

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Lisa Adams [J1]
Charles Boddy [K4]
Vieta Boothe [K4]
Shirley Bridges [E3]
Teresa Bridges [I]
Jessica Butler [B]
Queen Carroll [G2]
Earnest Edwards [C1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Jan Jacobs [H2]
Cynthia M. Johnson [B]
John W. Jones, Jr. [Z]
Gwynne McCatharine [N]
William C. McLeod [H1]
Ralph Minor [B]
Suzette Montero [F2]
Essie Pullman [Z]
Margaret Sherrod [K4]
Sheldon Starkes [E1]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Cynthia Walker [Z]
Sheila West [K5]
Timothy Willis [J2]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed



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Website:
www.fmzbc.com
Email Address:
fmzbc@firstmountzionbc.org

This Week at a Glance & Activities

**CHRISTIAN EDUCATION
DEPARTMENT**

Today, June 21

Music ~ Praise Team
Extended Sunday School (ESS)
9:45A (Live stream at Facebook
Live or Conference Call (571)
260-6833; conference no.
7482#; conference PIN: 6000#);
Worship Service (Live stream at
fmzbc.com or Facebook Live)
11A;

Monday, June 22

Journey to Joy/Grief Share
Conference Call 7P;

Tuesday, June 23

Alzheimer's Caregivers Group 2
Conference Call 7:00P; Wom-
en's Ministry 1/2 Hour of Power
Conference Call 7P;

Wednesday, June 24

Alzheimer's Caregivers Groups
1&3 Conference Call 11A; Bible
Study (The Gospel of John,
Chapter 21) (Livestream at
fmzbc.com, Facebook Live or
Conference Call (571) 260-
6833; conference no. 7482#;
conference PIN: 6000#); 7:30P;

Thursday, June 25

No Activities Scheduled;

Friday, June 26

Warriors of Love Conference
Call 7P; Married Couples' Minis-
try 7P;

Saturday, June 27

SERVE Conference Call 10A;
Common Threads Sewing SGM
10A.

WOMEN'S MINISTRY

1/2 Hour of Power!

(words of encouragement for your soul)

We want to keep all women uplifted during these trying times with words of encouragement, prayer, support and love. The Women's Ministry invites you to attend our weekly teleconference call on Tuesday nights @ 7:00 pm. The teleconference number is **(605) 475-4700; access number is 444115#**. If you dial in after 7pm, please forego announcing your name to minimize distractions. We are looking forward to fellowshiping with each of you! Please invite other women in your life to call in and receive their blessings too! POC's: Veronica D. Hackett (Director) or Gwen L. Holland (Co-Director), womensministry@firstmountzionbc.org.

YOUTH MINISTRY

Chats and Prayer

Middle School (**6th - 8th Graders**),
Wednesday, June 24, 2P—2:30P

High School (**9th - 11th Graders**),
Starts Wednesday, June 24, 3P—
3:30P

Please dial **571-260-6833** and follow
the audio prompts below:

Conference Number: **7482#**;
PIN: **6000#**

Senior (**12th Graders Only**) Chat via
Zoom, Thursday, June 25, 2P—
2:30P

Dial in from your cell phone or elec-
tronic device by clicking or using the
following Zoom link:
<https://zoom.us/j/250366652>.

POC: Rev. John McNeill,
jmcneill@firstmountzionbc.org.

**MARRIED COUPLES'
MINISTRY**

MARRIED COUPLES: Pick up dinner, grab a beverage, sit back, relax, and plan to laugh with us on June 26 @ 7P for Friday date night, featuring our "very own" *Marcus D. Wiley!* Don't miss this virtual night of fun, designed just for couples to fellowship together. Please RSVP to Married-Couples@FirstMountZionBC.Org with your name, phone number and email address by Wednesday, June 24. The access information will be sent to you. If questions, contact: Rev. Dr. Holley at 703-670-0184.

LEADERSHIP NOMINATIONS

Congregation Nominations for Leadership: The First Mount Zion Baptist Church Constitution & By-Laws gives members the opportunity to recommend men and women of the church for leadership positions (Deacon, Deaconess and Trustee). If you would like to submit a nomination, a package will be provided by contacting the church at (703) 670-0184 and a leadership member will contact you. The deadline for for 2021 consideration is **June 30**. Nominations received after that date will be considered in 2022. Leadership Points of Contact: Deacon Jeffrey Manning, Deaconess Carole Roney and Trustee Chesley Doctor.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
REHEARSALS
WILL BE LISTED AT
A LATER DATE**

COVID-19

As news spreads about school closings, cancellation of sporting events and other activities due to the outbreak of COVID-19, the First Mount Zion Baptist Church, Dumfries, Virginia is praying for those who have been infected and affected by this virus and we are working to protect our congregation to ensure our activities are in keeping with CDC safety guidelines.

The campus is closed until further notice.

We will live stream one worship service on Sundays at 11:00am only. However, the church will not be open for a corporate gathering. Please go to www.fmzbc.com or Facebook Live to view the service.

We encourage you to continue giving and practicing good stewardship by using the online giving link at www.fmzbc.com or by mail to: FMZBC, 16622 Dumfries Road, Dumfries, VA 22025.

JOURNEY TO JOY!

GriefShare

FMZBC's Grief Support Ministry, Journey to Joy will host GriefShare. GriefShare is a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. We are now meeting by phone conference on Mondays at 7P pm and encourage all with a need to join us on our confidential meetings. GriefShare is a free facilitator designed program with special topics, a participant handbook, DVD's featuring grief experts and group discussions. (Information will be provided for access to the video & digital book) We know it hurts and want to help and provide encouragement after the death of a loved one. POC: Maria Simpson, maria1723@verizon.net.