



## *A Ministry Exhibiting A Spirit of Excellence!*

## WOMEN'S HISTORY MONTH



### *Message from the Pastor*

## Celebrating Women's History Month

The 2020 Women's History Month theme is "Valiant Women of the Vote." The theme honors "the brave women who fought to win suffrage rights for women, and for the women who continue to fight for the voting rights of others."

The 19th Amendment was ratified on August 18, 1920, after a long struggle known as the Women's Suffrage Movement. In recognition of the centennial of the 19th Amendment to the United States Constitution, which prohibited any United States citizen to be denied the right to vote based on sex and granted women the right to vote, we celebrate all women but especially the original Suffrage Movement, as well as 20th and 21st century women who have continued the struggle (fighting against poll taxes, literacy tests, voter roll purges, and other more contemporary forms of voter suppression) to ensure voting rights for all.

Our church has witnessed the importance of the vote and the important role women continue to make in our government at all levels. Recipients like me, Prince William School Board member Lillie Jessie and Prince William County Board of Supervisors members, Andrea Bailey and Margaret Franklin, are grateful beneficiaries of the vote. It is a privilege to serve and we thank God for the women who fought for the right to vote . . . and won!

*We are Living In God's Assurance!!*

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Lillie Jesse  
Prince William County  
School Board



Andrea Bailey  
Prince William County  
Board of Supervisors



Margaret Franklin  
Prince William County  
Board of Supervisors

## Greeters Needed

Greeters are needed to welcome members to their LifeTouch photo session. If you have three hours to serve during an afternoon(s) and/or early evening(s), please contact Renee Woolfolk, Church Business Administrator at (703) 670-0184 or by email:

[rwoolfolk@firstmountzionbc.org](mailto:rwoolfolk@firstmountzionbc.org)

Duties include: welcoming families, assist with completion of "Lifetouch welcomes you" card, provide coupons, and confirm accuracy of any roster data.

"**Making a Way Out of No Way**" is an expression in the African American community that describes the power of community. Whether through church congregations or labor organizations, sewing circles or sororities; through intellect, grit, and resilience, community makes the impossible possible. Throughout the month of March our congregation will recognize and honor the powerful women of history who were famous and not so famous. They are our mothers, grandmothers, wives, sisters, and cousins and we honor them for their steadfast strength, perseverance, faith, and leadership.

Consider Esther as one of our early examples of faith: Then Esther told them to reply to Mordecai, "Go, gather all the Jews to be found in Susa, and hold a fast on my behalf, and do not eat or drink for three days, night or day. I and my young women will also fast as you do. Then I will go to the king, though it is against the law, and if I perish, I perish." Mordecai then went away and did everything as Esther had ordered him." (Esther 4:15-16)



## Message to Our Youth

Greetings Young Disciples of Jesus Christ,

### “ALL” Means ALL

I can do all things through Christ who strengthens me. -- **Philippians 4:13 NKJV**



Rev. John McNeill,

“I can do **all** things through Christ who strengthens me” (Philippians 4:13 NKJV) stands as a remarkable, meaningful, and enduring verse of Scripture in my life. It is the earliest verse of Scripture that I can say I saw the obvious relationship or connection between faith, prayer (communication with God) and an immediate result or answer.

In the third grade, my mother shared Philippians 4:13 with me on the morning of my first spelling bee. Perhaps she noticed that I was nervous about my performance. Looking back, I am sure she took seriously her role as a believer and a primary spiritual guide in my life. I repeated, “I can do all things through Christ who strengthens me..” in the car headed to school, in the classroom before the spelling bee, and on the stage during the spelling bee. Philippians 4:13 saturated all the spaces that I traveled that morning.

