

FMZBC 2023 Church Theme
from Generation to Generation:
Growing Deeper, Growing Stronger, Reaching Higher
Deuteronomy 32:7



Let us stay connected both in person and online!

October 24, 2023

Scroll to the green text for the latest information.

IN PERSON WORSHIP each Sunday at **11:00am**.

Service is also live streamed. [Welcome to First Mount Zion Baptist Church \(lifestream.tv\)](https://www.lifestream.tv)

Facebook: <https://www.facebook.com/fmzbcumfries>

YouTube: <https://www.youtube.com/channel/UCzFC03nn-QRn0bzNDEefeGQ>

******ASL interpreter onsite and viewable online.**
If you require speech to text, Facebook is recommended****

This Week's WEDNESDAY BIBLE STUDY at 11AM for adults.

No Bible study for adults nor youth on 10/25 and 11/1. Instead join us or tune in for worship service.

Returning, November 8th. Hybrid Bible Study for **Adults at 11am and 7:30pm. For Youth every Wednesday Night at 7:30pm.** Use the following link to download the Adult Bible Study, [Bible Study](#)

GYM AND FITNESS HOURS Monday-Saturday. M-Thurs 9am-4:30pm; Friday 9am-1:30pm; Saturday 9am-1pm. Please check the calendar for updates.

WELCOME ABOARD! Dijae North, Audio Visual Director.

Dejae brings several years of experience in the AV field, particularly in the church environment. His diverse skill set encompasses video production, live streaming, photography, web development, and the development of social media content. With his expertise, we can enhance our audio-visual presentations and create engaging content for our congregation. Dijae can be reached at dnorth@firstmountsionbc.org. Interested in joining the AV TEAM? Contact Dijae today!!

DEAF MINISTRY: ASL (American Sign Language) Interpreter onsite each Sunday during the 11am in person worship service and at the monthly Deaf Ministry ZOOM meetings.

Topic: **Deaf Ministry Meeting.** Date/Time: **Second Monday of each month. Next meeting is November 13th at 7pm.** Please check back for the ZOOM link. POC for the ZOOM link is Deaconess Pamela Ford, pdford61@verizon.net.

VOLUNTEER SCREENING: Next session and final session for 2023 is **Saturday, November 18th.**

HYBRID SUNDAY SCHOOL: Sundays at 9:45am room 229/230 or via ZOOM r (registration required)

(Ecclesiastes 4:9, GMT version)

“Behold, the former things are come to pass, and new things do I declare; before they spring forth, I tell you of them.” (Isaiah 42:9)

Join Sunday School Hybrid each Sunday. For those attending the class via ZOOM Please use the following link to register for SSE-Hybrid:

<https://us02web.zoom.us/j/89762921587?pwd=UHd2RWVuWjJrbmhNMnpPYUJkZjE4Zz09>

We look forward to seeing you there!

Sunday School Hybrid Lesson Guides

Handouts are available for download from the FMZ (First Mount Zion) website using the following link:

<https://firstmountzionbc.org/weekly-sunday-school-lessons/>

POC: Rev. Gillis Taylor, Sunday School Superintendent, SundaySchool@FirstMountZionBC.org

CHILDREN'S CHURCH (CED (CHRISTIAN EDUCATION DEPARTMENT)): **IT'S BACK...** Children's Ministry/**Kids' Kingdom** worship for PreK to fifth graders on **Sunday, November 5, 2023, during the 11 am service**. For additional information, please contact Dr. Holley via email at tholley@firstmountzionbc.org or Sister Stephany Stewart at stephanystewart@yahoo.com. Cannot wait to see you!

Servants Needed! Please email tholley@firstmountzionbc.org for the Zoom credentials. Thank you.

