

THE MESSENGER — The First Mount Zion Baptist Church Newsletter

New Year's Message from the Pastor



Taking the First Step into 2020

As we begin a new year and the third decade of the twen-

ty-first century, I'm reminded of a quote by Dr. Martin Luther King Jr. Dr. King said, "Faith is taking the first step, even when you don't see the whole staircase". Our first step into the new year may be a prayer, a kiss, a hug, or a quiet moment of reflection. Many will spend that first step at our Watch Night Service, while others spend time at home watching the various celebrations or celebrating with friends and family. Regardless of how we each step into 2020, let us remember to continue our focus on building our faith and trust in Jesus Christ through living in God's That should sound very assurance. familiar to us. In 2019, our theme was "Living in God's Assurance". We will continue to focus on that theme because He is faithful and provides the first step and ensures steady and sure steps for each of us to follow.

Our faith started with the first step we each took when we believed in our heart and confessed with our lips that Jesus Christ is Lord! This simple step of faith is one that we live each day, not just once. I believe that Dr. King understood that faith is like a staircase and each step increases our faith. The steps we take each day through our



worship of God, our study of the Bible, stewardship of our blessings and resources, and our service to God and each other, help us climb the staircase of faith. I encourage each of us to go beyond the traditional new year resolutions and take new steps each day to worship, study, steward, and serve. We have dozens of opportunities to step up in 2020 through our many ministries, small groups, Bible study, Sunday School, zone ministry, and worship services.

It is my hope that we each take the steps that bring us closer to Christ and help us, our families, our friends, and our communities to become fully devoted followers of Jesus Christ. The steps are available and when we take them, we will sparkle in 2020. The faith of taking one step demonstrates our belief that we can do all things through Christ who strengthens us. Use the energy of stepping into a new year and new decade to renew your mind, increase your energy, and serve God in a great community and congregation. I encourage each of us to be awake to change, ready to move forward and put our faith into action, knowing that each day is a blessing. Take the steps of increasing faith and living in God's assurance.

For almost 25 years, I've had the honor and humbling privilege of shepherding our congregation. I'm thankful to be your Pastor and I pray for each of you as we step through our faith journey together.

My family and I wish you a healthy and blessed 2020 and beyond, along with our sincere appreciation for your prayers, service and support.

> Living In God's Assurance, Pastor Luke E. Torian

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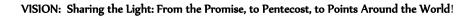
The All About The Ladies ("AATL") sisterhood of the Seniors' Ministry held its Christmas Fellowship on Wednesday, December 11, 2019 at the home of Brother Robert and Sister Betty Jones, and we thank them profusely for opening up their home and hearts to the group. The fellowship was awesome, including delicious food, delightful company, exchanging gifts, and everyone had a wonderful time despite the inclement weather. The Ladies also celebrated Sis. Betty (the "Hat Lady") Palmer's 75th birthday and she was totally surprised. It is obvious that these ladies love and care for each other and it was indeed a blessing to see. Sis. Mary Melton, the founder of the group, along with other members of the group who are ill, were unable to attend, but we want them to know we miss them all dearly and look forward to seeing them in the New Year!



... And Christmas Celebration

The Seniors' Ministry had an awesome Christmas celebration on December 4, 2019. The Golden Voice choir rendered music accompanied by Bro. Sylstea Sledge. The members were treated to holiday music by Deacon Ronald Cooper who also presented a surprise saxophone guest, Brother Douglas Earle. We enjoyed a wonderful meal prepared by the Grain of Heaven. Rev. Sandra James dropped in and surprised the audience with a Christmas song accompanied by Deacon Ronald Cooper. Our meeting ended with the Word wonderfully presented by Dr. Tracey Holley. One hundred fifteen members and guests were present and decked in beautiful attire for the season. The Seniors also brought canned and dry goods for the Food Pantry. We thank First Mount Zion and the CED for its wonderful support of the Seniors' Ministry.

> Sis. Shirley Hardy Facilitator



Mission: To connect people who have a desire to become fully devoted followers of Jesus Christ



Message to Our Youth "The Gift of Prayer: Your Greatest Inheritance!"

