

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

Lisa Adams [J1]
Shirley Bridges [E3]
Teresa Bridges [I]
Shirley Burton [D2]
Richard Bushrod [M2]
Jessica Butler [B]
Terry Carey [F1]
Queen Carroll [G2]
Yvonne Carter [C1]
Charlie Clark [K1]
Earnest Edwards [C1]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (B.J) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Jan Jacobs [H2]
Cynthia M. Johnson [B]
John W. Jones, Jr. [Z]
Annette Lee-Gilmore [F2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Ronald Thomas [K3]
Ronald Thompson [G2]
Cynthia Walker [Z]
Sheila West [K5]
Timothy Willis [J2]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental



Dr. Luke E. Torian, Pastor
16622 Dumfries Road
Dumfries, VA 22025
Phone: (703) 670-0184
Fax: (703) 670-0296

Website:
www.fmzbc.com
Email Address:
fmzbc@firstmountzionbc.org

Today, Dec 22

Music ~ Men's Choir; Sunday School 7A; Worship Service 8A; Sunday School 9:45A; Juvenile Detention 10A; Worship Service 11A; The Smart Step Family Support SG 1:30P

Monday, Dec 23

Combined Choir Rehearsal 7P; Joint Candidate Training Planning Meeting 7P; Tutorial 7P

Tuesday, Dec 24

Noon Day Prayer 12P; Worship Service 7:30P

Wednesday, Dec 25

MERRY CHRISTMAS. CHURCH OFFICE CLOSED

Thursday, Dec 26

Grill Masters Challenge SG (online) 7P;

Friday, Dec 27

No Activities Scheduled

Saturday, Dec 28

No Activities Scheduled.

ACADEMIC EDUCATION MINISTRY

2020 U.S. Fish and Wildlife Service's (FWS) Directorate Fellows Program (DFP). The FWS is partnering with other organizations this year to assist with recruitment, application, and administration of over 100 Fellowship project opportunities nationwide. The DFP provides a full-time, paid 11-week, rigorous Fellowship opportunity that supports FWS priorities to students interested in conservation related careers. The eligibility requirements and application process are located at: https://www.fws.gov/northeast/nyfo/2020_DFP_Flyer.pdf. The deadline to complete the application is January 10, 2020.

**ACADEMIC EDUCATION MINISTRY
ANNUAL COLLEGE DISCUSSION**

Sunday, January 5, 2020 in the Choir Room immediately following the 11:00 am service. Our own FMZ College Students will discuss issues such as transitioning from high school to college, campus life, being away from home as well as answer questions from parents and students regarding college life. **High School students and parents/guardians of high school and middle school students** are welcome to attend. Do not miss this opportunity to hear what these students have to say as well as receive answers to your hard questions!!! No sign-up required and refreshments will be served! **POC:** Bro. Gerry Griffin at AEM@firstmountzionbc.org.

SCHOLARSHIP INFORMATION

All Scholarship information/applications is located on the table in the hallway next to the ministry mailboxes.

DIVINE INSPIRATIONS BOOKSTORE

Divine Inspirations Bookstore is seeking volunteers to work in the Bookstore on Tuesday and Thursday from 6:30—9pm and Saturday from 9am—12:30pm.

SHARE REGISTRATION

The last day to register for a SHARE package is January 12th. SHARE packages are \$23 for food valued at between \$35 and \$45. **POC:** Thomas Bates (703) 330-6371 or Cherry Anderson (540) 361-4319.

SMALL GROUP MINISTRY

Come and join us for the

Smart Step Family Support Small Group!

We believe God will help us encourage, empower, and equip each other to be good stewards of His blessing called family. This Small Group will study the 7 fundamental steps to blended family success and provide practical, realistic solutions to the issues you may face as a step family. Whether married or soon to be married, you'll discover how to communicate effectively and solve every day puzzles of stepchildren and stepfamily relationships. **Session Dates: TODAY** and January 12, 2020. Location: Stafford, VA at 1:30 pm. **POC:** Doug and Elizabeth Freeman, esrrb@msn.com or Stephanie M. Craddock, Small Groups Director, 703-670-0184 or Scraddock@firstmountzionbc.org.

2020 MLK CHOIR REHEARSALS

Students in grades K through 12. The Martin Luther King Community Choir needs your voices for the performance at this year's Martin Luther King Day celebration on January 20, 2020 hosted by the Prince William Alumnae Chapter of Deltas Sigma Theta. Rehearsals are: Saturday, January 4, 1 to 2 pm at Chinn Library; Friday, January 17, 7pm at First Baptist Church, Manassas and the final rehearsal, Saturday, January 18, 9 to 11 am at Hylton Chapel. For additional information and to sign up, contact PWC.MLKCommunityChoir@gmail.com.

ADMINISTRATIVE OFFICE STAFF

Ahmon Bryant
Food Service Assistant
abryant@firstmountzionbc.org

Sherise Campbell
Food Service Director
scampbell@firstmountzionbc.org

Stephanie M. Craddock
Small Groups Director
scraddock@firstmountzionbc.org

Beverly Grant
Information Technology Assistant
bgrant@firstmountzionbc.org

Sherry Hilliard
Financial Secretary
shilliard@firstmountzionbc.org

Rev. Tracey D. Holley
Minister of Christian Education
tholley@firstmountzionbc.org

Ernest Holmes
Custodian
eholmes@firstmountzionbc.org

Walter Holmes
Assistant Facility Manager
wholmes@firstmountzionbc.org

Antonio Howard
Custodian
ahoward@firstmountzionbc.org

Rev. Sandra K. James
Assistant Pastor
sjames@firstmountzionbc.org

Tommy Johnson
Audio Visual Director
tjohnson@firstmountzionbc.org

Rev. John C. McNeill, Jr.
Youth Minister
jmcneill@firstmountzionbc.org

Sylvia E. Moore
Executive Assistant to Pastor
smoore@firstmountzionbc.org

Pat Paige
Administrative Assistant
ppaige@firstmountzionbc.org

Deloris Quarterman
Food Service Assistant
dquarterman@firstmountzionbc.org

Ernest Robbins
Facility Manager
erobbins@firstmountzionbc.org

Donna Scruggs
Receptionist/Administrative Assistant
dscruggs@firstmountzionbc.org

Sylstea C. Sledge
Minister of Music
ssledge@firstmountzionbc.org

Bréh Stevens-Mitchell
Music Ministry Administrative Assistant
BStevensMitchell@firstmountzionbc.org

Gregory Took
Custodian
gtooks@firstmountzionbc.org

Pastor Luke E. Torian
ltorian@firstmountzionbc.org

Laura Valkenburg
Fitness Center Director
lvalkenburg@firstmountzionbc.org

Renee Woolfolk
Church Business Administrator
rwoolfolk@firstmountzionbc.org

THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
DECEMBER
REHEARSALS**

Combined Choir
Mon. 23, 30; 7P