

ANNOUNCEMENTS NOVEMBER 19, 2023

This Week at a Glance & Activities

"I WAS SICK AND YE VISITED ME"

Our Known Sick and/ or Shut-in Prayer List

Lisa Adams [J1]
Charles Boddy [K4]
Vietta Boothe [K4]
Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Denyse Farquharson [E1]
Edwin Green [M3]
William Gregory [C1]
Beulah (BJ) Harper [D1]
Jan Jacobs [H2]
Lynette Juluke [D2]
Velma L. Jones [K5]
Essie Pullman [Z]
Margaret Sherrod [K4]
Sheldon Starkes [E1]
Arthur White [K1]

Today, Nov 19
Music ~ Women's Choir

New Members Orientation Class
9:45A; Sunday School Extended
(Hybrid) 9:45A; Children's
Church/Kids' Kingdom 11A; Worship
Service 11A;

God's Knowledge is Powerful SG
((Zoom) 1P; Civilian & Military Out-
reach SG (Zoom) 2P; Fearless Study
SG (Zoom 3P; Hungry for the Word
SG (Zoom)) 3P; Eagles Health &
Nutrition SG (Online) 6P;

Monday, Nov 20
Pickleball Development 10A; Open
Pickleball 10:30A; Thanksgiving
Choir Rehearsal 7P;

Tuesday, Nov 21
Men's Choir Rehearsal 7:30P;

Wednesday, Nov 22
Fit By God - Exercise Class 9:30A;
Thanksgiving Service 7:30P;

Thursday, Nov 23
Thanksgiving Day - Church Office
Closed

GRAIN OF HEAVEN

Closed



Friday, Nov 24
No Activities Scheduled;

Saturday, Nov 25
No Activities Scheduled.



Dr. Luke E. Torian, Pastor
16622 Dumfries Road
Dumfries, VA 22025
Phone: (703) 670-0184
Fax: (703) 670-0296

Website:
www.fmzbc.com
Email Address:
fmzbc@firstmountzionbc.org

BIBLE STUDY

Please join us every Wednesday for
Bible study mid-day at 11am and
evening at 7:30pm.

WOMEN'S MINISTRY BOOK CLUB

"Women United in Faith, Prayer, Fellowship, Love and Worship"

The Women's Ministry (WM) will be
hosting our Book Club session via
zoom. We will be reading "Breathe
(Making Room for Sabbath)" by:
Priscilla Shirer. During this 5-week
session we will be discussing how
we are in bondage to busyness. We
constantly strive to complete the
limitless to-do lists that hinder us
from experiencing all that God has
for us. It is time for us to breathe
and build margin into our lives for
God. Sabbath was intended as a
gift, and it is still a gift to us today. If
you are weary, worn out, and ex-
hausted the concept of Sabbath will
change your life.

Please join us and invite other
ladies to share in this spiritual jour-
ney. Session dates are 12/2 &
12/9. Session times are 10:00am -
11:00am.

WOMEN'S MINISTRY

**Attn: BEAUTIFUL WOMEN OF
GOD**

The Women's Ministry (WM) will be
hosting a WM Recruitment on Sun-
day, December 3rd before and after
church services. All women are
considered to be a part of the WM,
however if you would like to be a
servant, please stop by our table to
obtain some information about the
various committees that we have a
need for.

We also want to make sure you are
receiving our emails which provide
you with weekly words of encour-
agement and upcoming WM events.
Please stop by our table, as we
would love to meet you and just love
upon you!

For more information, please con-
tact WM Director, Gwen L Holland
at Womensministry@firstmountzionbc.org.

WOMEN'S MINISTRY DECEMBER ½ HOUR OF POWER FELLOWSHIPS

The Women's Ministry will be hosting a
Fellowship "Half Hour of Power (Words
of Encouragement for Your Soul)" on
Tuesdays, December 5, 12th & 19th
2023, from 7:00 pm-7:30 pm via zoom.
The purpose of the Fellowship is to
encourage, uplift, support, and shower
love on each other during these contin-
uous trying times, life unforeseen un-
pleasant circumstances, and loss of
loved ones. Also, to provide extra sup-
port and comfort since we are nearing
the holidays, and this may be extra
hard, especially for those who will not
be able to gather with their families.
Please plan to attend.

For questions, please contact WM
Director, Gwen L Holland, or WM Co-
Director Lisa Johnson at Womensministry@firstmountzionbc.org.