Dear FMZ Youth,

28-31

I enjoy the Christmas season and all that it brings. In addition to acknowledging Jesus' birth, gathering with friends and family, giving and receiving are pretty high on the list. This year the Youth Ministry Spiritual Guides would like to give you a different kind of meaningful, durable, valuable gift — an inheritance. E. M. Bounds wisely shared that, "The greatest inheritance that the preceding generation can leave the one that will succeed it, is prayer." In this spirit, the Youth Ministry Spiritual Guides values and Guides leave the following for you:

Loving God,

Thank you for blessing us with a new year! As we look forward to all this year will bring, we put our life in Your hands. Thank You for being faithful. Continue to do Your great work in us. In Jesus' Name. Amen.

Loving God,

We thank You for the promises You've given us in Your Word. May we cling to these promises, trusting You to fulfill Your perfect will in our lives. In Jesus' Name. Amen.

Know that we lavishly love and generously offer these prayers for you. Let's get off to a good start!

Sincerely,



LET US HOLD TIGHTLY WITHOUT WAVERING TO THE HOPE WE AFFIRM, FOR GOD CAN BE TRUSTED TO KEEP HIS PROMISE. HEBREWS 10:23

In Celebration of our Pastor,



Dr. Luke E. Torian's

25th Pastoral Anniversary

Associate Ministers

Encouragement and Assurance for the Soul

The "Newness" of a New Year

All the beautiful decorations, shopping for friends and family, the lights and wreaths adorning our homes, spending time with loved ones at holiday parties and gatherings for Christmas has come and gone. Now that we have entered a new year, we must not allow the true meaning and spirit of Christmas to be over as well. A new year means more opportunities to continue sharing the love of Jesus Christ with others. We should allow the light of joy, peace, and excitement within our hearts, minds, and souls to perpetuate hope and encouragement to ourselves and those we encounter.

For years January has meant a time of establishing resolutions that most of the time we do not fulfill. It is good to make resolutions that will potentially help us, but make sure they are realistic and attainable. This will eliminate stress. A new year brings to mind the newness of life that is ours when we accept Jesus Christ as our Savior. In 2 Corinthians 5:17 we read, "Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new." (NKJV) Let us reflect on the "old" things in our lives that we may need to get rid of in this new year. Our old way of thinking and talking that did not bring happiness and blessings into our lives should be put away. Anything or anyone not in line with positive, Jesus-centered living should be put away. Now is the time for the new way of thinking, talking and living to begin! May the light of Jesus Christ shine brightly upon you and through you and give you peace in this new year!

Rev. Sharon Wallace

DEAF MINISTRY FELLOWSHIP

The Deaf Ministry held its last meeting of 2019 in the form of a Fellowship at Panera Bread on December 10th. It was an opportunity to converse, laugh, and discuss the upcoming year. One of the interesting treats was an opportunity to sample a grass (green) smoothie that was a favorite with one of the members...no names please. Actually, it was pretty tasty, sort of fruity. We allowed ourselves a moment to simply relax and enjoy each others' company. Thank you, Father God, for an opportunity given, and taken, to fellowship together.

Remember, we meet the second Tuesday of each month.

"It isn't only what you can receive; it is also what you can give."





Congratulations to Sister Wanda Myers for graduating from New Members Class on November 17th. Wanda has been a member of FMZBC for about two years; she faithfully attends Sunday School Class A-3a. Wanda has always lived in Virginia and says she has been deaf all her life. She enjoys fashion and design, and plans to join the Flower Ministry next year when they decorate the Church for the holidays.

Plan to join us at our next monthly meeting on January 7, 2020. As a reminder, the Deaf Ministry meets the second Tuesday of each month.

Kindness is the language

which the deaf can hear and



Members from left to right: James L. Hawkins, Deborah Holley, Lakisha Bushrod, Pam Ford, Andrea Bryson and Russell James



New Members' Fall Graduation Ceremony November 17, 2019

Meet this season's FMZBC New Members' Orientation Class (NMOC) graduates! This class, like others, was comprised of widely diverse adults who have a desire to become fully devoted followers of Jesus Christ. Each graduate completed 15 weeks of instruction following FMZBC's 4 step strategy: *Worship, Study of God's Word, Stewardship and Service*. Special Instructors like Pastor Luke Torian and Dr. Tracey Dawkins Holley provide tools like Spiritual Warfare and an Overview of the Christian Education Department (CED) which can elevate the graduates to Distinguished Honor Graduate level.

