

**The effective, fervent prayer of
the righteous avail much.
James 5:16**



***FMZBC Leadership will be available in
the Chapel every Sunday immediately
after the 8 and 11 am Worship Services
for anyone who desires prayer.***

Journey to Joy



"Your Journey from Mourning to Joy."

Help & Encouragement - Weekly Seminars - Support Group

Session 1: " Is This Normal ? "

February 11, 2019 7:00 - 9:00 pm

Death hurts...We help.



SINGLES MINISTRY VALENTINE DINNER

Saturday, February 16th at 5 pm
ORLEANS BISTRO and GRILL
Fredericksburg, VA

- POC: SINGLES MINISTRY
@firstmountzionbc.org



WE'D  TO GET YOU CONNECTED

**SIGN UP DURING OUR SPRING
INTEREST BASED SMALL GROUPS FAIR!**

Sunday, February 17, 2019

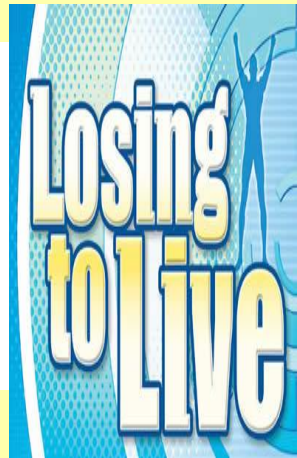
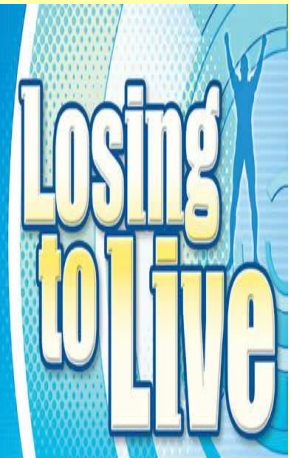
Following the 8:00AM and 11:00AM Worship Services in the Narthex

Start 2019

With Health & Wellness

Join BOD4GOD at our Spring Small Groups Fair!!

Sunday, February 17th



WHICH TEAM WILL BE THE BIGGEST LOSER?

POC: Stephanie M. Craddock (Small Groups Director) - Scraddock@firstmountzionbc.org or (703) 670-0184

#RELATIONSHIPGOALS

A roundtable discussion on Love, Dating, Marriage and Relationships with special guest panelists from FMZBC's Married Couples Ministry

Saturday, February 23, 10AM-Noon @ FMZBC



Presented by
THE C.O.R.E

Questions? Contact
TheCore@firstmountzion
bc.org

Spiritual Gifts Workshop
Saturday, February 23, 2019
8:30 a.m. – 12:30 pm

Register at SpiritualGifts@firstmountzionbc.org



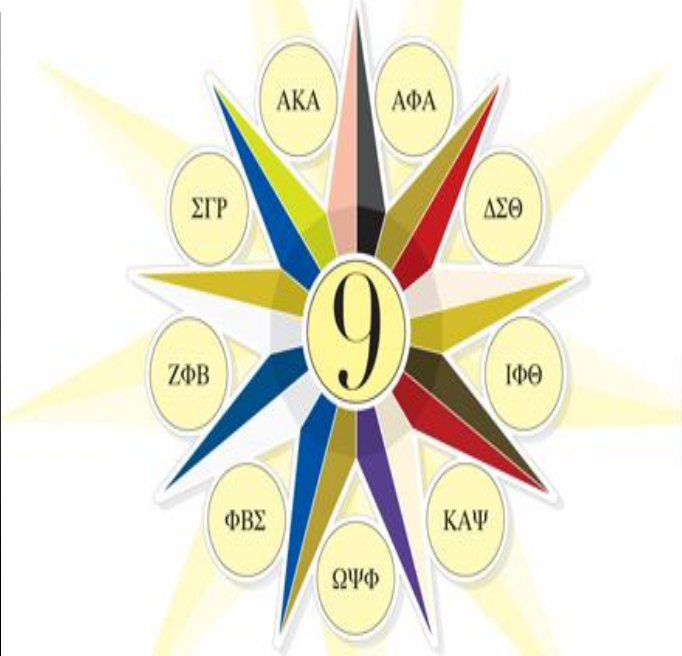
The background of the slide is a photograph of a desert landscape. The foreground is a vast, flat expanse of reddish-brown soil, marked with numerous tire tracks. In the middle ground, there are several large, rugged rock formations or hills. The sky is a pale, clear blue. The overall lighting suggests a bright, sunny day.

How Can We Teach Living In God's Assurance?

Isaiah 41:10

Come to Sunday School Training Session and Let's Talk About It!

23 February 2019
9-11am



Join us **February 24th** in celebration of Black History month by representing your fraternity or sorority

Point of contact *Rev. Sandra K. James* for tables

Women's Ministry Anniversary Brunch



March 9, 2019, 9am-12:30pm
Guest Speaker: **Reverend Cheryl McNeil**



Free: Registration required

40th Anniversary





Make a **HUGE** Difference!

Want to **START A NEW** Interest Based Small Group?

I'd like to hear from you!

POC: Stephanie M. Craddock ~ Scraddock@firstmountzionbc.org or 703 -670-0184

JOIN US!

MIDDAY

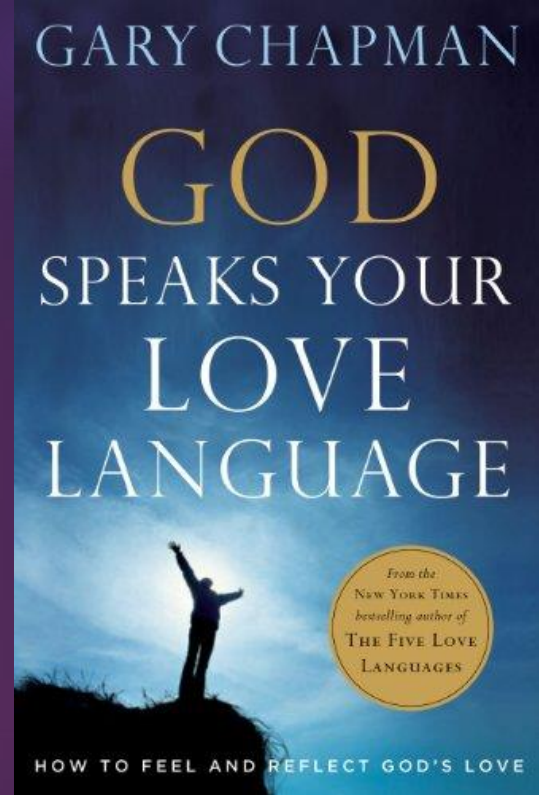
BIBLE STUDY every

Wednesday

11:30a-12:30p

and

Wednesday evening 8:00p



The background of the entire image is a soft-focus, ethereal scene. It features two hands reaching towards each other from the left and right sides. The hand on the left is larger and appears to be reaching out, while the hand on the right is smaller and also reaching out. In the center, where the hands are reaching, there is a faint, glowing cross. The background is a mix of warm colors like orange, yellow, and pink, suggesting a sunrise or sunset. The overall mood is one of hope, faith, and divine presence.

FMZBC 2019 THEME

LIVING IN GOD'S
Assurance

Isaiah 41:10