While I have a profound connection to this passage of Scripture, I recently read and discovered that not everyone sees it the same way. Dr. Almaeda Wright, *The Spiritual Lives of Young African Americans* author, points out that teenagers struggle to apply the “**all**” to all parts of their lives. For instance, a young person’s “**all**” may exclude justice issues and work toward systematic change. “**All**” means **all**. So, the next time, I encourage you to rely on God -- whether you are facing a test, a performance or a bully. Remember, “I can do **ALL** things through Christ who strengthens me.”

I can do all things through  
Christ who strengthens me.

Reverend John C. McNeill  
Youth Pastor

*In Celebration of our  
Pastor,*



*Dr. Luke E. Torian's  
25th Pastoral Anniversary*



**MAY 28TH  
GOLF TOURNAMENT**

**MAY 29TH  
FAMILY & FRIENDS NIGHT**

**MAY 30TH  
BLACK TIE GALA**

**MAY 31  
WORSHIP SERVICE**

## ZONE “B” LEADERS



Deacon  
Jacob Ojumu

Deaconess  
Pamela Ford

Deaconess  
Ivery Barnes

Deacon  
Furnace Barnes

Reverend  
Cozy Bailey

## PASTOR'S 25TH ANNIVERSARY MINISTRY PHOTOS

### ATTENTION:

All Ministry Presidents and Chairs that missed signing up for the Pastor's 25th Anniversary Ministry photo, please email your preferred date (available dates are listed below) for confirmation to:

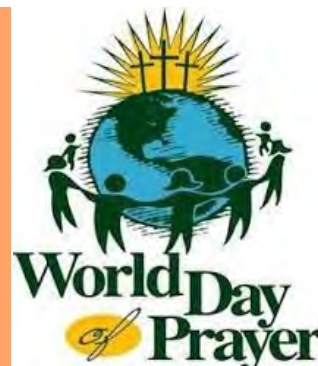
[anniversary2020@firstmountzionbc.org](mailto:anniversary2020@firstmountzionbc.org)

as soon as possible; time is of the essence! Please note that only the President or Chair should sign up their respective ministries. Thank you!

**March 1st, 8th, 15th and 22nd**

### THEME:

**“TAKE  
UP  
THY  
MAT  
AND  
WALK!”**



**MARCH 6, 2020**

VISIT US ONLINE **FMZBC.com**



## Valiant Women of the Vote

*Proverbs 31:10: "Who can find a virtuous woman? For her price is far above rubies." (King James Version)*

From the creation of Eve, to Sarah, to the faithfulness of Ruth, to Esther, to Mary, the mother of Jesus the Christ, women have played pivotal roles in God's plan for mankind. From the earliest days of canonical law in the church until today, the plight of women has been one of a checkered and sordid past, overcoming great obstacles to excel in all areas of society.

As we celebrate Women's History Month, we do so under the 2020 theme "Valiant Women of the Vote." The theme honors "the courageous women who fought to win suffrage rights for women and it honors the women who continue to fight for the voting rights of others." In community churches and other places throughout our community, women continue to fight to protect the voting rights of all and make extraordinary achievements as a result of strong women who have gone before.

America's history is replete with iconic giants such as Susan Harriett Tubman, abolitionist, humanitarian, and Union spy during the American Civil War; Wilma Mankiller, the first woman to be elected principal chief of the Cherokee Nation; Wangari Maathai, first woman to win the Nobel Peace Prize; Mae Jemison, engineer, physician, NASA astronaut and first African-American woman to travel into space in 1992; and Rosa Parks, Shirley Chisholm, Fannie Lou Hamer, Barbara Jordan, and Ella Baker who were leaders in the community and advocated for the civil rights for all. This list is far from complete, for the plight and accomplishments of women continue to move upon the waters and give ever-increasing examples of a virtuous woman. We can proudly proclaim that women have moved from attaining the right to vote to receiving the vote to become elected officials at every level of government.

