

"I WAS SICK AND  
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/  
or Shut-in Prayer List

Lisa Adams [J1]  
Charles Boddy [K4]  
Vieta Boothe [K4]  
Shirley Bridges [E3]  
Teresa Bridges [I]  
Jessica Butler [B]  
Queen Carroll [G2]  
Edwin Green [M3]  
Beulah (BJ) Harper [D1]  
Jan Jacobs [H2]  
Cynthia M. Johnson [B]  
John W. Jones, Jr. [Z]  
William C. McLeod [H1]  
Ralph Minor [B]  
Suzette Montero [F2]  
Essie Pullman [Z]  
Margaret Sherrod [K4]  
Sheldon Starkes [E1]  
Katherine Stevens [D1]  
Myrtle Stith [K4]  
Haywood Thomas [D4]  
Cynthia Walker [Z]  
Sheila West [K5]  
Timothy Willis [J2]  
Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed



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www.fmzbc.com  
Email Address:  
fmzbc@firstmountzionbc.org

**Today, July 12**

Music ~ Praise Team  
Extended Sunday School  
(ESS) 9:45A (Live stream  
at Facebook Live or Con-  
ference Call (571) 260-  
6833; conference no.  
7482#; conference PIN:  
6000#);

Worship Service (Live  
stream at fmzbc.com or  
Facebook Live) 11A;

Diverse Disciples of Christ,  
Youth (Zoom) 1P; God's  
Knowledge is Powerful  
(Zoom) 1P;

**Monday, July 13**

BOD4God 7P;

**Tuesday, July 14**

Alzheimer's Caregiver  
Group 2 (Conference Call)  
7P; Divorce Care Support  
Group (Zoom) 7P; Free-  
dom Small Group (Zoom)  
7P; Celebrate Recovery  
(Zoom)7P;

**Wednesday, July 15**

Bible Study (Chapter 2 -  
Imitating Christ) (Live-  
stream at fmzbc.com,  
Facebook Live or Confer-  
ence Call (571) 260-6833;  
conference no. 7482#;  
conference PIN: 6000#);  
7:30P;

**Thursday, July 16**

Our Words Have Power  
(Zoom) 7P;

**Friday, July 17**

Christian Warriors (Zoom) 6P;

**Saturday, July 18**

SHARE Distribution 9A; Eagles  
Health & Nutrition (Zoom) 9A;  
SERVE (Zoom) 10A; Kingdom  
Living in Our Culture (Zoom)  
1P;

**Sunday, July 19**

God's Knowledge is Powerful  
(GKIP) Small Group (Zoom)  
1P; The Smart Stepfamily  
(Zoom) 1:30P; Civilian & Mil-  
itary Outreach (Zoom) 1:30P;  
Fearless Study Group (Zoom)  
3P; Hungry for the Word  
(Zoom) 3P; Inspirational Jour-  
ney (Zoom) 3P.

YOUTH MINISTRY

**Chats and Prayer**

Middle School (6<sup>th</sup> - 8<sup>th</sup> **Grad-  
ers**),  
Wednesday, July 15, 2P—  
2:30P

High School (9<sup>th</sup> - 11<sup>th</sup> **Grad-  
ers**),  
Starts Wednesday, July 15,  
3P—3:30P

Please dial **571-260-6833** and  
follow the audio prompts be-  
low:

Conference Number: **7482#**;  
PIN: **6000#**

Senior (**12<sup>th</sup> Graders Only**)  
Chat via Zoom, Thursday, July  
16, 2P—2:30P

Dial in from your cell phone or  
electronic device by clicking or  
using the following Zoom link:  
<https://zoom.us/j/250366652>.

POC: Rev. John McNeill,  
[jmcneill@firstmountzionbc.org](mailto:jmcneill@firstmountzionbc.org).

COVID-19

As news spreads about  
school closings, cancella-  
tion of sporting events and  
other activities due to the  
outbreak of COVID-19,  
the First Mount Zion Bap-  
tist Church, Dumfries, Vir-  
ginia is praying for those  
who have been infected  
and affected by this virus  
and we are working to  
protect our congregation  
to ensure our activities are  
in keeping with CDC safe-  
ty guidelines.

**The campus is closed  
until further notice.**

We will live stream one  
worship service on Sun-  
days at 11:00am only.  
However, the church will  
not be open for a corpo-  
rate gathering. Please go  
to [www.fmzbc.com](http://www.fmzbc.com)  
or Facebook Live to view  
the service.

We encourage you to con-  
tinue giving and practicing  
good stewardship by us-  
ing the online giving link at  
[www.fmzbc.com](http://www.fmzbc.com) or by  
mail to: FMZBC, 16622  
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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: [ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG](mailto:ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG). WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS  
MINISTRY  
REHEARSALS  
WILL BE LISTED AT  
A LATER DATE**