

GRAIN OF HEAVEN

MENU

BREAKFAST

GOOD START BREAKFAST	\$ 5.00
<i>scrambled eggs, turkey sausages or bacon, fresh fruit, assorted drinks</i>	
MORNING CONTINENTAL	\$ 5.00
<i>assorted bagels & pastries, butter, jellies, cream cheese, assorted drinks</i>	
CONTINENTAL EXPRESS	\$ 5.00
<i>breakfast sandwich, fruit, assorted drinks.</i>	

LUNCH or DINNER

LUNCH ON-THE-GO	\$ 5.00
<i>turkey or ham sandwich, chips, fruit, cookie, drink.</i>	
ALL AMERICAN LUNCH	\$ 5.00
<i>hot dog or hamburger, chips, drink</i>	
TENDER DELIGHT	\$ 5.00
<i>chicken tenders or pizza, french fries or chips, drink.</i>	
FRIED CHICKEN DELIGHT	\$ 5.00
<i>chicken wings, french fries, fruit, drink</i>	
WAIST WATCHERS (Chef)	\$ 5.00
<i>chef salad, fresh fruit, cookies, drink.</i>	
WAIST WATCHERS (Chicken)	\$ 5.00
<i>chicken salad, baked chips, fruit, drink.</i>	
MEATBALL MAKEOVER	\$ 5.00
<i>meatballs, dinner roll, fruit or veggies, drink. (add chicken wings for \$3.00 more)</i>	

FINE DINNER

A TOUCH OF ITALIAN	\$ 8.00
<i>lasagna or spaghetti with meat sauce, garden salad, garlic bread, muffins, seasonal fruit with whipped topping</i>	
SOUTHERN COMFORT	\$ 8.00
<i>fried chicken or fish, macaroni and cheese, garden salad/collard greens, corn, iced tea</i>	