Such was evident in January 2020, when Prince William County Virginia swore in a record number of County Board Supervisors: Ann B. Wheeler, Chair At-Large; Jeanine M. Lawson, Brentsville District; Yesli Vega, Coles District; Margaret Angela Franklin, Woodbridge District, and; Andrea O. Bailey, Potomac District and First Mount Zion Baptist Church deaconess. All of these women are trailblazers who stand on the shoulders of many women who have gone before them in the fight for justice and the right to vote. We acknowledge their singular and collective added value to our community.

As we recall the women who have been a part of the struggle for social justice, our sister in the household of faith, Deaconess Andrea Bailey, stands proud to be among women who have made a special mark on their communities. She is proud to be a part of a history making election in Prince William County on November 5, 2019. She joins other valiant women who have gone before her in public office. She is a leader who believes that leadership also includes servanthood – for there is no greater call than to serve.

Deaconess Bailey attributes her election as Supervisor to personal prayers and the prayers of others, meditation, and a faith-based belief in Jesus Christ. She gives God all of the honor and glory for the great things He has done in her life – a life of waiting, watching, praying, and pruning. She states, "True leadership is not how it looks, how it's viewed, or how it's perceived. She found purpose in what God made her to be."

Throughout her childhood, Deaconess Bailey watched her parents and grandparents serve. They were the role models who influenced her future. She watched her grandmother walk the local neighborhoods to the voting booth to practice her right of vote. As such, Deaconess Bailey learned a lifelong lesson - to whom much is given, much is required. She has always had a servant's heart. She actively serves in the Deaconess Ministry.

*Only fear the Lord, and serve Him in truth with all your heart; for consider what great things He has done for you. 1 Samuel 12:24*

*Deaconess Cynthia R. Brown*

## Associate Ministers

Encouragement and Assurance for the Soul

### Sunshine in the Rain



As I reflect on life and some of the things that we are faced with, I am reminded of Jeremiah 17:7-8. The Scripture says, "Blessed is the man who trusts in the Lord, And whose hope is the Lord. For he shall be like a tree planted by the waters, Which spreads out its roots by the river, And will not fear when heat comes; But its leaf will be green, And will not be anxious in the year of drought, Nor will cease from yielding fruit."

This is a sweet reminder that God has each of us in the palm of His hand. If we trust Him, no matter what, and walk in unwavering faith – the Scripture says that we are blessed. The Lord is saying to us that no matter the circumstance, "Trust me, I've got you." He reassures us that if we hope in Him even on the cloudy days, that when the sun shines again we will have the victory!! Take life's lessons and the rainy days as an opportunity to exercise your hope and trust in the Lord, take those days to water the seeds that God has planted on the inside of you so that you can access and enjoy GOOD fruit!! Beloved, you won't leave 2020 the same way that you entered if you trust and hope in the Lord, in and for all things. Be anxious for nothing, even when it seems as though you can't hear the Lord, even when you don't understand His plan, trust His heart. You are in the very season that He has ordained for you to be in, you have been strengthened and renewed for a time such as this. You have been planted. Bloom. The blessings of the Lord are upon you! Be blessed.

*Rev. Kara Franklin-Taylor*



## Spring Small Groups Fair

Did you miss the Small Groups Fair that was held on Sunday February 9<sup>th</sup>? If so, you missed a spectacular event, but it is not too late for you to connect to a great small group. There were 33 groups set up in the Narthex to share their group description, meeting schedules and material lists. All groups are open to the community and are not limited to FMZ members, so join a group and bring a friend or neighbor. Each small group has up to 15 people who meet and make a connection and a difference in the lives of their members. Small Groups are relational communities that join together and connect through like interests, fellowship, study, praise and prayer, as we share our successes and bear each others' burdens while we grow together in Christ.



The groups are separated into three categories: Shared Interests, Support, and Discipleship. A particularly exciting example of support groups are our multiple **Alzheimer's support groups** that are available to help those who are caring for family members or friends who are touched by this devastating disease.

