



Visit our
Website

Click Here to register your email and receive Connection Points directly to your Email from
Constant Contact

First Mount Zion Baptist Church

Our Vision: "Sharing the light from the Promise, to Pentecost, to Points around the world!"

Our Mission: To connect people who have a desire to become fully devoted followers of Jesus Christ.

Our Four-Step Strategy:

- Worship
- Study of God's Word
- Stewardship
- Service

CONNECTION POINTS

October 21, 2025

Connection Points is a weekly communication to keep you connected, by providing information on ways to be informed, to sign up for ministry activity, to serve, and to give.

SAVE THE DATE

Installation of

Pastor-Elect
Rev. Dr. Sandra K. James

NOVEMBER 22, 2025
2:00 P.M.

First Mount Zion Baptist Church
16622 Dumfries Road
Dumfries, Virginia 22025
(703) 670-0184



Bible Study Chosen Season 2

Wednesdays in person in the Chapel:
11:00 AM (except 3rd Wednesdays at 10:00 AM)
and 7:30 PM following each session, join us online for
the discussion after the viewing.

[The Chosen Season 2 Episode 7](#)

Academic Education Ministry 2026 FMZBC and Bell Scholarship Workshop

High School Juniors, Seniors, and Parents

Sunday, November 16, 2025, immediately after service
Room 229/230



Live Demonstration of the Online Applications

Signup by emailing AEM@firstmountzionbc.org

POC: Gerry Griffin, AEM Chair or Sandra Grimes, Scholarship Committee Chair

**Attention E-Givers –
First Things First!**

If you are currently enrolled with VANCO, please cancel your recurring contributions before making the switch to

Pushpay!

To give through Pushpay, simply:

Scan the QR code below; OR

Text FMZBC to (833) 735-8175

Thank you for taking this important step to ensure a smooth transition.

Migrate from VANCO to PUSHPAY by December 31, 2025
Contact the office if you are in need of assistance.



THE SPIRITUAL GIFTS MINISTRY

The Spiritual Gifts Ministry Team will host a Spiritual Gifts Assessment Workshop on **Saturday, October 25, 2025, from 9:00 am to 11:30 am** in the Lecture Hall. The workshop is designed to assist participants in identifying their Spiritual Gifts and will illustrate practical applications for utilizing these gifts in service to both the Church and the wider community. The session includes an assessment, teaching segments, group discussions, and practical applications focused on faith development. Breakfast will be served. **The registration deadline is October 23, 2025.**

For questions, please contact the Spiritual Gifts Ministry

DEAF MINISTRY

SAVE THE DATE

Want to Learn ASL?

Please join us in person at FMZBC on
Saturday, October 25th at 10:00 am.

Sign-up by emailing:

FMZDeafMinistry@firstmountzionbc.org

Minors must be accompanied by an adult

Youth Ministry Updates

Youth Ministry Bible Study

Youth Ministry Bible Study is every Wednesday in person and via ZOOM in the Executive Conference Room from 7:30 p.m. to 9:00 p.m. Below is the new registration link. You only need to register once.

[Click Here to Register for Youth Bible Study](#)

Save the Date

Youth Ministry Prayer Dinner and Canned and Nonperishable Food Drive,

Friday, November 14, 2025 from 6:30 p.m.-9:00 p.m.

For 6-12th graders and nonmember guests in the same grade. Topic "Praying for Perseverance in All Things." Speaker The Honorable Judge Eileen Olds(RET). First African American and first female judge to serve in the first judicial district in Virginia.

Youth must RSVP using the registration

link. <https://form.jotform.com/252934986249070>

Give-Away Closet

The Youth Clothing Give-Away Closet has new and gently used free clothing for youth. The closet is located in Room 156 beside the Barber Shop. Confidential shopping is by appointment only. Point of Contact: Deaconess Ledora Akanni - Akanni_ledora@yahoo.com

Community Service Opportunity

“Clothing Give Away” Store is also in Room 156. Community Service hours can be earned by working in the store. Deaconess Ledora Akanni is the point of contact. Akanni_ledora@yahoo.com

YOUTH MINISTRY ON BLAST!

Highlight the amazing youth at First Mount Zion and their notable accomplishments. To have a youth profiled in this section, please send their name, picture, contact information, and accomplishments to Rev. Beverly Jiggetts at:

bjiggetts@firstmountzionbc.org or
youthministry@firstmountzionbc.org

Accomplishments can be in athletics, community service, scholastics, overcoming personal challenges, or simply a youth who needs encouragement.

