



A Ministry Exhibiting a Spirit of Excellence!

2020 Theme: *Living in God's Assurance*
—Isaiah 41:10

Message from the Pastor



I REJOICE IN THE LORD BECAUSE OF YOU!

"But I rejoiced in the Lord greatly that now at last your care for me has flourished again; though you surely did care, but you lacked opportunity." Philippians 4:10 (NKJV)

In his letter to the Church of Philippi, the Apostle Paul expresses his heartfelt gratitude to the Philippians for their continued support to him and to the church. He is joyful for the giving hearts of the people. Paul says, "now at last" your care for me has flourished and he understood that the delay was only because they "lacked opportunity."

By the time this newsletter is published we will be entering our eighth month of living with the challenges of a global pandemic. Staying home as much as possible, wearing a mask when in public, staying six feet or more apart (social distancing) and continuously washing our hands and using hand sanitizer.

As a Ministry, we have worked tirelessly to live out our mission "to connect people who have a desire to become fully devoted followers of Jesus Christ" and we stay connected using our 4-step strategy of WORSHIP, STUDY OF THE WORD, STEWARDSHIP and SERVICE.

cont'd on page 2 - -



While continuing to adjust to the "new normal" and practicing social distancing measures, the CORE – First Mount Zion's Young Adult Ministry – has had an eventful fall! On September

8th, we focused on relationships with God through "The Ministry of LIFE" (our monthly Young Adult spiritual growth session). The CORE thanks Rev. Cynthia Ball for leading an amazing session on "The Power of the Tongue". We learned the validity of using our words in a positive manner; our words truly have power and the way that we use them influences every facet of our lives.

Later in September, we took care of our temples, as several members of The CORE participated in First Mount Zion's first annual 5K run. The CORE's own Roslyn Parker did an amazing job working as a key organizer of the Virtual Run, alongside various members of the First Mount Zion 5K team. Members of the CORE spent time training, encouraging each other, and ultimately giving their all to run an outstanding race!

On October 13th, The CORE again hosted The Ministry of Life. This session featured an amazing lesson by Rev. Marlene Johnson. We thank Rev. Johnson for teaching us the importance of Spiritual Warfare. We learned to put on the armor of God. With our Lord and Savior Jesus Christ protecting us, we can win all battles!

While we have had a jam-packed fall, there is still much more to come! We hope

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THE CORE IN ACTION!



MESSAGE TO OUR YOUTH



MOVING FROM “STAY WOKE” TO “PRAY WOKE” SERIES: DO NOT LOSE HEART!

YOUTH & FAMILY PRAYER

“...as for me and my house we will serve the Lord.” (Jos. 24:15)

How would you describe the value and worth of prayer in your life? Gardner Taylor, a late pastor, described it as “A Christian’s native breath.” He wanted us to think of a life without prayer being like a life without oxygen. In other words, we can’t live for long spiritually that way. Another minister and friend described it as “Chatting with God.” Are they both right? Yes! While Taylor desired to communicate the essential and universal nature of prayer, my friend sought to emphasize that God can be as close as a friend and prayer is common to us all. Therefore, we all need prayer!

In 2018, the YM Spiritual Guides and I developed a Youth and Family Devotional Toolkit to affirm, strengthen and support the FMZ Youth and Families. The Youth & Family Weekly Devotional Toolkit was designed to encourage families to take 15 minutes a week to pray together, read scripture, and share prayer requests in an effort to draw closer to the Lord and to one another as supportive family members.

This was to challenge us to open our hearts to God’s presence, love, and wisdom at home with our families. In our Baptist tradition, generations would lift their voices and hearts to read a covenant. Some of the words from that traditional covenant says that we will “...engage in family and secret devotion... to religiously educate our children...”

The wise counsel of Proverbs 14:16 asserts, “He who fears the Lord has a secure fortress, and for His children it will be a refuge...” *Prayer Saturated Kids* author, Cheryl Sacks, shares that “Prayer builds unity and intimacy. We become intimate to whom we pray, for whom we pray, and with whom we pray.”

Next month, we will unpack the three parts (e.g. singing, reading, and praying) of the youth & family devotional time.