A great example of our Shared Interest group is our Sewing group "**Common Threads**" which has so many members that they have been allowed to extend over the 15 member limit. Their members range from those who have never picked up a needle to seasoned tailors. They make lovely items which are donated to children who need clothing in other countries.



A great example of our Discipleship groups is our "**Fearless**" study group which meets once a month to study books by Christian authors.

So don't delay! Please view all of our groups at the Small Groups Connection Point Display Wall, which is located across from the Executive Conference room. If you have any questions, you can email the small group leader or contact Stephanie Craddock, Small Groups Director at 703-670-0184 or email her at [Scraddock@firstmountzionbc.org](mailto:Scraddock@firstmountzionbc.org).

*Deborah Holley*



The Women's Ministry (WM) hosted a Prayer Breakfast on Jan. 25, 2020 for the women and men of FMZ. The Prayer Breakfast was an event designed to start off the year covering FMZ, our community and our country in prayer. We were reminded to "Always Stop and Pray" (ASAP). Philippians 4:6-7



The morning began in the gym with a delicious breakfast prepared by the GOH. Everyone was raving about the salmon cakes! In the chapel the Word was dynamically preached by our FMZ Associate Ministers, Rev. Cozy Bailey and Rev. Kathy Russell. WPE, lead by



Beverly Johnson, rendered beautiful songs of praise and worship. Throughout the program, the Holy Spirit created an atmosphere conducive to the heartfelt and heart moving prayers given by Annette Rivers, Rev. Deloris Brown, and Rev. Brian Woolfolk. In closing, Rev. Dr. Tracey Dawkins Holley invited the program attendees to cross the aisles, while she lifted up a prayer of praise, worship, and thanksgiving. Glory to God for the mighty move of the Lord!

cont'd on next page --



## Women's Ministry article cont'd - -

We must all continue to praise Him in advance, believing in faith that when we pray our prayers they are already being answered. When we pray, we are giving our problems, concerns, & needs over to the Lord. We are praying to the all wise God who knows what's best for His children. Nothing is impossible for our God! So, cast your cares upon Him in prayer for He is willing & able to answer them. My brothers and sisters, be mindful that no matter what you are going through, you should "Always Stop and Pray."

And finally, "THANK YOU" for supporting our outreach efforts to the Acts Beverly Warren Emergency Family Shelter in Dumfries, VA. We collected \$3330 worth of toiletry and non-toiletry items to help those in need. This is another example of what can happen when you stop and pray!