ACADEMIC EDUCATION MINISTRY

This Fall, the Academic Education Ministry is excited to offer an incredible opportunity just for our FMZBC high school students! You are invited to attend the Annual HBCU Festival, hosted by the Alfred Street Baptist Church at The St. James Sports Complex — a powerful celebration of Black excellence, education, and opportunity!

More than eighty Historically Black Colleges and Universities will be represented — that’s right, over eighty schools! You’ll have the chance to meet college

representatives, learn about admissions, scholarships, college planning, and readiness, and get valuable insight into what your future could look like!

The festival will take place on **Saturday, November 15th**, from 9:00 a.m. to 4:30 p.m., and FMZ will provide round trip transportation — so all you have to do is show up ready to dream big and be inspired.

Don't miss this life-changing experience! Your future is waiting — and it might just start at the HBCU Festival! **Sign up in the Narthex after service each Sunday. Last Sunday to sign-up is November 9th!**

WOMEN'S MINISTRY NOVEMBER FELLOWSHIP

Attn: BEAUTIFUL WOMEN OF GOD

The Women's Ministry will be hosting a Fellowship, "The Positive Power of Godly Wisdom!" on **Saturday, November 8, 2025, from 9:00 am-10:30 am** via Zoom. The purpose of this fellowship is to remind us that that when we seek our God's wisdom, He will show us our purpose and give us the power to make the right choices and protection for our lives and those around us that honor Him! Our guest speaker will be Bishop Gale LeGrand Williams.

For questions, please contact WM Director, Gwen L. Holland at Womensministry@firstmountzionbc.org

The Zoom Meeting Information:

[https://us06web.zoom.us/j/83512912046?
pwd=QWfyTW7eMFvcgJgDEMNVeO2z4DaALn.1](https://us06web.zoom.us/j/83512912046?pwd=QWfyTW7eMFvcgJgDEMNVeO2z4DaALn.1)

Meeting ID: 835 1291 2046

Passcode: 577281

Dial in: (301) 715-8592

Fitness

Line Dancing
Thursday Nights
7:00-8:00pm
in the gymnasium.

Oct. 23rd

Come Learn, Dance, and Fellowship!
It is free for members of FMZ and their guests,
members are allowed two (2) guests per visit.

Fit by God Event Calendar

Pickleball:
Free, Fun and Social!
For all levels, two
courts (beginner/
more advanced)

Equipment and instructions
are provided.

Mondays, Thursdays, and
Saturdays. See Fitness
Calendar for details on
dates and times (calendars
located in Narthex and on
the FMZ website). You
must be a member of the
Church. Members are
allowed two guests per
visit. For more information,
email Lori at
LValkenburg@FirstMountZionBC.org
or call 703-670-0225.

**Gym and Fitness
Center are open!**

Tuesday and Thursday
evenings as well as on
Saturdays.

**Note: The Fitness Center
will be closed for the
monthly SHARE
distribution and holiday
weekends.**

For more information email
Lori at
LValkenburg@FirstMountZionBC.org or call
703-670-0225

**CONSTITUTION
AND BYLAWS**

(C&B) Committee

To review the Constitution and Bylaws, go to the Church Website, www.fmzbc.com, or use the QR code below, and enter the **passcode:**
cbldocs2025

Point of Contact is Ken Spencer, Chair, C&B Committee, at cbl@firstmountzionbc.org

[Click Here - Two
Constitutional
Amendments Approved,
8.2.25](#)



HYBRID SUNDAY SCHOOL for Adults and Young Adults (CED)

Each Sunday at 9:45 a.m. Check the monitors in the Narthex for classroom locations or via Zoom (registration required).

(Ecclesiastes 4:9, GMT)

“Behold, the former things come to pass, and new things do I declare; before they spring forth, I tell you of them.”

