

**FMZBC 2023 Church Theme**  
**From Generation to Generation:**  
**Growing Deeper, Growing Stronger, Reaching Higher**  
**Deuteronomy 32:7**



Let us stay connected!

May 9, 2023

**Scroll to the green text for the latest information.**

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Join us **every Sunday for in-person Worship at 11:00am**. If you are fully vaccinated, please join us in person. If you are unable to attend in person, please join us via live stream by going to the website, <https://www.fmzbc.com>. You may also join us using any of the following social media platforms.

FMZ/LifeStream: <https://live.lifestream.tv/first-mount-zion-baptist-church>

Facebook: <https://www.facebook.com/fmzbcumfries>

YouTube: <https://www.youtube.com/channel/UCzFC03nn-QRn0bzNDEefeGQ>

**\*\*\*\*\*If you require speech to text, Facebook is recommended\*\*\*\*\***

## Save the Dates!

**Wednesday Night Bible Study:** For adults **Wednesday at 7:30pm**. Join us in person; [www.fmzbc.com](http://www.fmzbc.com); YouTube; and Facebook.

Youth attend in person or via ZOOM. For ZOOM, please register using the following link:

<https://us02web.zoom.us/meeting/register/tZAsceurjkuH9Rm8sk243fTqpJjWk-btSxl>

**After registering, you will receive a confirmation email containing information about joining the meeting.**

**Sunday School Extended Hybrid:** **Sundays at 9:45am room 229/230. Attend in person or via ZOOM** (registration required)

**Pastor's Anniversary** Family and Friends Night, **Friday, May 19, 2023, at 7pm**

**SHARE Ministry Distribution:** **May 20, 2023.**

**Pastor's Anniversary:** **Sunday, May 21, 2023, 11am worship service**

**Memorial Day:** **Office Will be closed May 29, 2023**

**KEEP US IN THE KNOW.** New phone number, new address, can we contact you by email? Please use the following link to update your contact information. If you give online please also remember to update your information in VANCO. <https://form.jotform.com/12155242234>

**VANCO ONLINE GIVING:** As a registered user you can make changes to your VANCO profile, giving schedule, and password reset. In the event you are locked out of the system it will refresh within 2-4 hours, and you will be able to reset your password.

**Tithing Envelope:** It is important to include your member number on your tithing envelope. If you do not know your member number, feel free to contact the office. Note, your member number is also included on your annual contribution statement.



*Dr. Luke E. &  
Mrs. Clarice Torian*

**DURING THE REMAINDER OF THIS MONTH:**

Members are encouraged to videotape personal expressions of appreciation and thanks to Pastor for something specific that comes to mind that he has done that impacted them, their families, or the Church (whether it be his teaching the Word, praying for them, visiting/calling them when they/family members were sick, his caring; honesty (anything along those lines; whatever you choose that is in your heart to say) and upload to <https://tinyurl.com/pastortorian28th> by no later than April 30, 2023.

# SAVE THE DATES

## Pastor Torian's 28th Anniversary

May 19, 2023

Family & Friends' Night - 7 p.m.

May 21, 2023

Worship Service - 11 a.m.

**"Expressions of Kindness"**  
(immediately following service)

June 26, 2023

FMZBC Golf Tournament - 9:00 a.m.

Old Hickory Golf Club

If you are planning on uploading a video, please be sure that it is no longer than 30 seconds and that you have your phone in a landscaped position rather than portrait. This year, we would welcome Videos that are thanking Pastor specifically for things that he has done as a Pastor (whether it be visiting you/family members while you were sick; praying for you, delivering a powerful word that touched you and spoke into your life, caring about the Ministry, etc., or things of that nature), rather than just simply Happy Anniversary. That would be much appreciated!

# 2023 FMZBC LEADERSHIP NOMINATION

MEMBERS WHO DESIRE TO NOMINATE A MEMBER OF FMZBC FOR CONSIDERATION FOR DEACON, DEACONESS OR TRUSTEE, MUST COMPLETE A NOMINATION PACKET BY **31 MAY 2023.**

Packets may be obtained:

1. From FMZBC Front Office, Leadership Desk or
2. By downloading from the FMZBC website, [www.fmzbc.com](http://www.fmzbc.com)

On the home page navigation bar select the Nominations tab in blue (Direct Link: <https://firstmountzionbc.org/nominations/> )



Sunday School Extended (CED):

# SS-Hybrid Is Here!!

*Back Together Again!*  
(Ecclesiastes 4:9, GMT version)

*“Behold, the former things are come to pass, and new things do I declare; before they spring forth, I tell you of them.” (Isaiah 42:9)*

Join Sunday School Hybrid each Sunday. For those attending the class via ZOOM Please use the following link to register for SSE-Hybrid:

<https://us02web.zoom.us/j/89762921587?pwd=UHd2RWVuWjJrbmhNMnpPYUJkZjE4Zz09>

We look forward to seeing you there!!

