

# A Ministry Exhibiting a Spirit of Excellence!

2019 Theme: Living in God's Assurance - Jsaiah 41:10

# Message from the Pastor



Every Day Is A Good Day To Give Thanks

Psalm 107:8 "Oh, that men would give

thanks to the Lord for His goodness, And for His wonderful works to the children of men!"

The season of thanksgiving...it is the time of year when many people begin to think about all they have to be thankful for...or not. As we find ourselves living in a cynical society, surrounded by so much bad news and chaos, we should remind ourselves that there are still many reasons to give thanks. For instance, if you are reading this article be thankful. If you are reading it to someone, be thankful. We have a choice.

- Research reveals being thankful is beneficial to the giver and receiver.
- Being thankful opens the door for relationships with God and man. A simple Thank You can go a long way.
- Thankful people experience less aches and pains, are more likely to exercise and take better care of themselves...really!
- Being thankful reduces toxic emotions, ranging from envy and resentment to frustration and regret. Try being resentful and thankful at the same time...
- Thankful people are kinder to others.

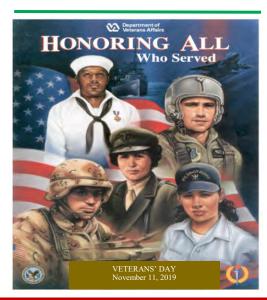
- Thankful people sleep better. Try writing down what you are thankful for or, instead of counting sheep, begin to count your blessings.
- Being thankful improves your selfesteem because it encourages you to look on the positive side of things and see the best in yourself.
- Being thankful helps you to see all that you have to be thankful for even when life is challenging.

In the words of the Psalmist, give thanks to the Lord for the wonderful works and goodness of the Lord to you!

Happy Thanksgiving!

Thankful to live in God's Assurance,

Paster Terian



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*Veterans' Day* annually falls on November 11. This day is the anniversary of the signing of the Armistice, which ended the World War I hostilities between the Allied nations and Germany in 1918. First Mount Zion honors and thanks all our veterans for their service to the United States and their continuing service to God.

VISION: Sharing the Light: From the Promise, to Pentecost, to Points Around the World



### from the Authors' Corner



## Thankful for Thanksgiving

It happens shortly after Halloween, when stores and restaurants begin to decorate for the upcoming seasons. While admiring the beautiful decor and sparkling lights, you will likely hear a melody screaming holiday cheer. As you roam the malls and browse the stores, you may see a small corner section; boasting the typical harvest colors of brown, yellow, and orange. Unless you are following the calendar year, you may have no idea which holiday is being celebrated. Through no fault of the store and restaurant owners, they are probably a little perplexed about how to visually portray a Thanksgiving holiday.

Thanksgiving is more like a humanly and somewhat personal gesture, a time of reflection - on what could have been but wasn't; or a possibility that finally came to fruition; or a thought about something you wanted but glad it didn't materialize. It's appreciating the blessing of an "only if" and a "just missed it". It's recognizing the gift who holds your hand and sticks by you through thick and thin.

How is Thanksgiving accurately displayed? In the way you live your life, being grateful for each and every day. Appreciating what you have so you can handle more, trying to view everyday as a good one even when it's pouring. Thanksgiving begins when your eyes open every morning; you may not move as fast as you like, and the memory may be a little short, but it is your mere presence that is important.

Thanksgiving is also a time of remembrance, of loved ones lost and how they will always hold a special place in your heart. It is this holiday when we lovingly recall the stories and experiences shared about family members and friends no longer with us. It is a Thanksgiving because traditions and practices they started are continued in their honor. This kind of holiday is definitely needed, in a time where we have become so very busy. Ever wonder why it's celebrated towards the end of the year? Because Thanksgiving is the culmination of thanks given the days and months before.

> Veronica M. Foy Zone Z



Deaf Ministry "Shout Out"

Meet Russell James, Jr., one of the members of the FMZ Deaf Ministry, who is currently serving as its chairman. Brother Russell is often seen as you enter FMZ's campus where he also faithfully serves with the Parking Ministry. He is anxious to speak to anyone who might be curious about FMZ's Deaf Ministry or the nuances of the Deaf Culture. Brother Russell's email contact is: RussellJamesJr1@gmail.com.



