ensure a smooth transition.

**Migrate from VANCO to PUSHPAY by December 31, 2025**  
**Contact the office if you are in need of assistance.**



## Youth Ministry Updates

### Youth Ministry Bible Study

Youth Ministry Bible Study is every Wednesday in person and via ZOOM in the Executive Conference Room from 7:30 p.m. to 9:00 p.m. We will have Youth Ministry Bible Study tomorrow, but we will not have it next Wednesday, November 26, 2025. Below is the new registration link. You only need to register once.

[Click Here to Register for Youth Bible Study](#)

### Youth Ministry Bible Study Survey

All youth in grades 6-12, please complete a short survey about Youth Ministry Bible Study. We want Bible study to be something you want to come to and is helpful to you. Please use the link to access the survey. The survey will close December 1, 2025.

[Youth Ministry Bible Study Survey](#)

### First Friday, December 5, 2025

Youth in grades 6-12 who are FMZBC members.

You are invited to join the Youth Ministry to see the "Black Nativity" Play at Hylton Memorial Performing Arts Center on Friday, December 5, 2025, at 7:30 p.m. **No COST to you!!**

Transportation is provided. Depart from First Mount Zion at 6:00 p.m. Return at 10:00 p.m.

Permission Slip is required. Use the link to [FMZ Youth Ministry Trip to Black Nativity Play](#)

**Space is limited!**

### **Youth Ministry Winter Outing**

Youth Ministry outing to the Museum of the Bible, then lunch at the Springfield Mall Food Court.

Saturday, December 13, 2025. Depart FMZBC at 7:45 a.m. and return at 4:00 p.m. Cost is \$25.00. Permission slip is required. Access using the link. [Permission Slip for Museum of the Bible Trip](#)

**Space is limited!**

### **Give-Away Closet**

The Youth Clothing Give-Away Closet has new and gently-used free clothing for youth. The closet is located in Room 156 beside the Barber Shop. Confidential shopping is by appointment only.

Point of Contact: Deaconess Ledora Akanni - [Akanni\\_ledora@yahoo.com](mailto:Akanni_ledora@yahoo.com)

### **Community Service Opportunity**

"Clothing Give Away" Store is also in Room 156. Community Service hours can be earned by working in the store. Deaconess Ledora Akanni is also the point of contact. [Akanni\\_ledora@yahoo.com](mailto:Akanni_ledora@yahoo.com)

### **YOUTH MINISTRY ON BLAST!**

Highlight the amazing youth at First Mount Zion and their notable accomplishments. To have a youth profiled in this section, please send their name, picture, contact

information, and accomplishments to Rev. Beverly Jiggetts at:

[bjiggetts@firstmountzionbc.org](mailto:bjiggetts@firstmountzionbc.org) or  
[youthministry@firstmountzionbc.org](mailto:youthministry@firstmountzionbc.org)

**Accomplishments** can be in athletics, community service, scholastics, overcoming personal challenges, or simply a youth who needs encouragement.



## WOMEN'S MINISTRY DECEMBER FELLOWSHIP

For information please contact WM Director, Gwen L. Holland at [Womensministry@firstmountzionbc.org](mailto:Womensministry@firstmountzionbc.org)

## FITNESS

---

**Pickleball:  
Free, Fun and Social!**

**For all levels, two  
courts (beginner/  
more advanced)**

**Equipment and instructions  
are provided.**

**Gym and Fitness  
Center are open!**

**Note: The Fitness Center  
will be closed for the  
monthly SHARE**

Mondays, Thursdays, and Saturdays. See Fitness Calendar for details on dates and times (calendars located in Narthex and on the FMZ website). You must be a member of the Church. Members are allowed two guests per visit. For more information, email Lori at [LValkenburg@FirstMountZionBC.org](mailto:LValkenburg@FirstMountZionBC.org) or call 703-670-0225.

**distribution and holiday weekends.**

For more information, email Lori at [LValkenburg@FirstMountZionBC.org](mailto:LValkenburg@FirstMountZionBC.org) or call 703-670-0225

## **CONSTITUTION AND BYLAWS (C&B) Committee**

Point of Contact,  
Ken Spencer, Chair, C&B  
Committee, at  
[cbl@firstmountzionbc.org](mailto:cbl@firstmountzionbc.org)

To review the  
Constitution and Bylaws,  
[Click Here - Constitution  
and Bylaws](#)

Passcode: cbldocs2025

## **HYBRID SUNDAY SCHOOL for Adults and Young Adults (CED)**

Each Sunday at 9:45 a.m. Check the monitors in the Narthex for classroom locations or via Zoom (registration required).