NMOC, which falls under the CED Sunday School Ministry, is fully supported by Church Leadership. We are blessed to have many of these Leadership members serve as teachers, presenting the Christian academic material. The NMOC administrative team administers all components of this experience.

The NMOC administrative team, graduates, and guests were excited to have Deacon Ronald Cooper serenade us on his saxophone serenade, and one of FMZ's songbirds, Reverend Kathy Russell, blessed us with a solo. Both musicians were accompanied by Darnell Clements. If you weren't there, then you missed a wonderful celebration!



Leadership Chairs, Deacon Jeffrey Manning and Deaconess Claudia Woolfolk introduced all FMZ Leadership to the graduates. The most important part for the graduates was receiving their certificates and pins from Pastor Torian and taking a photo with him and Sunday School Superintendent Reverend Gillis Taylor, of which they will receive a copy.

All are welcome to attend any NMOC session. Come on by and join us during the Sunday School hour (9:45 – 10:30 am) in Room 211.

In His Service,

New Members' Orientation Class Team

Ministries' Meeting Schedules



- 01/01 Church Closed New Year's Day
- 01/02 Women's Ministry Planning Meeting (7-9 PM)
- 01/03 Where is God in the Movie? (7-9 PM)
- 01/07 Mary Elizabeth Ministry (7-8:30 PM) Trustee Ministry (7:30-9 PM)
- 01/09 Deaf Ministry (**7-9 PM**) Jewels Choir (**7-8:30 PM**) Men's Ministry Monthly Meeting (**7:30-9 PM**) Pastor's Aide Ministry (**7-9 PM**) Trustee HR/Admin Committee Meeting (**7:30-9 PM**) Voices of Zion Choir (**7-9 PM**)
- 01/11 Men's Ministry Fellowship (FIT) (9-11 AM) Officers' Orientation (10-11 AM)
- 01/13 Deaconess Executive Committee Meeting (7-9 PM)
- 01/14 Deaf Ministry Monthly Meeting (**7-9 PM**) Mary Elizabeth Ministry Monthly Meeting (**7-8:30 PM**) Strategic Planning Committee (**7-9 PM**)
- 01/15 Seniors Meeting (Noon-3 PM) Final Date for Messenger Articles/Input
- 01/16 Jewels Choir (7-8:30 PM) Voices of Zion Choir (7-9 PM) Deacon Ministry Meeting (7:30-9 PM)
- 01/18 Junior Ushers (11:30 AM-12:30 PM
- 01/20 Church Closed Martin Luther King's Holiday
- 01/21 Academic Education Ministry (7-8:30 PM) Deaconess Ministry Monthly Meeting (7:30-9 PM)
- 01/23 C.O.R.E. Committee Meeting (7-9 PM) Deaconess Joint Candidate Training (I) (6:30-9 PM) Trustee Strategic Planning Committee (7-9 PM)
- 01/25 Share Distribution (9-Noon) Volunteer Screening Committee (9-Noon) Women's Prayer Breakfast (9-Noon)
- 01/28 Trustee Executive Board Meeting (7-9 PM)
- 01/30 Deaconess Joint Candidate Training (I) (6:30-9 PM)

For additional Activities and Events: <u>http://bit.ly/FMZ_Calendar</u>



VISION: Sharing the Light: From the Promise, to Pentecost, to Points Around the World!



The Spiritual Discipline of Submission, (Part 4/4)

Let us continue our study of the book *Celebration of Discipline* by Richard J. Foster, with the 3rd of 4 "Outward" Disciplines...**Submission**. In quick review, The Outward Disciplines reveal what people need to do to improve the world around them: 1. Simplicity, 2. Solitude, 3. **Submission** and 4. Service.

In our **Submission** discussions, we recognized the legitimate authority of others over us. It is nothing more than the simple understanding that "no man/woman is an island." Paul set forth the idea in what must be considered the most memorable sentence on the subject, "submitting to one another in the fear of God" (Eph. 5:21 NKJV).

In our day, however, this body of instructions has been terribly garbled and abused. The following distortions of Submission reveal in part the knack we moderns have for "taking the best teaching and using it for the worst ends. What "submitting to one another" is NOT!!

In the December issue we described "The Pleaser". Now let's describe "The Dependent" and "The Manipulator."

