

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

Teresa Bridges [I]
Bernice Bryant [Z]
Jessica Butler [B]
Gerald Byrd [E2]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (Bj) Harper [D1]
Celesta Hines [M1]
John Harper [D1]
Cheryl Harris [D1]
Reginald Hayes [N]
Kenneth Irby [N]
John W. Jones, Jr. [Z]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Daniel Russell [M3]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Bacon, Turkey Sausage,
Potatoes, Grits, Scrambled
Eggs, Biscuits, and
Fried Whiting.



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Today, Nov 4

Music ~Mass Choir
Sunday School 7A; Worship Service 8A; Sunday School 9:45A; Juvenile Detention 10A; Children's Church 11A; Worship Service 11A

Monday, Nov 5

Alzheimer's Caregiver SGM 3 7P; Bod 4 God SGM 7P; Financial Freedom for Millennials SGM 7P; Journey to Joy/GriefShare 7P; Maturing In Christ SGM (Four Seasons) 7P; Women's Choir Praise Team 7P; Deacon Executive Committee Meeting 7:30P; Deaconess Executive Team Meeting 7:30P

Tuesday, Nov 6

Noon Day Prayer 12P; Deaf Ministry 7P; How to Study the Bible SGM 7P; Women's Choir 7P; Women's Choir Praise Team 7P; Usher Ministry 7:30P; Trustee Ministry 7:30P

Wednesday, Nov 7

Senior's Ministry 12:30P; Praise & Worship 7:30P; Bible Study 8P

Thursday, Nov 8

A.S.K. SGM 7P; Celebrate Recovery SGM 7P; Jewels Choir 7P; Pastor's Aide Ministry 7P; The CORE Ministry Meeting 7P; Voices of Zion 7P; Men's Ministry Monthly Meeting 7:30P; Trustee HR/ Admin Committee 7:30P

Friday, Nov 9

Circling God's Word SGM (Offsite) 7P

Saturday, Nov 10

FMZ Men's Prayer Breakfast 9A; Common Threads Sewing SGM 10A; Singles Ministry 10A

AEM EDUCATION MINISTRY

Fall College Visits to Morgan State and Bowie State Universities for FMZ High School students, Monday, November 12, 2018! Don't miss this opportunity to tour a local university and learn more about the college experience! Sign up after the 8 AM and 11 AM services in the Narthex. More information will be provided. POC: Sis. Sonya Almond and Bro. Gerry Griffin @ AEM@firstmountzionbc.org.

The FMZ Scholarship – Each year FMZ awards scholarships to members who are graduating HS seniors and plan to further their education at institutions of higher learning. The student must meet the following requirements in order to qualify for the scholarship:

- Been a member of FMZ for at least one year prior to the scholarship deadline;
- Participate in at least one church ministry (Ministries are listed in the FMZBC Constitution and Bylaws) six months or more prior to the deadline; and
- Accepted to an institution of higher learning (vocational institutions as well).

Each scholarship application is rated on a point system. The deadline for submitting the scholarship packet is April 15th of each year. A Scholarship workshop is scheduled for Sunday, November 18, 2018. More details to follow. POC: Bro. Gerry Griffin at AEM@firstmountzionbc.org.

THE C.O.R.E MINISTRY

Join The C.O.R.E. on **Thursday, November 8, 2018** at FMZBC, 7:00 PM, for The Ministry of Life, a monthly Young Adult Spiritual Growth Session. The Ministry of Life (Held every 2nd Thursday at FMZBC) is purposed to help young adults grow in their personal relationship with God. We receive tangible words that apply to our everyday lives. Childcare and personal prayer are also provided! This month's topic: "Being Christ Centered" with Rev. Deloris Brown.

ANGEL TREE PRISON FELLOWSHIP

Please sign up in the Narthex to participate in the Angel Tree Prison Fellowship. If you want to make a difference in a child's life. Please volunteer to purchase gifts, wrap gifts and/or deliver gifts. If you have any questions, please call Al Shelton at (703) 969-5910.

