

"I WAS SICK AND  
YE VISITED ME"

Our Known Sick and/  
or Shut-in Prayer List

Lisa Adams [J1]  
Shirley Bridges [E3]  
Teresa Bridges [I]  
Shirley Burton [D2]  
Jessica Butler [B]  
Terry Carey [F1]  
Queen Carroll [G2]  
Yvonne Carter [C1]  
Charlie Clark [K1]  
Fred Fortune [I]  
Samuel Graham [L-1]  
Edwin Green [M3]  
Beulah (BJ) Harper [D1]  
Celesta Hines [M1]  
Cheryl Harris [D1]  
Kenneth Irby [N]  
John W. Jones, Jr. [Z]  
Kizzie Lane [G1]  
Gwynne McCatharine [N]  
William C. McLeod [H1]  
Ralph Minor [B]  
Suzette Montero [F2]  
Jacqueline Peterson [E3]  
Bertha Pickering [K1]  
Essie Pullman [Z]  
Daniel Russell [M3]  
Katherine Stevens [D1]  
Myrtle Stith [K4]  
Haywood Thomas [D4]  
Ronald Thomas [K3]  
Sheree Thomas [F2]  
Cynthia Walker [Z]  
Sheila West [K5]  
Timothy Willis [J2]  
Clyde Wimbush [N]

**GRAIN OF HEAVEN**

Bacon,  
Turkey Sausage  
Eggs, Grits,  
Breakfast Potatoes  
Biscuits



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**This Week at a Glance & Activities**

**Today, June 9**

Music ~ Women's Choir  
Sunday School 7A; Worship Service 8A; Sunday School 9:45A; Juvenile Detention 10A; Children's Church 10:45A; Worship Service 11A; Associate Ministers 1P; Diverse Disciples of Christ Youth SGM 1P; God's Knowledge is Powerful SGM 1P; The Smart Step Family SGM (Offsite) 1:30P; Fearless Study SGM (offsite) 3P

**Monday, June 10**

Proverbs Place Graduation Rehearsal 9:30A; Benevolence Committee 7P

**Tuesday, June 11**

Noon Day Prayer 12P; Deaf Ministry 7P; Alzheimer's Caregiver Support Group 2 7P; Mary Elizabeth Ministry Monthly Meeting 7P; Pi Lambda Lambda OPPF 7P; Toastmasters 7P; Men's Choir 7:30P

**Wednesday, June 12**

Proverbs Place Graduation Rehearsal 9:30A; Alzheimer's Caregiver Support Group 1 (offsite) 11A; Praise & Worship 7:30P; Bible Study 8P; Youth Bible Study 8P

**Thursday, June 13**

Proverbs Place Graduation 9:30A; A.S.K. Intercessory Prayer SGM 7P; Divorce Care SGM 7P; Jewels Choir 7P; Not By Bread Alone Baking SGM (offsite) 7P; Pastor's Aide Ministry 7P; The C.O.R.E. 7P; Voices of Zion 7P; Men's Ministry Monthly Meeting 7:30P; Trustee HR/Admin Committee 7:30P

**Friday, June 14**

Proverbs Place Graduation/Reception 10A; Circling God's Word SGM (offsite) 7P

**Saturday, June 15**

A Page At A Time Scrap Booking SGM 9A; Volunteer Screening 9A; Flower Ministry 10A; Pi Lambda Lambda OPPF 10A; Junior Ushers 11:30A; Women Unfolding Our Divine Destiny SGM 12P; Kingdom Living In Our Culture SGM (offsite) 1P;

**CHRISTIAN EDUCATION DEPARTMENT**

**VBS REGISTRATION – 1 WEEK LEFT**

Registration ends June 16<sup>th</sup>; there is NO walk-in registration. Children, age 4-12<sup>th</sup> grade, are invited to join us for VBS as we **Whoosh: Take Flight to Where God Leads You!** VBS will be held June 24<sup>th</sup>-28<sup>th</sup>, 8:00am-12:30pm. Registration online ONLY at the following link, [vbspro.events/p/fmzbcvbs2019](https://vbspro.events/p/fmzbcvbs2019). Stop by the VBS table in the narthex for details or assistance. POCs: Carmia Salcedo, 703-307-6296 or Kim Nelson, 202-520-8016 [vbs@firstmountzionbc.org](mailto:vbs@firstmountzionbc.org).

**VBS SERVICE PROJECT – PLEASE DONATE**

Please support this year's VBS service project, **OPERATION WISHLIST**, supporting both the Loisann's Hope House, a homeless shelter for families, and Inova Children's Hospital. Pick up a flyer with details at the VBS table or Leadership and Security desks in the narthex. Donations can be dropped off at the VBS table.

**SENIOR'S MINISTRY**

The Seniors Ministry is having a LUAU! Join us on Wednesday, June 19, 2019 from 12:00-2:00 pm in the patio area of the senior ministry meeting room. Our theme is **"Celebrating Our Life in Christ"**. This will be our final meeting until September. All senior members and guest 55 and up are welcome for food, fun, and fellowship. Come out, meet new friends and wear your favorite flowered outfit. For more information call Shirley Hardy at 703-459-4321 or [seniorsministry@firstmountzionbc.org](mailto:seniorsministry@firstmountzionbc.org).

