**"THE BOOK OF PSALMS"**

**Psalm 4 and 5**

**Prayers of Help and Relief**

**October 7, 2020**

**OBJECTIVES IN THIS STUDY:**

1. To continue to appreciate the values of the psalms to the individual and the community.
2. To appreciate the uniqueness of the psalms as scripture and as the voice of God.

**SUMMARY Psalm 4 (An evening hymn – in despondency):**

*To the Chief Musician. With stringed instruments. A psalm of David.*

This psalm is an evening hymn **(v.8)** and forms, together with the morning psalm **(Ps 5,** **v.3)** avenues for believers to come to their heavenly Father in prayer. As an expressions of confidence in God, the psalm helps the reader to meditate on God’s fatherly and to leave the troubles and causes of anxiety in His hands

**OUTLINE for Psalm 4**

**I. Prayer (1)**

**A. Request for an answer (1)**

1. Hear (answer) me when I call, Oh Righteousness God

2. Give me relief from my distress

3. Be merciful to me and hear my prayer

**B. Call for Trust in the Lord (2-5)**

1. How long sons of men will your turn my glory to shame

2. How long will you love worthlessness and seek falsehood

3. The godly is set apart for the Lord and the lord will hear when I call

4. Be angry and do not sin, mediate within your heart and be still

5. Offer the sacrifices of righteousness and put your trust in the Lord

**II. Prayer (6-7)**

**A. The King’s request**

1. The question of many: Who will show us any good?

2. Lord, lift up the light of your countenance upon us

3. You have put gladness in my heart

**B. Expression of trust (8)**

1. I will lie down and sleep in peace

2. For the Lord makes me dwell in safety

**A time of reflection**: How do you feel after reading this psalm? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Which part of **psalm 4** spoke to your heart? Why? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How would you rewrite the verse you are referring to? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Summary Psalm 5 (A morning hymn in anticipation of God’s presence):**

*To the Chief Musician. For flutes, a psalm of David.*

The Morning Prayer general offered at the time of the morning sacrifice, is the psalmist cry for help when his enemies spread malicious lies to destroy him. This psalm is generally categorized as an individual lament psalm. It shares elements of the psalms of confidence **(vv.1-3; 8-12)** and also community lament **(vv.11-12)**

**OUTLINE for Psalm 5**

**I. Prayer for God’s Guidance and Justice (1-3)**

**A. Request for an answer (1-3)**

1. Give ear to my Words O Lord; consider my meditation

2. Give heed to my cry; My king and My God

3. My voice you will hear in the morning and I will look up

**B. Affirmation of God’s hatred of evil (4-6)**

1. God does not take pleasure in wickedness or evil

2. The boastful shall not stand in Your sight; nor shall evil dwell with You

3. You hate workers of iniquity

4. You will destroy those who speak falsehood; The Lord abhors bloodthirsty and

deceitful men

**II. Prayer of Hope in Fellowship with God and God’s Righteousness (7-12)**

**A. The King’s hoe in fellowship with God (7)**

1. I will come into Your house, in the multitude of Your mercy

2. In fear of You, I worship toward Your holy temple

**B. Prayer for and Hope in God’s Righteousness (8)**

1. Lead me O Lord in Your righteousness

2. Make Your Way straight before my face

**C. The tongue of the wicked (9-10)**

1. No Faithfulness in their mouths, their inward part is destruction

2. Their throat is an open tomb, they flatter with their tongues

3. Pronounce them guilty, let them fall by their own counsel

4. Cast them out for their rebellion

**III. An affirmation of trust in the Lord (11-12)**

1. Let all rejoice who trust in You

2. Let them shout for joy, because of Your defense

3. Let those who love Your name be joyful in You

4. You Lord bless the righteousness, with favor You surround them as with a shield

**A time of reflection**: How do you feel after reading this psalm? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Which part of psalm 5 spoke to your heart? Why? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How would you rewrite the verse you are referring to? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Prayer**: Dear God, in this time of uncertainty and unrest help me to put my trust in You. Amen