

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

- Lisa Adams [J1]
- Charles Boddy [K4]
- Vietta Boothe [K4]
- Shirley Bridges [E3]
- Teresa Bridges [I]
- Jessica Butler [B]
- Queen Carroll [G2]
- Earnest Edwards [C1]
- Edwin Green [M3]
- Beulah (BJ) Harper [D1]
- Cheryl Harris [D1]
- Jan Jacobs [H2]
- Cynthia M. Johnson [B]
- John W. Jones, Jr. [Z]
- Gwynne McCatharine [N]
- William C. McLeod [H1]
- Ralph Minor [B]
- Suzette Montero [F2]
- Essie Pullman [Z]
- Margaret Sherrod [K4]
- Sheldon Starkes [E1]
- Katherine Stevens [D1]
- Myrtle Stith [K4]
- Haywood Thomas [D4]
- Ronald Thompson [G2]
- Cynthia Walker [Z]
- Sheila West [K5]
- Timothy Willis [J2]
- Clyde Wimbush [N]

GRAIN OF HEAVEN

Closed

COVID-19

As news spreads about school closings, cancellation of sporting events and other activities due to the outbreak of COVID-19; the First Mount Zion Baptist Church, Dumfries, Virginia is praying for those who have been infected and affected by this virus and we are working to protect our congregation to ensure our activities are in keeping with CDC safety guidelines.

As of 5:00pm, Friday, March 13, 2020, we will be closing the campus through Friday, March 27, 2020.

We will live stream one worship service on Sunday, March 22nd at 11:00am only. However, the church will not be open for a corporate gathering. Please go to www.fmzbc.com or Facebook Live to view the service.

We encourage you to continue giving and practicing good stewardship by using the online giving link at www.fmzbc.com or by mail to: FMZBC, 16622 Dumfries Road, Dumfries, VA 22025.



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Website:
www.fmzbc.com
Email Address:
fmzbc@firstmountzionbc.org

Today, Mar 22

Music ~ Men's Choir Ensemble;
Worship Service (Live stream) 11A;
Civilian & Military Outreach Conference
Call 1:30P; Smart Stepfamily Confer-
ence Call 1:30P; Inspirational Journey
Conference Call 3:00P; Hungry for the
Word Conference Call 3:00P

Monday, Mar 23

BOD4GOD Conference Call 7:00P;
Retire Inspired Conference Call 7:00P;
Financial Freedom for Millennials Con-
ference Call 7:00P

Tuesday, Mar 24

Alzheimer's Caregiver Group 2 Confer-
ence Call 7:00P; Divorce Care Confer-
ence Call 7:00P; FREEDOM Confer-
ence Call 7:00P

Wednesday, Mar 25

Alzheimer's Caregiver Groups 1&3
Conference Call 11:00A

Thursday, Mar 26

Grill Master's Challenge Conference
Call 7:00P

Friday, Mar 27

Warriors of Love Conference Call
7:00P

Saturday, Mar 28

Common Threads Sewing Group Conf.
Call 10:00A .

PASTOR'S 25TH ANNIVERSARY

MINISTRY PHOTOS

ATTENTION: All Ministry Presidents and
Chairs that missed signing up for the Pas-
tor's 25th Anniversary Ministry photo, please
go to Anniversary2020@firstmountzionbc.org
as soon as possible. Please only the Presi-
dent or Chairs sign up their respective minis-
tries.

CHRISTIAN EDUCATION DEPARTMENT

ACADEMIC EDUCATION MINISTRY

Due to our area COVID-19 school closings,
the FMZBC Scholarship Application deadline
of April 15, 2020 has been extended. We will
provide updates and a new deadline date as
we learn of changes with our school sys-
tems. Point of Contact: Brother Gerry Griffin
at AEM@firstmountzionbc.org.

Private Foundation Scholarships Reference
Books available via Amazon.com to assist in
financing college educations – To view and
order, go to Amazon.com, Select Scholarship
books in the search bar, Review and or-
der.

SCHOLARSHIP INFORMATION

All Scholarship information/applications is
located on the table in the hallway next to the
ministry mailboxes.

CHILDREN'S CHURCH

Kids Kingdom provides children (pre K - 5th
grade) a place where kids are taught about
their royalty in Christ Jesus. This is a won-
derful opportunity for children to worship in a
safe, age appropriate, and fun environment.

Children's Church Guidelines:

Nursery - 12 months - 3 years
Children's Church - 3 years (potty trained)
and up.

