

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

- Kim Boothe [K4]
- Teresa Bridges [D4]
- Terry Carey [F1]
- Charlie Clark [K1]
- Frances Reynolds—
Collier [D2]
- Jamie Dickerson [D4]
- Marva Elzy [I]
- Retina Everett [D4]
- Samuel Graham [L1]
- Joanne Ferrell— Wilson
[F2]
- Kenneth Irby [N]
- Kizzie Lane [G1]
- Gwynne McCatherine
[C1]
- Ann McCowen [F2]
- Nellie McLeod [H1]
- William C. McLeod [H1]
- Maria McNair [C1]
- Suzette Montero [F2]
- Essie Pullman [Z]
- Terri Royal [N]
- Gene Simpson [C2]
- William Terry [M1]
- Cynthia Thompson [M2]
- Cynthia Walker [Z]
- Clyde Wimbush [N]

**GRAIN OF
HEAVEN**

Continental
Breakfast



Dr. Luke E. Torian
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Dumfries, VA 22025
(703) 670-0184
Fax (703) 670-0296
Web Addresses:

www.fmzbc.net
www.fmzbc.com
www.firstmountzionbc.org

Today, Aug 30

Juvenile Detention 10A;
Children's Church 11A

Monday, Aug 31

Mass Choir—Rio Hondo
Prep School (Arcadia,
CA); Proverbs Place Staff
Development Week 8A;
Deacon Ministry Execu-
tive Board Meeting 7P;
Line Dancing 7P

Tuesday, Sept 1

Proverbs Place Staff De-
velopment Week 8A;
Women's Choir Praise
Team 6:30P; Security
Ministry 7P; Senior Usher
Ministry 7P; Women's
Choir 7P; Trustee Ministry
7:30P

Wednesday, Sept 2

Proverbs Place Staff De-
velopment Week 8A;
Praise & Worship 7:30P;
Bible Study 8P

Thursday, Sept 3

Proverbs Place Staff De-
velopment Week 8A;
Deaconess Ministry Execu-
tive Board Meeting
10:30A; Drama Ministry
7P; Princeton Theological
Seminary & FMZ Satellite
Courses 7P

Friday, Sept 4

Proverbs Place Staff De-
velopment Week 8A

Saturday, Sept 5

No Activities Scheduled

**CHRISTIAN EDUCATION
DEPARTMENT**

CHILDREN'S MINISTRY

VOLUNTEERS NEEDED! Adult and
teen volunteers are needed to help with
the 2015-2016 Children's Church pro-
gram, conducted in the Chapel during
the 11:00 am service. Sign up in the
narthex to help make a difference in the
spiritual growth of our children. Volunteer
screening is mandatory. Contact:
Michelle Wallace,
mew1021@verizon.net, 240-602-5929
OR Shemone Fullilove, she-
monef@gmail.com 571-237-5786.

YOUTH MINISTRY

**"Experience God's Handiwork (Psalm
19:1)":** All 6th through 12th graders are
invited to travel to Luray Caverns
(Virginia) on Saturday, September
19th with their friends for a remarkable
experience. We will explore the Caver-
ns, solve the Maze and conquer the
Ropes Adventure Park. The cost for
participation and lunch is \$5. Sign-up
Today, limited spaces available. Until
then, contact Rev. McNeill for details at
jmcneill@firstmountzionbc.org or (703)
670-0184.

MEN'S MINISTRY

Men's Ministry: The National Coalition of
100 Black Women/Prince William County
Chapter, Inc., is partnering with FMZBC
to educate the men regarding prostate
cancer. The goal is to increase men's
attitudes, beliefs, and intentions for pros-
tate cancer screening. Mark your calen-
dars for September 26, 2015, 10am - 12
noon. More information to follow.