Members of the Deaf Ministry encourage anyone interested in learning more about deaf culture or participating in the Deaf Ministry to attend their monthly meeting held on the second Tuesday of every month at 7:00 P.M. If you're thinking, "I can't possibly participate because I don't know anything about American Sign Language", it's OK. Knowing how to use sign language is not a requirement to participate and serve with the Deaf Ministry. Many other gifts, talents, and skills are needed in this Ministry. The Deaf Ministry members will help you to communicate differently and in other ways. The only requirement is wanting to serve and connect with people who have a desire to become fully devoted followers of Jesus Christ. Additional contact points include Deacon James Hawkins (sirjas9@gmail.com) and Deaconess Andrea Bryson (amelb184@verizon.net).

> Submitted by Deacon James Hawkins





# Meet our Clergy



*Reverend Kathy M. Russell* has been a member of First Mount Zion Baptist Church since 1995. She has served at First Mount Zion as codirector and director of the Women's Ministry, a founding member of the Church's first Worship and Praise Team, a member of the Women's Choir, and as a Deaconess. She currently serves as a teacher for Adult Sunday School class A-8 and teaches the New Members Orientation Class on the ABCs of Worship.

She is a Women's Ministry Committee member and a member of the Mass and Combined choirs. Her career as an Office and Administrative Specialist spanned 30 plus years at Northern Virginia Community College. Her knowledge and skills placed her in a position there where she was a Senior Administrative staff person in the Communications and Human Studies Division before transferring into the Science and Applied Technologies Division. She served on various campus and college committees. She became the lead of the Administrative Staff Committee for the campus. After receiving and answering the call by God to preach, she earned her Master of Divinity Degree from the Samuel DeWitt Proctor School of Theology, Virginia Union University. Kathy's initial sermon titled, Trust God's Plan for Your Life, was taken from Jeremiah 29: 11-13. Rev. Russell

is following God's plan for her life and is living out her purpose. One of the many heartfelt scriptures that she loves comes from I Timothy 1:12a NRSV -- I am grateful to Christ Jesus our Lord, who has strengthened me, because he judged me faithful and ap-



Reverend Cynthia M. Ball was born in Cleveland, OH where she and her sister (deceased) were raised by their mother, Margaret Lester (deceased). Cynthia has two nieces and two nephews who reside in Cleveland. Cynthia acknowledged her call into ministry in 2015 and in 2018 she graduated with a Master of Divinity degree from the Samuel Dewitt Proctor School of Theology, Richmond, VA. In 2019 Cynthia was licensed to preach the Gospel by Rev. Dr. Luke E. Torian, First Mount Zion Baptist Church, Dumfries, VA. Cynthia has a Bachelor of Science degree in Psychology from Howard University, Washington, DC. She has worked for over twenty years in the federal government, first as a civilian for NASA and later as a contractor. She is now a contractor for the Defense Logistics Agency. Cynthia has a compassion for those in need. Her scripture of praise is Hebrews 11:1 "Now Faith is the substance of things hoped for the evidence of things not seen."



*Reverend Christopher D. Peterson* is a native of Dickinson, Texas, son of Lonnie and Malinda Peterson; the eighth of nine children. Rev. Peterson was commissioned as a Second Lieutenant in the USMC at Prairie View A&M University with a degree in History. After 20 years of service, Rev. Peterson retired from the Marine Corp as an Officer, having served as an Information Technology Program Manager.

Rev. Peterson was ordained a Deacon in February 1981 at Second Baptist Church, Oceanside, CA., and is a licensed and ordained Associate Minister at First Mount Zion Baptist Church. He received his MBA from Strayer University, his Masters in Human Resources from Marymount University and attended the School of Theology, Virginia Union University where he received his Masters of Divinity. Rev, Peterson held worship services at Lorton Reformatory for 10 years and worship services at Prince William County's Work Release Center for 11 years.

He is married to Jacquelyn H. Peterson and they have five children: Tommy, Chrishida, Christopher II, Christayne, and Christian.