NEW MEMBERS' ORINATION CLASS-NMOC Class (CED):

Time:

Oct 29, 2023, 09:45 AM

Nov 5, 2023, 09:45 AM

Nov 12, 2023, 09:45 AM

Special Combined Sunday School

No class attend Regular Sunday School

Overview of Christian Education

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: [https://us02web.zoom.us/meeting/tZ0vcO-](https://us02web.zoom.us/meeting/tZ0vcO-tpjkoE9zQdEzfTVApkXHHbkeCjokA/ics?icsToken=98tyKuGhrDwsH9yXshCPRpx5AI_CM-xiHpBj_pHrRvAGSZnVCLmPdpqGrB0Ffva)

[tpjkoE9zQdEzfTVApkXHHbkeCjokA/ics?icsToken=98tyKuGhrDwsH9yXshCPRpx5AI_CM-xiHpBj_pHrRvAGSZnVCLmPdpqGrB0Ffva](https://us02web.zoom.us/meeting/tZ0vcO-tpjkoE9zQdEzfTVApkXHHbkeCjokA/ics?icsToken=98tyKuGhrDwsH9yXshCPRpx5AI_CM-xiHpBj_pHrRvAGSZnVCLmPdpqGrB0Ffva)

Join Zoom Meeting

<https://us02web.zoom.us/j/89276582298?pwd=RzhmbEtlQUImRIJSaEFmM3VtczhMQT09>

Meeting ID: 892 7658 2298

Passcode: 783107

Dial by your location

• +1 301 715 8592 US (Washington DC)

Meeting ID: 892 7658 2298

Passcode: 783107

 **ACADEMIC EDUCATION MINISTRY-AEM (CED):**



Academic Education Ministry Hosts Fall College Visits Friday, November 10th Sign Up TODAY!

VSU
VIRGINIA STATE
Since 1882

VCU
Virginia Commonwealth University- Richmond, VA

Virginia State University Petersburg VA

Email Contact: AEM@firstmountzionbc.org

College Tours Are Back! The Academic Education Ministry is hosting a Fall College Visit to **Virginia Commonwealth University (VCU) in Richmond, and Virginia State University (VSU) in Petersburg on Friday, November 10, 2023.** High School students are encouraged to sign up after service on Sunday, October 29 & November 5. Interested students may also sign up by sending their information to: AEM@firstmountzionbc.org. The sign-up deadline is Monday, November 6, 2023. Don't miss the opportunity to tour these campuses, meet college students and faculty, and ask questions that will help you prepare for your next level of education! We are looking forward to having a GREAT time!

The FMZBC AEM (ACADEMIC EDUCATION MINISTRY) Tutorial Program is back!! If you are an FMZ Student in grades K – 12 and need Tutorial Services, this message is for you!! Further details will be available later. POC: Bro. Gerry Griffin, AEM@firstmountzionbc.org.

Additional information and Scholarship Opportunities. First Mount Zion High School Seniors, Juniors, and Parents/Guardians. Are you interested in receiving educational information and available scholarship opportunities?!?! Forward your email address to aem@firstmountzionbc.org and we will add you to the distribution list. Do not miss out!

AEM Ministry Scholarship Newsletter Fall 2023 Edition! Want to know what is happening with the FMZ Scholarship, other available scholarships, and events? Just click the link below!!

<https://firstmountzionbc.org/scholarships-2/>

Tutors, we need you!!! If you are interested in serving as a tutor for FMZ Students, grades K – 12, we need you!! All subject areas needed. The program begins Monday, October 23, 2023, at First Mount Zion. Further details will be available later. POC: Bro. Gerry Griffin, AEM@firstmountzionbc.org.

MENS' MINISTRY (CED): ATTENTION ALL MEN!!!...Join our In-Person Only Fellowship on Saturday, **November 4, 2023, at 8:30 AM**, as we fellowship with "A Special Men's Fellowship". We will be in fellowship through Song, Praise, Scripture, and celebration. Our speaker will be the esteemed Dr. Charles A. Lundy; Pastor of the Ebenezer Baptist Church in Woodbridge, VA, who will bring a DYNAMIC message that will fill our hearts, spirits, and minds!

Please join us at First Mount Zion Baptist Church, 16622 Dumfries Road, Dumfries, VA 22025. Breakfast will be served in the **Grain of Heaven starting at 8:30 AM**. More to come.

We pray you seize this opportunity to glorify GOD thru this fellowship with your time & service. We look forward to seeing you Mighty Men of GOD.

