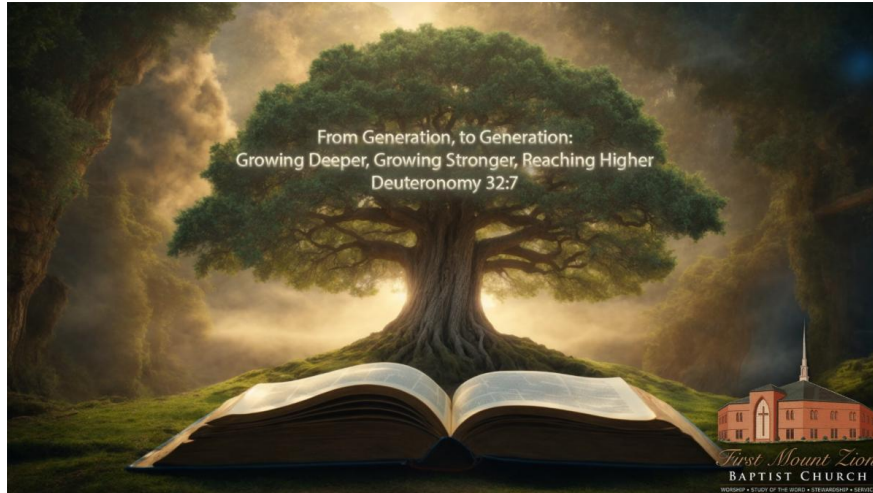




"Sharing the light from the Promise, to Pentacost, to Points around the world!"
FMZBC's mission is to connect people who have a desire to become fully devoted followers of Jesus Christ.



Connection Points

May 7, 2024

Connection Points is a weekly communication to keep you connected by providing information on ways to be informed; to sign up for ministry activity, to serve and to give.

News

Sunday School Department Request for Information

Determining the Way Ahead



What's New?

Pulpit Committee

Prayer Request and update, May 6, 2024.

[Click here for an update from the Pulpit Committee](#)

Sunday School

The Christian Education Department (CED) is in the process of determining a way ahead for Sunday School. Please see the QR code above or use the following link to complete a brief questionnaire.

[Sunday School Department Request For Information Form](#)

Constitution and Bylaws

Use this link to view the FMZBC Constitution and Bylaws

[Constitution and Bylaws](#). You may also view the document on the FMZBC website. Note, it is password protected. To access it click on the Constitution and By Laws slide and enter the code: **fmzbcdocs2024**

Copies are available by contacting the front office at, 703-670-0184.

Stay Connected!

Wednesday Bible Study

11:00am in the Chapel.

Wednesday Night Bible Study for Adults and Youth at 7:30pm.

Update Your Contact Information

Have a change in how to contact you by mail, phone or email? Use the following link to stay Connected with your FMZBC Family!

[Stay Connected](#)

Save These Dates!

IT4U is back. The Basics of Office 365-Teams, **Tuesday, May 13th at 11am**. In person only. Please RSVP to, rwoolfolk@firstmountzionbc.org.

Deaf Ministry: ASL (American Sign Language) Interpreter onsite each Sunday during the 11am in person worship service and at the monthly Deaf Ministry ZOOM meetings.

The next meeting is **May 13, 2024, at 7: 00 P.M.**

Monthly Join Zoom Meeting

<https://us02web.zoom.us/j/81523791515?pwd=bTJ3Nzc2VjFla1U2cmhhRU5zaHlrZz09>

Meeting ID: 815 2379 1515
Passcode: 467828

Dial by your location

- +1 301 715 8592 US (Washington DC)

Meeting ID: 815 2379 1515
Passcode: 467828

POC is Deaconess Pamela Ford, pdford61@verizon.net. Are you interested in ASL (American Sign Language) Training. If so, training is scheduled for **Saturday, May 18, 2024, at 10am**. Our ASL instructors will provide an overview about Do's and Don'ts of signing and other courtesies when communicating with the deaf and hearing impaired community. We will then break out into two separate classrooms, one for beginners and the other for those who are ready for the next level of ASL training. Please direct those who are interested to send an email message to the Deaf Ministry mailbox: FMZDeafMinistry@firstmountzionbc.org. Thank you for your support and assistance.