### Encouragement and Assurance for the Soul

### A Time of Thanksgiving

When we think of November our minds wander to Thanksgiving. Some of us consider the other prominent day in November Veteran's Day. I like to consider November as the beginning of the thankful season. We thank the Veterans for their service and sacrifice for our country. We attend parades, have hot dog eating contests and watch fireworks. Then we have the anticipation of Thanksgiving. We reminisce on past Thanksgivings, hoping for our favorite dessert, turkey, stuffing or the family traditions that come with it. As we enjoy Thanksgiving Day; we stuff ourselves, watch football, sleep and prepare for Black Friday. We go right into the Christmas season, when we thank God for giving us Jesus. For guite a few of us, the Holidays are not a joyful celebration.

As we celebrate, enjoy food, fun and festivities, remember those who are experiencing their first Holiday Season without their loved one(s). Some loved ones are serving overseas and some are separated by death. Some of us had a very tragic year. This season will be challenging, for some, more than others. Some of us will walk around all smiles and joyous on the outside but, when we are alone, away from the crowd, is when the pain and anguish comes out. Tears in our pillows, moans in the darkness, minds spinning with memories of joyful occasions in our past; and wishing absent ones are here with us.

Veteran's Day and Thanksgiving are two national holidays that provoke us to think, reflect and be thankful. We are thankful for the sacrifices that were made and we are thankful for what we have. While we are being thankful for what we have been given, let us thank God for what we do not have; those things God has protected us from. Our health could be much worse. Our bank accounts could have less. Our work environment could be more toxic. We are not behind bars but, we may know someone who is incarcerated; they would enjoy having a visitor during the holidays.

A meal with someone is an intimate event, not necessarily a romantic one either.

There are different levels of intimacy. Each one requires more trust. To sit down and have a meal with someone is to say, I trust you. Trust is the foundation for any level of relationship. To me, the most important thing to be thankful for is good, wholesome, solid, ride or die, I got your back relationships. When we look across the table, and the people we are looking at fall into those categories, we are blessed! We should be thankful too! To me, that is a greater blessing than good food, and I love good food. We can find a good meal at a restaurant. Good and loyal friends sometimes take a lifetime to find.

> Rev. Gillis M. Taylor Associate Minister



During this quarter we have viewed the Exodus through the eyes of our ancestors and their liberation from enslavement. This gives us a sense of ownership, a point of commonality, and a familiar reference point.

The tenth plague proved the land-basedself-declared-god-Pharaoh, was not a god. The death angel passed by the houses covered with the blood of a lamb. Pharaoh's palace was not covered; his son died. Pharaoh did not waste any time. That night, he called Moses and told him to take his people and leave Egypt. Notice Exodus 12:38, "Many other people went up with them." We often overlook this important piece of information. Not everyone who left Egypt during the Exodus were Jews/Hebrews. When our ancestors were freed, they left with riches too. They were blacksmiths, bricklayers, carpenters, glass makers and they had to be paid for their labor. During the Reconstruction, our ancestors owned land, became elected officials, started free education, and black churches were instrumental in creating Historically Black Colleges and Universities (HBCUs).

Here comes Pharaoh and the boys! Second Sunday, we see the hardness of of Pharaoh's heart. Most of all witness Pharaoh's realization; if the Israelites leave who will do the heavy lifting? Can

you imagine the antebellum slavehunters (a Pharaoh/type soldier) chasing Harriet Tubman and escapees? Visualize and empathize with our ancestors' fear of being killed, or captured and returned to their masters.

"I had reasoned this out in my mind, there was one of two things I had a right to, liberty or death; if I could not have one, I would have the other." ~ Harriet Tubman

This quote is appropriate for third Sunday. Let us visit Exodus 14:11, "And they said unto Moses, because there were no graves in Egypt, hast thou taken us away to die in the wilderness?" Surely, there were individuals in the crowd who thought like Sister Tubman, "I would rather die here than to go back to slavery." One thing the crowd did not realize; death is inevitable. When we put death in that perspective, it is easier to confront situations. Like our ancestors who chose death over bondage, demonstrated what the cost of freedom really is.

