

This Week at a Glance & Activities

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer
List

- Lisa Adams [J1]
- Charles Boddy [K4]
- Vietta Boothe [K4]
- Teresa Bridges [I]
- Jessica Butler [B]
- Denyse Farquharson [E1]
- Edwin Green [M3]
- Beulah (BJ) Harper [D1]
- Jan Jacobs [H2]
- John W. Jones, Jr. [Z]
- Velma Jones [K5]
- Ralph Minor [B]
- Suzette Montero [F2]
- Essie Pullman [Z]
- Margaret Sherrod [K4]
- Sheldon Starkes [E1]
- Katherine Stevens [D1]
- Myrtle Stith [K4]
- Arthur White [K1]
- Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed



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Today, Oct. 31

Music ~ Praise Team Ensemble

Extended Sunday School (ESS) (Zoom) 9:45a; Worship Service 11A; God's Knowledge is Powerful SG (Zoom) 1P;

Monday, Nov. 1

BOD4GOD SG - Orientation The Daniel Plan (Zoom) 7P; Journey to Joy/Grief Share (Zoom) 7P;

Tuesday, Nov. 2

Divorce Care Support Group (Zoom) 7P; FREEDOM SG (Zoom) 7P; Celebrate Recovery Support SG 7P;

Wednesday, Nov. 3

Bible Study 7:30P;

Thursday, Nov. 4

Professional Women Support Group (Zoom) 7P;

Friday, Nov. 5

Carpenter's For Christ (DIY) SG (Zoom) 7P; Race to Read Children's Reading SG (Zoom) 7P; Where is God In the Movie SG (Zoom) 7P;

Saturday, Nov. 6

Financial Freedom for Millennials SG (Zoom) 9A; Retire Inspired Financial Planning SG (Zoom) 9A; SERVE Outreach SG (Zoom) 10A; Spiritual Gifts Ministry Workshop 10A.

Sunday, Nov. 7



**VERIFICATION OF VACCINATION
REQUIRED FOR ENTRY**

Please join us each Sunday for worship at 11am in the sanctuary.

Staff is onsite for office hours, to include the Fitness Center, Monday through Thursday 9:00am to 4:00pm; Friday 9:00am to 1:00pm.

Upon your next visit to the Church, you must show proof of being fully vaccinated or medical exemption from a physician.

Required proof of vaccination

Anyone 12 years and older must provide proof of being fully vaccinated.

The vaccination card, copy of the card, or digital photo are acceptable forms of proof. Name and date(s) of vaccination must be legible. With proof, your name is added to a data base; therefore, proof is only required once. Anyone having a medical exemption may provide supporting documentation from a physician in lieu of providing proof of vaccination.

Only designated entrances will be open and is where proof of vaccination will be verified. Wearing a mask, obtaining a normal temperature reading, and social distancing is also required.

**WOMEN'S MINISTRY
Concert**

The Women's Ministry (WM) will be hosting a **Live Stream Concert** on Friday, November 5th starting at 7pm. Performances will feature our very own FMZ singers, Stacey Griggs, Sharon King Childs, Gene Collins and Jonathan Randal. Our guest artists are Zoe Battle, CD Porter, and Sharna White. This will be a blessed time in the Lord of gospel artists coming together to remind us to **"Keep Your Eyes on God, He is the Joy in Your Storm"**. You don't want to miss this gospel celebration! Please be sure to join us live stream via FMZBC website, FMZBC Facebook, and FMZBC YouTube. For questions, please contact WM Director, Veronica D. Hackett or WM Co-Director, Gwen L. Holland at womensministry@firstmountzionbc.org.

**WOMEN'S MINISTRY
Conference**

The Women's Ministry (WM) will be hosting a **Zoom Conference** on Saturday, November 6th from 9:30am - 11:30am. You don't want to miss the powerful messages that will be brought forth by our guest speakers Rev. Kaiya Jennings (First Baptist Church, Suffolk, VA), Rev. Dr. Brennetta Williams (Impact Worship Center, Chesapeake, VA) and Rev. Dr. MarQuita Carmichael Burton (Asst Pastor, VA Union University). Our speakers will be providing words of encouragement to us on our conference title: **"Keep Your Eyes on God, He is the Joy in Your Storm"**. We look forward to seeing you and encourage you to invite other ladies to join us. (18 years and up). Our conference colors are red and gold if you want to join us in wearing either or both of those colors, your support would be appreciated. You will receive the Zoom information via email from the WM and in the weekly Connection Points. For questions, please contact WM Director, Veronica D. Hackett or WM Co-Director Gwen L. Holland at womensministry@firstmountzionbc.org.

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**MUSIC & ARTS
MINISTRY
REHEARSALS**

SPIRITUAL GIFTS MINISTRY

The Spiritual Gifts Ministry will be hosting a virtual workshop on Saturday, November 6th at 10:00 am. Registration is **required** in order to receive workshop materials. If interested in attending the workshop, email Spiritualgifts@firstmountzionbc.org no later than October 19th.

SHARE REGISTRATION

The last day to register for November SHARE packages is Sunday, November 7th. SHARE packages are \$23 for food valued between \$35 and \$45. POC: Thomas Bates, 703-772-8837.

CONNECTION POINTS

Please refer to the weekly email distribution of Connection Points for additional information. If you are not receiving Connection Points, contact your Zone Leaders and provide them with your preferred email address.

**MESSENGER NEWSLETTER
SUBMISSIONS**

All members are encouraged to submit articles, photos, and events for inclusion in the Newsletter. Please be sure to clear all submissions with your Ministry Leader before sending to the Communications and Publicity Ministry. Submissions **should not exceed 300-350 words** and must be received no later than **12 noon on the 15th of each month** to be considered for the upcoming newsletter. Please note that we reserve the right to edit as necessary. Submissions should be sent to: cpm1@firstmountzionbc.org.

**FIT BY GOD FITNESS CENTER
NEW HOURS**

The fitness center's new hours are 9am to 4pm Monday thru Thursday and 9am to 1pm on Fridays. For vaccinated church members only.

**WALKING IN DIFFICULTIES OVERCOMING
WEIGHTS SPIRITUALLY (WIDOWS)**

Please join us for a CommUNITY Kickoff Brunch, Saturday, November 13, from 12 noon to 2pm. Event will be held at Action Chapel Virginia, 6860 Commercial Drive, Springfield, VA. RSVP by November 7. Widows moving one step at a time. POC: Evg. Darlene Middleton, 571-437-5305 and Min. Karen McPherson, 202-422-5168.

**JOURNEY TO JOY/
GRIEF SHARE**

GriefShare is a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This 13-week program runs thru December 13. GriefShare is a **free** facilitator designed program with special topics, a participant handbook, DVDs featuring grief experts and group discussions. We know it hurts and want to help and provide encouragement after the death of a loved one. We are meeting by Zoom at 7P and encourage all with a need to join our confidential meetings. POC: Rev. Kathy Russell.

**WORSHIP SERVICES &
BIBLE STUDY**

Livestream Worship Services & Bible Study at your preferred stream:

Lifestream:
<https://www.lifestream.tv/fmz-live/>

Facebook:
<https://www.facebook.com/fmzbcumdumfries>

YouTube:
<https://www.youtube.com/chan-nel/UCzFC03nnQRn0bzND EefeGQ>

**REGISTRATION LINK FOR
SUNDAY SCHOOL EXTENDED**
Please be sure to register in advance.

<https://zoom.us/meeting/register/Jwrfuupjls9VMx4eBFk3D3sIW19YJZAF4>

