

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

- Lisa Adams [J1]
- Charles Boddy [K4]
- Vietta Boothe [K4]
- Shirley Bridges [E3]
- Teresa Bridges [I]
- Jessica Butler [B]
- Queen Carroll [G2]
- Earnest Edwards [C1]
- Edwin Green [M3]
- Beulah (BJ) Harper [D1]
- Cheryl Harris [D1]
- Jan Jacobs [H2]
- Cynthia M. Johnson [B]
- John W. Jones, Jr. [Z]
- Gwynne McCatharine [N]
- William C. McLeod [H1]
- Ralph Minor [B]
- Suzette Montero [F2]
- Essie Pullman [Z]
- Margaret Sherrod [K4]
- Sheldon Starkes [E1]
- Katherine Stevens [D1]
- Myrtle Stith [K4]
- Haywood Thomas [D4]
- Ronald Thompson [G2]
- Cynthia Walker [Z]
- Sheila West [K5]
- Timothy Willis [J2]
- Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed



Dr. Luke E. Torian, Pastor
16622 Dumfries Road
Dumfries, VA 22025
Phone: (703) 670-0184
Fax: (703) 670-0296

Website:
www.fmzbc.com
Email Address:
fmzbc@firstmountzionbc.org

Today, Apr 19

Music ~ Praise Team
Extended Sunday School (ESS)
9:45A (Live stream at Facebook
Live or Conference Call (571) 260-
6833; conference no. 7482#; con-
ference PIN: 6000#;

Worship Service (Live stream at
fmzbc.com or Facebook Live) 11A;

Diverse Disciples of Christ SGM
Conference Call 1P; God's
Knowledge is Powerful SGM Con-
ference Call 1P; Civilian & Military
Outreach SGM Conference Call
1:30P; The Smart Stepfamily SGM
Conference Call 1:30P; Fearless
Study Group Conference Call 3P;
Hungry for the Word SGM Confer-
ence Call 3P; Inspirational Journey
SGM Conference Call 3P

Monday, Apr 20

BOD4GOD SGM Conference Call
7P; Journey to Joy/GriefShare 7P;
Financial Freedom for Millennials
SGM Conference Call 7P; Retire
Inspired Financial Planning SGM
Conference Call 7P;

Tuesday, Apr 21

Divorce Care Support Group SGM
Conference Call 7P; FREEDOM
SGM Conference Call 7P;

Wednesday, Apr 22

Bible Study (John, Chapter 12)
(Live stream at fmzbc.com, Face-
book Live or Conference Call (571)
260-6833; conference no: 7482#;
conference PIN: 6000# 7:30P;

Alzheimer's Caregiver Groups 1&3
SGM Conference Call 7P

Thursday, Apr 23

Grill Master's Challenge SGM Con-
ference Call 7:00P

Friday, Apr 24

Warriors of Love SGM Conference
Call 7:00P

Saturday, Apr 25

Common Threads Sewing Group
Conference Call 7P; Women Un-
folding our Divine Destiny SGM
12:00P.

CHRISTIAN EDUCATION

DEPARTMENT

ACADEMIC EDUCATION MINISTRY

Changes to FMZBC Scholarship Proce-
dures – The deadline to submit Scholar-
ship Packets is now **May 29,
2020**. Students **without** college ac-
ceptance letters must provide valid rea-
soning. Unofficial transcripts will be
accepted if official transcript cannot be
obtained. Emails from Ministry Leaders
(must include dates served) and from
Community Leaders will be accepted,
but must follow packet
format. POC: Bro. Gerry Griffin at
AEM@firstmountzionbc.org or griffin@rocketmail.com.

Private Foundation Scholarships Refer-
ence Books available via Amazon.com
to assist in financing college educations.
To view and order, go to Amazon.com,
Select Scholarship books in the search
bar, Review and order.

The deadline for Alpha Kappa Alpha
Sorority Inc. scholarships has been ex-
tended to May 15, 2020. POC: Laurie
Wilson, 703-915-2891 or Scholarship@omicronchiomega-aka.com.

WOMEN'S MINISTRY

**½ Hour of Power (words of
encouragement for your soul)!**

We want to keep all Women uplifted
during these trying times with words of
encouragement, prayer, support and
love. All women are asked to attend a
weekly teleconference call on Tuesdays
@ 7P.

**Teleconference number: (605) 475-
4700; access number: 444115#.**

Please be on time for the call. If circum-
stances cause you to dial in after 7P,
please forego announcing your name as
to minimize distractions.

Looking forward to fellowshipping with
each of you! POC: Veronica D Hackett
(Director) or Gwen L Holland (Co-
Director), womensministry@firstmountzionbc.org.

VBS VOLUNTEERS NEEDED

Volunteers are needed to join Team VBS
2020. Through **Champions in Life.
Ready, Set, GO with God! Isaiah 40:31**,
children will build FRIENDSHIPS, discov-
er their PURPOSE, and give great
EFFORT while HONORING GOD!

Join us June 22nd - 26th, 8:00A-12:30P to
make Vacation Bible School 2020 a suc-
cess. POC: Kimberly Nelson, 202-520-
8016 or Carmia Salcedo, 703-307-6296 at
vbs@firstmountzionbc.org.
Volunteer screening is mandatory.