Fourth Sunday - white supremacists' organizations are what I consider a modern-day Pharaoh's Army. They desire to keep us in bondage as second- or third-class citizens. However, they only have as much power as we allow them to have. God destroyed one Pharaoh's army; God can destroy many more. In Exodus 14:26b, "the Egyptians said, let us flee from the face of Israel; for the Lord fights for them against us." White Supremacists like Pharaoh's Army, will see the wave of their destruction coming and will realize too late God is fighting this battle. We will be victorious, but we must be willing participants.



Rev. Gillis M. Taylor Sunday School Superintendent



Mission: To connect people who have a desire to become fully devoted followers of Jesus Christ

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#### The Spiritual Discipline of Submission, Part 2

Let us continue our study of the book *Celebration of Discipline* by Richard J. Foster, with the 3rd of 4 "Outward" Disciplines...Submission. In quick review, The Outward Disciplines reveal what people need to do to improve the world around them and they are 1. Simplicity, 2. Solitude, 3. Submission and 4. Service.

In our Submission discussion in the October issue, we recognized the legitimate authority of others over us. It is nothing more than the simple understanding that "no man is an island". Paul sets forth the idea in what must be considered the most memorable sentence on the subject, "submitting to one another in the fear of God". (Eph. 5:21 NKJV)

In our day, however, this body of instructions has been terribly garbled and abused. The following distortions of **Submission** reveal in part the knack we moderns have for "taking the best teaching and using it for the worst ends. What "**submitting to one another**" is **NOT**!!

**The Doormat**. This is the person who allows others to misuse and abuse him/her to such an extent that he/she is treated as a thing rather than a person. In a false and unhealthy submission, he/she allows others to walk over him/ her as one would a doormat. His/her opinion is neither sought nor desired, and in time he/she loses the ability even to have an opinion. Such a person soon becomes an object rather than a subject—a housekeeper rather than a wife, a breadwinner rather than a husband. He/she is defined by what he/she can produce rather than by who he/she is. In the end, he/she becomes a "non-person."

Next issue we will describe "The Pleaser," "The Dependent" and "The Manipulator".

Deacon Ron Cooper on behalf of the FMZ Leadership Chaplains

The Messenger is one of the Communications and Publicity Ministry's publications. Primary contacts are Deacon Joe Boutte and Sister Oonagh Bell. Email us at: <u>CPM1@FirstMountZionBC.org</u> with your inputs and content suggestions. We look forward to hearing from you!



2019

- 11/04 Deacon Executive Committee Meeting (7-9 PM) Deaconess Executive Team Meeting (7:30-9 PM) Financial Freedom for Millennials (7-9 PM) Journey to Joy/GriefShare (7-9 PM)
- 11/05 Mary Elizabeth Ministry (7-8:30 PM) Trustee Ministry (7:30-9 PM) Ushers' Ministry (7-9 PM)
- 11/07 Jewels Choir (7-8:30 PM) Voices of Zion Choir (7-9 PM)

#### 11/11 Veteran's Day

- 11/14 Jewels Choir (7-8:30 PM) Men's Ministry Monthly Meeting (7:30-9 PM) Pastor's Aide Ministry (7-9 PM) The C.O.R.E. Ministry (7-9 PM) Trustee HR/Admin Committee Meeting (7:30-9 PM) Voices of Zion (7-9 PM)
- 11/15 Final Date for Messenger Articles/Input
- 11/16 Junior Ushers (11:30-12:30 PM) School of Ushering (9-1 PM) Volunteer Screening (9-Noon) New Members' Orientation Class (10-11:30 PM) Mary Elizabeth Ministry (11-1 PM)
- 11/18 Deacon Ministry/Interview Training (7:30-9 PM) Journey to Joy/GriefShare (7-9 PM) Trustee Ministry/Finance Committee (7:30-9 PM)
- 11/19 Academic Education Ministry (**7-8:30 PM**) Women's Ministry (IPT) Meeting (**7-8 PM**) Deaconess Ministry Monthly Meeting (**7:30-9 PM**)
- 11/21 Deacon Ministry Meeting (7:30-9 PM) Women's Ministry Meeting (7-9 PM) Trustee Ministry - Facility and Real Property Committee (7:30-9 PM)
- 11/23 Mary Elizabeth Ministry (11-1 PM) Share Distribution (9-Noon)
- 11/25 Journey to Joy/GriefShare (7-9 PM)
- 11/26 Photography Ministry (**7-9 PM**) The C.O.R.E. (**7-9 PM**) Trustee Executive Board Meeting (**7-9 PM**)
- 11/27 Thanksgiving Service (7:30-9 PM)