The Dependent. This is the person who fears making decisions like the plague, rather than own up to the maturing process of choice, he/she finds refuge in a "pseudo-submission that allows others to make all his decisions. Fear is at the root of such submission—fear of leading others in the wrong way, fear of making an ill-timed decision, fear of blame if programs fail. And so, he/she never causes waves, he/she never offends, and he/she never accomplishes any-thing of lasting value.

The Manipulator. This is the person who follows all the outward rules of submission but employs every subtle trick of the trade to get his/her own way. Acts of mercy are done to put us into his/her debt. Words of kindness are given to win us to his/her side. While fully agreeing with our decisions, little hints of doubt are sown through a look or a gesture or perhaps a slight quavering of the voice. Often the practice is so ingrained that the individual himself/herself does not realize that he/she has taken control of every situation.

The distortions that I have shared here are, for the most part, religiously "approved" means to dehumanizing and destructive ends. But Jesus Christ calls us to a more excellent way—a way of love and compassion, a way of <u>sub-</u> <u>mission</u> and service.

This Part 4 of 4 concludes the Spiritual Discipline of Submission discussion. Next month we will start with the final Spiritual Discipline of... **Service**!!

Excerpts from Richard J. Foster's "Study Guide for Celebration of Discipline" - <u>https://books.apple.com/us/book/richard-j-fosters-study-guide-for-celebration-discipline/id360636414</u>

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Deacon Ron Cooper on behalf of the FMZ Leadership Chaplains



Outreach Project

The Deaconess Ministry continued to serve others outside the walls of FMZBC with a "White Drive." The Ministry partnered with the Entrusted Connections Ministry (ECM) Incorporated to serve residents of the Entrusted Connections Life House. The Life House provides hope for formerly incarcerated women seeking grace and support after exiting the penal system. Women are given transitional housing, counseling, mentoring, and other vital services within a safe Christian environment. The "White Drive" was implemented to help meet some basic needs of the ECLH residents through the collection of bed and bath items. In total, the Deaconess Ministry collected and distributed 15 matching towel sets - including bath, hand and face towels; 14 sets of bed sheets and five blankets. The women greatly appreciated the new linens!



"The kindness and benevolence of the FMZBC Deaconess Ministry, shown to the Entrusted Connections Life House was one of the greatest expressions of the love of Jesus Christ that we have experienced," said ECM President and Founder Bishop Gale LeGrand Williams. "The abundance of linens will be a great blessing to those who are currently in the Life House and those who will be joining soon."

As we welcome in a new year, it is not uncommon for us to have a spirit of hope as one year ends and a new one begins. In the world, "hope" is a wish or a desire; however, Christians view "hope" as a confident expectation of God's promises for us. His Word tells us He will be with us and will meet our needs. Isaiah 41:10 states, "Do not fear, for I am with you; do not be dismayed, for I am your God". Hope provides faith and belief in positive outcomes through God!

Deaconess Vietta Williams



THE DEACONESSES OF FIRST MOUNT ZION



Front Row (Left to Right):

Pamela Ford (B), Bella Fetters (E2), Betty Ross (E2), Cynthia Brown (C2), Ledora Akanni (M1), Sandra Lewis (G1), Doris Sessoms (F2), Claudia Woolfolk (Chair), Dorothy Mann (D4), Sharron Johnson (M2), Janice Cooper (Assistant Secretary/D1), Ada Gregory (L3), Adrienne Little (F2), Andrea Bryson (H1).

Center Row (Left to Right):

Carolyn Woodson (K1), Andrea Bailey (F1), Mozelle Floyd (N), Lynell Manning (K5), Netra Taylor-Goodwyn (D2), Tanya Harvin(K1), Terry Davis (Chaplain, C1), Patricia Suggs (I), Sannette Coles (J2), Deborah McLaurin (D3), Doreather Seth (K2), Jacquelyn Foy (E1)

Top Row (Left to Right):

Tina Coates (Zone Administrator), Cheryl Manning (K4), Jacqueline Boone (J1), Ivery Barnes (B), Mary Lively (H2), Vietta Williams (Secretary, M3), Norma Fields (L2), Beverly Bolden (G1), Cathy Harkless (E3), Cora Lynch (L1)



SERVING GOD WHILE SERVING OTHERS!

