

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

- Christopher Bates [B]
- Teresa Bridges [I]
- Terry Carey [F1]
- Charlie Clark [K1]
- Idell Collins [D3]
- Curley Creamier [C2]
- Jacqueline Cuffee [M3]
- Samuel Graham [L1]
- Kenneth Irby [N]
- Kathleen Lambert [N]
- Kizzie Lane [G1]
- Gwynne McCatharine [N]
- Ann McCowen [F2]
- Nellie McLeod [H1]
- William C. McLeod [H1]
- Maria McNair [C1]
- Ralph Minor [B]
- Suzette Montero [F2]
- Betty Palmer [D1]
- Bertha Pickering [K1]
- Essie Pullman [Z]
- William Terry [M1]
- Cynthia Thompson [M2]
- Marie Veillard [B]
- Cynthia Walker [Z]
- Rosemarie Wilcox [Z]
- Clyde Wimbush [N]

GRAIN OF HEAVEN

Refreshments in the
Gym.



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Today, Sept 18

Music ~ Voices of Zion/Jewels
Sunday School 7A; Worship Service 8A; Small Groups Interest Based Group Link (After Both Services); Sunday School 9:45A; Juvenile Detention 10A; Children's Church 11A; Worship Service 11A

Monday, Sept 19

Money Smart Ministry-Planning Meeting 7P; Consecration/Ordination Rehearsal 7P; NCBW 7P; Deacon Ministry-Interview Training 7:30P; Trustee Ministry-Finance Committee 7:30P; Trustee Ministry-Future Development Committee 7:30P

Tuesday, Sept 20

Proverbs Place-Soccer 3:30P; Academic Education Ministry-Monthly Meeting 7P; Flower Ministry 7P; Deaconess Ministry Monthly Meeting 7:30P; Men's Choir 7:30P

Wednesday, Sept 21

Senior's Ministry 12:30P; Praise and Worship 7:30P; Bible Study 8P

Thursday, Sept 22

Motorcycle Ministry 7P; Princeton Theological Seminary and FMZ Satellite Courses 7P; Strategic Planning Committee 7P; Mass Choir 7:30P

Friday, Sept 23

No Scheduled Activities.

Saturday, Sept 24

Sunday School Ministry 8:30A; Health Ministry/Million Hearts Regional Meeting 9A; Money Smart Ministry Workshop 9A; Share Distribution 9A; Spiritual Cancer Support 10A; Gymnasium Set Up 1P

ACADEMIC EDUCATION MINISTRY
(AEM)

Students and Tutors Sign-Ups for Education Tutoring. Students: You have been in your classes long enough now to realize any subject that you might need help for better understanding, review, and needed instructions. You are reminded that there is free tutoring to help you right here at FMZ, but you must sign up/register for a tutor to be assigned to you. You may sign up today in the Narthex after both services.

Interested Tutors: If you have a desire to help our students in your area/s of expertise, please sign up in the Narthex today to serve as a tutor. Further information is also available for you as to time, dates, etc., from the AEM representatives in the Narthex today! POC: Brother Gerry Griffin, griffing@rocketmail.com.

CHILDREN'S CHURCH MINISTRY

Children's Church will be closed on September 25, 2016. Anyone interested in volunteering for Children's Church Ministry, please contact Michelle Wallace, mew1021@verizon.net, 240-602-5929 or Shemone Fullilove, shemonef@gmail.com, 571-237-5786.

Today the nursery will be located temporarily in Room 200-A. If you have any questions, please contact Michelle Wallace, mew1021@verizon.net, 240-602-5929 or Shemone Fullilove, shemonef@gmail.com, 571-237-5786.

SUNDAY SCHOOL

Sunday School Servant training is scheduled for Saturday, September 24th from 9:00-11:00 AM. All Sunday School servants and those interested in serving in the Sunday School ministry are invited. Contact Rev. Ernest Jones, ecjcp@aol.com or sign up at <http://www.signupgenius.com/go/30e0448a9ac2da2fb6-fall>.

MARRIED COUPLES MINISTRY

MARRIED COUPLES: Did you know that there was more than 1 ring in marriage? Come to the kick-off of this year's Married Couples' Ministry and learn about the "7 Rings of Marriage." Help make your marriage stronger as we study, laugh, and even cry together. Be a part of the team as we plan our "Remembering The Promise," function; attend special outings; and fellowship with one another in and outside of FMZ. Don't miss the kick-off! Held at FMZ on Tuesday, September 27 @ 7 pm.

WOMEN'S MINISTRY

Women (18 yrs. & beyond), **SAVE THE DATES!** The Women's Ministry will sponsor its 2016 Women's Conference on Friday, Oct 21, (**FREE CONCERT OPEN TO ALL**), from 7pm-9pm & Saturday, Oct 22, from 7AM-4PM; at First Mount Zion Baptist Church. **Vendors** will also be on site. The theme is *A Time for Everything* "Embracing the Seasons of Your Life" (**Ecclesiastes 3:1-8**). Registration is now open, located in the Narthex, following the 8AM and 11AM service. The cost is \$50.00. **Register early, space is limited!** POC: Linda L. Young at lindalyoung@hotmail.com or Robin Hawkins at brasen_alter@yahoo.com.

DEACONESS MINISTRY 2016 ANNUAL
COMMUNITY GIVEAWAY

EVENT DATE: Saturday, October 15, 2016
EVENT TIME: 8:00 – 12:00pm

"Matthew 25:21 NIV His master replied, 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things.' **Come and share your master's blessings! Bring in your gently used or new items and non-perishable foods to be a blessing to someone.**

Donation collections end on Tuesday, October 11, 2016.