Leadership Team: Bro. James Gaskins, Bro. Xavier Bridges, Dea. Donnell Wright



**FMZBC
Men's Ministry**

**To Join / Participate Please Email:
mensministry@firstmountzionbc.org**

Second Saturday each Month

WOMEN'S MINISTRY(CED): WOMEN'S MINISTRY NOVEMBER FELLOWSHIP

Attn: BEAUTIFUL BELOVED FAITHFUL WOMEN OF GOD

The Women's Ministry will be hosting a Fellowship "Women with F.A.I.T.H (Favor, Assurances, Identify, Trust, and Hope)!" on **Saturday, November 4, 2023, from 9:00am-10:30am via zoom**. The purpose of the Fellowship is to remind us that Faith is a powerful gift from God and even if it is the size of a mustard seed, it can grow, and we can move mountains! Our guest speakers will be Minister Shaunda Howerton, Founder, and author of *Positioned with A Purpose* & Rev. Dr. Etoria V. Goggins, First African Methodist Church of Manassas.

For questions, please contact WM Director, Gwen L Holland, or WM Co-Director Lisa Johnson at Womensministry@firstmountzionbc.org.

The Zoom Meeting Information:

<https://us06web.zoom.us/j/85638878961?pwd=MJobMtiuOUguoK6nE7fERB8rLqW0KF.1>

Meeting ID: 856 3887 8961

Passcode: 460414

Dial in: (301) 715-8592



Women's Ministry Outreach



Coat WINTER

DRIVE

HATS

GLOVES

SOCKS

SCARVES

October 28th – 9am-12pm

ACCEPTING ALL LIGHTLY USED COATS ALL SIZES



FMZBC Women's Ministry invites you to Join and/or Participate. For more information, please email womensministry@firstmoutnzionbc.org

WE LOOK FORWARD TO YOU JOINING!

WOMEN'S MINISTRY

BOOK CLUB

"Women United in Faith, Prayer, Fellowship, Love and Worship"

The Women's Ministry (WM) will be hosting our **Book Club** session via zoom. We will be reading "Breathe (Making Room for Sabbath" by: Priscilla Shirer. During this 5-week session we will be discussing how we are in bondage to busyness. We constantly strive to complete the limitless to-do lists that hinder us from experiencing all that God has for us. It is time for us to breathe and build margin into our lives for God. Sabbath was intended as a gift, and it is still a gift to us today. If you are weary, worn out, and exhausted the concept of Sabbath will change your life.

Please join us and invite other ladies to share in this spiritual journey. Session dates are **10/28, 11/18, 12/2 & 12/9. Session times are 10:00am -11:00am. Register by emailing up until October 19th** WomensMinistry@firstmountzionbc.org. Input "Book Club" in the subject line and provide your name, telephone number, and email address that you can be reached at. POC, WM Book Club Co-Lead, Sister Sharon Lawrence & WM Book Club Lead, Sister Lisa Johnson.

PRAYER REQUESTS, Women Uniting in Fellowship with Love, Praise, and Worship

Greetings to all our sisters in Christ. God is so awesome! He has answered our prayers, and He wants to answer yours too! The WM has established a dedicated email for the women of FMZBC to submit your prayer request. We desire to continually lift your prayer needs as they arise, so please use this email to submit your prayer request. Let the saints pray for you. Prayers of the righteous availeth much! Our Intercessory Prayer Team (IPT) will intercede and faithfully pray over your prayer requests as you send them in. WomensMinistryPrayers@firstmountzionbc.org.

SENIORS' MINISTRY (CED): All Seniors ages fifty-five and over are invited to attend the **Seniors Ministry monthly fellowship**. The Seniors meet on the **third Wednesday of the month in the Grain of Heaven, at 11:30 a.m.** We request that all Seniors and guests planning to attend register their names and information with Sis. Hope Singleton. Her email address is hopesing@verizon.com. This will allow us to get an accurate count of lunches. We are looking forward to seeing you for food, fun, and fellowship. If you have questions, contact Sis. Shirley Hardy shirleybhardy@gmail.com Thank you for your cooperation. The Seniors Ministry Leadership Team

SINGLES' MINISTRY(CED): Please join us! POC: Pamela Knight at nohim2@yahoo.com

YOUTH MINISTRY (CED): Servants Wanted!! If you have a heart for working with our youth ministry, contact Rev. Beverly Jiggetts at bjiggetts@firstmountzionbc.org.

Youth Bible Study cancelled this Wednesday, October 25,2023, and November 1, 2023, due to special worship services. Will resume November 8, 2023, 7: 40-8:30 pm in the Executive Conference Room. It can also be accessed on zoom. To attend via zoom register using the "Youth Ministry" tab on the FMZ

website. Join us as we do “Bible study for life.”