**ACADEMIC EDUCATION MINISTRY (AEM) GRADUATION CEREMONY**

The AEM will recognize all graduates from kindergarteners to first grade, high school, college, and technical schools who are members of FMZBC at our Combined Sunday School and Commencement/ Graduation program on Sunday, June 16. This ceremony will be held in the Main Sanctuary during the Sunday School hour. In addition, we will recognize all recipients of the FMZBC scholarship during this ceremony. Graduates are asked to wear their cap and gown for this ceremony. **TODAY** is the last day to sign-up in the Narthex following both worship services POC: Brother Gerry Griffin at [AEM@firstmountzionbc.org](mailto:AEM@firstmountzionbc.org).

**ANNUAL BLOOD DRIVE**

**SAVE THE DATE:** The Singles Ministry and Health Ministry will conduct the FMZBC 17th Annual Blood Drive on July 14, 2019. Please sign up in the Narthex after worship services today and help save a Life. POC: Al Shelton at (703) 969-5910.

**HEALTH MINISTRY**

Are you looking to serve quietly? The Health Ministry needs volunteers who are lay persons, health professionals, and nurses to serve the congregation during 8am and 11am services as well as other church events. Please send an email to [healthministry@firstmountzionbc.org](mailto:healthministry@firstmountzionbc.org) for more information.

**ZONES M1, M2 & M3**

We are having a consolidated Zone M Bowling Extravaganza at the Bowl America Lanes in Woodbridge on July 20th, beginning at 1:30 pm. Well, it may not be an extravaganza. It may become a Bowling 101 for beginners. Never you mind, come on out and have some fun! All ages and skill levels are invited. Food, Fellowship and Fun in Jesus' name is our only agenda. Sign-up **TODAY** and the 23rd, after both services, in the narthex. See you there!

**ATTENTION – ALL ZONE M3 FAMILIES**

Do you reside in Manassas (close to Rte 66), Manassas Park, Gainesville, Haymarket, Nokesville, Bristow, Winchester or South Riding VA areas? Then you are a member of Zone M3! Please join us for a summer "Meet-n-Greet" gathering on Saturday June 29th from 11:30 am -3:00 pm. We will meet at the Bull Run Swim and Racquet Club located at 8101 Seymour Road, Manassas, VA (near Costco). Sign up at the Zone M3 Table in the Narthex after both services. POCs: Deaconess Vietta Williams (703-409-1863) and/or Deacon Al Shelton (703-969-5910).

**ATTENTION ZONES K1, K2, K3, K4, K5 and N**

Coming Soon: Zones K and N will be having our summer fellowship at Rowser Complex in Stafford. See additional information in next week's Bulletin. POC will be Lloyd Cox and Denise Bagwell. Get ready for some fun!!

**Small Groups Ministry**

WOULD YOU LIKE TO START A NEW INTEREST BASED SMALL GROUP?

I'd like to hear from YOU!!

POC: Stephanie Craddock, Small Groups Director

[Scraddock@firstmountzionbc.org](mailto:Scraddock@firstmountzionbc.org) or (703) 670-0184

**ADMINISTRATIVE OFFICE STAFF**

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**THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.**

**MUSIC & ARTS  
MINISTRY  
JUNE  
REHEARSALS**

**MASS CHOIR**  
Thurs, June 27 @ 7:30 PM

**MEN'S CHOIR**  
Tues, Jun 11 @ 7:30 PM  
Tues, Jun 18 @ 7:30 PM

**VOICES OF ZION**  
Thurs, June 13 @ 7:00 PM

**JEWELS**  
Thurs, June 13 @ 7:00 PM

**COMBINED CHOIR**  
Mon, June 24 @ 7:00 PM  
Thurs, June 27 @ 7:00 PM

**VACANCY ANNOUNCEMENT**  
Title: Receptionist Administrative Assistant  
Status: Full-Time Hourly (40 Hours Non-Exempt)

First Mount Zion Baptist Church is seeking a Receptionist with at least two years of work experience; one year of administrative experience is desired. The Receptionist is vital to the operation of FMZBC. Representing the Church as the first point of contact for members and guests who visit and/or call the Church, the position requires someone with a heart for people and who has exceptional customer service. The ideal candidate will be proficient in multiline phone systems; Microsoft Office and the operation of office equipment. Post offer the applicant must be able to pass a criminal background check and provide documentation required for verification of employment eligibility. Submit applications no later than close of business on Friday, June 14, 2019. Detailed vacancy announcement; description and application available in the administrative office and online at FMZBC.COM. Submissions may be emailed to [Employment@firstmountzionbc.org](mailto:Employment@firstmountzionbc.org).

**Trip to Ark Encounter and Creative Museum in Kentucky.**

There are 6 seats available for the 4 day trip to Kentucky August 14-17 to see the Ark Encounter and Creative Museum. This trip is open to FMZBC Members, family and friends. The Ark Encounter is a replica of Noah's Ark and the Creative Museum is a 75,000 square feet building with many biblical base features to include what the Garden of Eden may have looked like. Cost: 3 person room \$495 @ person, 2 person room \$570 @ person and single room is \$855. Tour Inclusions: • Round Trip Motor Coach Transportation from Dumfries, Virginia • 3 Nights Hotel Accommodations at the Embassy Suites • Admission to the Ark Encounter and Creation Museum • Breakfast each morning. Please contact Deacon Andrew Walker at [andrew.walker55@verizon.net](mailto:andrew.walker55@verizon.net) if you're interested in attending and/or details. Please sign up as soon as possible.

**SHARE REGISTRATION**

**TODAY** is the last day to register for the June SHARE packages. SHARE packages are \$23 for food valued between \$35.00 and \$45.00. POC: Thomas Bates 703-330-6371 or Cherry Anderson (540) 361-4319.