*Sister Veronica D. Hackett  
Director*



## Ministries' Meeting Schedules



- 03/02 Deaconess Executive Committee Mtg (7-9 PM)  
Journey-to-Joy GriefShare (7-9 PM)
- 03/03 Mary Elizabeth Ministry (7-8:30 PM)  
Trustee Ministry (7:30-9 PM)  
VBS Leadership Volunteer Meeting (7-8:30 PM)
- 03/04 Midday Bible Study (11:30-12:30 PM)  
Seniors' Ministry (Noon-3 PM)
- 03/05 Joint Leadership Candidate Training (7-9 PM)  
Women's Ministry Planning Meeting (7-9 PM)
- 03/06 Youth First Friday (7-9 PM)  
Where is God in the Movie (7-9 PM)
- 03/07 Joint Leadership Candidate Training (9-11 AM)
- 03/09 Journey-to-Joy GriefShare (7-9 PM)
- 03/10 Deaf Ministry Monthly Meeting (7-9 PM)  
Mary Elizabeth Ministry Monthly Meeting (7-8:30 PM)  
Strategic Planning Committee (7-9 PM)  
Usher Ministry (7-8:30 PM)
- 03/11 Midday Bible Study (11:30-12:30 PM)
- 03/12 Jewels Choir (7-8:30 PM)  
Joint Leadership Candidate Training (7-9 PM)  
Pastor's Aide Ministry (7-9 PM)  
Men's Ministry Monthly Meeting (7:30-9 PM)  
Trustee HR/Admin Committee Meeting (7:30-9 PM)  
Voices of Zion Choir (7-9 PM)
- 03/14 Men's Ministry Fellowship (FIT) (9-11 AM)  
Women's Ministry Fellowship (9-11:30 AM)
- 03/16 Communications/Publicity Committee Meeting (7-9 PM)  
Journey-to-Joy GriefShare (7-9 PM)  
Deacon Ministry Interview Training (7:30-9 PM)  
Trustee Ministry - Finance Committee (7:30-9 PM)
- 03/17 Academic Education Ministry (7-8:30 PM)  
Deaconess Ministry Monthly Meeting (7:30-9 PM)  
Women's Ministry IPT Meeting (7-9 PM)
- 03/18 Midday Bible Study (11:30-12:30 PM)  
Seniors' Ministry (Noon-3 PM)
- 03/19 Deacon Ministry Meeting (7:30-9 PM)  
Jewels Choir (7-8:30 PM)  
Voices of Zion Choir (7-9 PM)  
Trustee Meeting - Facility and Real Property Committee (7:30-8:30 PM)
- 03/21 Share Distribution (9-11 AM)  
Spiritual Gifts Workshop (8:30 AM-Noon)  
Junior Ushers (11:30-12:30 PM)  
Usher Ministry (9-1 PM)  
Women's Ministry Book Club (9-11 AM)  
Volunteer Screening Committee (9-Noon)
- 03/23 Journey-to-Joy GriefShare (7-9 PM)
- 03/24 Singles' Ministry Meeting (7-9 PM)  
Trustee Executive Board Meeting (7-9 PM)
- 03/26 C.O.R.E. Committee Meeting (7-9 PM)  
Joint Leadership Candidate Training (7-9 PM)
- 03/28 Women's Ministry Planning Meeting (9-11 AM)  
Women's Ministry Book Club (10-11:30 AM)
- 03/30 Joint Leadership Candidate Training (7-9 PM)  
Journey-to-Joy GriefShare (7-9 PM)

For additional Activities and Events:  
[http://bit.ly/FMZ\\_Calendar](http://bit.ly/FMZ_Calendar)

## The MESSENGER

March 1, 2020

Volume 16 • Issue 3

# LEADERSHIP THE CHAPLAIN'S CORNER

## *The Spiritual Discipline of Service, Part 1*

The four Outward Disciplines -- Simplicity, Solitude, Submission and **Service** -- reveal what people need to do to improve the world around them. We will now embark on the final Outward Spiritual Discipline, **Service**. Service is one of the FMZ 4-Step Strategy pillars and a profound and imperative discipline needed in the church!!

"As the cross is the sign of submission, so the towel is the sign of **service**. When Jesus gathered his disciples for the Last Supper, they were having trouble deciding who was the greatest. This was no new issue for them. "And an argument arose among them as to which of them was the greatest" (Luke 9:46). Whenever there is trouble over who is the greatest, there is trouble over who is the least. That is the crux of the matter for us, isn't it? Most of us know we will never be the greatest; just don't let us be the least. "Gathered at the Passover feast, the disciples were keenly aware that someone needed to wash the others' feet. The problem was... that the only people who washed feet were the least. So, there they sat, feet caked with dirt. It was such a sore point that they were not even going to talk about it. No one wanted to be considered the least. Then **Jesus** took a towel and a basin and redefined greatness."

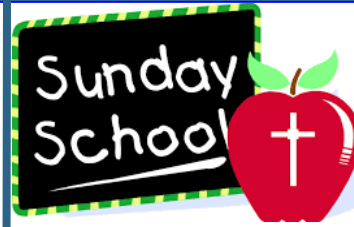
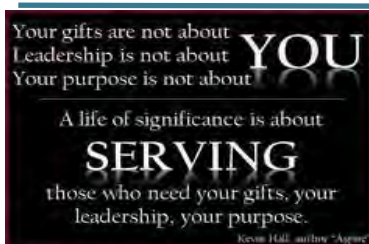
Having lived out **servanthood** before them, He called them to the way of service: "If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have given you an example, that you also should do as I have done to you" (John 13:14, 15).