Reverend John C. McNeill, Jr.
Youth Pastor

Pastor’s Message - (cont’d from page 1)

Like the Apostle Paul, my heart rejoices, because in spite of a closed campus (a lack of opportunity to gather corporately for worship), you continue to be faithful in your stewardship of financial support through the giving of your tithes and offerings. I commend our church leaders for their creative efforts to care for and support our members in a safe and courteous manner. Our ministry leaders are doing a wonderful job in keeping the members active and connected through virtual/zoom meetings, phone calls, cards, drive through celebrations, porch “drop offs”, communion drive thru pickups, and encouragement and healthy living videos just to name a few. And, yes, I am most grateful for how we continue to support members and the community during life’s most difficult challenges (sickness, and death).

Therefore, my heart rejoices and I am thankful to God for all you are doing for the work of the kingdom. We have had some challenging days, but God has continued to be faithful to us as you have continued to be faithful.

Thank you for all you are doing as faithful stewards of First Mount Zion. As we enter this holiday season, I am thankful for all my eyes have seen and my heart has felt. Continue to stay safe and be well until we meet again.

Happy Thanksgiving!

Living in God’s Assurance,

Pastor Luke E. Torian



KIDS' KINGDOM YOUTUBE WOR- SHIP A BIG HIT

"....But Jesus said, suffer the little children, and forbid them not to come unto me: for such is the kingdom of heaven." Matthew 19:14

In September, the **Christian Education Department (CED)** created First Mount Zion's first YouTube Channel geared toward our children. This channel, which is called *FMZBC Kids' Kingdom Worship*, air each 3rd Sunday of the month at 11 am. This virtual worship experience was created to provide children in Pre-K through 5th grade an opportunity to learn more about Jesus in a fun and interactive way, while sheltering at home during the coronavirus pandemic.

Each month, parents are asked to register their children for worship packs, containing lesson related material, snacks, a craft, and so much more! From 37 children registered in September and over 400 YouTube views to 66 children registered in October, this worship moment is proving to be a big hit for the kids!

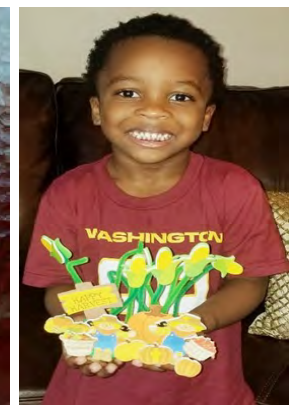
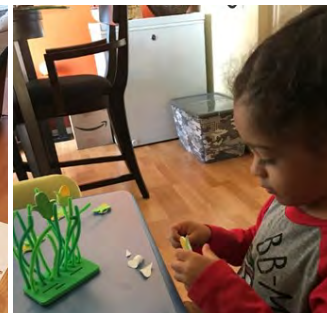
One grandparent shared that their 3-year-old was told to wash her hands and she commented: "I can do all things through Christ who strengthens me." This brought tears to their eyes. You see, the September theme was "I CAN," based on Philippians 4:13. The children made "I CAN BOXES" as their craft. The box had statements inside to use as daily or weekly meditations, reminding them of all the things they can do or get through because God is with them, giving them strength. Another parent texted Pastor Torian in the middle of the Worship Service to say that their child had just accepted Christ. Hallelujah!

In October, one parent commented about how much her son really enjoyed the craft moment. October's theme was, "IT'S HARVEST TIME," based on Luke 10:2. During this time of the year when children learn about crops and harvesting pumpkins, we taught them about the harvest of people that the Lord refers to in this scripture and how the Lord needs us as workers and laborers. The children made Happy Harvest crafts while enjoying an apple juice and aged white cheddar rice and corn puff snacks.

God continues to bless us even in the midst of these trying times. I want to thank all the parents and kids who have participated so far. We look forward to more families joining this Kids' Kingdom experience! A special "thank you" to Ms. Roconia Price for serving as our Virtual Craft Lead and Rev. Shelby Holley for assisting with recording. As always, thank you to Pastor Torian for his support. God is good and worthy to be praised. Continue to pray for our children as they draw closer to the Lord.