Pastor's Introductory Note in the 2018-2022 Strategic Plan

Since 1867, First Mount Zion Baptist Church has been a beacon to those seeking a relationship with God. Through many trials, turns, setbacks, victories, and accomplishments, our 30 founding members were committed to serving God. Today, 150 plus years later and with more than 4000 members, we continue that journey, "A Journey of Gratitude, Joy, and Faith." *Gratitude,* for the enduring mercy and love that has sustained this Church in the past; *Joy,* for the wisdom and guidance that He provides as we carry out the ministries of this Church and; *Faith,* that God will continue to lead this Church into a glorious future far beyond what we are able to conceive.



We are a vision-driven church, committed to connecting followers of Jesus Christ and striving to be "worthy of the Gospel of Christ." As stated in Proverbs 29:18, "Where there is no vision, the people perish." Therefore, I tasked the Strategic Planning Committee to examine our Church strategies and provide focused recommendations to help achieve the future God has in store for First Mount Zion Baptist Church. The Strategic Planning Committee, in consultation with the Leadership and congregation, has developed our 5-year strategic plan that clearly defines our goals as we continue our journey.

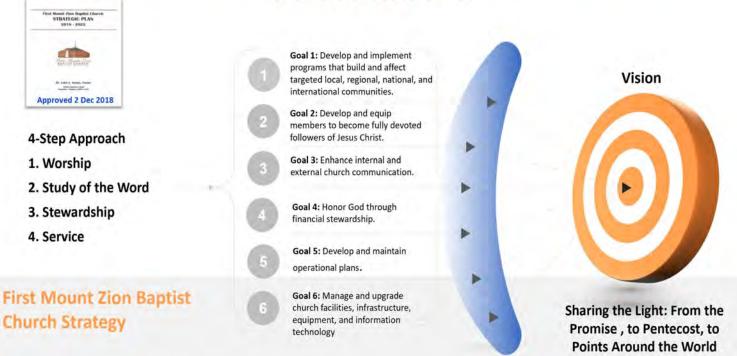
Please familiarize yourself with this strategic plan. Keep an open mind, a prayerful attitude, and ask yourself "What can I do to help FMZBC realize our goals?"

Your membership and commitment to First Mount Zion Baptist Church is valued and appreciated. May God continue to richly bless each of us and this Church.



2020 Update from the Strategic Planning Committee!

Mission: To connect people who have a desire to become fully devoted followers of Jesus Christ



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The Combined D-Zones held their Christmas Fellowship at the PWC Dr. A. J. Ferlazzo Building on Saturday, December 14th, from 3 - 5PM. Over 100 Zone Members and all the Zone Servant-Leaders attended. Sister Sharon Lawrence was D-Zones' Social Planning Committee Chair, Reverend Sharon Wallace did prayer, Deacon Keith Holmes did Scripture and Sister Pamela Knight did sign-in. We had a glorious and festive time, as the photos show. One of the highlights of the night was our very own Zone D-2 member, Reverend Sandra James, who participated in our karaoke event. with others, rendering a soul-stirring version of "Have Yourself a Merry Little Christmas". The food was catered by Olivia James, Justine Thyme Catering, and the Games leader was Monique "The Teacher" Jackson. The other Committee members are: Beverly Hargrove, Lisa Robinson, Teresa Gray, Dora Fannin, Gwen Holland, Carol-Ann Benjamin, Calvin Benjamin, Shelia Arrington, Gabriel Arrington, Nolan Hill, Marlene Brown, Rowe Campbell and Monique Jackson. We are deeply grateful for their hard work to make this a success, with God's help. Finally, in keeping with "Jesus is the Real Reason for the Season," the D-Zones Families are sharing their love outside the walls of FMZ by collecting warm socks for the homeless. Our Fellowship attendees contributed 261 pairs of socks towards our "Sock Drive!" Praise be to God!!!!