Sunday School Hybrid Lesson Guides

Handouts are available for download from the FMZ (First Mount Zion) website using the following link:

<https://firstmountzionbc.org/weekly-sunday-school-lessons/>

POC: Rev. Gillis Taylor, Sunday School Superintendent, [SundaySchool@FirstMountZionBC.org](mailto:SundaySchool@FirstMountZionBC.org)



**ACADEMIC EDUCATION MINISTRY (AEM)** POC: Bro. Gerry Griffin, AEM Chair,  
[aem@firstmountzionbc.org](mailto:aem@firstmountzionbc.org).

**Volunteer Screening:** 2023 Session dates: **May 20**, Sept. 16 and Nov. 18 POC:  
Cynthia Zorn Pettigrew at 703 -730-5227, [zornpettigrewcl@comcast.net](mailto:zornpettigrewcl@comcast.net) or Clarice  
Torian at 703-730-6353, [toriancj@gmail.com](mailto:toriancj@gmail.com).

**Christian Education Department (CED)**

**Mens' Ministry (CED): ATTENTION ALL MEN!!!...**



## FMZBC Men's Ministry

To Join / Participate Please Email  
[mensministry@firstmountzionbc.org](mailto:mensministry@firstmountzionbc.org)

**ATTENTION ALL MEN!!!**...Join our Zoom Fellowship on **Saturday, May 13, 2023, at 9:00 AM**, as we fellowship with **"Perseverance in Christ"**. This is based on the **Book of Hebrews 6:13-14**. We will be in fellowship through Song, Praise, Scripture and our Speaker will bring a DYNAMIC message that will fill our spirits and minds! We pray you seize this opportunity to Glorify GOD thru this fellowship with your time & service. We look forward to seeing you Mighty Men of GOD.

Yours in Christ,

Bro. Edward Jones  
Director - FMZBC Mens Ministry

**Leadership Team: Bro. James Gaskins, Bro. Xavier Bridges, Dea. Donnell Wright**

**Women's Ministry (CED):**



*FMZBC Women's Ministry  
invites you to Join and/or  
Participate. For more  
information, please email  
[womensministry@firstmountzionbc.org](mailto:womensministry@firstmountzionbc.org)*

**WE LOOK FORWARD  
TO YOU JOINING!**

**WOMEN'S MINISTRY (CED)**

*"Women United in Faith, Prayer, Fellowship, Love and Worship"*

**WOMEN'S MINISTRY MAY FELLOWSHIP**

**Attn: BEAUTIFUL FAVORED WOMEN OF GOD**

The Women's Ministry will be hosting a Fellowship "Women Favored by God" on **Saturday, May 20, 2023**, from 9:00am-10:30am via zoom. The purpose of the Fellowship is to remind us of the good plans that our Heavenly Father God has for us and our future, both here on earth and in Heaven. Our guest speakers will be Rev. Cynthia M. Ball and Rev. Dr. Tracey Dawkins-Holley, FMZBC Associate Ministers.

For questions, please contact WM Director, Gwen L Holland, or WM Co-Director Lisa Johnson at [Womensministry@firstmountzionbc.org](mailto:Womensministry@firstmountzionbc.org).

The Zoom Meeting Information:

<https://us06web.zoom.us/j/84172739778?pwd=RGZnQnZPQzJWdMN05NaDBCMIFDUT09>

Meeting ID: 841 7273 9778

Passcode: 739034

Dial in: (301) 715-8592

## WOMEN'S MINISTRY ANNOUNCEMENT

### Attn: BEAUTIFUL WOMEN OF GOD

The Women's Ministry Invites you to Join and/or participate. We are also seeking a Publicity & Technical Lead.

For more information, please contact WM Director, Gwen L Holland, or WM Co-Director Lisa Johnson at [Womensministry@firstmountzionbc.org](mailto:Womensministry@firstmountzionbc.org).

