

"I WAS SICK AND  
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/  
or Shut-in Prayer List

Lisa Adams [J1]  
Charles Boddy [K4]  
Vietta Boothe [K4]  
Shirley Bridges [E3]  
Teresa Bridges [I]  
Jessica Butler [B]  
Queen Carroll [G2]  
Earnest Edwards [C1]  
Edwin Green [M3]  
Beulah (BJ) Harper [D1]  
Cheryl Harris [D1]  
Jan Jacobs [H2]  
Cynthia M. Johnson [B]  
John W. Jones, Jr. [Z]  
Gwynne McCatharine [N]  
William C. McLeod [H1]  
Ralph Minor [B]  
Suzette Montero [F2]  
Essie Pullman [Z]  
Margaret Sherrod [K4]  
Sheldon Starkes [E1]  
Katherine Stevens [D1]  
Myrtle Stith [K4]  
Haywood Thomas [D4]  
Ronald Thompson [G2]  
Cynthia Walker [Z]  
Sheila West [K5]  
Timothy Willis [J2]  
Clyde Wimbush [N]

**GRAIN OF HEAVEN**

Closed



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Email Address:  
fmzbc@firstmountzionbc.org

**Today, Apr 19**

Music ~ Praise Team  
Extended Sunday School (ESS)  
9:45A (Live stream at Facebook  
Live or Conference Call (571) 260-  
6833; conference no. 7482#; con-  
ference PIN: 6000#;

Worship Service (Live stream at  
fmzbc.com or Facebook Live) 11A;

Diverse Disciples of Christ SGM  
Conference Call 1P; God's  
Knowledge is Powerful SGM Con-  
ference Call 1P; Civilian & Military  
Outreach SGM Conference Call  
1:30P; The Smart Stepfamily SGM  
Conference Call 1:30P; Fearless  
Study Group Conference Call 3P;  
Hungry for the Word SGM Confer-  
ence Call 3P; Inspirational Journey  
SGM Conference Call 3P

**Monday, Apr 20**

BOD4GOD SGM Conference Call  
7P; Journey to Joy/GriefShare 7P;  
Financial Freedom for Millennials  
SGM Conference Call 7P; Retire  
Inspired Financial Planning SGM  
Conference Call 7P;

**Tuesday, Apr 21**

Divorce Care Support Group SGM  
Conference Call 7P; FREEDOM  
SGM Conference Call 7P;

**Wednesday, Apr 22**

Bible Study (John, Chapter 12)  
(Live stream at fmzbc.com, Face-  
book Live or Conference Call (571)  
260-6833; conference no: 7482#;  
conference PIN: 6000# 7:30P;

Alzheimer's Caregiver Groups 1&3  
SGM Conference Call 7P

**Thursday, Apr 23**

Grill Master's Challenge SGM Con-  
ference Call 7:00P

**Friday, Apr 24**

Warriors of Love SGM Conference  
Call 7:00P

**Saturday, Apr 25**

Common Threads Sewing Group  
Conference Call 7P

**CHRISTIAN EDUCATION**

**DEPARTMENT**

**ACADEMIC EDUCATION MINISTRY**

Changes to FMZBC Scholarship Proce-  
dures – The deadline to submit Scholar-  
ship Packets is now **May 29,  
2020**. Students **without** college ac-  
ceptance letters must provide valid rea-  
soning. Unofficial transcripts will be  
accepted if official transcript cannot be  
obtained. Emails from Ministry Leaders  
(must include dates served) and from  
Community Leaders will be accepted,  
but must follow packet  
format. POC: Bro. Gerry Griffin at  
[AEM@firstmountzionbc.org](mailto:AEM@firstmountzionbc.org) or [griffin@rocketmail.com](mailto:griffin@rocketmail.com).

Private Foundation Scholarships Refer-  
ence Books available via Amazon.com  
to assist in financing college educations.  
To view and order, go to Amazon.com,  
Select Scholarship books in the search  
bar, Review and order.

The deadline for Alpha Kappa Alpha  
Sorority Inc. scholarships has been ex-  
tended to May 15, 2020. POC: Laurie  
Wilson, 703-915-2891 or [Scholarship@omicronchiomega-aka.com](mailto:Scholarship@omicronchiomega-aka.com).

**WOMEN'S MINISTRY**

**½ Hour of Power (words of  
encouragement for your soul)!**

We want to keep all Women uplifted  
during these trying times with words of  
encouragement, prayer, support and  
love. All women are asked to attend a  
weekly teleconference call on Tuesdays  
@ 7P.

**Teleconference number: (605) 475-  
4700; access number: 444115#.**

Please be on time for the call. If circum-  
stances cause you to dial in after 7P,  
please forego announcing your name as  
to minimize distractions.