LOVE DONATIONS

The AEM will be sending **Love Dona-
tions** to FMZ students who are attend-
ing institutions of higher learning such
as college, university, community col-
lege, technical school or other schools
offering a degree or certification. Par-
ents/guardians are requested to provide
the student's name, FMZ Member num-
ber, name of institution and mailing
address for home and school (exactly
as they receive mail) to Sis. Malinda or
Bro. Ken Spencer at skenneths@comcast.net AND Sis. Pat
Paige at ppaige@firstmountzionbc.org
by **November 26, 2023**.

CHILDREN'S CHURCH

Calling all children PreK-5th
grade! Don't miss worship on Sunday,
November 19 & December 3 to earn
your **"Christian Character Dollars"** so
you can shop our special store for the
holiday! Get a gift for you, your family,
and/or friends. You must attend wor-
ship to earn your \$\$\$\$. Looking forward
to seeing you here!

Reminder: No Children's Church on
Dec. 17 due to the Music & Arts Pro-
gram during the 11 am service in the
main sanctuary.

ADMINISTRATIVE OFFICE STAFF

Vicky Borror
Accounts Payable & Payroll Clerk
vborrow@firstmountzionbc.org

Ahmon Bryant
Food Service Assistant
abryant@firstmountzionbc.org

Sherise Campbell
Food Service Director
scampbell@firstmountzionbc.org

Stephanie M. Craddock
Small Groups Director
scraddock@firstmountzionbc.org

Rev. Dr. Tracey D. Holley
Minister of Christian Education
tholley@firstmountzionbc.org

Ernest Holmes
Custodian
eholmes@firstmountzionbc.org

Walter Holmes
Assistant Facility Manager
wholmes@firstmountzionbc.org

Antonio Howard
Custodian
ahoward@firstmountzionbc.org

Rev. Dr. Sandra K. James
Assistant Pastor
sjames@firstmountzionbc.org

Rev. Beverly Jiggetts
Youth Minister
bjiggetts@firstmountzionbc.org

Sylvia E. Moore
Executive Assistant to Pastor
smoore@firstmountzionbc.org

Dejae North
Audio-Visual Director
dnorth@firstmountzionbc.org

Pat Paige
Administrative Assistant
ppaige@firstmountzionbc.org

Deloris Quarterman
Food Service Assistant
dquarterman@firstmountzionbc.org

Ernest Robbins
Facility Manager
erobbins@firstmountzionbc.org

Donna Scruggs
Receptionist/Administrative Assistant
dscruggs@firstmountzionbc.org

Sylstea C. Sledge
Minister of Music
ssledge@firstmountzionbc.org

Bréh Stevens-Mitchell
Music Ministry Administrative Assistant
BStevensMitchell@firstmountzionbc.org

Gregory Took
Custodian
gtooks@firstmountzionbc.org

Pastor Luke E. Torian
ltorian@firstmountzionbc.org

Laura Valkenburg
Fitness Center Director
lvalkenburg@firstmountzionbc.org

Renee Woolfolk
Church Business Administrator
rwoolfolk@firstmountzionbc.org

**MUSIC & ARTS
MINISTRY
REHEARSALS
NOV**

WOMEN'S CHOIR
Tues 28 7P

MEN'S CHOIR
Tues 21 7P

**THANKSGIVING
REHEARSAL W/
EBENEZER BAPT**
Mon 20 7P

CHRISTMAS CHOIR
Mon 27 7P

MASS CHOIR
Thurs. 30 7P

MESSENGER NEWSLETTER

The Messenger is our monthly newsletter which is posted on the first Sunday of each month to our website and social media sites. Zone leaders also distribute the link each first Sunday.

Website:
<https://firstmountzionbc.org/announcements/#TheMessenger>

Enjoy the articles from the various ministries, Pastor, leadership, members, and staff. The articles provide insights into events, fellowships, and ministry activities. The **Communications and Publicity Ministry** solicits your feedback and input. Contact us via email at cpm1@firstmountzionbc.org

CONNECTION POINTS

Please refer to the weekly email distribution of Connection Points for additional information. If you are not receiving Connection Points, contact your Zone Leaders and provide them with your preferred email address. Also available online at fmzbc.com.

SHARE REGISTRATION

The last day to register for December SHARE package is December 1st for food valued between \$35 and \$45. Thomas Bates (703) 772-8837.

**WORSHIP SERVICES &
BIBLE STUDY**

Livestream Worship Services & Bible Study at your preferred stream:

Livestream:
<https://live.livestream.tv/first-mount-zion-baptist-church>

Facebook:
<https://www.facebook.com/fmzbcumfries>

YouTube:
<https://www.youtube.com/channel/UCzFC03nnQRn0bzND EefeGQ>

**REGISTRATION LINK FOR
SUNDAY SCHOOL
EXTENDED**

Please be sure to register in advance.

<https://bit.ly/FMZBC-SSE>