

"I WAS SICK AND  
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/  
or Shut-in Prayer List

- Lisa Adams [J1]
- Charles Boddy [K4]
- Vieta Boothe [K4]
- Shirley Bridges [E3]
- Teresa Bridges [I]
- Jessica Butler [B]
- Queen Carroll [G2]
- Earnest Edwards [C1]
- Edwin Green [M3]
- Beulah (BJ) Harper [D1]
- Cheryl Harris [D1]
- Jan Jacobs [H2]
- Cynthia M. Johnson [B]
- John W. Jones, Jr. [Z]
- Gwynne McCatharine [N]
- William C. McLeod [H1]
- Ralph Minor [B]
- Suzette Montero [F2]
- Essie Pullman [Z]
- Margaret Sherrod [K4]
- Sheldon Starks [E1]
- Katherine Stevens [D1]
- Myrtle Stith [K4]
- Haywood Thomas [D4]
- Ronald Thompson [G2]
- Cynthia Walker [Z]
- Sheila West [K5]
- Timothy Willis [J2]
- Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed

COVID-19

As news spreads about school closings, cancellation of sporting events and other activities due to the outbreak of COVID-19; the First Mount Zion Baptist Church, Dumfries, Virginia is praying for those who have been infected and affected by this virus and we are working to protect our congregation to ensure our activities are in keeping with CDC safety guidelines.

As of 5:00pm, Friday, March 13, 2020, we will be closing the campus until further notice.

We will live stream one worship service on Sundays at 11:00am only. However, the church will not be open for a corporate gathering. Please go to [www.fmzbc.com](http://www.fmzbc.com) or Facebook Live to view the service.

We encourage you to continue giving and practicing good stewardship by using the online giving link at [www.fmzbc.com](http://www.fmzbc.com) or by mail to: FMZBC, 16622 Dumfries Road, Dumfries, VA 22025.



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CHRISTIAN EDUCATION DEPARTMENT

ACADEMIC EDUCATION MINISTRY

Due to our area COVID-19 school closings, the FMZBC Scholarship Application deadline of April 15, 2020 has been extended. We will provide updates and a new deadline date as we learn of changes with our school systems. Point of Contact: Brother Gerry Griffin at [AEM@firstmountzionbc.org](mailto:AEM@firstmountzionbc.org).

Private Foundation Scholarships Reference Books available via Amazon.com to assist in financing college educations – To view and order, go to Amazon.com, Select Scholarship books in the search bar, Review and order.

SCHOLARSHIP INFORMATION

All Scholarship information/applications is located on the table in the hallway next to the ministry mailboxes.

CHILDREN'S CHURCH

Kids Kingdom provides children (pre K - 5th grade) a place where kids are taught about their royalty in Christ Jesus. This is a wonderful opportunity for children to worship in a safe, age appropriate, and fun environment.

Children's Church Guidelines:

Nursery - 12 months - 3 years  
Children's Church - 3 years (potty trained) and up.

If you are interested in serving with the Children's Ministry - Kids Kingdom, which runs from September-June, we encourage you to be part of our ministry by sharing your giftedness. POC: Michelle Wallace at [Childrens-Ministry@firstmountzionbc.org](mailto:Childrens-Ministry@firstmountzionbc.org). or (240) 602-5929.

MEN'S MINISTRY  
ATTENTION ALL MEN!!!

The 3<sup>rd</sup> Annual outing, scheduled for April 17 & 18, 2020 in Maryland has been **canceled**. All money paid will be refunded. POC: Mark Jessup, Everett Griggs, or Randy Hardy at [mensministry@firstmountzionbc.org](mailto:mensministry@firstmountzionbc.org).

THE CORE

ATTENTION ALL YOUNG ADULTS!!! In an effort to speak life during uncertain times, The CORE, First Mount Zion's Young Adult Ministry, will host a 14-day (Mon-Sat) morning prayer call beginning March 30 at 8A. Call in each morning to 712-832-8330. Our access code is 144 5645. All Young Adults, ages 18-40, are welcome to participate. To volunteer to pray, or to receive more information, please email [TheCore@FirstMountZionBC.org](mailto:TheCore@FirstMountZionBC.org).

VBS VOLUNTEERS NEEDED

Volunteers are needed to join Team VBS 2020. Through *Champions in Life. Ready, Set, GO with God! Isaiah 40:31*, children will build FRIENDSHIPS, discover their PURPOSE, and give great EFFORT while HONORING GOD!

Join us June 22<sup>nd</sup> - 26<sup>th</sup>, 8:00am-12:30pm to make Vacation Bible School 2020 a success. POC: Kimberly Nelson, 202-520-8016 or Carmia Salcedo, 703-307-6296 at [vbs@firstmountzionbc.org](mailto:vbs@firstmountzionbc.org).

Volunteer screening is mandatory.

WOMEN'S MINISTRY

SAVE THE DATE! (Sight & Sound-PA)

Join us for our upcoming Girlfriend's Day III. The WM will be going to Sight & Sound on October 10, to see the play, Queen Esther. We will be experiencing one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects and live animals in this brand-new, original stage production! The day will be filled with shopping, lunch, and fellowship. The cost of the trip is \$143 per person. Registration dates are May 3, 17 and 24. For additional information or questions, please contact WM Co-Director, Gwen L. Holland at [womensministry@firstmountzionbc.org](mailto:womensministry@firstmountzionbc.org).

IMPORTANT DATES IN DEAF HISTORY

April 8, 1864 – Gallaudet University, a college for the deaf, was founded.

1890 – The National Association for the Deaf was founded to promote the civil rights of deaf people in the United States.

1960 – The Teletypewriter (TTY) was invented by Robert Weitbrecht to allow the deaf to communicate through typed messages.

1964 – The Video Relay Service was invented by Robert Weitbrecht to enable deaf people who use American Sign Language to communicate through video equipment rather than through text.

SHARE REGISTRATION

The last day to register for a SHARE package is April 12th. SHARE packages are \$23 for food valued at between \$35 and \$45. POC: Thomas Bates (703) 330-6371 or Cherry Anderson (540) 361-4319.

ADMINISTRATIVE OFFICE STAFF

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**THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.**

**JOURNEY TO JOY/GRIEFSHARE**

**MUSIC & ARTS  
MINISTRY  
REHEARSALS  
WILL BE LISTED AT  
A LATER DATE**

FMZBC's Grief Support Ministry, **Journey to Joy** will host GriefShare, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This 13 week program will be from February 10 thru May 11. GriefShare is a **free** facilitator designed program with special topics, a participant handbook, DVD's featuring grief experts and group discussions. **We know it hurts and want to help and provide encouragement after the death of a loved one.**