### PRAYER REQUESTS, Women Uniting in Fellowship with Love, Praise, and Worship

Greetings to all our sisters in Christ. God is so awesome! He has answered our prayers and He want to answer yours too! The WM has established a dedicated email for the women of FMZBC to submit your prayer request. We desire to continually lift your prayer needs as they arise, so please use this email to submit your prayer request. Let the saints pray for you. Prayers of the righteous availeth much! Our Intercessory Prayer Team (IPT) will intercede and faithfully pray over your prayer requests as you send them in. [WomensMinistryPrayers@firstmountzionbc.org](mailto:WomensMinistryPrayers@firstmountzionbc.org).

**Music and Arts Ministry:** Please check the church calendar for rehearsal dates and times. Interested in joining the Music and Arts Ministry? Contact the **POC Minister Sylstea Sledge**, [ssledge@firstmountzionbc.org](mailto:ssledge@firstmountzionbc.org).

**Zone Ministry:** As a member you are assigned to a ZONE based on geographical location. Each Zone has a team of zone leaders consisting of at least a Deacon, Deaconess and Associate Minister. If you do not know how to contact your Zone Leader, please contact the Church and someone will provide you with their contact information. If you have not been in touch because you need to update your contact information, please use the following link <https://form.jotform.com/12155242234>.

**Deaf Ministry:** Monthly Deaf Ministry Meetings are held **via ZOOM**.

Topic: Deaf Ministry meeting

Date/Time: **Second Monday of each month at 07:00 PM** Eastern Time (US and Canada). Please check back for the ZOOM link.



POC for the ZOOM link is Deaconess Pamela Ford, [pdford61@verizon.net](mailto:pdford61@verizon.net).

**Kids' Kingdom (CED):** This is our Virtual YouTube worship experience for our children PreK- 5<sup>th</sup> grade. It takes place each **3<sup>rd</sup> Sunday at 11 am** on YouTube: **FMZBC Kids' Kingdom Worship**. Please note that Worship packs for each month are distributed on the Saturday before **3<sup>rd</sup> Sunday from 11 am – 12 noon at DOOR A**. For additional information or questions, contact Dr. Holley at [tholley@firstmountzionbc.org](mailto:tholley@firstmountzionbc.org)

## **New Members Orientation Class (CED)**

### **Topic: NMOC Class**

**Every week on Sunday**

**May 14, 2023, 09:45 AM            NMOC ORIENTATION AND CHURCH TOUR**

**May 21, 2023, 09:45 AM            ZONE MINISTRY**

**May 28, 2023, 09:45 AM            TBD**

### **Join Zoom Meeting**

<https://us02web.zoom.us/j/85022202136?pwd=R2x3WTVYa1piQXV2YWxNcDZwWk54Zz09>

**Meeting ID: 850 2220 2136**

**Passcode: 997217**

### **Dial by your location**

**+1 309 205 3325 US**

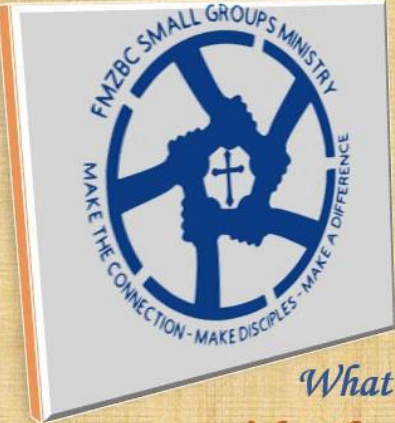
**Seniors' Ministry (CED):** Please join us each month on the 3<sup>rd</sup> Wednesday for a time of fellowship. POC: Ms. Shirley Hardy at [shirleybhardy@gmail.com](mailto:shirleybhardy@gmail.com).

**Singles' Ministry (CED):** Please join us! POC: Pamela Knight at [nohim2@yahoo.com](mailto:nohim2@yahoo.com)

**Youth Group Meeting-Sunday, May 21, 2023, immediately after service until 2 pm** in the **Lecture Hall** for youth in grades 6-12. Enter and exit through door B.

**Tucson Mission Trip Training Session-Sunday, May 21, 2023, in the Lecture Hall 2-3pm.** Parents and guardians are encouraged to attend along with their youth missionaries. Enter and exit through door B.

**YOUTH MINISTRY ON BLAST!** This is an opportunity to highlight the amazing youth at First Mount Zion and their notable accomplishments. If you know of a youth that you would like to have profiled in these sections, please send their name, contact information, and accomplishments to [youthministry@firstmountzionbc.org](mailto:youthministry@firstmountzionbc.org). Accomplishments can be in the areas of athletic, community, scholastic, overcoming personal challenges, or simply a youth who needs encouragement. For additional information or questions, contact Rev. Beverly Jiggetts, Youth Minister [bjiggetts@firstmountzionbc.org](mailto:bjiggetts@firstmountzionbc.org).