If you are interested in serving with the Chil-
dren's Ministry - Kids Kingdom, which runs
from September-June, we encourage you to
be part of our ministry by sharing your gifted-
ness. POC: Michelle Wallace at [Childrens-
Ministry@firstmountzionbc.org](mailto:Childrens-Ministry@firstmountzionbc.org) or (240) 602-
5929.

SHARE REGISTRATION

The last day to register for a SHARE package
is April 12th. SHARE packages are \$23 for
food valued at between \$35 and \$45. POC:
Thomas Bates (703) 330-6371 or Cherry An-
derson (540) 361-4319.

VBS VOLUNTEERS NEEDED

Volunteers are needed to join Team VBS
2020. Through *Champions in Life. Ready,
Set, GO with God! Isaiah 40:31*, children will
build FRIENDSHIPS, discover their PUR-
POSE, and give great EFFORT while HON-
ORING GOD!

Join us June 22nd - 26th, 8:00am-12:30pm to
make Vacation Bible School 2020 a success.
POC: Kimberly Nelson, 202-520-8016 or
Carmia Salcedo, 703-307-6296 at
vbs@firstmountzionbc.org. **Volunteer screen-
ing is mandatory;** attend April 18 or May 16.
Student signup begins May 1.

MEN'S MINISTRY

ATTENTION ALL MEN!!! How do you see
yourself? The 20/20 man sees himself as a
guardian for current & future generations. If
you're ready to become a 20/20 Man of God,
then register for our 3rd Annual outing, being
held April 17-18, 2020 in Maryland. You won't
be disappointed! POC: Mark Jessup, Everett
Griggs, or Randy Hardy at [mensminis-
try@firstmountzionbc.org](mailto:mensministry@firstmountzionbc.org).

WOMEN'S MINISTRY

SAVE THE DATE! (Sight & Sound-PA)

Join us for our upcoming Girlfriend's Day III.
The WM will be going to Sight & Sound on
October 10, to see the play, Queen Esther. We
will be experiencing one of the most riveting
Bible stories of the Old Testament as it comes
to life with magnificent sets, special effects and
live animals in this brand-new, original stage
production! The day will be filled with shop-
ping, lunch, and fellowship. The cost of the
trip is \$143 per person. Registration dates are
April 19, 26, May 3, 17 and 24. For additional
information or questions, please contact WM
Co-Director, Gwen L. Holland at [womensmin-
istry@firstmountzionbc.org](mailto:womensministry@firstmountzionbc.org).

IMPORTANT DATES IN DEAF HISTORY

April 8, 1864 – Gallaudet University, a college
for the deaf, was founded.

1890 – The National Association for the Deaf
was founded to promote the civil rights of deaf
people in the United States.

1960 – The Teletypewriter (TTY) was invented
by Robert Weitbrecht to allow the deaf to com-
municate through typed messages.

1964 – The Video Relay Service was invented
by Robert Weitbrecht to enable deaf people
who use American Sign Language to com-
municate through video equipment rather than
through text.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
REHEARSALS
WILL BE LISTED AT
A LATER DATE**

JOURNEY TO JOY/GRIEF SHARE

FMZBC's Grief Support Ministry, **Journey to Joy** will host GriefShare, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This 13 week program will be from February 10 thru May 11. GriefShare is a **free** facilitator designed program with special topics, a participant handbook, DVD's featuring grief experts and group discussions. **We know it hurts and want to help and provide encouragement after the death of a loved one.**

SOUVENIR JOURNAL ADS

FMZBC members, family, friends and the community will have the opportunity to place ads in the Pastor's 25th Anniversary Souvenir Journal. Ads should be camera ready and submitted electronically. More information will be provided at sign-up.

Price Schedule: • Full page \$175; • Half page \$125; • Quarter page \$75; • Business card \$50; • Patron line \$25.

PROFESSIONAL WOMEN SMALL GROUP

The Professional Women Small Group invites you to join 'Go with The Flow' a project to collect 8,000 tampons and sanitary napkins for homeless and under-sheltered women. Donations can be placed in the Flow Boxes located in the women's restrooms until March 31.

FMZ T-SHIRTS

FMZ T-Shirts may now be purchased in the Bookstore – Sizes S, M, L, XL are available. Purchase your T-Shirts today!!

**TRIP TO SIGHT AND SOUND
QUEEN ESTHER**

If you are interested in going on a FMZBC trip for members, family and friends to Sight and Sound on July 21, 2020 to see play "Queen Esther", please send an email to "info@rightnowtravelconsultants.com" or contact Deacon Andrew Walker at andrew.walker55@verizon.net. The cost is \$155 and includes transportation, ticket and lunch. Seats will be filled on first-pay first serve. The bus will depart FMZBC at 6P and return at approximately 7P