

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

Lisa Adams [J1]
Charles Boddy [K4]
Vieta Boothe [K4]
Shirley Bridges [E3]
Teresa Bridges [I]
Jessica Butler [B]
Queen Carroll [G2]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Jan Jacobs [H2]
Cynthia M. Johnson [B]
John W. Jones, Jr. [Z]
William C. McLeod [H1]
Ralph Minor [B]
Suzette Montero [F2]
Essie Pullman [Z]
Margaret Sherrod [K4]
Sheldon Starkes [E1]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Cynthia Walker [Z]
Sheila West [K5]
Timothy Willis [J2]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed



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Website:
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Email Address:
fmzbc@firstmountzionbc.org

Today, July 19

Music ~ Praise Team
Extended Sunday School
(ESS) 9:45A (Live stream
at Facebook Live or Con-
ference Call (571) 260-
6833; conference no.
7482#; conference PIN:
6000#);

Worship Service (Live
stream at fmzbc.com or
Facebook Live) 11A;

God's Knowledge is Pow-
erful (Zoom) 1P; The
Smart Step Family (Zoom)
1:30P; Civilian & Military
Outreach (Zoom) 1:30P;
Fearless Study Group
(Zoom) 3P; Hungry for the
Word (Zoom) 3P; Inspira-
tional Journal (Zoom) 3P;

Monday, July 20

Retire Inspired Financial
Planning Small Group
(Zoom) 7P;

Tuesday, July 21

Divorce Care Support
Group (Zoom) 7P; Free-
dom Small Group (Zoom)
7P;

Wednesday, July 22

Alzheimer's Caregiver
Support Small Group 1 & 3
(Zoom) 11A; Bible Study
(Chapter 3 - Pressing Tow-
ard the Goal) Live-
stream at fmzbc.com,
Facebook Live or Confer-
ence Call (571) 260-6833;
conference no. 7482#;
conference PIN: 6000#);
7:30P;

Thursday, July 23

Grill Master's Small Group
(Zoom) 7P;

Friday, July 24

Warriors of Love Small Group
(Zoom) 7P;

Saturday, July 25

Women Unfolding Our Divine
Destiny Small Group (Zoom)
12P;

Sunday, July 26

God's Knowledge is Powerful
(GKIP) Small Group (Zoom)
1P.

YOUTH MINISTRY

Chats and Prayer

Middle School (6th - 8th **Grad-
ers**),
Wednesday, July 22, 2P—
2:30P

High School (9th - 11th **Grad-
ers**),
Starts Wednesday, July 22,
3P—3:30P

Please dial **571-260-6833** and
follow the audio prompts be-
low:

Conference Number: **7482#**;
PIN: **6000#**

Senior (**12th Graders Only**)
Chat via Zoom, Thursday, July
23, 2P—2:30P

Dial in from your cell phone or
electronic device by clicking or
using the following Zoom link:
https://zoom.us/j/250366652.

POC: Rev. John McNeill,
jmcneill@firstmountzionbc.org.

COVID-19

As news spreads about
school closings, cancella-
tion of sporting events and
other activities due to the
outbreak of COVID-19,
the First Mount Zion Bap-
tist Church, Dumfries, Vir-
ginia is praying for those
who have been infected
and affected by this virus
and we are working to
protect our congregation
to ensure our activities are
in keeping with CDC safe-
ty guidelines.

**The campus is closed
until further notice.**

We will live stream one
worship service on Sun-
days at 11:00am only.
However, the church will
not be open for a corpo-
rate gathering. Please go
to **www.fmzbc.com** or
Facebook Live to view
the service.

We encourage you to con-
tinue giving and practicing
good stewardship by us-
ing the online giving link at
www.fmzbc.com or by
mail to: FMZBC, 16622
Dumfries Road, Dumfries,
VA 22025.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
REHEARSALS
WILL BE LISTED AT
A LATER DATE**