#### 11/28 Thanksgiving Day

For additional Activities and Events: <u>http://bit.ly/FMZ\_Calendar</u>





#### Proverbs Place Child Care & Learning Center

During my tenure at Proverbs Place I have served in many capacities, truly starting from the ground up as a volunteer and now, Director. My love for the center goes without question. I open the doors to the center each morning and close them every evening because I take pride in what I do and wish to always see my work through. I have truly given this center my all.

Coming to work each day is like pulling up to a family's home and becoming excited to see the ones you love. It does not matter what happens in your life, coming to work and seeing the children's sweet faces melts your heart every time. Being on the receiving end of the unconditional love drives you to be better for them. I am very blessed to have been an employee of Proverbs Place for over 9 years and equally blessed for the memories that will last a lifetime.

It all started in 2008, a parent looking for the best kindergarten programs for her daughter. I was impressed the moment I walked through the door. Proverbs Place was clean, inviting, the staff professional and the curriculum as described kept the children in a structured Christian learning environment. After the tour, I knew that Proverbs Place would be the school my daughter would attend.

After enrolling my daughter, I became a permanent fixture volunteering as her teacher needed a classroom helper. My presence and willingness to work turned into an offer for a part-time summer camp floater. Within 30 days, I received another offer to be an assistant teacher/floater, which I accepted without hesitation. I accepted these positions because of the emphasis on building a solid foundation for tomorrow's leaders in a high-quality childcare center was evident.



Working at Proverbs Place has been very rewarding. I have been fortunate to have worked with children as young as 12 months challenging them and been challenged to provide a learning environment that is age appropriate, fun and exciting. The hardest part of working at Proverbs Place is watching the children you love as your own grow-up and move on.



What makes that moment bearable is knowing that you were instrumental in providing a solid foundation for them to build upon.

If given the opportunity, I can share pages and pages of amazing stories. Instead, I encourage you to come join us on Friday, December 13, 2019 at 10:00 a.m. in the Chapel for our annual Christmas program to support these amazing children.

I pray God continues to bless everyone at First Mount Zion Baptist Church.

Paulette Treadwell Director

P.S.: If you/a family member/friend need a safe environment in which to allow your child/children/ grand children to grow and learn about the love of God, Proverbs Place is the perfect place to be! Call (703) 565-5062, there's room for you!!





















# Infant/Toddler Room











# Pre-School Room



# Class Rooms





# Pre-Kindergarten Room





VISION: Sharing the Light: From the Promise, to Pentecost, to Points Around the World



Fall represents new beginnings for The CORE and we're excited to say that we're off to a fantastic start! On September 22nd, Bro. Geno Blowe, Rev. Kara Franklin-Taylor, Bro. Michael Green, and Sis. Amy Smith did an amazing job in participating in worship services. Later in the month we were honored to join FMZBC in celebrating our heritage at the "Lest We Forget" service.

On October 10th, The CORE kicked off fall with a vital edition of The Ministry Of LIFE! The Ministry of LIFE - The CORE's monthly young adult spiritual growth session - is purposed with helping Young Adults grow in their relationships with Jesus Christ, by learning about topics that affect us directly. This month's topic was "Loss and Grief" and was taught by Rev. Juanita Stokes. The opportunity to learn from Rev. Stokes, and to share with our peers on a topic that impacts all of us, was truly a blessing. It was a night that we won't soon forget.

