

"I WAS SICK AND  
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/  
or Shut-in Prayer List

- Lisa Adams [J1]
- Charles Boddy [K4]
- Vietta Boothe [K4]
- Shirley Bridges [E3]
- Teresa Bridges [I]
- Jessica Butler [B]
- Queen Carroll [G2]
- Earnest Edwards [C1]
- Edwin Green [M3]
- Beulah (BJ) Harper [D1]
- Cheryl Harris [D1]
- Jan Jacobs [H2]
- Cynthia M. Johnson [B]
- John W. Jones, Jr. [Z]
- Gwynne McCatharine [N]
- William C. McLeod [H1]
- Ralph Minor [B]
- Suzette Montero [F2]
- Essie Pullman [Z]
- Margaret Sherrod [K4]
- Sheldon Starkes [E1]
- Katherine Stevens [D1]
- Myrtle Stith [K4]
- Haywood Thomas [D4]
- Cynthia Walker [Z]
- Sheila West [K5]
- Timothy Willis [J2]
- Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed



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Email Address:  
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**Today, June 14**

Music ~ Praise Team  
Extended Sunday School (ESS)  
9:45A (Live stream at Facebook  
Live or Conference Call (571)  
260-6833; conference no.  
7482#; conference PIN: 6000#);  
Worship Service (Live stream at  
fmzbc.com or Facebook Live)  
11A;

God's Knowledge is Powerful  
Conference Call 1P; Diverse  
Disciples of Christ Conference  
Call 1P; The Smart Stepfamily  
Support Group Conference Call  
1:30P; Fearless Study Group  
Conference Call 3P;

**Monday, June 15**

Journey to Joy/Grief Share  
Conference Call 7P;

**Tuesday, June 16**

Women's Ministry 1/2 Hour of  
Power Conference Call 7P;

**Wednesday, June 17**

Bible Study (The Gospel of  
John, Chapter 20) (Livestream  
at fmzbc.com, Facebook Live or  
Conference Call (571) 260-  
6833; conference no. 7482#;  
conference PIN: 6000#); 7:30P;

**Thursday, June 18**

Our Words Have Power Con-  
ference Call 7P;

**Friday, June 19**

No Activities Scheduled;

**Saturday, June 20**

SHARE Distribution 9A; Eagles  
Health & Nutrition Conference  
Call 9A; Saturday Matinee  
Munch Bunch Conference Call  
10A; Serve Conference Call  
10A; Kingdom Living in our Cul-  
ture Conference Call 1P.

CHRISTIAN EDUCATION  
DEPARTMENT

WOMEN'S MINISTRY

1/2 Hour of Power!

(words of encouragement for your soul)

We want to keep all women uplifted during these trying times with words of encouragement, prayer, support and love. The Women's Ministry invites you to attend our weekly teleconference call on Tuesday nights @ 7:00 pm. The teleconference number is **(605) 475-4700; access number is 444115#**. If you dial in after 7pm, please forego announcing your name to minimize distractions. We are looking forward to fellowshiping with each of you! Please invite other women in your life to call in and receive their blessings too! POC's: Veronica D. Hackett (Director) or Gwen L. Holland (Co-Director), [womensministry@firstmountzionbc.org](mailto:womensministry@firstmountzionbc.org).

YOUTH MINISTRY

Chats and Prayer

Middle School (**6<sup>th</sup> - 8<sup>th</sup> Graders**),  
Wednesday, June 17, 2P—2:30P

High School (**9<sup>th</sup> - 11<sup>th</sup> Graders**),  
Starts Wednesday, June 17, 3P—  
3:30P

Please dial **571-260-6833** and follow  
the audio prompts below:

Conference Number: **7482#**;  
PIN: **6000#**

Senior (**12<sup>th</sup> Graders Only**) Chat via  
Zoom, Thursday, June 18, 2P—  
2:30P

Dial in from your cell phone or elec-  
tronic device by clicking or using the  
following Zoom link:  
<https://zoom.us/j/250366652>.

POC: Rev. John McNeill,  
[jmcneill@firstmountzionbc.org](mailto:jmcneill@firstmountzionbc.org).

JOURNEY TO JOY!

GriefShare

FMZBC's Grief Support Ministry, Journey to Joy will host GriefShare. GriefShare is a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. We are now meeting by phone conference on Mondays at 7P pm and encourage all with a need to join us on our confidential meetings. GriefShare is a free facilitator designed program with special topics, a participant handbook, DVD's featuring grief experts and group discussions. (Information will be provided for access to the video & digital book) We know it hurts and want to help and provide encouragement after the death of a loved one. POC: Maria Simpson, [maria1723@verizon.net](mailto:maria1723@verizon.net).

LEADERSHIP NOMINATIONS

Congregation Nominations for Leadership: The First Mount Zion Baptist Church Constitution & By-Laws gives members the opportunity to recommend men and women of the church for leadership positions (Deacon, Deaconess and Trustee). If you would like to submit a nomination, a package will be provided by contacting the church at (703) 670-0184 and a leadership member will contact you. The deadline for for 2021 consideration is **June 30**. Nominations received after that date will be considered in 2022. Leadership Points of Contact: Deacon Jeffrey Manning, Deaconess Carole Roney and Trustee Chesley Doctor.

SHARE DISTRIBUTION

June SHARE packages will be distributed on Saturday, June 20, from 9 to 11A in the parking lot in the rear of the church. POC: Thomas Bates, 703-330-6371.

ADMINISTRATIVE OFFICE STAFF

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**THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.**

**COVID-19**

**MUSIC & ARTS  
MINISTRY  
REHEARSALS  
WILL BE LISTED AT  
A LATER DATE**

As news spreads about school closings, cancellation of sporting events and other activities due to the outbreak of COVID-19, the First Mount Zion Baptist Church, Dumfries, Virginia is praying for those who have been infected and affected by this virus and we are working to protect our congregation to ensure our activities are in keeping with CDC safety guidelines.

**The campus is closed until further notice.**

We will live stream one worship service on Sundays at 11:00am only. However, the church will not be open for a corporate gathering. Please go to [www.fmzbc.com](http://www.fmzbc.com) or Facebook Live to view the service.

We encourage you to continue giving and practicing good stewardship by using the online giving link at [www.fmzbc.com](http://www.fmzbc.com) or by mail to: FMZBC, 16622 Dumfries Road, Dumfries, VA 22025.