SUNDAY SCHOOL MINISTRY

**SUNDAY SCHOOL MINISTRY VOLUN-
TEERS** : Exciting volunteer servant
opportunities exist for the Sunday School
Ministry. Consider using your gifts to
serve as Assistant Superintendent, Ad-
ministrative Assistant, Adult Division
Director, Youth Division Director, Re-
source Manager, Teacher or Class Ad-
ministrators. There is a specific need for
youth teachers (4th & 5th graders). To
receive a copy of servant descriptions or
to learn more about the Sunday School
Ministry, contact Bro. Ernest Jones at
ecjcp@aol.com or Sis. Dorothy Camp-
bell at ssmfzbcadmasst@aol.com

**SUNDAY SCHOOL MINISTRY TRAIN-
ING.** Sunday School Servants Training
is scheduled Saturday, September 26,
2015, at 9:00 a.m. All Sunday School
Servants and ANYONE interested in
serving in this ministry are asked to at-
tend. Register via email by contacting
Dorothy Campbell at ssmfzbcad-
masst@aol.com by September 18, 2015.

THE MEN & WOMEN'S MINISTRY

The Men & Women's Ministry cordially
invite you to attend a "Divine Encounters"
event on September 11, 2015, 6:00 p.m. –
10:00 p.m., at First Mount Zion Baptist
Church. Please do not miss this life chang-
ing divine encounter experience. Cost is
\$20.00. Registration ends September 6th
The event will include several divine experi-
ences throughout the evening. Reception is
included in the cost. Guest lineup includes,
Saxophonist Extraordinaire Tony
Craddock, Guest Artist, an exhilarating
Gospel Violinist, Eric Taylor, Sister Beverly
Johnson, My Praise My Worship Ensemble
and The Word from Guest Speaker Dr.
Raymond Harold. This awesome divine
event you simply won't want to miss so
please register TODAY!

SINGLE'S MINISTRY

ATTENTION GOLFERS: The FMZBC
19th Annual Golf Classic will be held on
Monday, September 14th at Old Hickory
Golf Club in Woodbridge, Va. The cost per
player is \$100.00. You can play, be a spon-
sor, or just buy a golf shirt. Please sign up
in the Narthex. Point of contact is Al Shel-
ton (703) 969-5910.

FMZ ARCHIVES ROOM

The Archives Room on the lower level will
be open on the Fifth Sunday (August 30th)
immediately after the 10 a.m. morning
service. Come see the 20th Anniversary
tribute to Pastor Torian and a celebration of
FMZ weddings.

TRUSTEE MINISTRY

Ministry Budget Requests for 2016 are due
to the Trustee Ministry by September 26,
2015. Budget Request Forms for 2016 are
available in the publication area. Please
submit all completed requests to the Trus-
tee Secretary (email: fmzbctrusteesecretary@aol.com). If you have any questions
please contact Trustee Oscar Dailey, Trus-
tee Maxine Dufore, or Trustee Karen Da-
vis.

ADMIN OFFICE

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
SEPTEMBER
REHEARSALS**

JEWELS CHOIR
Thurs. 10th, 17th; 7P

MASS CHOIR
Thurs. 24th; 7:30P

MENS CHOIR
Tues. 15th, 22nd; 7:30P

WOMEN'S CHOIR
Tues. 1st, 8th; 7P

**WOMEN'S CHOIR
PRAISE TEAM**
Mon. 7th; 7P
Tues. 8th; 6:30P

VOICES OF ZION
Thurs. 10th, 17th; 7P

AUDIO VISUAL MINISTRY

Audio Visual Ministry Volunteers Needed: We're seeking adult & teen volunteers to serve as video camera, video control, graphic design and sound console operators for an hour or two on Sunday mornings and occasionally during the course of the month. For details, you may contact Bro. Tommy Johnson at 703-670-0184 or tjohnson@firstmountzionbc.org.

CONNECTED TO CONNECT

Put on your walking shoes and break down the walls Saturday, September 12, 2015 at 9:00 AM at FMZBC! Connected to Connect (CTC) in partnership with FMZBC presents the 2nd annual Jericho Walk-A-Thon! Register and pledge at Divine Inspirations Bookstore or <https://www.eventbrite.com/e/jericho-walk-a-thon-registration>. Registration \$25.00 adults (\$35 after August 31), \$15.00 children under 12 & seniors (60+).

