FIRST MOUNT ZION BAPTIST CHURCH

"I WAS SICK AND YE VISITED ME"

Our Known Sick and/

or Shut-in Prayer List

Teresa Bridges [D4]

Terry Carey [F1]

Charlie Clark [K1]

Collier [D2]

Marva Elzy [I]

[F2]

[C1]

Frances Reynolds-

Jamie Dickerson [D4]

Retina Everett [D4]

Kenneth Irby [N]

Kizzie Lane [G1]

Samuel Graham [L1]

Joanne Ferrell- Wilson

Gwynne McCatherine

Ann McCowen [F2]

Nellie McLeod [H1]

Maria McNair [C1]

Essie Pullman [Z]

Gene Simpson [C2]

Cynthia Thompson [M2]

GRAIN OF

HEAVEN

Turkey Sau-

sage, Bacon,

Fried Potatoes,

Scrambled Eggs,

Toast

Omelet Station

Open!

William Terry [M1]

Cynthia Walker [Z]

Clyde Wimbush [N]

Terri Royal [N]

Suzette Montero [F2]

William C. McLeod [H1]

Today, Nov 8

dren's Church 11A; Zone G1B SGM (FMZBC) 1P; Youth Ministry Mission Trip Interest Meeting 1P; Zone K2 SGM (Stafford) 3P

Monday, Nov 9

Academic Education Ministry (Tutorial) 7P; Benevolence Committee 7P; Connected to Connect 7P; Line Dancing Class 7P; Voices Of Zion 7P; Trustee Ministry- Finance Committee 7:30P

Tuesday, Nov 10

Deacon Ministry- SRC; MEM-Planning Meeting 7P; Money Smart Ministry-Planning Meeting 7P; Pi Lambda Lambda OPPF 7P: Small Groups Monthly Training 7P; Toastmasters 7P; Zone J2 SGM (Wegmans) 7P; Men's Choir 7:30P

Wednesday, Nov 11



Thursday, Nov 12

Drama Ministry 7P; Jewels Choir 7P; Pastor's Aide Ministry 7P; Photography 7P Ministry Princeton Theological Seminary & FMZ Satellite Courses 7P; Willing Workers Ministry 7P; Zone D1 SGM (Dumfries) 7P; Zone D4 SGM (Manassas) 7P Deacon Ministry– SRC Town Hall Meeting 7:30P



Dr. Luke E. Torian 16622 Dumfries Road Dumfries, VA 22025 (703) 670-0184 Fax (703) 670-0296 Web Addresses:

www.fmzbc.net www.fmzbc.com www.firstmountzionbc.org

Juvenile Detention 10A; Chil-



Friday, Nov 13

Zone E3 SGM (Wegmans) 6:30P; Zone D2 SGM (Dumfries) 7P; Zone G1A SGM (Woodbridge)

Saturday, Nov 14

Men's Ministry Fellowship 9A; Women's Ministry- Fellowship Meeting 9A; New Member Ori-Graduation Set-up entation 9:30A; MEM- Fall Program 11A; Junior Ushers 11:30A; Youth Ministry Missions Trip Service Project (Westminster I ake Ridge) 1:30P; Zone H1 SGM (Dale City) 3P

CHILDREN'S CHURCH

This Week at a Glance & Activities

CHILDREN'S CHURCH – VOLUNTEERS NEEDED: Bring your talents to Children's Church! Adult and teen volunteers are needed to help with the 2015-2016 Children's Church program, conducted in the Chapel during the 11:00 am service. Sign up in the narthex to help make a difference in the spiritual growth of our children. Volunteer screening is man-Volunteer Contact: Carmia datorv. Salcedo, ccfmzbc@gmail.com, 703-307-6296.

SHARE REGISTRATION

TODAY is the last day to register for SHARE packages. SHARE packages are \$44 for this month's Thanksgiving Package. POC: Thomas Bates (703) 330-6371 or Cherry Anderson (540) 361-4319. SHARE distribution dates for the remainder of the year are as follows: Nov 21st and Dec 19th.

