

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

Lisa Adams [J1]
Shirley Bridges [E3]
Teresa Bridges [I]
Shirley Burton [D2]
Richard Bushrod [M2]
Jessica Butler [B]
Terry Carey [F1]
Queen Carroll [G2]
Yvonne Carter [C1]
Charlie Clark [K1]
Earnest Edwards [C1]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (B.J) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Jan Jacobs [H2]
Cynthia M. Johnson [B]
John W. Jones, Jr. [Z]
Annette Lee-Gilmore [F2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Ronald Thomas [K3]
Ronald Thompson [G2]
Cynthia Walker [Z]
Sheila West [K5]
Timothy Willis [J2]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental



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Today, Dec 29

Music ~ Combined Choir; Sunday School 8:30A; Worship Service 10A; Juvenile Detention 10A

Monday, Dec 30

Flower Ministry 10A; Combined Choir Rehearsal 7P;

Tuesday, Dec 1

Noon Day Prayer 12P; Watch Night Service 10P

Wednesday, Jan 1

NEW YEAR'S DAY, CHURCH OFFICE CLOSED

Thursday, Jan 2

A Page At A Time Scrapbooking SG 7P; Deaf Ministry 7P; Our Words Have Power SG 7P; Women's Ministry Planning Meeting 7P; Professional Women SG 7:15P

Friday, Jan 3

Carpenters for Christ SG 7P; Where Is God in the Movie SG 7P

Saturday, Jan 4

Daughters of The King SG 10A; SERVE SG 10A; Women Unfolding Our Divine Destiny SG (Fredericksburg) 12P.

ACADEMIC EDUCATION MINISTRY

2020 U.S. Fish and Wildlife Service's (FWS) Directorate Fellows Program (DFP). The FWS is partnering with other organizations this year to assist with recruitment, application, and administration of over 100 Fellowship project opportunities nationwide. The DFP provides a full-time, paid 11-week, rigorous Fellowship opportunity that supports FWS priorities to students interested in conservation related careers. The eligibility requirements and application process are located at: https://www.fws.gov/northeast/nyfo/2020_DF_P_Flyer.pdf. The deadline to complete the application is January 10, 2020.

**ACADEMIC EDUCATION MINISTRY
ANNUAL COLLEGE DISCUSSION**

Sunday, January 5, 2020 in the Choir Room immediately following the 11:00 am service. Our own FMZ College Students will discuss issues such as transitioning from high school to college, campus life, being away from home as well as answer questions from parents and students regarding college life. **High School students and parents/guardians of high school and middle school students** are welcome to attend. Do not miss this opportunity to hear what these students have to say as well as receive answers to your hard questions!!! No sign up required and refreshments will be served! **POC:** Bro. Gerry Griffin at AEM@firstmountzionbc.org.

**WOMEN'S MINISTRY
PRAYER BREAKFAST**

Attn: Women & Men ages 18 years and up

The Women's Ministry will be hosting a Prayer Breakfast on January 25, 2020 from 9am-12pm. The purpose of the prayer breakfast is to start off the year covering FMZ and the community in prayer. We will be reminded that we should "Always Stop and Pray" (ASAP). Our guest speakers are Rev. Cozy Bailey and Rev. Kathy Russell. The registration cost for your breakfast ticket is \$7. Registration dates are Jan. 5th, 12th, and 19th, after 8am & 11am Services. Register early, seats are limited. We are asking all who attend to bring women and men's toiletry items to be donated to ACTS Beverly Warren Shelter on the day of the event. POC, Veronica D. Hackett, WM Director. womensministry@firstmountzionbc.org

YOUTH BIBLE STUDY ON WEDNESDAYS

What are the 13 most important Bible Lessons for teens? Take a guess. On January 8th at 8 pm, come and discover and explore the answer. Siblings and friends are welcome. All materials will be provided. POC: Rev. John McNeill, 202-823-3093 or jmcneill@firstmountzionbc.org.

SMALL GROUP MINISTRY

Come and join us for the

Smart Step Family Support Small Group!

We believe God will help us encourage, empower, and equip each other to be good stewards of His blessing called family. This Small Group will study the 7 fundamental steps to blended family success and provide practical, realistic solutions to the issues you may face as a step family. Whether married or soon to be married, you'll discover how to communicate effectively and solve every day puzzles of stepchildren and stepfamily relationships. **Session Date:** January 12, 2020. Location: Stafford, VA at 1:30 pm. POC: Doug and Elizabeth Freeman, esrb@msn.com or Stephanie M. Craddock, Small Groups Director, 703-670-0184 or Scraddock@firstmountzionbc.org.

2020 MLK CHOIR REHEARSALS

Students in grades K through 12. The Martin Luther King Community Choir needs your voices for the performance at this year's Martin Luther King Day celebration on January 20, 2020 hosted by the Prince William Alumnae Chapter of Deltas Sigma Theta. Rehearsals are: Saturday, January 4, 1 to 2 pm at Chinn Library; Friday, January 17, 7pm at First Baptist Church, Manassas and the final rehearsal, Saturday, January 18, 9 to 11 am at Hylton Chapel. For additional information and to sign up, contact PWC.MLKCommunityChoir@gmail.com.

DIVINE INSPIRATIONS BOOKSTORE

Divine Inspirations Bookstore is seeking volunteers to work in the Bookstore on Tuesday and Thursday from 6:30-9pm and Saturday from 9am-12:30pm.

SHARE REGISTRATION

The last day to register for a SHARE package is January 12th. SHARE packages are \$23 for food valued at between \$35 and \$45. POC: Thomas Bates (703) 330-6371 or Cherry Anderson (540) 361-4319.

SCHOLARSHIP INFORMATION

All Scholarship information/applications is located on the table in the hallway next to the ministry mailboxes.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
DECEMBER
REHEARSALS**

Combined Choir
Mon. 23, 30; 7P