Youth Ministry Prayer Dinner and Donation Drive, Friday, November 15, 2023, from 7-9 pm in the Grain of Heaven. (We will not have “First Friday” this month.) **RSVP by November 7, 2023**, to Rev. Beverly Jiggetts at bjiggetts@firstmountzionbc.org. Bring canned goods or other non-perishable food items. A prize will be awarded to the youth that donates the most food.

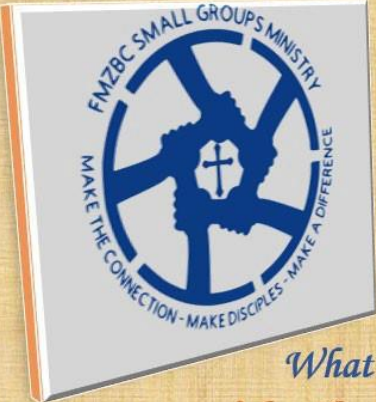
Youth sixteen and older who are interested in serving with Childrens’ Church will need to complete **Volunteer Screening**. The next session is **November 18, 2023**. Contact First Lady Clarice Torian 703 730-6353 toriancj@gmail.com or Cynthia Zorn Pettigrew 703 730-5227 zornpettigrew@comcast.net to register and for additional information.

YOUTH MINISTRY ON BLAST! This is an opportunity to highlight the amazing youth at First Mount Zion and their notable accomplishments. If you know of a youth that you would like to have profiled in this section, send their name, contact information, and accomplishments to bjiggetts@firstmountzionbc.org or youthministry@firstmountzionbc.org

Accomplishments can be in the areas of athletics, community, scholastics, overcoming personal challenges, or simply a youth who needs encouragement.

Contact Rev. Beverly Jiggetts, youth minister with any youth ministry questions or concerns at bjiggetts@firstmountzionbc.org.

SMALL GROUPS MINISTRY



The logo for FMZBC Small Groups Ministry features a central cross surrounded by four interlocking gears. The text "FMZBC SMALL GROUPS MINISTRY" is written in a circle around the top, and "MAKE THE CONNECTION - MAKE DISCIPLES - MAKE A DIFFERENCE" is written around the bottom. The logo is presented as a 3D effect on a light-colored background.

*Have You Considered
Leading A Small
Group This Fall?*

*What are Your Interest, Gifts and Talents?
I'd Like to Hear From You ~ Learn More!*

POC: Stephanie M. Craddock, Small Groups Director – Scraddock@firstmountzionbc.org Or 703-670-0184

**There is a Small Group for everyone, including YOU!
Or have you considered joining a Small Group!!**

Visit our Small Groups Pages and Directory, to view the variety of Interest Based Small Groups available (Support, Shared Interest and Discipleship) that are available to our First Mount Zion Baptist Church members and Community. Right click the link below.

[Small Groups Directory - First Mount Zion Baptist Church \(firstmountzionbc.org\)](http://firstmountzionbc.org)

Point of Contact:

Sister Stephanie M. Craddock,
Small Groups Director

scraddock@firstmountzionbc.org or 703-670-0184.

VOLUNTEERS NEEDED:

FMZ Print Shop. Volunteers are needed to print large format posters for ministry events. If you are

interested and/or have experience please contact Walter Holmes, Assistant Facilities Manager at wholmes@firstmountzionbc.org.

Ministry Event set-up and break-down. Are YOU looking for a way to serve others? Are you in need of volunteer hours or do you simply want to support the ministry activities of the church? If so, please contact Ernest Robbins, Facilities Manager at erobbins@firstmountzionbc.org. **Opportunities** to serve in food service with the Grain of Heaven contact Sherise Campbell, Food Service Director at scampbell@firstmountzionbc.org.

Audio Visual: Interested in supporting ministry activities through audio visual? Join the Audio-Visual Ministry. Opportunities are available in support of Wednesday Night Bible Study, Sunday Worship, Homegoing Services, Weddings, and Ministry Activities, please contact Renee Woolfolk, CBA (Church Business Administrator) at rwoolfolk@firstmountzionbc.org.

Be In the Know!

The Gym and Fitness Center will **open on Saturday's from 9am-1pm** beginning in September. Check the website for schedule changes in support of ministry activities.

Closings and Cancellations Due to Inclement Weather

During times of inclement weather please check the Church website and voicemail for closings and cancellations. Notices are also posted to WTOP and WJLA. You may also register to receive notifications from, www.cancellations.com

FMZBC Job Vacancies.