MONEY SMART MINISTRY (MSM)

SAVE THE DATE

The next workshop will be held on Saturday, November 17, 2018 from 9:00 –11:00 a.m. featuring the topic "The Tax Man Cometh -"How Do The New Tax Laws Affect You?". Learn about the slew of updates from the IRS and the major tax reform passed by Congress and how it could significantly alter your situation for the 2018 tax year as individual and small business filers. We will have one of our own dynamic speakers, Titus Simmons, who will give it to you straight on filing your taxes under the new tax laws. Our goal as a ministry is to empower all members to learn to be better Stewards of the resources that God has provided for us. Sign-ups will be held after the 8:00 a.m. and 11:00 a.m. service starting November 4th in the Narthex or you can email the ministry at moneysmart@firstmountzionbc.org. Please "Like" us on Facebook at <https://www.facebook.com/FMZBCMoneysmartMinistry/> where you will receive a wealth of information on this topic and others.

SENIORS MINISTRY

FMZBC Seniors ministry is growing but there is still room for you. Join us for a Thanksgiving feast in FMZ gym on Wednesday, November 7, 2018 from 12:00-2:30 pm. All senior members and guest 55 and up are invited. 12:00 pm is the social hour and the meeting begins promptly at 12:30 pm. Come out and meet other senior members for food, fun and fellowship. Rev. Gary Thompson will present our bible study. This will be the only meeting in November. POC: Mary Melton or Shirley Hardy at seniorsministry@firstmountzionbaptistchurch.org

FMZBC NOMINATING COMMITTEE

The FMZBC Nominating Committee is seeking nominations for the following positions for 2019: Church Clerk (1); Assistant Church Clerks (2) and Constitution and By-Laws Committee (6). If you would like to nominate a FMZ member to serve in either of these positions, please stop by the Nominating Committee table in the Narthex, complete a ballot and place it in the nomination box. A brief description of the responsibilities for each position is located on the back of the ballot. The Nominating Committee will compile the list of all nominees to be voted on at the December 1st church meeting. Nominating Committee members are Deaconess Betty Ross, Sister Clarice Torian and Brother Elijah Banks.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
November
REHEARSALS**

Voices of Zion/ Jewels
Thurs 8, 15; 7P

**Women's Choir Praise
Team**
Mon 5; 7P
Tues 6; 7P

Women's Choir
Tues 6

Men's Choir
Tues 13, 20; 7P

Mass Choir
Thurs 29; 7:30P



SMALL GROUP MINISTRY

Come and join us for the **New**, Smart Step Family Support Small Group! We believe God will help us encourage, empower, and equip each other to be good stewards of His blessing called family. This Small Group will study the Smart Step family curriculum which reveals the 7 fundamental steps to blended family success and provides practical, realistic solutions to the issues you may face as a step family. Whether married or soon to be married, you'll discover how to communicate effectively and solve every day puzzles of stepchildren and step family relationships.

Session Dates: November 18th & 25th, December 16th & 30th, January 13th and 27th at 3:00PM – Stafford.
POC: Doug and Elizabeth Freeman - email: esrrb@msn.com or Stephanie M. Craddock, Small Groups Director – Scraddock@firstmountzionbc.org or 703-670-0184.

**CELEBRATE RECOVERY
SMALL GROUP**

Celebrate Recovery is a Christ-centered recovery program based on the eight principles from the Beatitudes. Celebrate Recovery is a safe place that will lead us to freedom as we address our struggles with our hurts, addictive and compulsive behaviors, hang-ups and issues of life that hinder our walk with God. Confidentiality is key, and group discussions are designed to be gender-specific. You are not alone. Leaders: Rev. Tarra Taylor, Bro. Stacey Funches and Sis. Sherry Johnson. POC: Scraddock@firstmountzionbc.org or (703) 670-0184

GRIEFSHARE

FMZBC's Grief Support Ministry, Journey to Joy will host our third GriefShare session, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This 13-week program runs thru December 17, 2018 from 7:00 – 9:00 pm. GriefShare is a free facilitator designed program with special topics, a participant handbook, DVDs featuring grief experts and group discussions. Join us on Monday evening! We know it hurts and we want to help and provide encouragement after the death of a loved one.

VOLUNTEER SCREENING

The Volunteer Screening Committee will conduct training and interviews on Saturday, **November 17th** beginning promptly at 9:00 AM. Please plan to attend this session if you have been a member of FMZBC for at least 6 months, and have the desire to work in youth/children related ministries. It is not necessary to sign up. Contact Cynthia Zorn Pettigrew at 703 -730-5227 or Clarice Torian at 703-730-6353 if you have questions.

SHARE REGISTRATION

Today is the last day to register for November SHARE packages. SHARE packages are \$23 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.