

September 29, 2021

Song of meditation: Open the eyes of my heart Lord

Psalm 119 (NKJV) – *Life According to Your Word* - Meditations on the Excellencies of the Word of God. Read vv. 49-64.

Introduction: Psalm 119 is an example of what is called an “alphabetic acrostic.” Each stanza—made up of 8 verses—begins each line with the same letter of the Hebrew alphabet. For verses 1–8, every line begins with the letter “aleph,” the first letter in the Hebrew alphabet. For verses 9–16, every line begins with the letter “Beth,” the second letter in the Hebrew alphabet. The psalm follows this structure for all twenty-two letters of the Hebrew alphabet. This style of poetry was often utilized to help with effective memorization.

Psalm 119 is a shadow of what has come in the person and work of Jesus Christ. We do not gain the blessed life through works of our own, but through the finished work of Jesus Christ, which is credited to us by faith. A disciplined reading of God’s Word will ultimately lead us to the Word made flesh—Jesus.

Review and Reflect:

1. List the words found for God’s Law in this text that we discussed in our opening introduction. (i.e., statues, law)
2. What does it mean to have hope and comfort even in suffering?
3. How does the Word of God sustain you?
4. What does it mean to for you to trust in the Lord?
5. What does it mean to “fear” the Lord?
6. Rewrite ZAYIN or HETH in your own words.

LIVE IT OUT

Pray: Set aside time this week to pray and ask God to teach you how to delight in God’s Word. Incorporate verses Ps 119:33-48 into your prayers this week.

Memorize: Select 2–3 verses from the text we studied this week that encourage you to delight in God’s word.

Journal: Sometime this week, sit down and write about what it means to you to delight in God’s Word.