SHARE REGISTRATION

The last day to register for the September SHARE packages is September 13th. SHARE packages are \$22 for food valued between \$35 and \$45. SHARE distribution dates for the remainder of the year are as follows: Sept 26th, Oct 24th, Nov 21st and Dec 19th. POC: Thomas Bates (703) 330-6371 or Cherry Anderson (540) 361-4319.

FMZ RESOURCE ROOM

Do you have a paper to write? Email to read, facts to research? Use the Resource room located on main level in room 347. Available Monday through Friday from 9:30am– 5:00pm.

**NATIONAL ALLIANCE ON
MENTAL HEALTH**

Caring for a loved one with mental illness? The National Alliance on Mental Illness (NAMI), Prince William, will begin its Family-to-Family education program in Dumfries in September. NAMI Family-to-Family is a free 12-session education program for family members of adults living with mental illness, including major depression, anxiety disorders, bipolar disorder, schizophrenia, PTSD, and borderline personality disorder. The class will meet on Tuesday evenings, September 15 - December 1 from 6:30 -9:00 p.m. at ACTS, 3900 Acts Lane, Dumfries. ADVANCE REGISTRATION REQUIRED. CALL Marty (571)275-4071 or Mercedes (703) 398-9186.

THE AWARE PROJECT

The AWARE Project invites you to visit the "Respect For Life" documentary exhibition on view Tuesday, September 8th - Friday, October 2nd in the Atrium Gallery in the Seefeldt Building on the NOVA-Woodbridge campus. Featuring original work by Dora Muhammad, the exhibition juxtaposes photographs from Ferguson with artwork documenting local police-community relations in Prince William County. The gallery is 24-hour accessible but the exhibition will be lit 9am-5pm, M-F. The campus is located at 15200 Neabsco Mills Road in Woodbridge.

**WOMEN IN COMMUNITY ACTION
(WICA)**

WICA's 2016 Debutante Ball Kick-Off: All high school junior and senior young ladies and their parents are invited to attend the Women In Community Action (WICA) Debutante Ball Kick-Off at Hylton High School 14051 Spriggs Road Woodbridge, Virginia, September 27, beginning at 2 p.m. Come out and learn about this exciting 2016 Debutante Ball which will be held next spring. This event will be a joyous part of your life that you will remember for the rest of your life the beautiful pageantry, the new friends you'll meet, and all the educational and fun activities you'll experience will be remembered forever! For more information, call Dr. Renee Chinn at (703) 221-5783 or email cartercarter@aol.com.

YAM Spiritual Study

Ages 18-35

KICK-OFF MEETING

SEPTEMBER 1, 2015

7:00 PM

LOCATION: FMZBC





Senior Usher Ministry Meeting

Tuesday, September 1
7:00 pm
Room 229/230



“Serving to Glorify God” 1Peter 4:11



A place where children matter
and learning the
WORD of God
is fun!

Volunteers needed!

Nursery

Teachers

Registration

Teen Helpers



Contact:

Michelle Wallace

240-602-5929, mew1021@verizon.net

Shemone Fullilove

571-237-5786, shemonef@gmail.com

Sunday School Teachers Needed!

Contact Bro. Ernest Jones, ecjcpt@aol.com

Elementary thru High School

GET READY FOR: A DIVINE ENCOUNTER

September 11, 2015; 6 – 10 pm

Hosted by the Men & Women's Ministries



Tony Craddock, Jr,
Saxophonist



Rev. Dr. Rodney
G. Waller



Eric Taylor, Gospel



BEV JOHNSON | MY PRAISE, MY WORSHIP
MUSIC & ARTS MINISTRY

ONLY \$20

DEADLINE: Sept. 6



September 12, 2015

Sign up in the Bookstore



HEALTHIER FAMILIES ♦ STRONGER COMMUNITY

September 2015

REGISTER BY: 9/13/15
DISTRIBUTION: 9/26/15



VALUE PACKAGES NOW \$22



CONVENIENT PAYMENT OPTIONS:

Debit/Credit Cards, EBT, Cash/Money Order

FOR MORE INFORMATION? See Church announcement sheet



2015 THEME: “*SERVING* TO glorify God”
1 PETER 4:11