In His most famous teaching on **service**, Jesus concluded, "For even the Son of Man did not come to be **served**, but to **serve**, and to give His life a ransom for many" (Mark 10:45). Our Lord's unique service of redemption through the Cross is unrepeatable. However, **we are called to serve** through the many little deaths of going beyond self. And as we live out our lives for the good of others, amazingly, we find ourselves, we discover our sense of place."

HAVE YOU FOUND YOUR PLACE OF **SERVICE** AT FMZ????

Excerpts from Richard J. Foster's "Celebration of Discipline"

*Deacon Ron Cooper  
on behalf of the FMZ Leadership Chaplains*



**March lessons focus on the prophets: Moses, Nathan and Melchizedek.**

**First Sunday, A Prophet like Moses,** God did not choose Moses, God created Moses for

a purpose, a mission. Moses was a prophet, who (Moshe in Hebrew) is arguably the greatest figure in **Judaism** other than God. Notice, I said, Judaism, not Christianity. Jesus will always be number one with us. In the scripture lesson text read Deuteronomy 18:22, and then read Exodus 4:11(NKJV) "*The Lord said unto him (Moses), Who hath made man's mouth? Or who maketh the dumb, or deaf, or the seeing, or the blind? Have not I the Lord? Now therefore go, and I will be with thy mouth, and teach thee what thou shalt say.*" As the scripture goes, everything Moses said to the Israelites came to pass.

**Second Sunday, Look Up and Live,** The Israelites prayed to the Lord to allow them to destroy Canaanites cities. After their great victory, they did not thank or praise God; they complained. God had taken care of the Israelites for days. God, frustrated with the Israelites complaining, unleashed a holy terror of serpents upon them. It was as though the Lord let loose the devil's minions. The serpents made them wail, moan and miserable. Which really sent them into a mode of repentance, begging for God's mercy. Moses pleaded on their behalf and God was merciful. God used a symbol of what God allowed to inflict pain upon them, to heal them. Can you see the Alpha and Omega symbology in this text?

**Third Sunday, A Son of David,** God sent the prophet Nathan to David. David's heart's desire was to build a sanctuary for the ark of God. Nathan was sent to inform David of God's plan. In the lesson text, verses 15 and 16 are significant. God promised David that his throne would be established forever. "*I regret that I have made Saul king, because he has turned away from Me and has not carried out My instructions.*" (1<sup>st</sup> Samuel 15 NKJV) The Lord regretted making Saul King! What did David do to provoke God to set his throne in place forever? One thing we can say about David, he was quick to repent. Saul was quick to make excuses; as though he could outsmart God. The lesson text clearly points us toward Solomon.

**Fourth Sunday, A Priest Like Melchizedek,** Psalm 110, refers to a future messiah of the Davidic line, and alludes to the priest-king Melchizedek as a prototype of this coming messiah. Melchizedek, is a figure of importance because he was both king and priest. We are introduced to Melchizedek in Genesis 14:18-20, when he met Abraham, who tithed to him. This allusion led Paul, in Hebrews 7:2, to translate the name Melchizedek as "king of righteousness" and Salem as "peace," so that Melchizedek is made to foreshadow Christ; the true king of righteousness and peace.

Amen! Amen! Amen!