Later that week, The CORE collaborated with Youth Ministry and we joined them on a pilgrimage to the Holocaust Museum in Washington D.C. The CORE thanks Rev. McNeil for the opportunity to serve as mentors to our younger brothers and sisters of the youth ministry. During our trip, we learned so much! Not only from the museum and our guides, but from the FMZBC youth ministry as well! The future of our church is extremely bright and we're honored to help our youth in their journey in any way that we can!



Additionally, the CORE has held several meetings and we've been working tirelessly to bring innovative ideas and exciting events to Young Adults and the entire congregation of FMZBC!!

We've got some special announcements coming soon that we can't wait to share. Stay tuned!!



Brother Sylstea Sledge Celebrates 30 Years as Minister of Music at FMZBC





Community Outreach

On September 25, 2019, the FMZBC Deaconess Ministry delivered 1,176 diapers and 2,364 diaper wipes as the first installment to the Serve Family Shelter in Manassas as a result of an identified critical need. This donation was received by Ms. Julie Martinez, Community Engagement/ Volunteer Specialist at Serve.



Pictured left to right: Deaconesses Tanya Harvin, Carole Roney, Ms. Julie Martinez and Deaconess Cora Lynch



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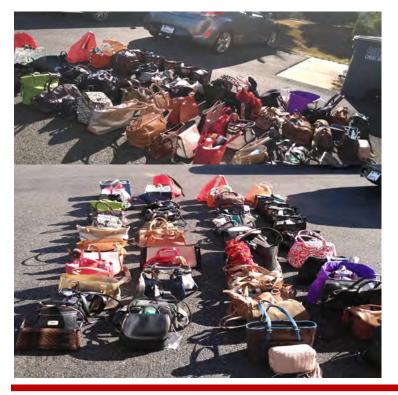
October 19, 2019 was National Purse Day and, even though we didn't know it at the time, the Ladies of First Mount Zion's Senior Ministry (All About the Ladies ) and friends celebrated "**Purses With A Purpose**". This was a service project and a way for the ladies to give back to the community and those less fortunate.

Senior women were asked to bring a purse, backpack or tote bag and fill it with items they felt homeless ladies would like to receive. Over 65 purses were collected filled with items such as toothbrushes, mouthwash, toothpaste, combs and brushes, shampoo products, cosmetics, snacks, underwear, jewelry, socks, sanitary products, gift cards and an array of other items.

The purses will be donated to the organizations SERVE and ACTS, both serving the homeless population and they are happy to receive them.

The event culminated at the home of Sis. Debbie Tribble in which we had a "Purses with a Purpose Potluck". Everyone enjoyed playing games, sharing, eating delectable food and fellowshipping. Thank you to all FMZ women who heard about this and wanted to be a part. Your donations are indeed appreciated. All women participating received a mini purse created by Sis. Debbie Tribble.

Humbly submitted, Sis. Shirley Hardy





On September 14, 2019, the Men's Ministry held their 2019 Men's Conference; "Fear-Less", which allowed brothers to receive an awesome array of information that fed their spirits and enhanced their ability to grow in knowledge of how good God is in our lives. Dr. Steven Blunt gave details of "What a Fear-Less Man looks like", and how to use God's word to overcome our fears. Dr. Kenneth Jones Sr. provided information on what it takes to "Grow in Courage"; and finally, Dr. Duane Kay provided an outstanding message on "The Winning Strategy", that left the group on a spiritual high.

The conference was such a spirit filled event that the men are still talking about it, a month after the event concluded. In some brothers hearts and minds, this was the best conference they had attended in years and can't wait until the next event!





# History of FMZ's Men's Choir

The late Sister Alice Byrd organized the Men's Choir of First Mount Zion in 1974. The choir was comprised of a small group of men who had a desire to lift up their voices to sing praises to the Lord. Sister Byrd's small band of merry men continued to expand under her directorship. Through her diligence and hard work, she taught the men to blend their many voices in harmony as they uplifted the Lord through songs. Under her direction, the men started singing at two services each month. It was also during her directorship that the reputation of the choir began to spread to churches throughout the local area.