(Isaiah 42:9)

For those attending the class via Zoom, please
We look forward to seeing you there.
[Click for Sunday School 10.26.25](#)

POC: Reverend Gillis Taylor
Sunday School Superintendent
sundayschool@firstmountzionbc.org

New Members Orientation Class

Time: 09:45 AM Eastern Time (US and Canada)

Join Zoom Meeting

[https://us02web.zoom.us/j/88672190571?
pwd=o1NvLFfkKUJU9MTYRiebhqWdbdEmA6.1](https://us02web.zoom.us/j/88672190571?pwd=o1NvLFfkKUJU9MTYRiebhqWdbdEmA6.1)

Meeting ID: 886 7219 0571

Passcode: 164818

October 26	No class - Attend Regular Sunday School
November 2	No class - Attend Regular Sunday School
November 9	Spiritual Warfare Rev. Sandra James
November 16	Graduation
November 23	No class - Attend Regular Sunday School
November 30	No class - Attend Regular Sunday School

Join Zoom Meeting

[https://us02web.zoom.us/j/88672190571?
pwd=o1NvLFfkKUJU9MTYRiebhqWdbdEmA6.1](https://us02web.zoom.us/j/88672190571?pwd=o1NvLFfkKUJU9MTYRiebhqWdbdEmA6.1)

Meeting ID: 886 7219 0571

Passcode: 164818

"I WAS SICK AND YE VISITED ME."

Keep the following known sick,
and/or shut-in members, in prayer:

Benjamin Bond [N]
Teresa Bridges [I]
Jessica Butler [B]

Terry Carey [F1]
William Daily [E1]
Denyse Farquharson [E1]
Edwin Green [M3]
Cardell Hunter [M1]
Beulah (B.J.) Harper [D1]
Ronald Kent [F2]
Janet Mulubah [M2]
Betty Palmer [C1]
Murray Parker [H1]
Reggie Pickett [G1]
Arthur White [K1]

**GRIEFSHARE HOSTED
by FMZBC
JOURNEY TO JOY
MINISTRY**

October 13th-December 15th
to participate, register at
griefshare.org

GriefShare is a support program for people who have lost loved ones -- a spouse, child, other family member, or friend through death. GriefShare considers the loss of a pet as the loss of a loved one. For additional information, contact Reverend Kathy Russell, journeytojoy@firstmountzionbc.org

**WOMEN'S MINISTRY
PRAYER LINE**

WM offers a dedicated email address for the women of FMZBC to submit prayer requests. Our desire is to



ONLINE GIVING

Giving at FMZBC is easy!

-Scan the QR code above

-Use the following link,
[Pushpay Online Giving Link](#)

-Text, GIVE at (833)735-8175.

You may also give by mail: First Mount Zion Baptist Church, 16622 Dumfries Road, Dumfries, VA 22025; OR, you can schedule a time with your Zone Leader, for pick up

continually lift up your prayer needs as they arise, so please use this address to submit your requests. Our Intercessory Prayer Team (IPT) will intercede and faithfully pray over your requests as you send them in. Remember, the prayers of the righteous availeth much. Let the saints pray for you!

For more information, please contact Director, Gwen L. Holland, at Womensministry@firstmountzionbc.org

IT4U

Do you need assistance navigating Microsoft, TEAMS meetings, or Zoom? For tech support, email IT4U@firstmountzionbc.org

DEAF MINISTRY

American Sign Language (ASL) interpreters are onsite each Sunday during the 11:00 a.m. Worship Service. You may observe in-person and online at www.fmzbc.com. The monthly Zoom meetings are also held with an interpreter.

Have questions? Please email fmzdeafministry@firstmountzionbc.org

from your home.

Please contact FMZBC at 703-670-0184 if you have questions about E-Giving.

AEM Gazette Ministry Scholarship Newsletter

Want to know what is happening with the FMZBC Scholarship, other available scholarships, and events? Just click the link below!!

<https://firstmountzionbc.org/scholarships-2/>

POC: Brother Gerry Griffin, AEM Chair or Sister Sandra Grimes, Scholarship Committee
aem@firstmountzionbc.org

CHILDREN'S CHURCH (CED)

Our children need YOU! Children's Church needs servants in several areas to support our children. If you want to make a difference in the life of a child, please register today by clicking the link below. Please note that volunteer screening is required of all servants who work with children. Contact information for the

VOLUNTEER SCREENING

November 15th at 9:00am

Contact Sister Brenda

Byrd at 571-237-0111,

byrdbj@comcast.net

SMALL GROUPS MINISTRY

Interest-based small groups meet for two semesters each year. Consider joining an Interest-Based Small Group. We have a variety of groups for all ages, in three categories, from discipleship, sports, shared interests, outreach, health, support, and book groups. Regardless of the type of group, through that common interest we seek to love God, grow in God, serve God, and share God together, and with others.

There is a group for everyone, including YOU!