Combined D-Zones Christmas Fellowship

STAYING FIT WITH THE MORNING WALKERS

A group of energetic members gather each weekday morning around 9AM to stretch, walk, and talk or, as they would explain, "they fellowship" on the walking track. These dynamic sisters have become a close-knit group whose common passion is to stay in shape and enjoy each other's company. For example, Sister Terrie Davis, the first of the group to start walking, shared that due to walking, her blood pressure has stabilized and she has been able to get off some of her medications. Another morning walker, Sister Ivery Barnes, shared that she has lost approximately 30 pounds since walking with the group, usually one and half hours most week days. Sister Ruby Gordon explained, "I come to exercise at First Mount Zion as often as I can, because when I come I always feel better, and I encourage others to come as well because it is beneficial for their health." Sister Margie Norman says there are days that she comes out even if she doesn't feel like it because Sister Pinky holds her accountable. As one of the other members said, "We encourage one another, furthermore, the fellowship is good for the soul, and the exercise is good for the body, both are incentives not to miss our time together". In short, this group of smiling sisters have connected for fitness, fellowship and, of course, friendship!

Sister Jackie Boutte



Pictured above from left to right:

Jackie Boutté, Terrie Davis, Janet "Pinky" Grayson, Wanda Jackson Weldon, Howard Gholson, Ivery Barnes, Cheri Holmes, Margie Norman, Elaine Starkes, Dena Bost, Ruby Gordon. Missing from this photo, but shown below, are Carol Ann Benjamin and Sonya Long, who are also part of this group).





The past few months have been jam packed, exciting, and rewarding for The CORE (First Mount Zion Baptist Church's Young Adult Ministry). We've hosted events in each of our four focus areas (Social, Sessions, Spiritual Growth, and Service) and participated in worship services. God has truly shined His light on our Ministry and we're so excited to see what He does for us in the future.

In November, The CORE had the pleasure of hosting EAT-N-Greet, The Young Adult post-concert gathering, following the Koryn Hawthorne concert. Later in the month The CORE held a Spiritual Gifts assessment workshop for FMZ's Young Adults to learn more about the gifts that God has already placed within them. In November's edition of The Ministry of LIFE - The CORE's monthly spiritual growth session - Rev. Maxine Thompson gave an invigorating lesson on the importance of encouraging yourself. The CORE capped the month of November with a special service project at ACTS donation center. This gave us the chance to help individuals in need during the holiday season.

In December, The CORE had a thought-provoking discussion on "Platform vs. Transformation" at a special edition of The Ministry of LIFE led by Rev. John McNeil. On Sunday, December 8th, we had the honor of serving in various capacities throughout worship services. Danielle Blackshear and Keshia High delivered the Opening Prayer and Scripture reading ,respectively, at 8:00 AM Service while Donnell Wright gave the Offertory Prayer. At 11:00 Service, Roconia Price and Enajah Winbush delivered the Opening Prayer and Scripture reading, respectively. Ernest, Chrissetta, and EJ Hughes lit the Advent candle, while Breh Stevens-Mitchell did an awesome job singing. Last, and certainly not least, our own Rev. Kara Franklin-Taylor preached her first Sunday Service at FMZBC and did an amazing job as well.

The CORE capped the month of December and a successful year with our third annual Christmas Party! We had an amazing time and thank Sade Akanni for all her hard work in planning, as well as Deaconess Tina Coates for hosting us. 2019 was a year of growth, new friendships, and building a stronger connection with God for The CORE. 2020 is already setting up to be even better. We can't wait for our Lord and Savior, Jesus Christ, to reveal what blessings He has in store for The Center of a Righteous Empire!!



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"THANK YOU" TO THE CHRISTIAN EDUCATION DEPARTMENT

We are reminded in Scripture that Jesus Himself did not come to be served, but to serve and to offer His life as a ransom for many! (*Mark 10:45*)

Servants understand the importance of sacrificing their time, giftedness, and resources in an effort to draw others closer to God. Each year, the Minister of Christian Education (MCE) prayerfully contemplates how to say "Thank You" to those who serve in the Christian Education Department (CED), and staff and Leadership who support the Department's efforts. On December 7th, 100 servants gathered at the AMC Potomac Mills 18 for a private fellowship and airing of the movie "HARRIET." Men, women, young adults, and youth allowed Dr. Tracey Dawkins Holley, Minister of Christian Education, an opportunity to say "Thank You" and to render expressions of love for all they do at FMZ and in the community for the Cause of Christ. It was an amazing, loving, historical, and blessed time of fellowship. To God be all the glory for the great things He has done and will continue to do in and through those who love and honor Him in service!