With the reorganization of the Church's Music Department in 1994, Sister Byrd turned the directorship of the choir over to Brother Mark Ball. Brother Ball continued the work of Sister Byrd. Through his musical talents, the choir continued to grow in size and popularity among local churches.

In 1995, Brother Ball had to relinquish his duties as director of the choir because of other commitments. Reverend Marquis Egerton replaced Brother Ball and served as director of the choir for almost a year. Upon Reverend Egerton's departure to pursue his ministerial callings, Brother Ball returned by popular demand as the director of the choir in late 1995. Since his return, Brother Ball has employed his musical talents to the fullest and has assembled a dynamic group of men who thoroughly enjoy uplifting the Lord in song. The membership has grown tremendously.

The Men's Choir has hosted male music workshops with featured artists as: The late, Dr. Robert Fryson, the late Rev. Donald Vails, national acclaimed – Williams Brothers and Luther Barnes and the Sunset Jubilaires. The Men's Choir continues to spread the good news through song on the 4<sup>th</sup> Sunday of each month and in the community. We encourage all men of FMZ to be a part of this awesome Ministry. It is truly a blessing to the Body of Christ.

The Men's Choir rehearses on the two Tuesday evenings leading up to the 4th Sunday of each month at 7:30PM. Be there!! Bro. Neal Patterson is the current Director.





Academic Education

# God's work. Our hands.

Here is a sampling of Ministry Opportunities for you to consider The Academic Education Ministry provides educational programs and support to students and parents that are designed to bridge educational gaps and promote academic excellence. Support from this ministry includes tutoring, workshops, award recognition, college visits, and an annual graduation recognition program. If you are interested in being a part of this effective Ministry, please contact Bro. Gerry Griffin at *ariffing@rocketmail.com* 



#### Children's Ministry

The Children's Ministry provides a year-round service to children in pre-school through 5th grade. Children's Ministry programs include: Children's Church which meets on Sundays at 11:00 am in the Chapel (the service models the main sanctuary service in an effort to prepare the children to transition to the main service after 5th grade); Salvation Station, which is the summer program of Children's Church, meets each Sunday in July and August; and the Little Lambs Nursery which is open during the 11:00 am service to children ages 6 months to 3 years, providing them with an age-appropriate curriculum, games, play, reading, and scripture memorization through song. If you are interested in positively impacting the lives of these children, please contact Sis. Michelle Wallace at <u>mew1021@verizon.net</u>.

#### Juvenile Detention Ministry

The Juvenile Detention Ministry provides outreach to youth detained at the Prince William County (PWC) Juvenile Detention Home (JDH). Participation in this ministry is open to adult members who successfully complete the necessary training and screening required by PWC. Servants meet each Sunday morning at 10:30 a.m. at JDH to facilitate Bible Study and discussions of the day. They also meet at JDH on the second Saturday of each month to share in physical activities and games. Please contact Sis. Tabitha Guion at <u>guiont@hotmail.com</u> if you are interested in making a difference in the lives of these youth.

#### Vacation Bible School

Vacation Bible School (VBS) is an age-graded, Bible-centered week of classroom instruction and recreation designed to strengthen Christians in their commitment to Christ and inform non-believers about Him. This program is centered around reaching and nurturing children inside and outside of the church through Bible study, songs, arts and crafts. VBS is offered to children in pre K – 12th grade during the last week of June at First Mount Zion. Dr. Tracey Holley Dawkins is the facilitator and she can be reached at (703) 670-0184.

#### Deaf Ministry

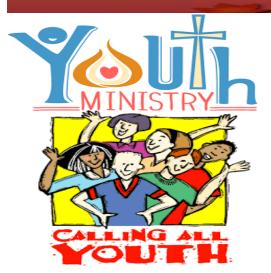
Hands Sharing the Gospel FMZ Deaf Ministry seeks to provide services that will allow the Deaf, Hard of Hearing and Hearing to fellowship together on one accord. It is our desire to connect with the Deaf Community as a means of strengthening our service and outreach efforts in the community (Acts 2:44). If you are interested in being a part of this worthwhile ministry, please contact either Bro. Russell James at <u>RussellJamesJr1@gmail.com</u> or Deacon James Hawkins at <u>sirjas9@gmail.com</u>. This Ministry meets the second Tuesday of every month at 7:00 P.M.



