

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

Lisa Adams [J1]
Charles Boddy [K4]
Vietta Boothe [K4]
Shirley Bridges [E3]
Teresa Bridges [I]
Jessica Butler [B]
Queen Carroll [G2]
Earnest Edwards [C1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Jan Jacobs [H2]
Cynthia M. Johnson [B]
John W. Jones, Jr. [Z]
Gwynne McCatharine [N]
William C. McLeod [H1]
Ralph Minor [B]
Suzette Montero [F2]
Essie Pullman [Z]
Margaret Sherrod [K4]
Sheldon Starkes [E1]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Ronald Thompson [G2]
Cynthia Walker [Z]
Sheila West [K5]
Timothy Willis [J2]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed



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Website:
www.fmzbc.com
Email Address:
fmzbc@firstmountzionbc.org

Today, Apr 26

Music ~ Men's Choir Praise Team
Extended Sunday School (ESS)
9:45A (Live stream at Facebook
Live or Conference Call (571) 260-
6833; conference no. 7482#; con-
ference PIN: 6000#;

Worship Service (Live stream at
fmzbc.com or Facebook Live) 11A;
Diverse Disciples of Christ SGM
Conference Call 1P; God's
Knowledge is Powerful SGM Con-
ference Call 1P;

Monday, Apr 27

BOD4GOD SGM Conference Call
7P; Journey to Joy/GriefShare Con-
ference Call 7P;

Tuesday, Apr 28

Alzheimer's Caregiver Group 2
SGM Conference Call 7P; Divorce
Care Support Group Conference
Call 7P; FREEDOM SGM Confer-
ence Call 7P; Celebrate Recovery
Support Group Conference Call
7:30P;

Wednesday, Apr 29

Bible Study (The Gospel of John,
Chapter 13) (Live stream at
fmzbc.com or Facebook Live 7:30P;

Thursday, Apr 30

No Activities Scheduled;

Friday, May 1

Carpenter's for Christ SGM Confer-
ence Call 7P; Race to Read Child-
ren's Group Conference Call 7P;
Where is God in the Movie SGM
Conference Call 7P;

Saturday, May 2

Common Threads Sewing Group
Conference Call 10A; Daughters of
the King Outreach Conference Call
10A; SERVE Small Group Confer-
ence Call 10A.

CHRISTIAN EDUCATION

DEPARTMENT

ACADEMIC EDUCATION MINISTRY

Changes to FMZBC Scholarship Proce-
dures – The deadline to submit Scholar-
ship Packets is now **May 29,
2020**. Students **without** college ac-
ceptance letters must provide valid rea-
soning. Unofficial transcripts will be
accepted if official transcript cannot be
obtained. Emails from Ministry Leaders
(must include dates served) and from
Community Leaders will be accepted,
but must follow packet for-
mat. POC: Bro. Gerry Griffin at
AEM@firstmountzionbc.org or griffin@rocketmail.com.

Private Foundation Scholarships Refer-
ence Books available via Amazon.com
to assist in financing college educations.
To view and order, go to Amazon.com,
Select Scholarship books in the search
bar, Review and order.

The deadline for Alpha Kappa Alpha
Sorority Inc. scholarships has been ex-
tended to May 15, 2020. POC: Laurie
Wilson, 703-915-2891 or Scholarship@omicronchiomega-aka.com.

Jack & Jill of America – Tommie J.
Wonnum III Memorial Scholarship avail-
able. POC: Johnda D. Scott-Adams at
Scottpr2016@gmail.com.

WOMEN'S MINISTRY

**½ Hour of Power (words of
encouragement for your soul)!**

We want to keep all Women uplifted dur-
ing these trying times with words of en-
couragement, prayer, support and
love. All women are asked to attend a
weekly teleconference call on Tuesdays
at 7P.

**Teleconference no: (605) 475-4700;
access number: 444115#.**

***Due to the high demand of teleconfer-
ence calls there may be some difficul-
ties dialing in so please try both your
home/line land and cell phones.***

Please be on time for the call. If circum-
stances cause you to dial in after 7P,
please forego announcing your name as
to minimize distractions.

Looking forward to fellowshipping with
each of you! POC: Veronica D Hackett
(Director) or Gwen L Holland (Co-
Director), womensministry@firstmountzionbc.org.

YOUTH MINISTRY

First Friday Chat

First Friday Movie Chat (Middle School)
May 1, 2020, 5P, Join Zoom Meeting
[https://us02web.zoom.us/j/87081158714?](https://us02web.zoom.us/j/87081158714?pwd=eE51blpNTEN0NzYya2ZwN21LQkZlUT09)
[pwd=eE51blpNTEN0NzYya2ZwN21LQkZl](https://us02web.zoom.us/j/87081158714?pwd=eE51blpNTEN0NzYya2ZwN21LQkZlUT09)
[UT09](https://us02web.zoom.us/j/87081158714?pwd=eE51blpNTEN0NzYya2ZwN21LQkZlUT09)
Meeting ID: 870 8115 8714
Password: FMZ Youth