*Reverend Gillis M. Taylor  
Sunday School Superintendent*



## an Evening to Remember . . .

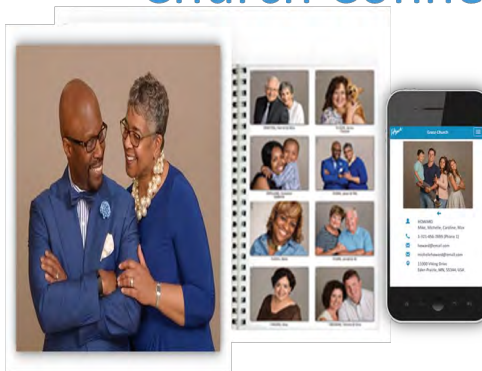
with FMZBC's Men's Choir



On Saturday afternoon, February 8, 2020, the First Mount Zion Baptist Men's Choir just truly outdid themselves by putting on a fantastic worship experience at The Four Seasons of Virginia community's Black History Celebration. Everyone in attendance was mesmerized by their gifts and, as we all know, Director Patterson was his usual ebullient style, engaging the audience in unimaginable ways . . . you had to see it to believe it . . . the Director running back and forth through the doors to "You Ought To Run and Tell That". You can only imagine what that was like! It was AWESOME!!! He also promoted FMZBC in a big way and if you were not already a member or been a visitor to this Ministry, the ministry of song by the Men's Choir, combined with Bro. Neal's invitation, would make you want more. Suffice it to say, Pastor Torian should be proud of the way the Men's Choir presents FMZBC and itself. Kudos to Min. Sylstea Sledge, Bro. Mark Ball and Bro. Neal Patterson for always exhibiting a Spirit of Excellence. To GOD be the glory!



## Be Included in the Church Connect Directory



- Put names with faces
- Help us connect with each other
- Help us reach out to new families

The online scheduling link is available  
at [FMZBC.COM](http://FMZBC.COM)

**Lifetouch**



## Deaf History Month

Deaf History Month appears to have had its genesis March 13, 1996, when two deaf employees at the Martin Luther King, Jr. Memorial Library in Washington, D.C. began teaching sign language to their colleagues. This occurrence evolved into a week of deaf awareness created by the library administration. Deaf Awareness Week evolved into a month-long period dedicated to promoting a greater understanding of the deaf community.

In 1996, the National Association of the Deaf (NAD) suggested the week become a full-fledged month, and in 1997, the first annual, nation-wide National Deaf History Month was celebrated from March 13 to April 15. It's a great time to recognize deaf champions, increase awareness of the deaf community's rich history, and celebrate the contributions of the hard-of-hearing and the Deaf community. The reason that it straddles two months is to highlight the following three key milestones in deaf history:

March 13, 1888: Irving King Jordan was named the first deaf president of Gallaudet University. Dr. Jordan became known as a symbol of self-determination

and empowerment for deaf and hard-of-hearing people around the world.

April 8, 1864: President Abraham Lincoln signed the charter of Gallaudet University in Washington, the first school for the advanced education of the Deaf and hard-of-hearing in the world.

April 15, 1817: The first permanent public school for the deaf, the American School for the Deaf in Hartford, Connecticut, opens.

The NAD continues to work to ensure that there is a Proclamation of National Deaf History Month through the White House and/or the U.S. Congress.

African American Deaf authors have written first-hand accounts of their experiences as individuals and members of the Black Deaf community, the first being Dr. Ernest Hairston and Linwood Smith's "Black and Deaf in America" (1983). Black Deaf persons often experience double prejudice against them in terms of racial discrimination and communication barriers.

*Deacon James Hawkins  
Facilitator*



# The MESSENGER

March 1, 2020

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First Friday (Movie Night on March 6th at 7 p.m.):

All youth (6th thru 12th Graders) are invited to have fun and fellowship with their friends! First Fridays include a movie, food, fellowship, and fun for all. Bring a friend!

Youth Worship Service Participants: All youth (6th to 12th Grade) are given the opportunity to participate in the Sunday worship services by leading the responsive reading, morning prayer or offertory prayer. Note: 12th graders should reach out before departing for transitioning to college, military or professional workforce.

Youth Bible Study on Wednesdays: We will explore the "Pressure of School." Come and ask the question (s) that you've always had about the Bible. Learn how to do the right things for the right reasons. Discover how to please God. See you there! Bring a friend.