Submitted by

Rev. Dr. Tracey Dawkins Holley
Minister of Christian Education



**JOIN US
EVERY 3RD
SUNDAY
OF THE
MONTH AT
11 A.M.**



**TRAIN UP A
CHILD IN THE
WAY HE
SHOULD GO,
AND WHEN HE
IS OLD, HE
WILL NOT DE-
PART FROM IT.**

PROVERBS 22:6





ACADEMIC EDUCATION MINISTRY NEWS

The Scholarship Committee will host a Virtual Scholarship Workshop on Sunday, November 15, 2020 at 1:00 PM. The purpose of the workshop is to provide parents and students information on application requirements for the First Mount Zion Baptist Church (FMZBC) Scholarship and to answer any questions they submit. Parents and students are requested to join us for this important workshop and be prepared to ask questions. Please let us know of your intentions to participate by sending an email to AEM@firstmountzionbc.org. After your email is received, you will be contacted and provided the Meeting ID, Password, and telephone call-in number. You will also be provided information on how to obtain a copy of the Scholarship Application Booklet. Don't miss this opportunity!! **POC:**

Brother Gerry Griffin, AEM Chair, at AEM@firstmountzionbc.org.

Each year FMZBC awards scholarships to members who are graduating high school seniors and plan to further their education at an institution of higher learning to include, but are not limited to, colleges, universities, community colleges, technical schools, etc. The deadline for submission of the Scholarship packet is April 15th each year. The following requirements must be met in order to qualify for the FMZBC Scholarship: must have been a member of FMZBC for at least one year prior to the deadline; participate in at least one Church ministry (Junior Ushers, Youth Ministry, a choir, Share, Tutor, etc.) at least six months prior to the deadline; and have been accepted at an institution of higher learning. Church Ministries are listed in FMZBC's Constitution and Bylaws.

Due to COVID-19 conditions, 2021 graduating high school seniors will not be required to obtain in-person documents or signatures. Instead, they may obtain required verifications via email and include them with their Scholarship packets.

Applications are rated on a point system. Using points earned, two types of scholarships, Scholar and Achiever, are awarded with the Scholar being \$400 - \$500 more than the Achiever. Scholarships are paid directly to the student's institution of higher learning after verification of enrollment has been received by the Church.

Sister Cheryl Minor



COVID-19 AND THE DEAF COMMUNITY



We hope that you gained more knowledge about the Deaf community during Deaf Awareness month. Covid-19 has had a major impact on our health, finances, normal way of life, and feeling of community. As much as you feel lost in the new normal of this pandemic, have you considered how much more those who are deaf or hard of hearing are affected? Take a minute to consider Paul's concept of walking in the shoes of others as depicted in Galatians 4:12 of the Message Bible.

"My dear friends, what I would really like you to do is try to put yourselves in my shoes to the same extent that I, when I was with you, put myself in yours. You were very sensitive and kind then..."

The National Association of the Deaf indicates that the use of face masks to prevent transmission of the Covid-19 infection has added an additional barrier of communication for those who are deaf or hard of hearing. Masks hinder not only lip-readers but also adds confusion to those who depend on sign language where facial expressions and mouth movements are needed to dispel confusion. They recommend the use of masks with a clear insert for interpreters and medical professionals who serve deaf clients.

The pandemic has limited the ability to bring additional persons (interpreters) to medical appointments, employment meetings and other sessions where an interpreter is normally used to assist or improve clarity in communication. We all miss the companionship and close contact of being together at church, family gatherings and social events. Before COVID-19, many deaf people experienced feelings of isolation as a result of societal stigma, prejudice and communication challenges evidenced by statistics that indicate the deaf community struggled with mental health issues at approximately twice the rate of the hearing population. We have attempted to combat this with the use of technology like ZOOM. Some may not know that ZOOM has included accessibility features like closed captioning and the ability to keep an interpreter in speaker view.

Finally, finances are precarious for many during this period with layoffs and the closure of many businesses, but it is often more difficult for the deaf to secure services or job hunt under these conditions. Now that your empathy has expanded let it flow into your prayer life for the deaf and hard of hearing in our community.