Volunteer Screening

All Servant Volunteers are encouraged to be screened. If you have previously been screened, please turn in the completed annual Volunteer Screening Code of Conduct Form to your Ministry Lead.

2024 Volunteer Screening Session Dates

- **May 18**, September 21st, and November 16th, 2024
 - Training begins at **9:00 am**
 - Visit FMZBC website, resource tab for application and authorization forms.
 - Bring completed forms to the training
- TO SIGN UP-Contact, Brenda Byrd at **571 237-0111**
byrdbj@comcast.net or Cynthia Zorn-Pettigrew, pettigcx@icloud.com
at **703 -730-5227**

The 26th Annual Golf Classic! Monday, June 24th, Old Hickory Golf Course. To register through the FMZBC website click on the following link

First Mount Zion Baptist Church OR

Register by clicking this link. **Annual Golf Tournament Registration**

VBS IS BACK FOR 2024! (CED) Calling all volunteers interested in

servicing in our program. Please sign up in the Narthex, beginning this Sunday. Come help us as we have fun teaching our children the importance of *GROWING WITH JESUS!* VBS will run, **Tuesday, June 25 – Thursday, June 27 from 8:00 am – 12:30 pm.** We need you! Sign up today. For more information, email VBS@firstmountzionbc.org or call Dr. Holley at (703) 670-0184.

Youth Ministry (CED)

- Youth Ministry Bible Study this Wednesday, May 8, 7:40-8:30 p.m. in the Executive Conference Room and can also be attended via Zoom. To attend via Zoom register using the “Youth Ministry” tab on the FMZ website. In-person attendees should report to the chapel first for praise and worship. Join us as we do “Bible study for life.”
- FMZ Middle School Lock-in May 17-18, 2024 at FMZBC for youth in grades 6-8 who are FMZ members. Check in time is 5:30, May 17, 2024 in the FMZ gym. Enter through Door P. Parents/guardians will need to sign youth in and out. Registration is closed for this event.
- Youth Group Meeting for May 19, 2024, is cancelled due to the Middle School Lock-in
- **May 19, 2024**, youth ladies are invited to participate in First Mount Zion Baptist Church’s recognition of the tradition of African American women wearing “church hats” or “Crowns” to show honor to God. If you have a “church” hat, ornamented headband, barrette, bow, or other hair accessory wear it that day.
- **Thursday, June 20, 2024.** The youth ministry’s final outing before the ministry summer break for youth who are First Mount Zion Members is a 2-hour lunch cruise on the “Spirit of Washington” ship. Permission slip is required. Cost is \$20.00. Deadline for submission of permission slip and payment is Thursday, May 23, 2024. This event may close sooner if all spaces are filled. Permission slips are available in the Youth Ministry Box in the Narthex or can be obtained electronically by contacting **Rev. Jiggetts, youth minister** and bjiggetts@firstmountzionbc.org.
- Willing servants with a heart to work with our youth are needed to help support youth ministry events. Servants must complete volunteer screening. The next screening is **Saturday, May 18, 2024.** POC Brenda Byrd byrdbj@comcast.net or Cynthia Zorn-Pettigrew, zornpettigrewcl@comcast.net

- **YOUTH MINISTRY ON BLAST!** This is an opportunity to highlight the amazing youth at First Mount Zion and their notable accomplishments. If you know of a youth that you would like to have profiled in this section, send their name, **picture**, contact information, and accomplishments to [Rev. Beverly Jiggetts-bjiggetts@firstmountzionbc.org](mailto:bjiggetts@firstmountzionbc.org) or youthministry@firstmountzionbc.org. **Accomplishments** can be in athletics, community service, scholastics, overcoming personal challenges, or simply a youth who needs encouragement.

Contact Rev. Beverly Jiggetts, youth minister at bjiggetts@firstmountzionbc.org with any YM questions.

Hybrid Sunday School (CED)

Sundays at 9:45 a.m. Room 229/230
or via ZOOM (registration required)

(Ecclesiastes 4:9, GMT version)

“Behold, the former things are come to pass, and new things do I declare; before they spring forth, I tell you of them.” (Isaiah 42:9)

Join Sunday School Hybrid each Sunday. For those attending the class via ZOOM Please use the following link to register for SSE-Hybrid:

<https://us02web.zoom.us/j/89762921587?pwd=UHd2RWVuWjJrbmhNMnpPYUJkZjE4Zz09>

We look forward to seeing you there!