MENS MINISTRY

Make no mistake; I will defend my brother. I will defend the weak; service before self; sacrifice so that others may enjoy freedom. The November fellowship theme is "A Salute to Veterans", 2 Tim. 2:1-4. Join us on 14 November from 9-11 a.m. as Rev. TJ Owens shares what it is to be a good soldier of Jesus Christ. The War Room is not just a movie, and freedom is NEVER truly free!

WOMEN'S MINISTRY

Ladies, you are cordially invited to the Women's Ministry Fellowship and Christian Master Class "In Everything Give Thanks" on Saturday, November 14, 2015, 9:00 a.m.-11:00 a.m. A time set aside just for you to worship, fellowship, be encouraged and to spiritually grow in your journey. Our very own Reverend Sharon Wallace will be the featured speaker. For the ladies who ordered a logo shirt from the Women's Ministry, the shirts have arrived and will be available after the 8am & 11am services TODAY and the 15th as well as during the Saturday, November 14th Fellowship. Should you have any questions or need to make arrangements for special pick-up, please email the Women's Ministry at WomensMinistry@FirstMountZionBC.org.

YOUTH MINISTRY

Youth (9th - 12th Grade Members Only) Missions Trip 2016 to Nassau, Bahamas: On Saturday, July 9th to Friday, July 15th 2016, the Youth Ministry members will "Serve to glorify God" in the Bahamas.

Youth Ministry Service Project: Saturday, November 14th from 1:45pm to 3:30pm, we will meet at Westminster at Lake Ridge to serve through a "Ministry of Presence" and fellowship. Sign-up today in the Narthex or contact Rev. McNeill for details at 703- 670-0184.

First Friday in December: The Youth Prayer Dinner will be held on Friday, December 4th from 7-9 pm in the Grain of Heaven for 6th thru 12th graders. Sign-up after the 8am and 11am services. Dressy attire is required for this event. Jeans and tennis shoes are not allowed. Also, youth are asked to participate in the Youth Canned Food Drive Contest to fight hunger in the community. The top 6 winners will receive a prize. Canned goods should be brought to the prayer dinner. POC: Rev. John McNeill (703) 670-0184

JOURNEY TO JOY GRIEF & SUPPORT MINISTRY

The mission of the Journey to Joy Grief and Support Ministry is to provide grief and support services for members of First Mount Zion Baptist Church and the surrounding community. Our next luncheon meeting is Saturday, November 21st, 10:00AM-1:00PM. Rev. Sandra James is the presenter of the workshop, "Hope for the Holidays." Mr. Thomas Smith will return to present the workshop, "Real Men Grieve, Too." (men only). Please sign up for the workshops after 8:00AM and 11:00 AM services TODAY in the Narthex. Spiritual advisors: Deaconesses Patricia Suggs and Frances K. Wood.

CED CHRISTMAS BRUNCH

All are invited to join the Christian Education Department for a Christmas Brunch at the beautiful Waterford, located in Springfield, VA on Saturday, December 12th, from 10 am - 1 pm. Be blessed by awesome entertainment, holiday gifts, delicious food, and awesome fellowship. The cost is only \$20. Registration begins today in the Narthex. POC: Rev. Tracey Dawkins Holley, tholley@firstmountzionbc.org.

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ADMIN OFFICE

MUSIC & ARTS

MINISTRY

NOVEMBER

REHEARSALS

CHRISTMAS CHOIR

Mon. 16th, 23rd, 30th;