Visit the [Small Groups Directory - First Mount Zion Baptist Church](#)
firstmountzionbc.org

Point of Contact:
Stephanie M. Craddock
Small Groups Director
703-670-0184

[Stephanie Craddock](#)

screening is on the form. Thank you in advance for registering!

FMZ Children's Church Servant Registration

For additional information, please contact Dr. Tracey Dawkins Holley via email at

tholley@firstmountzionbc.org

or Sister Stephany

Stewart at

stephanystewart@yahoo.com

ARCHIVES COMMITTEE

The Archives is open each

5th Sunday

Join us on November

30th, immediately

following the 11am

Worship Service on the

ground floor. For more

information, email

archives@firstmountzionbc.org

CANCELLATIONS DUE TO INCLEMENT WEATHER

As always, during times of inclement weather, safety is of the utmost importance as we do our best to keep the congregation connected and informed while maintaining the health and welfare of all.

Please check your email,

VOLUNTEER

There are numerous volunteer opportunities available. If you are interested in volunteering, please contact the ministry's point of contact. Here are a few volunteer opportunities currently available.

-Facilities
FMZ Poster Print Shop
Ministry Event Set Up and Breakdown. Contact
Walter Holmes, at
wholmes@firstmountzionbc.org

-Grain of Heaven, contact
Sis. Sherise Campbell,
Food Service Director, at
scampbell@firstmountzionbc.org

-Audio-Visual Ministry,
contact Bro. Dijae North,
Audio-Visual Director, at
dnorth@firstmountzionbc.org

-IT support for ministry
meetings. Contact Sis.
Renee Woolfolk, Church
Business Administrator, at
rwoolfolk@firstmountzionbc.org

BE IN THE KNOW

Building Use Request
(BUR)

All meetings and events
begin with a Building Use
Request (BUR) Form. Use

the Church website, and
the Church calendar for
cancellations and/or office
closures.

Visit the Church Website:

WWW.FMZBC.COM

Church Calendar;

call the Church at (703)
670-0184 for a recorded
message;

Email your Zone Leader;
or

Tune in to WTOP

WEEKLY SUBMISSIONS

Due by noon each
Tuesday

Connection Points entries
to rwoolfolk@firstmountzionbc.org

Weekly announcements to
announcements@firstmountzionbc.org

CAPTURE MINISTRY MOMENTS

FMZ in action. Click on
the link below to share
your photos! We will
incorporate them into the
weekly Bible Study and
Sunday Worship
Countdown.

[Capturing Ministry Moments](#)

the following link to
schedule your next
FMZBC Ministry or
committee meeting:
[Building Use Request Form](#)

FMZBC JOB VACANCIES

Full Time Custodial Technician

Food Service Assistant

[Click Here for Additional Information](#)

Contact Renee Woolfolk, CBA, to learn more, at
(703) 670-0184 or rwoolfolk@firstmountzionbc.org

A new way to request IT support for @FIRSTMOUNTZIONBC.ORG users.

If you have an email that ends with @firstmountzionbc.org, then this is for you! As an extension of IT4U, Pronto Tech-Help Desk, MS365 user support is available twenty-four hours a day, seven days a week-24/7.

How to Access Pronto Tech-Help Desk?

By Phone: (571) 657-0105

By Chat: [Chat with us!](#)

By Email: helpdesk@pronto-tech.com

You will be asked to provide your name and the best number to reach you. Additionally, you will provide the organization name: **First Mount Zion Baptist Church and the FMZBC email address.** Note the email must be an @firstmountzionbc.org email address.

Wednesday Hybrid Bible Study:
Wednesdays at 11:00 a.m.

Sunday Worship Service:
11:00 a.m.

Kids' Kingdom Worship Service:
1st, 2nd and 3rd Sundays at 11:00 a.m. (except holiday weekends)

Sunday School:
9:45 a.m. in-person or via Zoom

Submissions for Newsletter:

All members are encouraged to submit articles, photos, and events for inclusion in the Newsletter. Please be sure to clear all submissions with your Ministry Leader before sending to the Communications and Publicity Ministry. Submissions should not exceed 300-350 words and **must be received no later than 12 noon on the 15th of each month** to be considered for the upcoming newsletter. Please note that we reserve the right to edit as necessary. Submissions should be sent to cpm@firstmountzionbc.org



First Mount Zion Baptist Church | 16622 Dumfries Road | Dumfries, VA 22025-1920 US

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