Collection times will be Monday, Tuesday and Thursday 9:30am – 12:00pm, 1:00pm – 3:30pm and 7:00pm – 8:30pm; Wednesday and Fridays collection times will be 9:30am – 12:00pm, 1:00pm – 3:30pm; and No Evening Collections. There will be two Saturday collection dates: September 24, 2016 and October 8, 2016 No Sunday collections. POC: Mozelle Floyd (703) 439-9021

CHRISTIAN EDUCATION DEPARTMENT

DISCIPLESHIP TRAINING: Who Is God? What Do I Believe? What Should I Do? Who Am I Becoming? If you've ever wanted to go deeper in your understanding of God so that you can THINK, ACT & BE LIKE JESUS, then become a disciple of Jesus Christ! Signup for this 30 session Adult series, intensive discipleship training, and celebrate your accomplishment at the end with your fellow disciples! Signups start Sunday, September 25 after the 8 & 11 am services. POC: tholley@firstmountzionbc.org.

NCBW/PWCC

The National Coalition of 100 Black Women Prince William County Chapter (NCBW/PWCC) will conduct an educational training session "free" to educate black men and women on colon cancer. The educational session will be held on Saturday, October 1, 2016 at First Mount Zion Baptist Church from 10:00am 12:30pm. POC: Rev. Sandra K. James or Ms. Linda Young at 703-670-0184.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
September
REHEARSALS**

Women's Choir
Tues 27; 7P

Women's Choir
Praise Team
Tues 27; 7P

Mass Choir
Thurs 22, 29, 7:30P

Men's Choir
Tues 20; 7P

MONEYSMART MINISTRY

Thinking of starting a home-based business and looking for tips? Already running a home-based business and want to share your "lessons learned"? Come to the next Money Smart Ministry workshop: "The Work and Rewards of the Home-Based Business." On September 24, 2016 from 9-11 a.m., hear and share tips for starting and managing a home-based business. Sign up today in the Narthex. For more information, please contact moneysmart@firstmountzionbc.org. *The Money Smart Ministry's goal is to empower all members to be better stewards of the resources God has provided for us by sharing money management techniques.*

STRATEGIC PLANNING COMMITTEE

Interested in being a part of planning FMZBC's future? Serve on the Strategic Planning Committee (SPC). The SPC is creating and developing the church's strategic plan. Servant lay-members who desire to serve, possess a working knowledge of strategic planning, or have solid writing and collaboration skills, are asked to stop by the SPC table in the Narthex Today after the 8:00 and 11:00 am service to learn more about the SPC, FMZBC's strategic goals, and pick up a nomination form. Please contact Bro. Rick Gallaway, SPC Chair, rgallaway@sassafrask9.com, if you have questions.

2017 BUDGET SUBMISSIONS

Ministry Budget Requests for 2017 are due to the Trustee Ministry by October 2, 2016. In order for the submission to be considered, it **must** be submitted on the 2017 Budget Form with ministry chair or oversight ministry chair approval. The Budget form is available in the forms box in the Narthex near the Administrative Office. Please submit all completed requests to the Financial Secretary. The Trustee Ministry will present the 2017 Budget for Church approval at the December 3, 2016, Church Meeting. Contact Trustees Maxine DuFore, Oscar Dailey or Karen Davis with any questions.

SHARE DISTRIBUTION

September SHARE packages will be distributed on Saturday, September 24th from 9 -10am in the gymnasium. POC Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.

FIT BY GOD

Line Dancing- Monday Nights at 7pm in the gymnasium. Sneakers must be worn. Come learn, dance and fellowship.

Coed Youth Basketball Skills Clinic:

Learn fundamental basketball skills. Six week program starting September 22nd. Thursday Nights 7:00 – 8:30 pm. For youth both male and female ages 10- 16 yrs old. To Sign-Up contact the Fitness Center 703-670-0225 or LValkenburg@FirstMountZionBC.org. Sign-Ups end September 20th.

GET READY TO FEED CHILDREN

Registration slots for this year's *FEED MY STARVING CHILDREN* MobilePack event will open on Monday, Sept. 19 at 5 pm. Go to FMZBC.com and click on the Feed My Starving Children Slider to register. Slots go fast, so don't delay registering you and your family for this ministry service opportunity. Evening slots to greet the FMSC Team and to see the Team off are available on Friday, October 7th and Saturday, October 8th. The food will be packed in 3 shifts on Saturday, October 8th. Don't miss out! Sign up and make a difference by providing hope through food!

PWC NAACP

The PWC NAACP will hold its monthly General Membership Meeting on Tuesday, September 20th, from 7:30 to 9:00 p.m. at the First AME Church located at 10313 S. Grant Ave., Manassas, VA. This month's meeting will focus on Education. Please come out and join us. If you are unable to attend the meeting, you can participate on-line by using our GoToMeeting procedure. Go to our website at pwnaacp.org and access the calendar entry for this meeting.

The Political Action Committee of the PW NAACP and partner organizations are seeking your support for its "2016 Stand on the Right Side of History – A Voter Outreach Initiative" will take place on September 24, 2016 from 11:00am to 2:00 pm at the Montclair Library – Study Room. The library is located at 5049 Waterway Drive. Activities will consist of training, phone banking, and door-to-door canvassing. If interested, please contact the Voter Outreach Coordinator at PoliticalAction@pwnaacp.org.