Handouts are available for download from the FMZ (First Mount Zion) website using the following link:

<https://firstmountzionbc.org/weekly-sunday-school-lessons/>

POC: Rev. Gillis Taylor, Sunday School Superintendent,
SundaySchool@FirstMountZionBC.org

Childrens' Church (CED)

Children's Ministry/Kids' Kingdom worship for PreK to fifth grader. For additional information, please contact Dr. Holley via email at tholley@firstmountzionbc.org or Sister Stephany Stewart at stephanystewart@yahoo.com. Cannot wait to see you!

Servants Needed! Please email tholley@firstmountzionbc.org for the Zoom credentials. Thank you.

New Members Orientation Class-NMOC Class (CED)

NMOC Schedule attached. *Classes are those that give students extra graduation credit. Thanks for your service.

NMOC Schedule for March thru May
Deborah Holley is inviting you to a scheduled Zoom meeting.

Topic: NMOC Sunday School
Time: 09:45 AM Eastern Time (US and Canada)
Every week on Sun, at 9:45 a.m.

May 12, 2024, 09:45 AM No class, please attend regular Sunday School
May 19, 2024, 09:45 AM Holy Communion

Join Zoom Meeting

<https://us02web.zoom.us/j/86711906458?pwd=YmM5b2F6VzBDWDRsdFRkVVNpdGdSZz09>

Meeting ID: 867 1190 6458
Passcode: 978435
Dial by your location +1 309 205 3325 US

Academic Education Ministry (CED)

Additional information and Scholarship Opportunities. First Mount Zion High School Seniors, Juniors, and Parents/Guardians. Are you interested in receiving educational information and available scholarship opportunities?!?! Forward your email address to aem@firstmountzionbc.org and we will add you to the distribution list. Do not miss out!

AEM (CED): Ministry Scholarship Newsletter. Want to know what is happening with the FMZ Scholarship, other available scholarships, and events? Just click the link below!!

<https://firstmountzionbc.org/scholarships-2/>

Men's Ministry (CED): Men's Fellowship

ATTENTION ALL MEN!!!...Join our In-Person Only Meeting & Fellowship on **Saturday, May 18, 2024, at 8:00 AM**, as we discover the **"The Power of Encouragement and Kingdom Building"**, based on the book of **I Thessalonians 5:11**. Our speaker of the day will be **Rev. Robert Jones; Associate Minister**, who will bring a DYNAMIC message that will fill our spirits and minds! We pray you seize this opportunity to Glorify GOD thru this In-Person Fellowship with your time & service. We look forward to seeing each of you, the Mighty Men of the First Mount Zion Baptist Church Men's Ministry.

We will have fellowship at the **Golden Corral Restaurant**, the address is **10320 Spotsylvania Avenue, Fredericksburg, VA 22408**. Our

Breakfast Fellowship will start at 8:00 AM.

More to follow concerning Signup and Registration.

Leadership Team: Bro. James Gaskins, Bro. Xavier Bridges, Dea. Donnell Wright. mensministry@firstmountzionbc.org

Women's Ministry May Fellowship (CED)

Attn: GORGEOUS GODLY WOMEN OF WISDOM

The Women's Ministry will be hosting a Fellowship "The Positive Power Of A Godly Women With Wisdom: SHERO (She is Faithful, She is Wise, She is Blessed)" on **Saturday, May 11, 2024, from 9:00am-10:30am via zoom**. The purpose of the Fellowship is to remind us not to underestimate the power and authority which we hold as women. We were obviously valued and esteemed by the writer of Proverbs who portrayed us an overpass between humanity and our transcendent God, between things secular and things divine. We find God by finding wisdom because wisdom ultimately comes from and belongs to God! Our guest speakers will be FMZBC Associate Ministers Rev. Beverly Waddell-Jiggetts, & Rev. Glenda Brown.

For questions, please contact Women's Ministry Director, Gwen L Holland at Womensministry@firstmountzionbc.org.