Sister Deborah Holley



GIVING HONOR WHERE HONOR IS DUE!! CONGRATULATIONS TO ONE OF OUR OWN!!!

The National Society of High School Scholars



For Immediate Release

**LOCAL STUDENT ZAMARI HOLLEY
RECEIVES NATIONAL HONOR**
Stafford Senior High School student
recognized for superior academic achievement
by The National Society of High School Scholars

ATLANTA, GA – The National Society of High School Scholars (NSHSS) today announced student Zamari N. Holley from Fredericksburg, VA, has been selected to become a member of the esteemed organization. The Society recognizes top scholars who have demonstrated outstanding leadership, scholarship and community commitment. The announcement was made by NSHSS Founder and Chairman Claes Nobel, senior member of the family that established the Nobel Prizes.

“On behalf of NSHSS, I am honored to recognize the hard work, sacrifice and commitment that Zamari has demonstrated to achieve this exceptional level of academic excellence,” said Nobel. “Zamari is now a member of a unique community of scholars – a community that represents our very best hope for the future.”

“We are proud to provide lifetime membership to young scholars to support their growth and development,” stated NSHSS President James W. Lewis. “We aim to help students like Zamari build on their academic success by connecting them with unique learning experiences and resources to help prepare them for college and meaningful careers.”

NSHSS members automatically become lifetime members at the time of their initial membership. At each step along the way – from high school to college to career – NSHSS connects outstanding young scholars with the resources they need to develop their strengths and pursue their passions.

Formed in 2002 by James W. Lewis and Claes Nobel, senior member of the family that established the Nobel Prizes, The National Society of High School Scholars recognizes academic excellence at the high school level and helps to advance the goals and aspirations of high-achieving students through unique learning experiences, scholarships, internships, international study and peer networks. Currently there are more than 1,500,000 Society members in over 170 countries. To help us further efforts that provide students with continued opportunity, please acknowledge NSHSS in any press release mentions by providing a resource link to www.nshss.org. For more information about NSHSS visit www.nshss.org.

CONGRATULATIONS ZAMARI! YOUR CHURCH FAMILY IS PROUD OF YOU!

FIRST MOUNT ZION BAPTIST CHURCH
Women's Ministry Presents

Friday, Nov 6th
at 7PM EST

Join us for our
FREE
Live Virtual
Gospel Concert

GOD IS STILL AT WORK
Visit www.firstmountzionbc.org

FRIDAY Nov 6th, 7PM EST

Eric Taylor
Charles McPhatter
Beverly Johnson
Phyl Lynah
Cynthia Wilson
Ayo Morton

First Mount Zion Baptist Church
FACEBOOK PAGE
Visit <https://m.facebook.com/fmzbcumfries/>

GOD IS STILL AT WORK:
Encouraging women
through tough times

2020 Saturday, November 7th
9:30 AM – 12:00 PM

Free Zoom Event
Registration Open
www.fmzbc.com

virtual Women's Conference

Dr. Floria Goggins
Dr. Cynthia L. Hale
Dr. Tracy Dawkins Holley



LEADERSHIP

THE CHAPLAIN'S CORNER

Every first Friday of the month, your FMZ Trustee, Deaconess & Deacon Teams, pray and fast over a chosen topic. Sharing nuggets from the October 2, 2020 Devotional below:

Prayer and Fasting Topic: Love One Another



7. Source: God's Holy Word

8. Lesson/Discussion: The word "**love**" appears 310 times in the King James Bible, 348 times in the New American Standard Bible, 551 times in the New International Version and 538 times in the New Revised Standard Version. The word "love" appears 57 times in the Gospel of John, more often than in the other three gospels combined. Additionally, it appears 46 times in the First Epistle of John.

Clearly, what the world and our country need now is more love for one another! So, let us meditate on these BIG 7 scriptures, to inspire us to shed God's Love abroad throughout our spheres of influence!!! "Such a time as this!!" Selah!!