7P

COMBINED CHOIR

Thurs. 19th; 7P

Tues. 24th; 7P

JEWELS CHOIR

Thurs. 12th; 7P

MENS CHOIR

Tues. 10th, 17th; 7:30P

VOICES OF ZION

Mon. 9th: 7P

Sherise Campbell Food Service Director scampbell@firstmountzionbc.org

Stephanie Craddock Small Groups Director scraddock@firstmountzionbc.org

Beverly Grant Information Technology Assistant bgrant@firstmountzionbc.org

Sherry Hilliard Financial Secretary shilliard@firstmountzionbc.org

Tracey D. Holley Minister of Christian Education thollev@firstmountzionbc.org

Ernest Holmes Custodian <u>eholmes@firstmountzionbc.org</u>

Walter Holmes Assistant Facility Manager wholmes@firstmountzionbc.org

Antonio Howard Custodian <u>ahoward@firstmountzionbc.org</u>

Sandra K. James Assistant Pastor sjames@firstmountzionbc.org

Tommy Johnson Audio Visual Director tjohnson@firstmountzionbc.org

Christopher Kennedy Music & Arts Ministry Intern ckennedy@firstmountzionbc.org

John C. McNeill, Jr. Youth Minister jmcneill@firstmountzionbc.org

Sylvia Moore Executive Assistant to Pastor smoore@firstmountzionbc.org

Sheniqua Morgan Holmes Receptionist smorgan@firstmountzionbc.org

Pat Paige Administrative Assistant ppaige@firstmountzionbc.org

Deloris Quarterman Food Service Assistant dquarterman@firstmountzionbc.org

Ernest Robbins Facility Manager erobbins@firstmountzionbc.org

Sylstea C. Sledge Minister of Music ssledge@firstmountzionbc.org

Pastor Luke E. Torian Itorian@firstmountzionbc.org

Laura Valkenburg Fitness Center Director Ivalkenburg@firstmountzionbc.org

Renee Woolfolk Church Business Administrator rwoolfolk@firstmountzionbc.org THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

SINGLES MINISTRY

Angel Tree: Please sign up in the Narthex to participate in our 12th annual **Angel Tree Prison** fellowship. If you want to make a difference in a **child's** life, please volunteer to purchase gifts, wrap gifts and/or deliver gifts. If you have questions please call Al Shelton at (703) 969-5910.

WILLING WORKERS MINISTRY

The Willing Workers Ministry will meet on Thursday, November 12, 2015 at 7:00 p.m. to rehearse for the program scheduled for the nursing home in Fredericksburg. Please check the board in the Narthex for the room assignment. Contact Andrea Bryson or Linda Payne if you have any questions.

ACADEMIC EDUCATION MINISTRY

FMZ College Scholarships. If you are a 2016 graduating high school senior who is a member of FMZ, you are invited to the Annual FMZ Scholarship Workshop/ Program which will be held Sunday, November 15th, immediately following the 11 o'clock service. You will receive your application along with specific instructions as well as other scholarship opportunities. Make plans now to attend and get all the information necessary to receive a college scholarship from FMZ. Parents are also invited. Points of Contact: Sister Glorine W. Gholson at glodessa@aol.com or Broth-Gerry Griffin griffer at ing@rocketmail.com.

Annual College Visit: A college visit to Marymount University and George Mason University has been scheduled for Wednesday, November 11, 2015, for First Mount Zion Baptist Church high . This school students. visit will give students an opportunity to tour a college campus, learn about college life, and receive information about two local universities. Departure time is 8:30 a.m. and return time is approximately 4:30 p.m. A snack will be provided, however, students should bring at least \$10 for lunch. Sign up in the Narthex after both services today! For more information, contact Sonya Almond or Gerry Griffin at griffing@rocketmail.com.

FLOWER MINISTRY

The holiday season is just around the corner. Volunteers are needed to help decorate FMZ for the holidays on November 30, 2015. We will meet at 7:00 P.M. in the Narthex . No special talent required. If you are interested, and available, please come out and join us. POC: Vera Brackett <u>vbrack17@verizon.net</u> or (703) 494-4529.

NATIONAL CERVICAL CANCER COALITION

FREE FITNESS BOOT CAMP: The National Cervical Cancer Coalition (NCCC) Prince William County Chapter is giving cancer the **BOOT**!

When: Saturday, November 14, 2015

Where: Veterans Memorial Park Community Center, Woodbridge, VA

Time: 10:00 am to 12:00 pm. Event contact Bobby & Alegra Woodard 571-406-3410, awoodard@nccc-online.org.

