

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

Shirley Bridges[E3]
Teresa Bridges [I]
Bernice Bryant [Z]
Jessica Butler [B]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Fred Fortune [I]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (B.) Harper [D1]
Celesta Hines [M1]
Cheryl Harris [D1]
Kenneth Irby [N]
John W. Jones, Jr. [Z]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Ralph Minor [B]
Suzette Montero [F2]
Jacqueline Peterson [E3]
Bertha Pickering [K1]
Essie Pullman [Z]
Daniel Russell [M3]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Ronald Thomas [K3]
Sheree Thomas [F2]
Cynthia Walker [Z]
Timothy Willis [J2]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Omelet Station, Turkey
Bacon, Turkey Sausage,
eggs, grits, potatoes, fried
chicken wings, biscuits



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Today, Mar 24

Music ~ Men's Choir
Sunday School 7A; Worship Service
8A; Sunday School 9:45A; Juvenile
Detention 10A; Children's Church
10:45A; Worship Service 11A; The
Smart Step Family SGM (offsite)
1:30P; Hungry For the Word SGM
(Stafford) 3P

Monday, Mar 25

AEM Tutorial 7P; Bod 4 God SGM
7P; Christian Dating SGM 7P; Fi-
nancial Freedom for Millennials
SGM 7P; Journey to Joy/GriefShare
7P; Money Smart 7P; Retire Inspired
SGM 7P

Tuesday, Mar 26

Noon Day Prayer 12P; Academic
Education Ministry 7P; Alzheimer's
Caregiver Support SGM 7P; Com-
bined Choir 7P; FREEDOM SGM
7P; Photography Ministry 7P; Sing-
les Ministry 7P; Small Groups Plan-
ning Committee Meeting 7P; Toast-
masters 7P; Trustee Executive
Board Meeting 7P

Wednesday, Mar 27

Alzheimer's Caregiver Support SGM
Group 1 (offsite) 11A; Midday Bible
Study 11:30A; Praise & Worship
7:30P; Bible Study 8P

Thursday, Mar 28

Combined Choir 7P; Divorce Care
SGM 7P; C.O.R.E. Committee Meet-
ing 7P; Trustee Strategic Planning
Committee 7P; Celebrate Recovery
SGM 7:30P

Friday, Mar 29

Christian Warriors SGM (offsite)
6:30P

Saturday, Mar 30

Money Smart Ministry 9A; Women's
Ministry Book Club 10A; Mary Eliza-
beth Ministry 11A.

ACADEMIC EDUCATION MINISTRY (AEM)

The Academic Education Ministry will be hosting a Parent/Student Workshop, Tues-
day, March 26, 2019 at 7 pm in the Lecture
Hall. The workshop will be geared toward
College Planning, the importance of students
getting off to an early start and strategies on
how to get into college and graduate DEBT
FREE. Students grades 8 thru 12 and their
parents are encouraged to attend. Signups
for this workshop will be held in the Narthex
TODAY. POC: Kim Crawford [nmccraw-
ford@gmail.com](mailto:nmccrawford@gmail.com) or by phone at 571-315-
9995.

**Attention Organizations with Scholar-
ships available for 2019:** If you would like
to announce your 2019 Scholarships at First
Mount Zion, please submit your information to
the Academic Education Ministry at
AEM@FirstMountZionBC.org.

**REMINDER!! FMZBC SCHOLARSHIP
APPLICATIONS ARE DUE BY 5:00 PM,
MONDAY APRIL 15, 2019**

**The following scholarships are available
on the table in the Hallway next to the
Book Store.**

- The Gene K. Bryson Memorial
Scholarship
- Franklin Dunlap Memorial Scholarship
- Helen B. Webb Scholarship
- Alpha Phi Alpha Fraternity, Inc.
Xi Alpha Lambda Chapter
Ira Dorsey Scholarship
- VA Advisory Council on Military
Education Scholarship
- Women in Community Action (WICA)
- VA Advisory Council on Military
Education Scholarship
- George M. Hampton Foundation
Scholarship
- National Coalition of 100
Black Women, Inc., PWC Chapter

CHILDREN'S CHURCH

If you are interested in serving with the Chil-
dren's Ministry - Kids Kingdom, which runs from
September-June, we encourage you to be part
of our ministry by sharing your giftedness. Sign
up in the narthex **TODAY** after 11 am worship
service.

Kids Kingdom provides children (pre K - 5th
grade) a place where kids are taught about their
royalty in Christ Jesus. This is a wonderful op-
portunity for children to worship in a safe, age
appropriate, and fun environment.

Children's Church Guidelines:
Nursery - 12 months - 3 years
Children's Church - 3 years (potty trained) and
up.
POC: Michelle Wallace at [ChildrensMinis-
try@firstmountzionbc.org](mailto:ChildrensMinistry@firstmountzionbc.org) or 240-602-5929.