Seven (7) Love Scriptures:

Mark 12:29-31 NLT Jesus replied, "The most important commandment is this: 'Listen, O Israel! The Lord our God is the one and only Lord. And you must **love the Lord your God** with all your heart, all your soul, all your mind, and all your strength. The second is equally important: 'Love your neighbor as yourself. No other commandment is greater than these."

John 3:16 For this is how **God loved the world**: He gave His one and only Son, so that everyone who believes in Him will not perish but have eternal life.

I John 4:7-8 Dear friends, let us continue to love one another, for love comes from God. Anyone who loves is a child of God and knows God. 8. But anyone who does not love does not know God, for **God is love**.

John 14:15 If you **love Me**, obey my commandments.

John 21:16 Jesus repeated the question: "Simon son of John, do you **love Me**?" "Yes, Lord." Peter said, "you know **I love you**." "Then take care of my sheep," Jesus said.

John 15:13 There is **no greater love** than to lay down one's life for one's friends.

I Cor 13:4-8. **Love is** patient and kind. **Love is** not jealous or boastful or proud. or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged. It does not rejoice about injustice but rejoices whenever the truth wins out. **Love never gives up**, never loses faith, is always hopeful, and endures through every circumstance. Prophecy and speaking in unknown languages and special knowledge will become useless. But **love** will last forever!

9. Supporting Scripture: See above.

10. Supporting Song(s):

What the World Needs Now is Love Video (Dionne Warwick)
<https://youtu.be/xfqND7qROQQ>

God is Love/Mercy Mercy- Marvin Gaye
<https://youtu.be/ui9S040GwPA>

Love One Another-Morris Chapman
<https://youtu.be/cDgoP9dDtN8>

*Deacon Ron Cooper
on behalf of the FMZ Leadership Chaplains*



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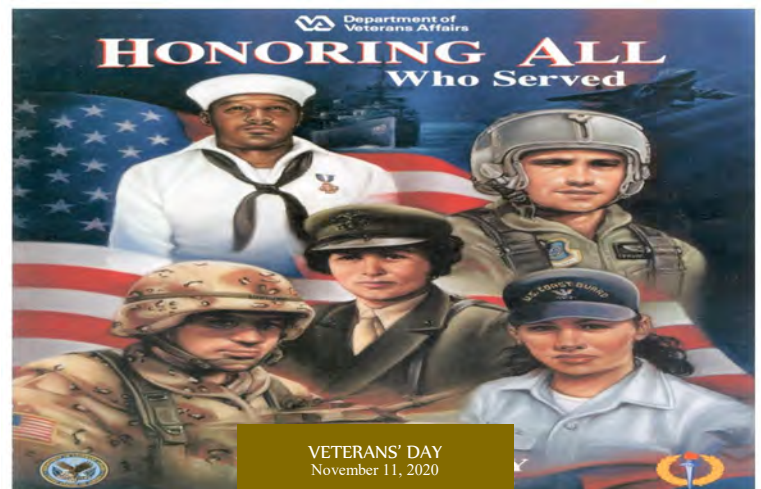
that all Young Adults will join us via ZOOM on Friday, November 6th at 7:30 PM for our social event, as we host our game night! The CORE will be playing, CORE Feud! On Tuesday, November 9th, The CORE will host the next edition of our spiritual growth session, The Ministry of LIFE! For ZOOM information, and to receive more information from FMZ's Young Adult Ministry in general, please feel free to contact us via email at:

TheCore@FirstMountZionBC.org, or follow us on social media!

Facebook: Facebook.com/groups/FMZBC.YAM

Twitter: @TheCore_FMZBC

Instagram: @TheCore_FMZBC





Encouragement and Assurance for the Soul

Deaconess Ministry



WHAT ARE YOU THANKFUL FOR?

When you take a serious look at the world situation, starting inside your home, one can be overwhelmed by what you see. Racism, social inequality, civil injustice, and other types of oppression is prevalent. Sickness, disease, and death are rampant. Storms and wildfires have been wreaking havoc across the country. What we are facing can be quite overwhelming. One may ask, "What is there to be thankful for?" If that is your question, here is the answer.