First Friday Movie Chat (High School)
May 1, 2020, 6P, Join Zoom Meeting
[https://us02web.zoom.us/j/89562724929?](https://us02web.zoom.us/j/89562724929?pwd=NXhZVkkxQm5NZi8wdVZPTkIBeno1Zz09)
[pwd=NXhZVkkxQm5NZi8wdVZPTkIBeno](https://us02web.zoom.us/j/89562724929?pwd=NXhZVkkxQm5NZi8wdVZPTkIBeno1Zz09)
[1Zz09](https://us02web.zoom.us/j/89562724929?pwd=NXhZVkkxQm5NZi8wdVZPTkIBeno1Zz09)
Meeting ID: 895 6272 4929
Password: FMZ Youth

**Please view Overcomer before the
Zoom Chat.** You may the movie on Net-
flix, Amazon or Fios On-Demand.

YOUTH MINISTRY
Chats and Prayer

Middle School (**6th- 8th Graders**),
Wednesday, April 29, 2P—2:30P

High School (**9th-11th Graders**),
Starts Wednesday, April 29, 3P—3:30P

Please dial **571-260-6833** and follow the
audio prompts below:

Conference Number: **7482#**;
PIN: **6000#**

Senior (**12th Graders Only**) Chat via
Zoom,
Starts Thursday, April 30, 2P—2:30P

Dial in from your cell phone or electronic
device by clicking or using the following
Zoom link: <https://zoom.us/j/250366652>.

POC: Rev. John McNeill,
jmcneill@firstmountzionbc.org.

ATTENTION GRADUATES

The **Christian Education Department** is
requesting information from all First Mount
Zion High School Seniors and College
Seniors whose graduations have been
cancelled as a result of COVID-
19. Please send your name; address;
phone number; email; your school, and
your original graduation date to the follow-
ing contacts by May 1, 2020:

High School Seniors should send infor-
mation to Jmcneill@FirstMountZionBC.org
College Seniors should send information
to tholley@FirstMountZionBC.org.

If you have questions, please contact Dr.
Holley at (703) 670-0184 or email
tholley@FirstMountZionBC.org.

ADMINISTRATIVE OFFICE STAFF

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Renee Woolfolk
Church Business Administrator
rwoolfolk@firstmountzionbc.org

THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

VBS VOLUNTEERS NEEDED

Volunteers are needed to join Team VBS 2020. Through *Champions in Life. Ready, Set, GO with God! Isaiah 40:31*, children will build FRIENDSHIPS, discover their PURPOSE, and give great EFFORT while HONORING GOD!

Join us June 22nd - 26th, 8:00A-12:30P to make Vacation Bible School 2020 a success. POC: Kimberly Nelson, 202-520-8016 or Carmia Salcedo, 703-307-6296 at vbs@firstmountzionbc.org. **Volunteer screening is mandatory.**

JOURNEY TO JOY

GriefShare

FMZBC's Grief Support Ministry, **Journey to Joy**, will host GriefShare, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. We are now meeting by conference call on Monday's at 7P and encourage all with a need to join us on our confidential meetings. GriefShare is a **free** facilitator designed program with special topics, a participant handbook, DVD's featuring grief experts and group discussions. (Information will be provided for access to the video & digital book.) We know it hurts and want to help and provide encouragement after the death of a loved one. POC: Maria Simpson at maria1723@verizon.com.

COVID-19

As news spreads about school closings, cancellation of sporting events and other activities due to the outbreak of COVID-19; the First Mount Zion Baptist Church, Dumfries, Virginia is praying for those who have been infected and affected by this virus and we are working to protect our congregation to ensure our activities are in keeping with CDC safety guidelines.

The campus is closed until further notice.

We will live stream one worship service on Sundays at 11:00am only. However, the church will not be open for a corporate gathering. Please go to www.fmzbc.com or Facebook Live to view the service.

We encourage you to continue giving and practicing good stewardship by using the online giving link at www.fmzbc.com or by mail to: FMZBC, 16622 Dumfries Road, Dumfries, VA 22025.

SERVE STRATEGICALLY

The Strategic Planning Committee (SPC) assesses and assists in aligning ministries within FMZBC with the strategic goals of the church, to meet the needs of its' members (Early Childhood, Millennial/GEN Y, and traditional church congregants). To accomplish this objective, the SPC is recruiting members to join our diverse committee. New SPC members ensure a diversity of thought, spiritual gifts, and experience to address the needs of all FMZBC members while aligning those needs with the church's strategic objectives. If you are inspired by the mission for our church, we have a wonderful opportunity for you to serve, contribute, and make a tangible difference for the future of FMZBC.

The SPC is seeking members who are digitally savvy, thrive in a collaborative environment, and communicate well. If the SPC is the place for you, please answer the below questions on a separate sheet of paper and submit your interest to SPC Chair, Fred Henry, henrypbs1914@gmail.com or Deacon Michael Nelson, NelsonMLee@comcast.net

- Contact Information: Name, cell phone, email address, and best method (phone/email) and time of day to reach you.
- List the FMZBC ministries you currently or have served and describe your role and responsibilities in each.

Share why you want to serve on the SPC team, and how your skills can benefit the church.