YOUTH MINISTRY

First Friday on the Go (Laser Quest): On Fri-
day, April 5 at 6:45 pm, the Youth Ministry will
meet at Laser Quest(14517 Potomac Mills Rd.
Woodbridge, VA 22192). Space is limit, so you
must register. A \$5 donation will be collected at
Laser Quest to cover the meal. Sign-up in the
Narthex or email Rev. McNeill at
jmcneill@firstmountzionbc.org.

Save the Date (April 19, at 7:30 pm)
Seven Last Words of Christ Service for Millen-
nials. All are invited. POC: Rev. J. McNeill at
jmcneill@firstmountzionbc.org

Save the Date: April 26-27
Youth High School Retreat
POC: Rev. J. McNeill at
jmcneill@firstmountzionbc.org

SINGLES MINISTRY

**Monthly Meeting on Tuesday March 26th at 7
pm.** Topic: "Embracing Your Singleness".
Looking forward to seeing you!!

**Monthly Bowling on Saturday, April 6th at
2:00 pm. Come on out and join in the
fun! We look forward to seeing you!!**

HEALTH MINISTRY

Are you looking to serve quietly? The Health
Ministry needs volunteers who are lay persons,
health professionals, and nurses to serve the
congregation during both services as well as
other church events. The ministry is also in
need of **wheelchairs**. Contact us at: [healthminis-
try@firstmountzionbc.org](mailto:healthministry@firstmountzionbc.org) for more information.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
MARCH
REHEARSALS**

Combined Choir
Tues 26 7P
Thurs 28 7P

GRIEF SHARE

FMZBC's Grief Support Ministry, **Journey to Joy** will host our sixth **Grief-Share** session, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This program runs thru May 20, 2019 from 7-9 pm. GriefShare is a **free** facilitator designed program with special topics, a participant handbook, DVDs featuring grief experts and group discussions. Join us on Monday evening! **We know it hurts and we want to help and provide encouragement after the death and separation of a loved one.**

EMPLOYMENT OPPORTUNITY

MITRE Corporation is Hiring 9th and 10th Grade Students For A STEM Research & Development Internship...Apply Today at:
<https://mitre.referrals.selectminds.com/jobs/technical-aid-summer-high-school-4775?et=A37AjFb3>

CORE SOCIAL EVENT

Join us as The CORE goes Roller Skating!! Please join us at Cavalier Skate Rink (1924 Jefferson Davis Hwy, Stafford VA 22554) on Saturday, March 30th at 8 pm!! For any additional questions contact Sade Akanni via email at TheCore@FirstMountZionBC.org Hope to see you there!!!

**VACATION BIBLE SCHOOL (VBS)
VOLUNTEERS NEEDED**

Volunteers are needed to join Team VBS 2019. Through **Whoosh: Take Flight to Where God Leads You, Hebrews 11:8**, children will discover with NEW eyes, a GREAT and AWESOME God and be DELIGHTED to realize how VALUABLE they are in Jesus Christ! Join us **June 24th - 28th, 8 am to 12:30 pm** to make VBS 2019 a success. Sign up in the narthex or contact Carmia Salcedo (703-307-6296) or Kim Nelson (202-520-8016) at vbs@firstmountzionbc.org. **Volunteer screening is mandatory;** attend April 27th or May 18th. Student sign up begins May 1st.

SHARE REGISTRATION

The last day to register for April SHARE packages is March 31st. SHARE packages are \$23 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.

MONEY SMART MINISTRY(MSM)

SAVE THE DATE

The next upcoming workshop will be held on Saturday, March 30, 2019 from 9-11 am on the Topic: **"Starting and Growing Your Small Business"**. You will learn how to start your small business; the benefits of owning your own small business; the pros and cons of being a business owner; the tax benefits of being a business owner; and finally how to improve and grow your current small business. We have a dynamic speaker lined up to share a wealth of information with you. Come out and learn what the Bible says about this topic. Sign up TODAY in the Narthex after the both services or you can email the ministry at mon-eysmart@firstmountzionbc.org. Please Like us on Facebook at <https://www.facebook.com/FMZBCMoneySmartMinistry/> to receive valuable information on this and other topics.

JOB VACANCY ANNOUNCEMENT

Title: Teachers Aid
Salary Range - \$10.00 - \$13.00 Hourly
Proverbs Place is seeking a Teachers Aid with an Associate's degree or higher in Early Childhood Education; Elementary Education is Preferred. Minimum requirements are a high school diploma and on-the-job training in a field related to early childhood education. Applicants must meet the following qualifications. Help ensure smooth, daily transition. Actively engages in activities: manages cleanliness, maintenance and availability of class materials. Assist in the implementation of curricula activities and encourage participation by children. Maintains frequent communications with parents through informal discussions and progress reports. Encourages self-help and good hygiene through behavior modeling. Ability to lift and carry children and other items weighing up to 50 pounds. Must be 18 years of age. Follow all center policies and state regulations. Maintains personal development plan. Submit applications no later than close of business on Friday, March 29, 2019. Submissions may be emailed to wwilliams@connectedtoconnect.org.