Amid all that is going on in our lives, the word of God tells us, "Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus." (1 Thes. 5:18 NLT) That can be a very difficult thing to do, but when we allow ourselves to have a close relationship with God and understand that the word of God is true, and totally trust God, we can be assured that God will take care of us. We can thank God for still being able to breathe; to be alive another day. Every day we are alive is another opportunity for God to do something amazing in our lives. If destruction did not enter your neighborhood, thank God. If you and your family are doing well, thank God. If you still have a job and your bills are being paid, thank God. If you have a need, pray. God will provide sources and resources to meet your need, so thank God. Exercise your faith and thank God even before your need is met.

The Bible gives us examples of how God restored and provided for God's people who suffered loss, sickness, death, and oppression. God loves all of us. God's grace and mercy endures forever. We must seek to know as much about God as we can, pray without ceasing; live lives that are pleasing to God. I have resolved, come what may, I will trust in, believe in, and thank God. Look for blessings in every situation. You may be surprised to find at least one blessing in the most tragic situation.

Reverend Kathy M. Russell



The Holy Thanksgiving Alphabet

Although things are not perfect
Because of trial or pain
Continue in *"Thanksgiving"*
Do not begin to blame
Even when the times are hard
Fierce winds are bound to blow
God is forever able
Hold on to what you know
Imagine life without His love
Joy would cease to be
Keep *thanking Him* for all the things
Love imparts to thee
Move out of "Camp Complaining"
No weapon that is known
On earth can yield the power
Praise can do alone
Quit looking at the future
Redeem the time at hand
Start every day with worship
To *"thank"* is a command
Until we see Him coming
Victorious in the sky
We'll run the race with *gratitude*
Xalting God Most High
Yes, there'll be good times and yes some will be bad, but....
Zion waits in glory... where none are ever sad!



*Submitted by Deaconess Janice Cooper on behalf of the
Deaconess Ministry*



THE WAY TOWARDS A HEALTHY START!

FIRST MOUNT ZION'S 1ST ANNUAL HEALTHY START MIND AND BODY VIRTUAL 5KWALK/RUN

The Small Groups Ministry, in partnership with the CORE and Fit by God Ministries. Combined their efforts to focus on Health and Wellness! Through this combined effort was the thought of organizing a 5K run and walk in the FMZ community.

The Planning started during December of 2019. As the plans were shaping up, the pandemic hit and all plans went dormant. The plans came alive again when we learned that most races were being conducted virtually. We arranged a meeting with Arsenal Race Timing and Management in June to discuss the possibility of a virtual FMZ Healthy Start Mind and Body 5K!

Our FMZ Inaugural Race Development Team consisted of: Our Small Groups Director, Sister Stephanie Craddock, Brother Gerry Griffin, Reverend John McNeil, Reverend Brian Woolfolk, Sister Roslyn Parker and Sister Roconia Price, who blessed us with the production of the 5K Video. Everyone jumped on the opportunity to make it happen! Our FMZ Fitness Director, Lori Valkenburg and Brother Donnell Wright assisted with producing a training video along with running and walking plans to aid in making the 5K successful. The event was scheduled for Thursday, September 24th through Saturday, September 26th. The planning continued through the next two months. This included coordinating vendors for medals, t-shirts, backpacks, and masks. We were blessed to learn that Arsenal Race Timing Management would provide bibs for runners and walkers, along with the race joy app, a repository for gathering participants' times for their activity and a website that would process entry fees. All this came together very quickly and before we knew it, sign-ups started online on August 1st and concluded on September 1st; however, we did take the last few sign-ups on September 4th. Our final official count was 248 registered participants.

The beauty of this virtual event was the fact that runners and walkers could run or walk at their leisure anytime and anywhere they chose during the event dates. It proved to be successful because it brought unity for our Church family in a virtual setting. Everyone was able to see the names of participants and their finishing times on the "Race Joy" phone APP that was initiated through the Arsenal Race Timing. There was even a message, embedded on the APP at the beginning of the race and when you crossed the finish line, with Pastor Torian's voice providing words of encouragement. The weather for the entire weekend was perfect for getting outdoors and most did exactly that! We are grateful for all the participants and their many notes of thanks. We are looking forward to next year to continue our quest for our 2nd Annual "Healthy Mind and Body" 5K experience!