*Have You Considered  
Leading A Small  
Group This Fall?*

*What are Your Interest, Gifts and Talents?  
I'd Like to Hear From You ~ Learn More!*

POC: Stephanie M. Craddock, Small Groups Director – [Scraddock@firstmountzionbc.org](mailto:Scraddock@firstmountzionbc.org) Or 703-670-0184

**SMALL GROUPS MINISTRY:** Point of Contact: Sister Stephanie M. Craddock, Small Groups Director; [scraddock@firstmountzionbc.org](mailto:scraddock@firstmountzionbc.org) or 703-670-0184.

Visit our Small Groups Pages and Directory, to view the variety of Interest Based Small Groups that are available to our First Mount Zion Baptist Church members and Community.  
[Small Groups Directory - First Mount Zion Baptist Church \(firstmountzionbc.org\)](http://firstmountzionbc.org)

## Volunteers Needed

**Ministry Event set-up and break-down.** Is your ministry looking for a way to serve others. Are you in need of volunteer hours or simply want to support the ministry activities of the church? If so, please contact Ernest Robbins, Facilities Manager at [erobbins@firstmountzionbc.org](mailto:erobbins@firstmountzionbc.org). Opportunities to serve in **food service with the Grain of Heaven** contact, Sherise Campbell, Food Service Director at [scampbell@firstmountzionbc.org](mailto:scampbell@firstmountzionbc.org). **Audio Visual to include**, Wednesday Night Bible Study, Sunday Worship, Homegoing Services, Weddings, and Ministry Activities, please contact Renee Woolfolk, CBA at [rwoolfolk@firstmountzionbc.org](mailto:rwoolfolk@firstmountzionbc.org) .

## Check-In

FMZBC requires anyone who enters the Church to go through Check-In to ensure; proof of vaccination is provided; temperatures are taken, and that masks are worn. **As ministry activity increases so does the need for volunteers.** If you would like to volunteer for Check-In, please use the following Sign-Up Genius link: <https://www.signupgenius.com/go/30E0B4CADAB2E5-check>

If you have any questions, please contact, Renee Woolfolk, Church Business Administrator, at [rwoolfolk@firstmountzionbc.org](mailto:rwoolfolk@firstmountzionbc.org), or call (703) 670-0184.

Thank you to those that have served and continue to serve at Check-In!!

## Be In the Know!

1. Check In at door A or B for 11am Sunday worship service.
2. The parking lot is fully open.
3. Door Q Check-In Station when back parking lot is in use.
4. Two temperature stations at Doors A and B on Sunday.
5. Check-In sign-in sheets for contact tracing are no longer in use.
6. The Fitness Center Locker Rooms are now open.

## Closings and Cancellations Due to Inclement Weather

During times of inclement weather please check the Church website and voicemail for closings and cancellations. Notices are also posted to WTOP and WJLA. You may also register to receive notifications from, [www.cancellations.com](http://www.cancellations.com)

**FMZBC Job Vacancies. For complete information please visit the FMZ website.**

<https://firstmountzionbc.org/job-vacancy-announcement/>

**JOB VAVANCY ANNOUNCEMENT**  
**Finance Department**

## Full Time Accounts Receivable

First Mount Zion Baptist Church is actively recruiting a candidate for the position of Account Receivable Clerk . The ideal candidates have a passion for the accounting process and a heart for ensuring resources of the church are processed timely, and in accordance with acceptable accounting practices and Christian stewardship. If you have a college degree in accounting or finance; minimum of five years of paid work experience in accounting; and a working knowledge of a bimonthly payroll of at least 20 employees, please contact Renee Woolfolk, Church Business Administrator to discuss your interest in supporting the ministry through your vocation. Upon an offer the candidate is subject to a criminal background check and drug screening. Working remotely is not an option. The church requires proof of COVID-19 vaccination and temperature check upon entry. Recruiting will continue until the position is filled. Interested candidates should email resume and job application to [employment@firstmountzionbc.org](mailto:employment@firstmountzionbc.org)

## Good to KNOW

**IT (Information Technology) Help Desk.** Have questions about ZOOM or OFFICE365? Need an Email or password reset? Please email us for assistance at, [IT4U@FirstMountZionBC.Org](mailto:IT4U@FirstMountZionBC.Org) or [rwoolfolk@firstmountzionbc.org](mailto:rwoolfolk@firstmountzionbc.org).