**YOUTH MINISTRY
Chats and Prayer**

Middle School (**6th- 8th Graders**),
Wednesday, April 22, 2P—2:30P

High School (**9th-11th Graders**),
Starts Wednesday, April 22, 3P—3:30P

Please dial **571-260-6833** and follow the
audio prompts below:

Conference Number: **7482#**;
PIN: **6000#**

Senior (**12th Graders Only**) Chat via
Zoom,
Starts Thursday, April 23, 2P—2:30P

Dial in from your cell phone or electronic
device by clicking or using the following
Zoom link: <https://zoom.us/j/250366652>.

POC: Rev. John McNeill,
jmcneill@firstmountzionbc.org.

ATTENTION GRADUATES

The **Christian Education Department** is
requesting information from all First Mount
Zion High School Seniors and College
Seniors whose graduations have been
cancelled as a result of COVID-
19. Please send your name; address;
phone number; email; your school, and
your original graduation date to the follow-
ing contacts by May 1, 2020:

High School Seniors should send infor-
mation to jmcneill@FirstMountZionBC.org
College Seniors should send information
to tholley@FirstMountZionBC.org

If you have questions, please contact Dr.
Holley at (703) 670-0184 or email
tholley@FirstMountZionBC.org.

ADMINISTRATIVE OFFICE STAFF

Ahmon Bryant
Food Service Assistant
abryant@firstmountzionbc.org

Sherise Campbell
Food Service Director
scampbell@firstmountzionbc.org

Stephanie M. Craddock
Small Groups Director
scraddock@firstmountzionbc.org

Beverly Grant
Information Technology Assistant
bgrant@firstmountzionbc.org

Sherry Hilliard
Financial Secretary
shilliard@firstmountzionbc.org

Rev. Tracey D. Holley
Minister of Christian Education
tholley@firstmountzionbc.org

Ernest Holmes
Custodian
eholmes@firstmountzionbc.org

Walter Holmes
Assistant Facility Manager
wholmes@firstmountzionbc.org

Antonio Howard
Custodian
ahoward@firstmountzionbc.org

Rev. Sandra K. James
Assistant Pastor
sjames@firstmountzionbc.org

Tommy Johnson
Audio Visual Director
tjohnson@firstmountzionbc.org

Rev. John C. McNeill, Jr.
Youth Minister
jmcneill@firstmountzionbc.org

Sylvia E. Moore
Executive Assistant to Pastor
smoore@firstmountzionbc.org

Pat Paige
Administrative Assistant
ppaige@firstmountzionbc.org

Deloris Quarterman
Food Service Assistant
dquarterman@firstmountzionbc.org

Ernest Robbins
Facility Manager
erobbins@firstmountzionbc.org

Donna Scruggs
Receptionist/Administrative Assistant
dscruggs@firstmountzionbc.org

Sylstea C. Sledge
Minister of Music
ssledge@firstmountzionbc.org

Bréh Stevens-Mitchell
Music Ministry Administrative Assistant
BStevensMitchell@firstmountzionbc.org

Gregory Tooks
Custodian
gtooks@firstmountzionbc.org

Pastor Luke E. Torian
ltorian@firstmountzionbc.org

Laura Valkenburg
Fitness Center Director
lvalkenburg@firstmountzionbc.org

Renee Woolfolk
Church Business Administrator
rwoolfolk@firstmountzionbc.org

THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
REHEARSALS
WILL BE LISTED AT
A LATER DATE**

SERVE STRATEGICALLY

The Strategic Planning Committee (SPC) assesses and assists in aligning ministries within FMZBC with the strategic goals of the church, to meet the needs of its' members (Early Childhood, Millennial/GEN Y, and traditional church congregants). To accomplish this objective, the SPC is recruiting members to join our diverse committee. New SPC members ensure a diversity of thought, spiritual gifts, and experience to address the needs of all FMZBC members while aligning those needs with the church's strategic objectives. If you are inspired by the mission for our church, we have a wonderful opportunity for you to serve, contribute, and make a tangible difference for the future of FMZBC.

The SPC is seeking members who are digitally savvy, thrive in a collaborative environment, and communicate well. If the SPC is the place for you, please answer the below questions on a separate sheet of paper and submit your interest to SPC Chair, Fred Henry, henrypbs1914@gmail.com or Deacon Michael Nelson, NelsonMLee@comcast.net

- Contact Information: Name, cell phone, email address, and best method (phone/email) and time of day to reach you.

- List the FMZBC ministries you currently or have served and describe your role and responsibilities in each.

Share why you want to serve on the SPC team, and how your skills can benefit the church.

COVID-19

As news spreads about school closings, cancellation of sporting events and other activities due to the outbreak of COVID-19; the First Mount Zion Baptist Church, Dumfries, Virginia is praying for those who have been infected and affected by this virus and we are working to protect our congregation to ensure our activities are in keeping with CDC safety guidelines.

The campus is closed until further notice.

We will live stream one worship service on Sundays at 11:00am only. However, the church will not be open for a corporate gathering. Please go to www.fmzbc.com or Facebook Live to view the service.

We encourage you to continue giving and practicing good stewardship by using the online giving link at www.fmzbc.com or by mail to: FMZBC, 16622 Dumfries Road, Dumfries, VA 22025.