*“Behold, the former things come to pass, and new things do I declare; before they spring forth, I tell you of them.”*  
(Isaiah 42:9)

For those attending the class via Zoom, please

We look forward to seeing you there.  
[Click for Sunday School 11.23.25](#)

POC: Reverend Gillis Taylor  
Sunday School Superintendent  
[sundayschool@firstmountzionbc.org](mailto:sundayschool@firstmountzionbc.org)

## New Members Orientation Class

Time: 09:45 AM Eastern Time (US and Canada)

Join Zoom Meeting

[https://us02web.zoom.us/j/88672190571?  
pwd=o1NvLFfkKUJU9MTYRiebhqWdbdEmA6.1](https://us02web.zoom.us/j/88672190571?pwd=o1NvLFfkKUJU9MTYRiebhqWdbdEmA6.1)

Meeting ID: 886 7219 0571

Passcode: 164818

November 23 No class - Attend Regular Sunday School

November 30 No class - Attend Regular Sunday School

Join Zoom Meeting

[https://us02web.zoom.us/j/88672190571?  
pwd=o1NvLFfkKUJU9MTYRiebhqWdbdEmA6.1](https://us02web.zoom.us/j/88672190571?pwd=o1NvLFfkKUJU9MTYRiebhqWdbdEmA6.1)

Meeting ID: 886 7219 0571

Passcode: 164818

## "I WAS SICK AND YE VISITED ME."

Keep the following known sick,  
and/or shut-in members, in prayer:

Benjamin Bond [N]

Teresa Bridges [I]

Jessica Butler [B]

Terry Carey [F1]

William Daily [E1]

Denyse Farquharson [E1]

Edwin Green [M3]

Cardell Hunter [M1]  
Beulah (B.J.) Harper [D1]  
Ronald Kent [F2]  
Janet Mulubah [M2]  
Betty Palmer [C1]  
Murray Parker [H1]  
Reggie Pickett [G1]  
Arthur White [K1]

**GRIEFSHARE HOSTED  
by FMZBC  
JOURNEY TO JOY  
MINISTRY**

October 13th-December 15th  
to participate, register at  
[griefshare.org](http://griefshare.org)

GriefShare is a support program for people who have lost loved ones -- a spouse, child, other family member, or friend through death. GriefShare considers the loss of a pet as the loss of a loved one. For additional information, contact Reverend Kathy Russell, [journeytojoy@firstmountzionbc.org](mailto:journeytojoy@firstmountzionbc.org)

**WOMEN'S MINISTRY  
PRAYER LINE**

WM offers a dedicated email address for the women of FMZBC to submit prayer requests. Our desire is to continually lift up your prayer needs as they arise, so please use this address to submit your requests.



**ONLINE GIVING**

Giving at FMZBC is easy!

-Scan the QR code above

-Use the following link,  
[Pushpay Online Giving Link](#)

-Text, GIVE at (833)735-8175.

You may also give by mail: First Mount Zion Baptist Church, 16622 Dumfries Road, Dumfries, VA 22025; OR, you can schedule a time with your Zone Leader, for pick up from your home.

Please contact FMZBC at 703-670-0184 if you have

Our Intercessory Prayer Team (IPT) will intercede and faithfully pray over your requests as you send them in. Remember, the prayers of the righteous availeth much. Let the saints pray for you!

For more information, please contact Director, Gwen L. Holland, at [Womensministry@firstmountzionbc.org](mailto:Womensministry@firstmountzionbc.org)

## IT4U

Do you need assistance navigating Microsoft, TEAMS meetings, or Zoom? For tech support, email [IT4U@firstmountzionbc.org](mailto:IT4U@firstmountzionbc.org)

## DEAF MINISTRY

American Sign Language (ASL) interpreters are onsite each Sunday during the 11:00 a.m. Worship Service. You may observe in-person and online at [www.fmzbc.com](http://www.fmzbc.com). The monthly Zoom meetings are also held with an interpreter.

Have questions? Please email [fmzdeafministry@firstmountzionbc.org](mailto:fmzdeafministry@firstmountzionbc.org)

## VOLUNTEER SCREENING

questions about E-Giving.

## AEM Gazette Ministry Scholarship Newsletter

Want to know what is happening with the FMZBC Scholarship, other available scholarships, and events? Just click the link below!!

<https://firstmountzionbc.org/scholarships-2/>

POC: Brother Gerry Griffin, AEM Chair or Sister Sandra Grimes, Scholarship Committee  
[aem@firstmountzionbc.org](mailto:aem@firstmountzionbc.org)

## CHILDREN'S CHURCH (CED)

Our children need YOU! Children's Church needs servants in several areas to support our children. If you want to make a difference in the life of a child, please register today by clicking the link below. Please note that volunteer screening is required of all servants who work with children. Contact information for the screening is on the form. Thank you in advance for registering!

[Click Here](#)  
**Screening Forms**

Contact Sister Brenda  
Byrd at 571-237-0111,  
[byrdbj@comcast.net](mailto:byrdbj@comcast.net)

**SMALL GROUPS  
MINISTRY**

Interest-based small groups meet for two semesters each year. Consider joining an Interest-Based Small Group. We have a variety of groups for all ages, in three categories, from discipleship, sports, shared interests, outreach, health, support, and book groups. Regardless of the type of group, through that common interest we seek to love God, grow in God, serve God, and share God together, and with others. There is a group for everyone, including YOU!

