

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Lisa Adams [J1]
Charles Boddy [K4]
Vietta Boothe [K4]
Shirley Bridges [E3]
Teresa Bridges [I]
Jessica Butler [B]
Queen Carroll [G2]
Earnest Edwards [C1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Jan Jacobs [H2]
Cynthia M. Johnson [B]
John W. Jones, Jr. [Z]
Gwynne McCatharine [N]
William C. McLeod [H1]
Ralph Minor [B]
Suzette Montero [F2]
Essie Pullman [Z]
Margaret Sherrod [K4]
Sheldon Starkes [E1]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Ronald Thompson [G2]
Cynthia Walker [Z]
Sheila West [K5]
Timothy Willis [J2]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed



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Phone: (703) 670-0184
Fax: (703) 670-0296

Website:
www.fmzbc.com
Email Address:
fmzbc@firstmountzionbc.org

This Week at a Glance & Activities

Today, May 17

Music ~ Praise Team
Extended Sunday School (ESS)
9:45A (Live stream at Facebook Live
or Conference Call (571) 260-6833;
conference no. 7482#; conference
PIN: 6000#);

Worship Service (Live stream at
fmzbc.com or Facebook Live) 11A;

God's Knowledge is Powerful Conference
Call 1P; Diverse Disciples of
Christ Conference Call 1P; Civilian &
Military Outreach Conference Call 1P;
The Smart Stepfamily Support Group
Conference Call 1P; Fearless Study
Group Conference Call 3P; Hungry
for the Word Conference Call 3P;
Inspirational Journey Conference Call
3P;

Monday, May 18

BOD4GOD SGM Conference Call 7P;
Retire Inspired Conference Call 7P;
Financial Freedom for Millennials
Conference Call 7P; Journey to
Joy/GriefShare Conference Call 7P;

Tuesday, May 19

Divorce Care Support Group Confer-
ence Call 7P; Celebrate Recovery
Conference Call 7:30P; Women's
Ministry 1/2 Hour of Power Confer-
ence Call ~ Teleconference no:
(605) 475-4700; access number:
444115#; 7P;

Wednesday, May 20

Bible Study (The Gospel of John,
Chapter 16) (Livestream at
fmzbc.com, Facebook Live or Confer-
ence Call (571) 260-6833; conference
no. 7482#; conference PIN: 6000#);
7:30P;

Thursday, May 21

Our Words Have Power Conference
Call 7P;

Friday, May 22

Warriors of Love Conference Call 7P;

Saturday, May 23

Women Unfolding Our Divine Destiny
Conference Call 12P.

CHRISTIAN EDUCATION

DEPARTMENT

ACADEMIC EDUCATION MINISTRY

Changes to FMZBC Scholarship Proce-
dures – The deadline to submit Scholar-
ship Packets is now **May 29,
2020**. Students **without** college ac-
ceptance letters must provide valid rea-
soning. Unofficial transcripts will be
accepted if official transcript cannot be
obtained. Emails from Ministry Leaders
(must include dates served) and from
Community Leaders will be accepted,
but must follow packet for-
mat. POC: Bro. Gerry Griffin at
AEM@firstmountzionbc.org or griffin@rocketmail.com.

Private Foundation Scholarships Refer-
ence Books available via Amazon.com
to assist in financing college educations.
To view and order, go to Amazon.com,
Select Scholarship books in the search
bar, Review and order.

Jack & Jill of America – Tommie J.
Wonnum III Memorial Scholarship avail-
able. POC: Johnda D. Scott-Adams at
Scottpr2016@gmail.com.

2020 GRADUATES

2020 graduates are encouraged to sub-
mit a photo so that we might recognize
your accomplishments before the con-
gregation. Please include your name,
the school you graduated from and de-
gree received, any honors received and
plans for the Fall (name of school plan-
ning to attend). The deadline to submit
photos is Sunday, May 31st. **No photos
will be accepted after that date.** Send
information to Sylvia Moore,
smoore@firstmountzionbc.org. The
slideshow of all graduates will run on
Sunday, June 21st.