When you flee temptation, make sure you don't leave a forwarding address!!!



VISION: Sharing the Light: From the Promise, to Pentecost, to Points Around the Wor



### *First Friday (Movie Night on December 6th at 7 p.m.):*



All youth (6th thru 12th Graders) are invited to have fun and fellowship with their friends! First Fridays include a movie, food, fellowship, and fun for all. Bring a friend!

**Youth Worship Service Participants:** All youth (6th to 12th Grade) are given the opportunity to participate in the Sunday worship services by leading the responsive reading, morning prayer or offertory prayer. Note:12th graders should reach out before departing for transitioning to college, military or professional workforce.

Youth Bible Study on Wednesdays: We will explore the *"Pressure of School."* Come and ask the question(s) that you've always had about the Bible. Learn how to do the right things for the right reasons. Discover how to please God. See you there! Bring a friend.

If you have any questions regarding any of the above announcements, please call or contact Rev. John McNeill, Jr. at 703-670-0184 or email to: imcneill@firstmountzionbc.org.

**PRINCE WILLIAM NAACP FREEDOM FUND BANQUET** The 2019 banquet will be held on November 16, 2019 at 7 pm at the Embassy Suites Springfield. This year's theme is **Promoting Youth Social Activism**.

POC: Rev. Cozy Bailey at <u>cozybai-</u> ley@verizon.net



HEALTHIER FAMILIES + STRONGER COMMUNITY

**November 10th** is the last day to register for the **SHARE** packages. SHARE packages are \$23 for food valued between \$35.00 and \$45.00. Distribution will be Saturday, **November 23rd**, from 9 – Noon in the gymnasium.

POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.



# SUBMISSIONS FOR NEWSLETTER:

All members are encouraged to submit articles, photos, and events for inclusion in the Newsletter. Please be sure to clear all submissions with your Ministry Leader before sending to the Communications and Publicity Ministry. Submissions <u>should not exceed</u> <u>300-350 words</u> and must be received no later than <u>12 noon on the 15th of</u> <u>each month</u> to be considered for the upcoming newsletter. Please note that we reserve the right to edit as necessary.

Submissions should be sent to:

cpm1@firstmountzionbc.org

We look forward to your participation!! Thank you!

Communications and Publicity Ministry

Dr. Luke E. Torian, Pastor Rev. Sandra K. James, Assistant Pastor Sylvia Moore, Executive Assistant Renee Woolfolk, Church Business Administrator

Chesley Doctor, Chair, Trustee Ministry Jeffrey Manning, Chair, Deacon Ministry Claudia Woolfolk, Chair, Deaconess Ministry

16622 Dumfries Road Dumfries, Virginia 22025-1920 Telephone: 703-670-0184 Email: <u>fmzbc@firstmountzionbc.org</u> Website: www.fmzbc.com

Sunday Worship Service Schedule

Sunday School – 7:00 AM (Adults Only) First Service – 8:00 AM Sunday School – 9:45 AM (All Ages) Second Service – 11:00 AM Children's Church – 11:00 AM

Wednesday Bible Study Schedule

Midday Bible Study - 12:00 PM Praise and Worship - 7:30 PM Bible Study - 8:00 PM

Monthly Wednesday Worship Service Schedule (last Wednesday of each month)

Praise and Worship – 7:30 PM Worship Service with Associate Ministers – 8:00 PM

Fifth Sunday Unity Worship Service Schedule

Sunday School – 8:30 AM Worship Service – 10:00 AM

Connect with us on Social Media:

Facebook: <u>www.facebook.com/</u> <u>fmzbcdumfries</u> Twitter: <u>@fmzbc1</u> Instagram: <u>@thecore\_fmzbc</u> Vimeo: vimeo.com.25203195



If you need transportation to/from Church, please call the Administrative Office: (703) 670-0184

> MONDAY - FRIDAY 8:30 A.M. - 5 P.M.

TO SCHEDULE A RIDE