The Zoom Meeting Information:

<https://us06web.zoom.us/j/89055405698?pwd=86MQ4IBfHml9e5za3gRZtR0gVVcK7B.1>

Meeting ID: 890 5540 5698

Passcode: 452586

Dial in: (301) 715-8592

For questions, please contact WM Director, Gwen L Holland at Womensministry@firstmountzionbc.org.

Prayer Requests: Women Uniting in Fellowship with Love, Praise, and Worship

Greetings to all our sisters in Christ. God is so awesome! He has answered our prayers, and He wants to answer yours too! The WM has established a dedicated email for the women of FMZBC to submit your prayer request. We desire to continually lift your prayer needs as they arise, so please use this email to submit your prayer request. Let the saints pray for you. Prayers of the righteous availeth much! Our Intercessory Prayer Team (IPT) will intercede and faithfully pray over your prayer requests as you send them in.

Small Groups Ministry:

See the save the date below for the October 5, 2024 5K

Schedule

Interest Based Small Groups meet for two semesters each year.

Spring semester: February - June

Consider joining the Interest Based Small Groups Ministry!

We have a variety of groups within three categories from discipleship, sports, shared interest, outreach, health, support, and book groups for all ages.

Regardless of the type of group, through that common interest, we seek to love God, grow in God, serve God, and share God together as a group and with others. There is a group for everyone, including YOU!

For additional information,
please contact:

Stephanie M. Craddock, MS, CDP, ACE | Small Groups Director | 703-670-0184 Scraddock@firstmountzionbc.org
<https://firstmountzionbc.org/small-group/>

Visit our [Small Groups Pages and Directory](#), to view the variety of Interest Based Small Groups available (Support, Shared Interest and Discipleship) that are available to our First Mount Zion Baptist Church members and Community. Right click the link below.

[Small Groups Directory - First Mount Zion Baptist Church \(firstmountzionbc.org\)](#)

Point of Contact:

Sister Stephanie M. Craddock,
Small Groups Director

scraddock@firstmountzionbc.org or 703-670-0184.

Volunteers Needed

FMZ Print Shop. Volunteers are needed to print large format posters for ministry events. If you are interested and/or have experience please contact Walter Holmes, Assistant Facilities Manager at wholmes@firstmountzionbc.org.

Ministry Event set-up and break-down. Are YOU looking for a way to serve others? Are you in need of volunteer hours or do you simply want to support the ministry activities of the church? If so, please contact Ernest Robbins, Facilities Manager at erobbins@firstmountzionbc.org. **Opportunities** to serve in food service with the Grain of Heaven contact Sherise Campbell, Food Service Director at scampbell@firstmountzionbc.org.

Audio Visual: Interested in supporting ministry activities through audio visual? Join the Audio-Visual Ministry. Opportunities are available in support of Wednesday Night Bible Study, Sunday Worship, Homegoing Services, Weddings, and Ministry Activities. Please contact Dijae North, Audio Visual Director at dnorth@firstmountzionbc.org

IT (Information Technology) Support: Interested in sharing your expertise in support of ministry meetings using computers, projectors to display PowerPoint presentations, play YouTube videos, ZOOM, live stream? Contact, Renee Woolfolk, Church Business Administrator at rwoolfolk@firstmountzionbc.org

Be In The Know!

Building Use Request

All meetings and events begin with a Building Use Request Form. Use the following link to schedule your next FMZBC ministry or committee meeting.

[Building Use Request Form](#)

The Fitness center is open Monday -Saturdays from 9:00 am -1:00 pm. Pickleball Courts are now open on Saturdays. Tuesday and Thursday evening hours coming in April. However, check the website for schedule changes in support of ministry activities.

Closings and Cancellations Due to Inclement Weather

During times of inclement weather please check the Church website.

FMZBC Job Vacancies

FMZ is currently recruiting for the position of Church Management Software Administrator. Please express your interest in the position by emailing employment@firstmountzionbc.org. Listings are posted on Indeed and the church website.

<https://firstmountzionbc.org/job-vacancy-announcement/>

Good to know. Connection Point entries: Submission of weekly announcements and PR forms (Purchase Requisition) are due by noon each Tuesday. Announcements and PRs submitted after the deadline will be processed the following week.