YOUTH MINISTRY

Chats and Prayer

Middle School (**6th- 8th Graders**),
Wednesday, May 20, 2P—2:30P

High School (**9th -11th Graders**),
Starts Wednesday, May 20,
3P—3:30P

Please dial **571-260-6833** and
follow the audio prompts below:

Conference Number: **7482#**;
PIN: **6000#**

Senior (**12th Graders Only**) Chat
via Zoom, Thursday, May 21,
2P—2:30P

Dial in from your cell phone or
electronic device by clicking or
using the following Zoom link:
<https://zoom.us/j/250366652>.

POC: Rev. John McNeill,
jmcneill@firstmountzionbc.org.

**JOURNEY TO JOY/
GriefShare**

FMZBC's Grief Support Ministry,
Journey to Joy will host Grief-
Share. GriefShare is a special
weekly seminar and support group
designed to help you rebuild your
life after the death of a loved one.
We are now meeting by phone
conference on Mondays at 7P pm
and encourage all with a need to
join us on our confidential meet-
ings. GriefShare is a free facilitator
designed program with special
topics, a participant handbook,
DVD's featuring grief experts and
group discussions. (Information
will be provided for access to the
video & digital book) We know it
hurts and want to help and provide
encouragement after the death of
a loved one. POC: Maria Simp-
son, maria1723@verizon.net.

LEADERSHIP NOMINATIONS

Congregation Nominations for
Leadership: The First Mount Zion
Baptist Church Constitution & By-
Laws gives members the oppor-
tunity to recommend men and
women of the church for leader-
ship positions (Deacon, Deacon-
ess and Trustee). If you would like
to submit a nomination, a package
will be provided by contacting the
church at [\(703\) 670-0184](tel:7036700184) and a
leadership member will contact
you. The deadline for for 2021
consideration is **June 30**. Nomi-
nations received after that date will
be considered in 2022. Leader-
ship Points of Contact: Deacon
Jeffrey Manning, Deaconess
Carole Roney and Trustee Ches-
lev Doctor

ADMINISTRATIVE OFFICE STAFF

Ahmon Bryant
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abryant@firstmountzionbc.org

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Renee Woolfolk
Church Business Administrator
rwoolfolk@firstmountzionbc.org

THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECES-

**MUSIC & ARTS
MINISTRY
REHEARSALS
WILL BE LISTED AT
A LATER DATE**

SERVE STRATEGICALLY

The Strategic Planning Committee (SPC) assesses and assists in aligning ministries within FMZBC with the strategic goals of the church, to meet the needs of its' members (Early Childhood, Millennial/GEN Y, and traditional church congregants). To accomplish this objective, the SPC is recruiting members to join our diverse committee. New SPC members ensure a diversity of thought, spiritual gifts, and experience to address the needs of all FMZBC members while aligning those needs with the church's strategic objectives. If you are inspired by the mission for our church, we have a wonderful opportunity for you to serve, contribute, and make a tangible difference for the future of FMZBC.

The SPC is seeking members who are digitally savvy, thrive in a collaborative environment, and communicate well. If the SPC is the place for you, please answer the below questions on a separate sheet of paper and submit your interest to SPC Chair, Fred Henry, henrypbs1914@gmail.com or Deacon Michael Nelson, NelsonMLee@comcast.net

- Contact Information: Name, cell phone, email address, and best method (phone/email) and time of day to reach you.
- List the FMZBC ministries you currently or have served and describe your role and responsibilities in each.

Share why you want to serve on the SPC team, and how your skills can benefit the church.

COVID-19

As news spreads about school closings, cancellation of sporting events and other activities due to the outbreak of COVID-19, the First Mount Zion Baptist Church, Dumfries, Virginia is praying for those who have been infected and affected by this virus and we are working to protect our congregation to ensure our activities are in keeping with CDC safety guidelines.

The campus is closed until further notice.

We will live stream one worship service on Sundays at 11:00am only. However, the church will not be open for a corporate gathering. Please go to www.fmzbc.com or Facebook Live to view the service.

We encourage you to continue giving and practicing good stewardship by using the online giving link at www.fmzbc.com or by mail to: FMZBC, 16622 Dumfries Road, Dumfries, VA 22025.