For details or support, contact:  
Reverend John McNeill  
Youth Minister  
703-670-0184  
Email: [jmcneill@firstmountzionbc.org](mailto:jmcneill@firstmountzionbc.org)



Singles' Ministry monthly bowling event on Saturday, March 7th at 2pm, Bowl America, 13409 Occoquan Road, Woodbridge. Come on out and join us while we bowl, it's a fun time! We look forward to seeing you there.

POC: Pamela Knight, [singlesministry@firstmountzionbc.org](mailto:singlesministry@firstmountzionbc.org)



March 15th is the last day to register for the SHARE packages. SHARE packages are \$23 for food valued between \$35.00 and \$45.00. Distribution will be Saturday, March 21st from 9 – 11 a.m. in the Gymnasium.

POC: Thomas Bates 703-330-6371  
Cherry Anderson 540-361-4319



DIVINE INSPIRATIONS BOOKSTORE is seeking volunteers to work in the Bookstore on Tuesday and Thursday from 6:30—9pm and Saturday from 9am—12:30pm.

## SUBMISSIONS FOR NEWSLETTER:

All members are encouraged to submit articles, photos, and events for inclusion in the Newsletter. Please be sure to clear all submissions with your Ministry Leader before sending to the Communications and Publicity Ministry. Submissions **should not exceed 300-350 words** and must be received no later than **12 noon on the 15th of each month** to be considered for the upcoming newsletter. Please note that we reserve the right to edit as necessary.

Submissions should be sent to:

[cpm1@firstmountzionbc.org](mailto:cpm1@firstmountzionbc.org)

or through our web form at:

[http://bit.ly/FMZBC\\_Articles](http://bit.ly/FMZBC_Articles)

We look forward to your participation!!

Thank you!

## Communications and Publicity Ministry

Joseph Boutte, Chair  
Oonagh Bell Benson Blake  
Beverly Grant James Hawkins  
Sylvia Moore Rev. Kathy Russell

Dr. Luke E. Torian, Pastor  
Rev. Sandra K. James, Assistant Pastor  
Sylvia Moore, Executive Assistant  
Renee Woolfolk, Church Business Administrator  
Chesley Doctor, Chair, Trustee Ministry  
Jeffrey Manning, Chair, Deacon Ministry  
Carole Roney, Chair, Deaconess Ministry

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Email: [fmzbc@firstmountzionbc.org](mailto:fmzbc@firstmountzionbc.org)  
Website: [www.fmzbc.com](http://www.fmzbc.com)

## Sunday Worship Service Schedule

Sunday School – 7:00 AM (Adults)  
First Service – 8:00 AM  
Sunday School – 9:45 AM (All Ages)  
Second Service – 11:00 AM  
Children's Church – 11:00 AM

## Wednesday Night Bible Study Schedule

Praise and Worship – 7:30 PM  
Bible Study – 8:00 PM

## Monthly Wednesday Worship Service Schedule (last Wednesday of each month)

Praise and Worship – 7:30 PM  
Worship Service with Associate Ministers – 8:00 PM

## Fifth Sunday Unity Worship Service Schedule

Sunday School – 8:30 AM  
Worship Service – 10:00 AM

## Connect with us on Social Media:

Facebook: [www.facebook.com/fmzbcdumfries](http://www.facebook.com/fmzbcdumfries)  
Twitter: [@fmzbc1](https://twitter.com/fmzbc1)  
Instagram: [@thecore\\_fmzbc](https://www.instagram.com/thecore_fmzbc)  
Vimeo: [vimeo.com/25203195](https://vimeo.com/25203195)  
Linked In: <https://www.linkedin.com/groups/1890924/>



If you need transportation to/from Church, please call the Office at (703) 670-0184 MONDAY - FRIDAY, 8:30 A.M. - 5 P.M. to schedule a ride!