God bless you,

The FMZ 5K Race Development Team



1st Annual
Healthy Start Mind & Body
Virtual 5K Run/Walk

The purpose of this event was to raise awareness of how keeping our mind and body active, leads to a healthy life with positive contributions to our families, church and community.

5K SWAG BAG



ITEMS RECEIVED BY EACH REGISTERED PARTICIPANT:

T-SHIRT, MASK, RACE BIB,
BACKPACK AND PARTICIPANT MEDAL

**BY ALL REPORTS, THE 5K WAS
A TREMENDOUS SUCCESS AND
PARTICIPANTS ARE LOOKING
FORWARD TO 2021!!**





God's work.
Our hands.

ORGANIZATIONS SUPPORTED BY FMZBC

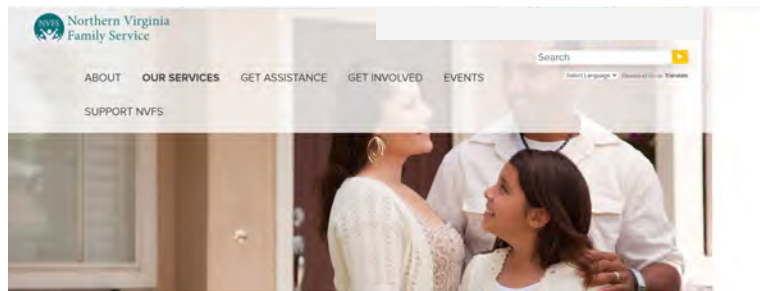
Below are the organizations supported by our Ministry. Each month the Newsletter will feature two or three of these organizations, giving you an in-depth description of how our Ministry impacts each organization. We believe it is important for our members to know how their contributions to the Ministry are used and how they impact our community-at-large. We are grateful to God for the ability He has given us to be able to make a difference in the lives of so many others, and in so many different areas. We look forward to sharing this pertinent information with you. STAY TUNED!!!

Organization

Children's Home
Lott Carey Missionary
UNCF
Stafford NAACP
Prince William NAACP
ACTS
Virginia Union Seminary
Howard University
Baptist General Convention
Cornerstone College of Virginia
Fellowship of Christian Athletes
Good News Prison Ministry
House Of Refuge
Hilda Barg Homeless Center
Young Life Ministry
National Baptist Association
Wycliff Bible Translator
So Others Might Eat
Thurman Brisben Center (formerly Stafford City Homeless)
Boys And Girls Club
Lifelines Ministries
SERVE (Manassas)
Stafford Emergency Relief through Volunteer Efforts
(SERVE) (Stafford)
Feed The Children
Central Union Mission
Outreach Cultural Arts Center
American Red Cross
Northern Virginia Urban League
Brown Family Health Center Texas
Capital Youth Empowerment Program
St. Francis House
Street Light Community Outreach Ministry (2021Budget)
National Alliance on Mental Illness (2021Budget)
Fredericksburg Regional Food Bank (2021 Budget)

Submitted by the Deacons' Ministry

Three of the organizations supported by our Ministry are shown below. Please take a minute and view their websites to become more familiar with what your assistance provides for families.



HOMELESSNESS & HOUSING

ASSISTANCE HOTLINES
Shelter, Housing, Rent, Utilities



SERVICES

NO ONE DESERVES TO GO WITHOUT
OR SUFFER ALONE



WE CAN HELP...