Looking forward to fellowshipping with  
each of you! POC: Veronica D Hackett  
(Director) or Gwen L Holland (Co-  
Director), [womensministry@firstmountzionbc.org](mailto:womensministry@firstmountzionbc.org).

**VBS VOLUNTEERS NEEDED**

Volunteers are needed to join Team VBS  
2020. Through **Champions in Life**,  
**Ready, Set, GO with God! Isaiah 40:31**,  
children will build FRIENDSHIPS, discov-  
er their PURPOSE, and give great  
EFFORT while HONORING GOD!

Join us June 22<sup>nd</sup> - 26<sup>th</sup>, 8:00A-12:30P to  
make Vacation Bible School 2020 a suc-  
cess. POC: Kimberly Nelson, 202-520-  
8016 or Carmia Salcedo, 703-307-6296 at  
[vbs@firstmountzionbc.org](mailto:vbs@firstmountzionbc.org).  
**Volunteer screening is mandatory.**

**YOUTH MINISTRY  
Chats and Prayer**

Middle School (**6<sup>th</sup>- 8<sup>th</sup> Graders**),  
Wednesday, April 22, 2P—2:30P

High School (**9<sup>th</sup>-11<sup>th</sup> Graders**),  
Starts Wednesday, April 22, 3P—3:30P

Please dial **571-260-6833** and follow the  
audio prompts below:

Conference Number: **7482#**;  
PIN: **6000#**

Senior (**12<sup>th</sup> Graders Only**) Chat via  
Zoom,  
Starts Thursday, April 23, 2P—2:30P

Dial in from your cell phone or electronic  
device by clicking or using the following  
Zoom link: <https://zoom.us/j/250366652>.

POC: Rev. John McNeill,  
[jmcneill@firstmountzionbc.org](mailto:jmcneill@firstmountzionbc.org).

**ATTENTION GRADUATES**

The **Christian Education Department** is  
requesting information from all First Mount  
Zion High School Seniors and College  
Seniors whose graduations have been  
cancelled as a result of COVID-  
19. Please send your name; address;  
phone number; email; your school, and  
your original graduation date to the follow-  
ing contacts by May 1, 2020:

High School Seniors should send infor-  
mation to [jmcneill@FirstMountZionBC.org](mailto:jmcneill@FirstMountZionBC.org)

College Seniors should send information  
to [tholley@FirstMountZionBC.org](mailto:tholley@FirstMountZionBC.org)

If you have questions, please contact Dr.  
Holley at (703) 670-0184 or email  
[tholley@FirstMountZionBC.org](mailto:tholley@FirstMountZionBC.org).

ADMINISTRATIVE OFFICE STAFF

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**THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.**

**MUSIC & ARTS  
MINISTRY  
REHEARSALS  
WILL BE LISTED AT  
A LATER DATE**

**SERVE STRATEGICALLY**

The Strategic Planning Committee (SPC) assesses and assists in aligning ministries within FMZBC with the strategic goals of the church, to meet the needs of its' members (Early Childhood, Millennial/GEN Y, and traditional church congregants). To accomplish this objective, the SPC is recruiting members to join our diverse committee. New SPC members ensure a diversity of thought, spiritual gifts, and experience to address the needs of all FMZBC members while aligning those needs with the church's strategic objectives. If you are inspired by the mission for our church, we have a wonderful opportunity for you to serve, contribute, and make a tangible difference for the future of FMZBC.

The SPC is seeking members who are digitally savvy, thrive in a collaborative environment, and communicate well. If the SPC is the place for you, please answer the below questions on a separate sheet of paper and submit your interest to SPC Chair, Fred Henry, [henrypbs1914@gmail.com](mailto:henrypbs1914@gmail.com) or Deacon Michael Nelson, [NelsonMLee@comcast.net](mailto:NelsonMLee@comcast.net)

- Contact Information: Name, cell phone, email address, and best method (phone/email) and time of day to reach you.

- List the FMZBC ministries you currently or have served and describe your role and responsibilities in each.

Share why you want to serve on the SPC team, and how your skills can benefit the church.

**COVID-19**

As news spreads about school closings, cancellation of sporting events and other activities due to the outbreak of COVID-19; the First Mount Zion Baptist Church, Dumfries, Virginia is praying for those who have been infected and affected by this virus and we are working to protect our congregation to ensure our activities are in keeping with CDC safety guidelines.

**The campus is closed until further notice.**

We will live stream one worship service on Sundays at 11:00am only. However, the church will not be open for a corporate gathering. Please go to [www.fmzbc.com](http://www.fmzbc.com) or Facebook Live to view the service.

We encourage you to continue giving and practicing good stewardship by using the online giving link at [www.fmzbc.com](http://www.fmzbc.com) or by mail to: FMZBC, 16622 Dumfries Road, Dumfries, VA 22025.