

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

Lisa Adams [J1]
Shirley Bridges [E3]
Teresa Bridges [I]
Shirley Burton [D2]
Richard Bushrod [M2]
Jessica Butler [B]
Terry Carey [F1]
Queen Carroll [G2]
Yvonne Carter [C1]
Charlie Clark [K1]
Earnest Edwards [C1]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Jan Jacobs [H2]
Cynthia M. Johnson [B]
John W. Jones, Jr. [Z]
Annette Lee-Gilmore [F2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Ronald Thomas [K3]
Ronald Thompson [G2]
Cynthia Walker [Z]
Sheila West [K5]
Timothy Willis [J2]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental



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Today, Dec 15

Music ~ Christmas Choir
No Sunday School Today
Christmas Musical 8A & 11A;
Juvenile Detention 10A;

Monday, Dec 16

Bod4God SG 7P; Communications & Publicity Ministry 7P; Financial Freedom for Millennials SG 7P; Journey to Joy/GriefShare 7P; NCBW 7P; Office 365 Training 7P; Retire Inspired Financial Planning SG 7P; Tutorial 7P; Deacon Ministry—Interview Training 7:30P; Trustee Ministry – Finance Committee 7:30P;

Tuesday, Dec 17

Noon Day Prayer 12P; The C.O.R.E. Committee Meeting 7P; Divorce Care Support SG 7P; FREEDOM SG 7P; Deaconess Ministry Monthly Meeting 7:30P; Men's Choir 7:30P;

Wednesday, Dec 18

Midday Bible Study 11:30A; Praise & Worship 7:30P; Bible Study 8P; Youth Bible Study 8P;

Thursday, Dec 19

A Page at a Time Scrapbooking SG 7P; Combined Choir 7P; Deaf Ministry 7P; Jewels Choir 7P; Motorcycle Ministry 7P; Our Words Have Power SG 7P; Voices of Zion 7P; Celebrate Recovery SG 7:30P; Deacon Ministry Annual Christmas Meeting & Fellowship 7:30P; Trustee Ministry—Facility and Real Property Committee 7:30P;

Friday, Dec 20

No Activities Scheduled;

Saturday, Dec 21

School of Ushering 9A; SHARE Distribution 9A; SERVE SG 10A; Matinee Movie Bunch and Munch SG—Woodbridge 11A; Junior Ushers 11:30A; Women Unfolding Our Divine Destiny SG (Fredericksburg) 12P.

BIBLE STUDY

Join us for Midday Bible Study on December 18th at 11:30 am; evening praise and worship and Bible Study starting at 7:30 pm. We will be discussing **Chapters 16 and 17 of "Soul Keeping" by John Ortberg.**

ACADEMIC EDUCATION MINISTRY

2020 U.S. Fish and Wildlife Service's (FWS) Directorate Fellows Program (DFP). The FWS is partnering with other organizations this year to assist with recruitment, application, and administration of over 100 Fellowship project opportunities nationwide. The DFP provides a full-time, paid 11-week, rigorous Fellowship opportunity that supports FWS priorities to students interested in conservation related careers. The eligibility requirements and application process are located at:

https://www.fws.gov/northeast/nyfo/2020_DFP_Flyer.pdf. The deadline to complete the application is January 10, 2020.

SCHOLARSHIP INFORMATION

All Scholarship information/applications is located on the table in the hallway next to the ministry mailboxes.

GRIEF SUPPORT MINISTRY

FMZBC's Grief Support Ministry, **Journey to Joy** will host **GriefShare**, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This 13 week program runs thru December 16, 2019, from 7:00-9:00 pm. GriefShare is a **free** facilitator designed program with special topics, a participant handbook, DVDs featuring grief experts and group discussions. **We know it hurts and we want to help and provide encouragement after the death of a loved one.**

DIVINE INSPIRATIONS BOOKSTORE

Divine Inspirations Bookstore is seeking volunteers to work in the Bookstore on Tuesday and Thursday from 6:30—9pm and Saturday from 9am—12:30pm.

2019 YEAR END

The Trustee Ministry is requesting that all Purchase Requisitions for 2019 expenses be submitted to the Financial Secretary by December 20, 2019, to ensure expenses are charged against the 2019 budget allocation. Otherwise, the expense will be charged against 2020 allocations.

ISRAEL TRIP ADDITIONAL OPENINGS

Additional openings are available for the Israel trip October 7-15, 2020. Reservations for the additional slots will be available via email to info@rightnowtravelconsultants.com **TODAY from 3-4 pm**. Please include your contact number and the number of slots requested. Emails outside the 3-4 pm window will not be considered. The additional slots are available to FMZBC Active Members only and are on a first come-first serve basis. Please address questions to Ms. Hettie Holmes-Carter, travel agent, at the email address provided.

SMALL GROUP MINISTRY

Come and join us for the **Smart Step Family Support Small Group!** We believe God will help us encourage, empower, and equip each other to be good stewards of His blessing called family. This Small Group will study the 7 fundamental steps to blended family success and provide practical, realistic solutions to the issues you may face as a step family. Whether married or soon to be married, you'll discover how to communicate effectively and solve every day puzzles of stepchildren and stepfamily relationships. **Session Dates:** December 22 and January 12, 2020. Location: Stafford, VA at 1:30 pm. POC: Doug and Elizabeth Freeman, esrb@msn.com or Stephanie M. Craddock, Small Groups Director, 703-670-0184 or Scraddock@firstmountzionbc.org.

SHARE DISTRIBUTION

December SHARE packages will be distributed on Saturday, December 21st from 9-10A in the gymnasium. POC: Thomas Bates (703) 330-6371 or Cherry Anderson (540) 361-4319.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
DECEMBER
REHEARSALS**

MEN'S CHOIR
Tues. 17; 7:30P

VOICES OF ZION
Thurs. 19; 7P

JEWELS
Thurs. 19; 7P

Combined Choir
Thurs. 19, 7P
Mon. 23, 30; 7P

PWC NAACP

The PWC NAACP will hold its monthly General Membership Meeting on Tuesday, December 17th, from 7:30 to 9:00 pm. at the First AME Church located at 10313 S. Grant Ave., Manassas, VA. Please come out and join us.

CAPAC, Inc. (The Creative and Performing Arts Center) is diving into preparations for our April production, "Annie, Jr." We're seeking dancers (age 5 to adults) actors and singers (age 8 to adults). Auditions are December 17 and 21. They will be held at the Dr. A.J. Ferlazzo Building, 15941 Donald Curtis Drive, Woodbridge, VA. Please visit our website (www.capacweb.org) for character monologues and audition details, then click on the link below to register for an audition.

<https://www.signupgenius.com/go/30e0444aba922a46-annie>

2020 MLK CHOIR REHEARSALS

Students in grades K through 12. The Martin Luther King Community Choir needs your voices for the performance at this year's Martin Luther King Day celebration on January 20, 2020 hosted by the Prince William Alumnae Chapter of Deltas Sigma Theta. Rehearsals are: Saturday, January 4, 1 to 2 pm at Chinn Library; Friday, January 17, 7pm at First Baptist Church, Manassas and the final rehearsal, Saturday, January 18, 9 to 11 am at Hylton Chapel. For additional information and to sign up, contact PWC.MLKCommunityChoir@gmail.com.