### **Vanco On-line Giving**

VANCO, FMZBC's on-line giving platform, operates with an elevated level of security. As a result, users' access will be temporarily denied when using a VPN, virtual personal network, and because of too many failed login attempts. If you have forgotten your password, after some time (up to 4 hours) the account will automatically reset to allow users to select the forgotten password option.

**You may give online using the following online giving link:**[https://www.eservicepayments.com/cgi-bin/Vanco\\_ver3.vps?appver3=wWsk24ZWJSTZKsGd1RMKlq0BDvsSG3VIWQCPJNNxD8upkiY7JlDavDsozUE7KG0nFx2NSo8LdUKGuGuF396vbcjOdOpuGh5p9VUzbG-MUX6XHubq5Z7ap5JVmPErc4ZeYHCKCZhESiGNQmZ5B-6dxxaHhzX-YjOncGsSrUtYU7E=&ver=3](https://www.eservicepayments.com/cgi-bin/Vanco_ver3.vps?appver3=wWsk24ZWJSTZKsGd1RMKlq0BDvsSG3VIWQCPJNNxD8upkiY7JlDavDsozUE7KG0nFx2NSo8LdUKGuGuF396vbcjOdOpuGh5p9VUzbG-MUX6XHubq5Z7ap5JVmPErc4ZeYHCKCZhESiGNQmZ5B-6dxxaHhzX-YjOncGsSrUtYU7E=&ver=3)

Or access the link through the FMZBC website: [WWW.FMZBC.COM](http://WWW.FMZBC.COM) and click on ONLINE GIVING (VANCO) at any time. To avoid failed transaction fees, please regularly review your online giving account to ensure contact and payment sources are up to date. **When submitting a change of address to the Church, please also log on to VANCO to update your address.** If you are interested in learning more about VANCO or have any questions as a VANCO online giver, please contact the front office, (703) 670-0184.

You may give by Mail: First Mount Zion Baptist Church, 16622 Dumfries Road, Dumfries, Va. 22025.  
You may also schedule a time for pick up, from your home, with your Zone Leader.

**Please check the FMZ website regularly for a complete listing of ministry activities** and updates regarding weather closings during office hours. As always, during these times of uncertainty, safety is of the utmost importance as we do our best to keep the congregation connected and informed while maintaining the health and welfare of all. Please check your email and the Church website for regular updates. Looking forward to our return in the future.

## **FMZ COVID GUIDELINES-WHAT YOU SHOULD KNOW**

**Check the FMZ website for recent updates (December 2022)**

**Am I required to show proof of vaccination?** For anyone 12 years and older proof of being fully vaccinated is required. Proof of vaccination is only required once. Once proof is shown your name will be entered into a database. At subsequent check-ins you need only to provide your name. Wearing a mask, having temperature taken, and social distancing are required.

**Am I required to wear a mask?** Effective, Sunday, December 18, 2022, wearing of masks is optional.

**What forms of proof of vaccination are accepted?** A legible vaccination card showing your name and date(s) of vaccination; a copy of your card; or a picture on your electronic device are acceptable forms of proof.

**Are children required to show proof of vaccination?** Children 12 years and older are required to show proof of vaccination. Children under the age of twelve are not.

**What if I have a medical condition that prevents me from being vaccinated?** In lieu of a vaccination card, provide medical documentation from a physician medical exemption.

**How do I get my name into the database?** Upon arrival show proof of vaccination and your name will be added to the database. **Obtaining a copy of your COVID-19 VACCINATION CARD**

The Virginia Department of Health now provides copies of vaccination cards. To obtain a copy, go to their Virginia Immunization Information System, <https://vase.vdh.virginia.gov/vacapps/f?p=545:1>

**ATTENTION ALL ZOOM MEETING HOSTS:** To protect our ministries from potential “Zoom bombing” by miscreants and hackers, it is no longer recommended to post- meeting ID and passcodes to the website or social media. As an alternative, Zoom offers a registration feature for meeting participants to register for a meeting using a registration link. Once the registration link is established by the host, the link can be shared as usual via Connection Points, email, text, etc. The organizer/host will receive a roster of registrants and, if necessary, can use the list to verify people before they are allowed in the meeting.

For those who schedule ZOOM meetings, to follow is a short video on how to enable the registration feature to Zoom meetings.

How to set up a Zoom registration link for better security: <https://youtu.be/VqomCzNnii4>