IT (Information Technology) IT4U-Help Desk Is Here for You! Please email, rwoolfolk@firstmountzion.org to request IT support. Have questions about ZOOM or OFFICE365? Need an Email or password reset? Please email us for assistance with your questions to include FMZ email address password resets.

Vanco On-line Giving

VANCO, FMZBC's on-line giving and mobile app. platform, operates

with an elevated level of security. As a result, access to users on the same network (FMZ IP address) will be blocked. When off site individual users may be denied access temporarily because of too many failed login attempts. After sometime (up to 4 hours) the account will automatically reset to allow users to select the forgotten password option. To avoid this issue onsite please consider using the VANCO/FMZ mobile app for giving. As a Vanco registered user you should see this option when you sign in.

Note: the development of the mobile app is ongoing to include the inclusion of a text box to enter your FMZ membership number. Using the mobile app is encouraged if you are onsite and blocked from the VANCO site. Instead revert to using your mobile data.

You may give online using the following online giving link:

[Online Giving Link](#)

Or access the link through the FMZBC website: www.fmzbc.com **and** click on ONLINE GIVING (VANCO) at any time. To avoid failed transaction fees, please regularly review your online giving account to ensure contact and payment sources are up to date. When submitting a change of address to the Church, please also log on to VANCO to update your address. If you are interested in learning more about VANCO or have any questions as a VANCO online giver, please contact the front office, (703) 670-0184.

You may give by Mail: **[First Mount Zion Baptist Church, 16622 Dumfries Road, Dumfries, Va. 22025](#)**. You may also schedule a time for pick up, from your home, with your Zone Leader.

Please check the FMZ website regularly for a complete listing of ministry activities and updates regarding weather closings during office hours. As always, during these times of uncertainty, safety is of the utmost importance as we do our best to keep the congregation connected and informed while maintaining the health and welfare of all. Please check your email and the Church website for regular updates.

[Capturing Ministry Moments](#). FMZ in action. Share your photos here! Photos will be incorporated in the weekly Bible Study and Sunday Worship Countdown. Click on the following link to share your photos.
[Capturing Ministry Moments](#)

[Attention Zoom Meeting Hosts](#). To protect our ministries from potential “Zoom bombing” by miscreants and hackers, it is no longer recommended to post meeting ID and passcodes to the website or social media. As an alternative, Zoom offers a registration feature for meeting participants to register for a meeting using a registration link.

Once the registration link is established by the host, the link can be shared as usual via Connection Points, email, text, etc. The organizer/host will receive a roster of registrants and, if necessary, can use the list to verify people before they are allowed in the meeting.

For those who schedule ZOOM meetings, to follow is a short video on how to enable the registration feature to Zoom meetings.

How to set up a Zoom registration link for better security:

<https://youtu.be/VqomCzNnii4>



SAVE THE DATE - 5K
October 5, 2024 - 9AM
Occoquan Regional Park
Lorton, Virginia

First Mount Zion Baptist Church
Celebrates the 5th Anniversary
Healthy Start Mind & Body 5K

Bringing Awareness to Alzheimer's Disease

You may register for (1) of the activities below

- 5K Run/Walk \$25
- 1.5 Mile Senior Run/Walk \$25
- 1 Mile Youth Fun Run - Ages: 12/Under \$15
(All 3 races will be electronically timed)

Registration includes: Official T-Shirt, Swag Bag, Finisher Medals,
Awards & Monetary Prizes (top 3 finishers per age category)
Electronic Race Bib, DJ, Catered Meal & More!
REGISTRATION OPENS - SUNDAY, JULY 14th.

POC: Stephanie M. Craddock
scraddock@firstmountzionbc.org - 703-670-0184

Wednesday Bible Study:

11:00 am and 7:30 pm

In Person, www.fmzbc.com, YouTube or Facebook Live

Youth Bible Study at 7:30pm in person or ZOOM

Sunday Service Worship:

Service: 11:00 AM

Kids' Kingdom Worship Service:

Third Sundays at 11 am on Youtube

Sunday School: 9:45 AM in person or via ZOOM

Fitness Center

Monday -Thursday, 9am-4:30pm

Tuesday and Thursday, 6:30pm-8:30pm

Friday, 9am-1pm



[Unsubscribe rwoolfolk@firstmountzionbc.org](mailto:rwoolfolk@firstmountzionbc.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

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