Christian Education Department Ministries

Academic Education Ministry Children's Ministry Juvenile Detention Ministry Married Couples' Ministry Men's Ministry Seniors' Ministry Singles' Ministry Spiritual Gifts Ministry Sunday School Ministry Vacation Bible School Women's Ministry Young Adult Ministry Youth Ministry

FOR MORE INFORMATION ON THESE MINISTRIES, CONTACT: tholley@firstmountzionbc.org

The MESSENGER

January 6, 2019

Volume 15 • Issue 1





First Friday (Movie Night on January 3rd at 7 p.m.):

All youth (6th thru 12th Graders) are invited to have fun and fellowship with

their friends! First Fridays include a movie, food, fellowship, and fun for all. Bring a friend!

Youth Worship Service Participants: All youth (6th to 12th Grade) are given the opportunity to participate in the Sunday worship services by leading the responsive reading, morning prayer or offertory prayer. Note:12th graders should reach out before departing for transitioning to college, military or professional workforce.

Youth Bible Study on Wednesdays: We will explore the *"Pressure of School."* Come and ask the question(s) that you've always had about the Bible. Learn how to do the right things for the right reasons. Discover how to please God. See you there! Bring a friend.

For details or support, contact:

Rev. John McNeill FMZ Youth Minister 703-670-0184 Email: jmcneill@firstmountzionbc.org



Zone G Christmas Fellowship



HEALTHIER FAMILIES + STRONGER COMMUNITY

January 12th is the last day to register for the SHARE packages. SHARE packages are \$23 for food valued between \$35.00 and \$45.00. Distribution will be Saturday, January 18th from 9 – Noon in the gymnasium. POC: Thomas Bates 703-330-6371/Cherry Anderson 540-361-4319.



DIVINE INSPIRATIONS BOOKSTORE is seeking volunteers to work in the Bookstore on Tuesday and Thursday from 6:30—9pm and Saturday from 9am— 12:30pm.

SUBMISSIONS FOR NEWSLETTER:

All members are encouraged to submit articles, photos, and events for inclusion in the Newsletter. Please be sure to clear all submissions with your Ministry Leader before sending to the Communications and Publicity Ministry. Submissions should not exceed 300-350 words and must be received no later than <u>12 noon</u> on the 15th of each month to be considered for the upcoming newsletter. Please note that we reserve the right to edit as necessary.

Submissions should be sent to:

cpm1@firstmountzionbc.org or through our web form at:

http://bit.ly/FMZBC Articles

We look forward to your participation!!

Thank you!

Communications and Publicity Ministry

Deacon Joseph Boutte, Chair Benson Blake Oonagh Bell Beverly Grant James Hawkins Dora Muhammad Rev. Kathy Russell Dr. Luke E. Torian, Pastor Rev. Sandra K. James, Assistant Pastor Sylvia Moore, Executive Assistant Renee Woolfolk, Church Business Administrator

Chesley Doctor, Chair, Trustee Ministry Jeffrey Manning, Chair, Deacon Ministry Carole Roney, Chair, Deaconess Ministry

16622 Dumfries Road Dumfries, Virginia 22025-1920 Telephone: 703-670-0184 Email: <u>fmzbc@firstmountzionbc.org</u> Website: www.fmzbc.com

Sunday Worship Service Schedule

Sunday School – 7:00 AM (Adults Only) First Service – 8:00 AM Sunday School – 9:45 AM (All Ages) Second Service – 11:00 AM Children's Church – 11:00 AM

Wednesday Night Bible Study Schedule

Praise and Worship – 7:30 PM Bible Study – 8:00 PM

Monthly Wednesday Worship Service Schedule (last Wednesday of each month)

Praise and Worship – 7:30 PM Worship Service with Associate Ministers – 8:00 PM

Fifth Sunday Unity Worship Service Schedule

Sunday School – 8:30 AM Worship Service – 10:00 AM

Connect with us on Social Media:

Facebook: www.facebook.com/ fmzbcdumfries Twitter: @fmzbc1 Instagram: @thecore fmzbc Vimeo: vimeo.com.25203195 Linked In: https://www.linkedin.com/ groups/1890924/





If you need transportation to/from Church, please call the Office at (703) 670-0184 MONDAY - FRIDAY, 8:30 A.M. - 5 P.M. to schedule a ride!