CHILDREN'S MINISTRY

CHILDREN'S MINISTRY TRAINING: Children's Ministry quarterly training will be conducted on Thursday, November 19th at 7:00pm. All Children's Church and Nursery volunteers should attend. POCs: Michelle Wallace, <u>mew1021@verizon.net</u>, 240-602-5929 and Shemone Fullilove, <u>shemonef@gmail.com</u>, 571-237-5786. CHILDREN'S CHURCH OPEN HOUSE:

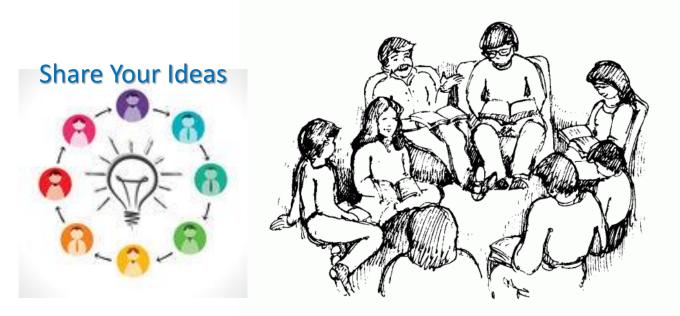
Parents, grandparents, prospective volunteers, and YOU are invited to join us in the chapel for Children's Church on **Sunday**, **November 22nd** during the 11:00am service. Stop by the Children's Church registration desk in the narthex for more information. Come and see what awesome works God is doing in the lives of our children!

FIT BY GOD FITNESS COMPLEX

FMZBC Basketball Teams: Interested in playing (16 yrs and up) or volunteering? Season runs from Dec. through April. Practices are Thursday evenings and games are Saturday mornings. Questions and sign-ups after both services today!



Zone D-3, Small Group Activities Sign-up, TODAY in the Narthex, following 8:00 a.m. & 11:00 a.m. services.



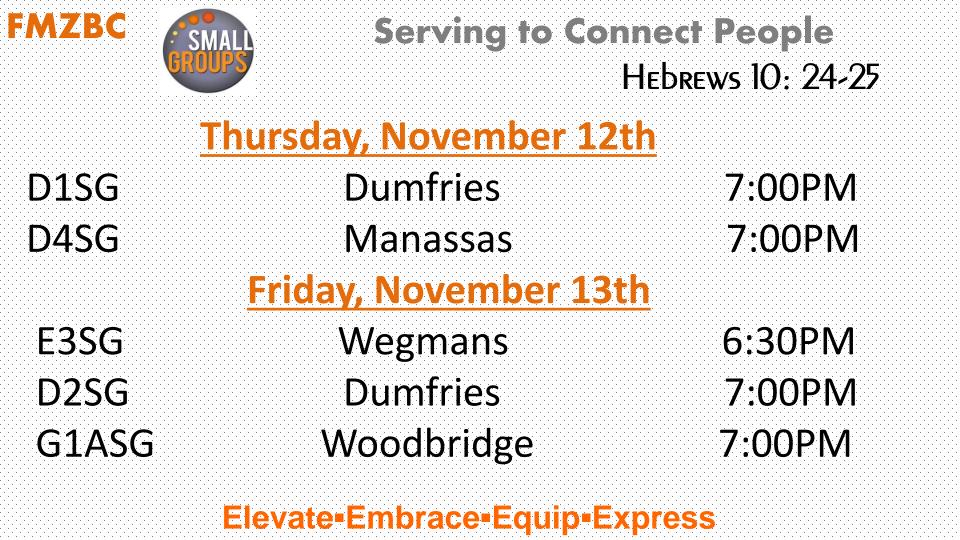


ACADEMIC EDUCATION MINISTRY {AEM} ANNUAL COLLEGE VISITS SIGN UP TODAY IN THE NARTHEX!