Upon an offer the candidate is subject to a criminal background check and drug screening. Working remotely is not an option. Recruiting will continue until the position is filled. Interested candidates should email resume and job application to employment@firstmountzionbc.org

For additional information

<https://firstmountzionbc.org/job-vacancy-announcement/>

JOB VACANCY ANNOUNCEMENTS

Finance Department

Accounts Receivable

Full Time Staff Position with Health and Retirement Benefits

First Mount Zion Baptist Church is actively recruiting a candidate for the position of Account Receivable Clerk. The ideal candidates have a passion for the accounting process and a heart for ensuring resources of the church are processed timely, and in accordance with acceptable accounting practices and Christian stewardship. Position oversees one part-time accounts receivable payroll clerk. If you have a college degree in accounting or finance; minimum of five years paid work experience in accounting; and a working knowledge of a bimonthly payroll of at least twenty employees, please contact Renee Woolfolk, Church Business Administrator to discuss your interest in supporting the ministry through your vocation.

Good to KNOW

Submission of weekly announcements and PR: Please note the following change. **Announcements and weekly PRs are due by the close of business each Tuesday. Thank you for your support! Announcements and PRs submitted after the deadline will be processed the following week.**

IT (Information Technology) Help Desk. Have questions about ZOOM or OFFICE365? Need an Email or password reset? Please email us for assistance at, IT4U@FirstMountZionBC.Org or rwoolfolk@firstmountzionbc.org.

Vanco On-line Giving

VANCO, FMZBC's on-line giving platform, operates with an elevated level of security. As a result, users' access will be temporarily denied when using a VPN, virtual personal network, and because of too many failed login attempts. If you have forgotten your password, after some time (up to 4 hours) the account will automatically reset to allow users to select the forgotten password option.

You may give online using the following online giving link:

https://www.eservicepayments.com/cgi-bin/Vanco_ver3.vps?appver3=wWsk24ZWJSTZKsGd1RMKlg0BDvsSG3VIWQCPJNNxD8upkiY7JlDavDsozUE7KG0nFx2NSo8LdUKGuGuF396vbcjOdOpuGh5p9VUzbG-MUX6XHubq5Z7ap5JVmPErc4ZeYHCKCZhESjGNQmZ5B-6dxxaHhzX-YjOncGsSrUtYU7E=&ver=3

Or access the link through the FMZBC website: WWW.FMZBC.COM and click on ONLINE GIVING (VANCO) at any time. To avoid failed transaction fees, please regularly review your online giving account to ensure contact and payment sources are up to date. **When submitting a change of address to the Church, please also log on to VANCO to update your address.** If you are interested in learning more about VANCO or have any questions as a VANCO online giver, please contact the front office, (703) 670-0184.

You may give by Mail: First Mount Zion Baptist Church, 16622 Dumfries Road, Dumfries, Va. 22025. You may also schedule a time for pick up, from your home, with your Zone Leader.

Please check the FMZ website regularly for a complete listing of ministry activities and updates regarding weather closings during office hours. As always, during these times of uncertainty, safety is of the utmost importance as we do our best to keep the congregation connected and informed while maintaining the health and welfare of all. Please check your email and the Church website for regular updates. Looking forward to our return in the future.

FMZ COVID GUIDELINES-WHAT YOU SHOULD KNOW-August 13, 2023

- Our church safety protocol activities will be in accordance with those set by the State of Virginia:
 - Proof of Vaccination Status is no longer required to enter FMZBC.
 - There will be no temperature checks required upon entry into FMZBC.
 - Wearing a mask is optional.

ATTENTION ALL ZOOM MEETING HOSTS: To protect our ministries from potential “Zoom bombing” by miscreants and hackers, it is no longer recommended to post- meeting ID and passcodes to the website or social media. As an alternative, Zoom offers a registration feature for meeting participants to register for a meeting using a registration link. Once the registration link is established by the host, the link can be shared as usual via Connection Points, email, text, etc. The organizer/host will receive a roster of registrants and, if necessary, can use the list to verify people before they are allowed in the meeting.

For those who schedule ZOOM meetings, to follow is a short video on how to enable the registration feature to Zoom meetings.

How to set up a Zoom registration link for better security: <https://youtu.be/VqomCzNnii4>