IF YOU NEED IMMEDIATE ASSISTANCE, PLEASE CALL
OUR HELPLINE AT (703) 366-4341

central union
MISSION
"No one should live hungry and homeless!"
Provision: 100-200-411

ANNUAL REPORT

2020



For Such a Time as This

Goal is to Support
500 Families

TO CONNECT PEOPLE
WHO HAVE A DESIRE TO
BECOME FULLY DEVOTED FOLLOWERS
OF JESUS CHRIST

Goal is to Support
500 Families

**First Mount Zion
BAPTIST CHURCH**
WORSHIP • EDUCATION • MINISTRIES • SERVICE

DR. LUKA E. TORIAN
PASTOR

Support Families
in Need

FMZBC SHARE Ministry Thanksgiving Holiday
Distribution November 21st
9am - 11am

Support Families
in Need



MESSAGE TO ALL YOUTH:

MORE INFORMATION WILL BE FORTHCOMING SHORTLY REGARDING THE UPCOMING ON-LINE ACTIVITIES SCHEDULED FOR THE YOUTH MINISTRY. IN THE INTERIM, IF YOU NEED ASSISTANCE, PLEASE DO NOT HESITATE TO CONTACT:

Reverend John C. McNeill, Jr.
Youth Minister
703-670-0184
jmcneill@firstmountzionbc.org



SHARE FOOD DISTRIBUTION IS PRESENTLY SCHEDULED FOR NOVEMBER 21, 2020. PLEASE CALL BRO. THOMAS BATES AT 703-330-6371 FOR FURTHER INFORMATION!!



ENCOURAGEMENT FOR THE WEEK

IF WE ARE WILLING TO TRUST THE LORD WITH OUR THOUGHTS, HE WILL DIRECT OUR PATHWAY AND GIVE US THE GUIDANCE AND STRENGTH THAT WE NEED FOR EVERYDAY LIVING DURING THESE CHALLENGING TIMES!!

REV. DR. LUKE E. TORIAN
FIRST MOUNT ZION BAPTIST CHURCH

Rev. Dr. Luke E. Torian, Pastor
Rev. Dr. Sandra K. James, Assistant Pastor
Sylvia Moore, Executive Assistant
Renee Woolfolk, Church Business Administrator
Chesley Doctor, Chair, Trustee Ministry
Jeffrey Manning, Chair, Deacon Ministry
Carole Roney, Chair, Deaconess Ministry

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Dumfries, Virginia 22025-1920
Telephone: 703-670-0184
Email: fmzbc@firstmountzionbc.org
Website: www.fmzbc.com

ADJUSTED SERVICE SCHEDULE DURING PANDEMIC

Sunday School – 9:45 AM (VIA FB, LIVE STREAMING & CONFERENCE CALL-IN)

Worship Service – 11:00 AM ONLY (VIA FB, LIVE STREAMING)

Wednesday Night Bible Study – 7:30 PM (VIA FB, LIVE STREAMING & CONFERENCE CALL-IN)



The Prince William County Solid Waste Division will host its fall paper shred which will be held on **Saturday, November 7**. Customers are required to stay in their vehicle, wear a mask and place the items to be shredded in the back most part of the vehicle (trunk, hatchback area, truck bed).

SUBMISSIONS FOR NEWSLETTER:

All members are encouraged to submit articles, photos, and events for inclusion in the Newsletter. Please be sure to clear all submissions with your Ministry Leader before sending to the Communications and Publicity Ministry. Submissions **should not exceed 300-350 words** and must be received no later than **12 noon on the 15th of each month** to be considered for the upcoming newsletter. Please note that we reserve the right to edit as necessary.

Submissions should be sent to:

cpm1@firstmountzionbc.org

or through our web form at:

http://bit.ly/FMZBC_Articles

We look forward to your participation!!

Thank you!

Communications and Publicity Ministry

Joseph Boutte, Chair
Oonagh Bell Benson Blake
Beverly Grant James Hawkins
Sylvia Moore Rev. Kathy Russell
Deaconess Claudia Woolfolk



EVERY 3RD SUNDAY OF THE MONTH AT 11 A.M. JOIN US!!

Connect with us on Social Media:

Facebook: www.facebook.com/fmzbcumfries
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Vimeo: vimeo.com/25203195
Linked In: <https://www.linkedin.com/groups/1890924/>



All activities are postponed until further notice. Please contact the below-named individual for further information.

POC: Pamela Knight
singlesministry@firstmountzionbc.org

The TRANSPORTATION MINISTRY has been temporarily suspended due to Covid-19 and will resume when full activities at the Church have been restored!