Who: All high school students from FMZ Visits to: Marymount and George Mason Universities

When: Wednesday, November 11, 2015







Single's Ministry presents Angel Tree Christmas



Volunteers Needed to Purchase, Wrap, and/or Deliver Gifts "Deliver Love... From your Hands to their Hearts" Sign-up today after 8am & 11am services

For additional information contact: Deacon Al Shelton: 703-969-5910



PRIZES FOR ALL WINNERS



YOUTH CANNED FOOD DRIVE CONTEST (6th thru 12th graders)

Participants must be present at the Annual Youth Prayer Dinner on Friday, December 4, 2015 and have minimum of 50 items in order to be a winner in this contest.

"Help Fight Hunger"



REGISTRATION FOR THIS EVENT IS REQUIRED





HEALTHIER FAMILIES • STRONGER COMMUNITY

NOVEMBER 2015

THANKSGIVING DINNER

Festive and seasonal, healthy and nutritious menu items such as:

- Roasting Chicken
- Potatoes, Onions, Stuffing Mix
- Sausage, Elbow Macaroni, Pollock Fillets
- Celery, Apples, and Oranges
- Sweet Potato Pie



GOOD FOR YOUR FOOD BUDGET; GOOD FOR YOUR COMMUNITY. EVERYONE CAN SHARE. WILL YOU?

CONVENIENT PAYMENT OPTIONS: Debit/Credit Cards, EBT, Cash/Money Order FOR MORE INFORMATION? See Church announcement sheet



Photography Ministry Meeting

Thursday, November 12, 2015

7:00 pm

New photographers are welcomed! (All levels are encouraged to join)

For more information, Call Victoria Cole-Rolon (703) 895-5475 or email at colerova@gmail.com



In Everything Give Thanks

Women's Ministry Master Class November 14, 2015 9:00 a.m. - 11:00 a.m. **Guest Speaker: Reverend Sharon Wallace**



FMZ YOUTH MINISTRY SERVICE PROJECT

WESTMINSTER AT LAKE RIDGE NURSING HOME

SATURDAY, NOVEMBER 14, 2015 2:00PM-3:30PM

SIGN UPS:

* NOVEMBER'S 1ST FRIDAY

* NOVEMBR 1ST & 8TH : AFTER 8 AM & 11 AM CHURCH SERVIC

CONTACT: REV. MCNEILL @ 703/670-0184 OR JMCNEILL@FIRSTMOUNTZIONBC.ORG





Men's Ministry Fellowship "A Salute to Veterans" November 14 @ 9 a.m. Speaking: Rev. TJ Owens (See bulletin for details) FMZ Academic Education Ministry (AEM) Scholarship Workshop Sunday, November 15, 2015 (immediately following the 11 o'clock service)

INVITED: 2016 GRADUATING HIGH SCHOOL SENIORS AND PARENTS WHO ARE MEMBERS OF FMZ





VOLUNTEER TRAINING November 19th 7:00pm

<u>Contact</u>:

Michelle Wallace, mew1021@verizon.net, 240-602-5929 Shemone Fullilove, shemonef@gmail.com, 571-237-5786 Journey to Joy Grief Support Ministry Presents 2 wellness workshops > Hope for the Holidays > Real Men Grieve Too! (for men only)

"A cheerful heart is good medicine" Proverbs 17:22



Saturday, November 21, 10:00a-1:00p First Mount Zion Baptist Church



ALL volunteers, parents & grandparents invited!



11:00am service



FMZBC BASKETBALL TEAMS

Interested in Volunteering or Playing?

(Must be at least 16 yrs of age)

Sign Up Today

after both services!







Youth Ministry Prayer Dinner

(6th thru 12th graders)

On Prayer (A Barber/Beauty Shop Conversation)



Friday, December 4, 2015 7 p.m. – 9 p.m. In the Grain of Heaven Dressy Attire/ No Jeans or Sneakers



Please Sign Up In the Narthex Today!

CED CHRISTMAS BRUNCH

AT THE

BEAUTIFUL

WATERFORD

Featuring **ERIC TAYLOR**



The Gospel Violinist Extraordinaire

SATURDAY, DECEMBER 12, 2015 10 am – 1 pm \$20 HOLIDAY GIVEAWAYS EXCELLENT AWESOME



2015 THEME: *"Serving* to glorify God" 1 Peter 4:11