Visit the [Small Groups Directory - First Mount Zion Baptist Church](#)  
[firstmountzionbc.org](http://firstmountzionbc.org)

Point of Contact:  
Stephanie M. Craddock  
Small Groups Director  
703-670-0184  
[Stephanie Craddock](#)

**VOLUNTEER**

[FMZ Children's Church](#)  
**Servant Registration**

For additional information, please contact Dr. Tracey Dawkins Holley via email at  
[tholley@firstmountzionbc.org](mailto:tholley@firstmountzionbc.org) or Sister Stephany Stewart at  
[stephanystewart@yahoo.com](mailto:stephanystewart@yahoo.com)

**ARCHIVES COMMITTEE**

The Archives is open each  
**5th Sunday**  
**Join us on November 30th,** immediately following the 11am Worship Service on the ground floor. For more information, email  
[archives@firstmountzionbc.org](mailto:archives@firstmountzionbc.org)

**CANCELLATIONS  
DUE TO INCLEMENT  
WEATHER**

As always, during times of inclement weather, safety is of the utmost importance as we do our best to keep the congregation connected and informed while maintaining the health and welfare of all.

Please check your email, the Church website, and the Church calendar for cancellations and/or office closures.

There are numerous volunteer opportunities available. If you are interested in volunteering, please contact the ministry's point of contact. Here are a few volunteer opportunities currently available:

**-Facilities**

FMZ Poster Print Shop  
Ministry Event Set-Up and Breakdown. Contact Walter Holmes, at [wholmes@firstmountzionbc.org](mailto:wholmes@firstmountzionbc.org)

**-Grain of Heaven, contact** Sis. Sherise Campbell, Food Service Director, at [scampbell@firstmountzionbc.org](mailto:scampbell@firstmountzionbc.org)

**-Audio-Visual Ministry,** contact Bro. Dijae North, Audio-Visual Director, at [dnorth@firstmountzionbc.org](mailto:dnorth@firstmountzionbc.org)

**-IT support for ministry meetings.** Contact Sis. Renee Woolfolk, Church Business Administrator, at [rwoolfolk@firstmountzionbc.org](mailto:rwoolfolk@firstmountzionbc.org)

## **BE IN THE KNOW**

### **Building Use Request (BUR)**

All meetings and events begin with a Building Use Request (BUR) Form. Use the following link to schedule your next

Visit the Church Website: [WWW.FMZBC.COM](http://WWW.FMZBC.COM)  
Church Calendar;  
call the Church at (703) 670-0184 for a recorded message;  
Email your Zone Leader;  
or  
Tune in to WTOP

## **WEEKLY SUBMISSIONS**

**Due by noon each Tuesday**

Connection Points entries to [rwoolfolk@firstmountzionbc.org](mailto:rwoolfolk@firstmountzionbc.org)

Weekly announcements to [announcements@firstmountzionbc.org](mailto:announcements@firstmountzionbc.org)

## **CAPTURE MINISTRY MOMENTS**

FMZ in action. Click on the link below to share your photos! We will incorporate them into the weekly Bible Study and Sunday Worship Countdown.

[Capturing Ministry Moments](#)

**FMZBC JOB VACANCY  
ANNOUNCEMENTS OPEN UNTIL  
12/1/2025**

**Assistant Pastor  
Executive Assistant  
Full-Time Custodial Technician  
Food Service Assistant**

[Click Here for Additional Information](#)

Contact Renee Woolfolk, CBA, to learn more, at  
(703) 670-0184 or [rwoolfolk@firstmountzionbc.org](mailto:rwoolfolk@firstmountzionbc.org)

**A new way to request IT support for  
@FIRSTMOUNTZIONBC.ORG users.**

If you have an email that ends with [@firstmountzionbc.org](mailto:@firstmountzionbc.org), then this is for you! As an extension of IT4U, Pronto Tech-Help Desk, MS365 user support is available twenty-four hours a day, seven days a week-24/7.

How to Access Pronto Tech-Help Desk?

By Phone: (571) 657-0105

By Chat: [Chat with us!](#)

By Email: [helpdesk@pronto-tech.com](mailto:helpdesk@pronto-tech.com)

You will be asked to provide your name and the best number to reach you. Additionally, you will provide the organization name: **First Mount Zion Baptist Church and the FMZBC email address.** Note the email must be an [@firstmountzionbc.org](mailto:@firstmountzionbc.org) email address.

Most Wednesdays at 11:00 a.m.  
10:00 a.m. on 3rd Wednesdays

Sunday Worship Service:  
11:00 a.m.

Kids' Kingdom Worship Service:  
1st, 2nd and 3rd Sundays at 11:00 a.m. (except holiday weekends)

Sunday School:  
9:45 a.m. in-person or via Zoom

#### Submissions for Newsletter:

All members are encouraged to submit articles, photos, and events for inclusion in the Newsletter. Please be sure to clear all submissions with your Ministry Leader before sending to the Communications and Publicity Ministry. Submissions should not exceed 300-350 words and **must be received no later than 12 noon on the 15th of each month** to be considered for the upcoming newsletter. Please note that we reserve the right to edit as necessary. Submissions should be sent to [cpm@firstmountzionbc.org](mailto:cpm@firstmountzionbc.org)



First Mount Zion Baptist Church | 16622 Dumfries Road | Dumfries, VA 22025-1920 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!