

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

Teresa Bridges [I]
Jessica Butler [B]
Gerald Byrd [E2]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L-1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Celesta Hines [M1]
John Harper [D1]
Cheryl Harris [D1]
Reginald Hayes [N]
Kenneth Irby [N]
John W. Jones, Jr. [Z]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Daniel Russell [M3]
Katherine Stevens [D1]
Haywood Thomas [D4]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Bacon, Turkey Sausage,
Potatoes, Grits, Scrambled
Eggs, Biscuits, and
Omelet Station.



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Today, Oct 28

Music ~Men's Choir
Sunday School 7A; Worship Service 8A; Sunday School 9:45A; Juvenile Detention 10A; Worship Service 11A; The Smart Step Family SGM (Offsite) 3P

Monday, Oct 29

Academic Education Ministry Tutorial Opening Program 7P; Bod 4 God SGM 7P; Christian Dating SGM 7P; Journey to Joy/GriefShare 7P; Retire Inspired SGM 7P; Security Ministry 7P

Tuesday, Oct 30

Noon Day Prayer 12P; Deaf Ministry 7P; FREEDOM SGM 7P

Wednesday, Oct 31

Fall Carnival 6P

Thursday, Nov 1

Deaf Ministry 7P; Our Words Have Power SGM 7P; Professional Women SGM (Four Seasons) 7:30P

Friday, Nov 2

Carpenters for Christ 7P; Where is God in the Movie SGM 7P; Youth First Friday 7P; Professional Women SGM (Four Seasons) 7:30P

Saturday, Nov 3

Deaf Ministry (Deaf Awareness Day) 9A; Women's Ministry Videography 8:30A; A Page At A Time Scrap Booking SGM 9A; Daughters of the King SGM 10A; Mary Elizabeth Ministry 11A; Singles Ministry Bowling Event (Offsite) 2P

CHILDREN'S CHURCH

KIDS KINGDOM is here!

A place where kids are taught about their royalty in Christ Jesus. Parents with children age Pre K through 5th grade, please register today in the Narthex. A ribbon cutting will take place on Sunday, November 4 during 8 am service and children will have their first session on Nov. 4 at 11 am on the 2nd floor. Don't let your kids miss this exciting experience.

AEM EDUCATION MINISTRY TUTORIAL PROGRAM

Tutorial Opening Celebration: Monday, October 29th at 7 PM in the Chapel. Join us as we begin a new year of academic excellence! Refreshments will be served.

Fall College Visits to Morgan State and Bowie State Universities for FMZ High School students, Monday, November 12, 2018! Don't miss this opportunity to tour a local university and learn more about the college experience! Sign up after the 8 AM and 11 AM services in the Narthex. More information will be provided. POC: Sis. Sonya Almond and Bro. Gerry Griffin @ AEM@firstmountzionbc.org.

The FMZ Scholarship – Each year FMZ awards scholarships to members who are graduating HS seniors and plan to further their education at institutions of higher learning. The student must meet the following requirements in order to qualify for the scholarship:

- Been a member of FMZ for at least one year prior to the scholarship deadline;
- Participate in at least one church ministry (Ministries are listed in the FMZBC Constitution and Bylaws) six months or more prior to the deadline; and
- Accepted to an institution of higher learning (vocational institutions as well).

Each scholarship application is rated on a point system. The deadline for submitting the scholarship packet is April 15th of each year. A Scholarship workshop is scheduled for Sunday, November 18, 2018. More details to follow. POC: Bro. Gerry Griffin at AEM@firstmountzionbc.org.

MONEY SMART MINISTRY (MSM)

SAVE THE DATE

The next workshop will be held on Saturday, November 17, 2018 from 9:00 –11:00 a.m. featuring the topic "The Tax Man Cometh -"How Do The New Tax Laws Affect You?". Learn about the slew of updates from the IRS and the major tax reform passed by Congress and how it could significantly alter your situation for the 2018 tax year as individual and small business filers. We will have one of our own dynamic speakers, Titus Simmons, who will give it to you straight on filing your taxes under the new tax laws. Our goal as a ministry is to empower all members to learn to be better Stewards of the resources that God has provided for us. Sign-ups will be held after the 8:00 a.m. and 11:00 a.m. service starting November 4th in the Narthex or you can email the ministry at moneysmart@firstmountzionbc.org. Please "Like" us on Facebook at <https://www.facebook.com/FMZBCMoneysmartMinistry/> where you will receive a wealth of information on this topic and others.

DEAF AWARENESS DAY

The Hands Sharing the Gospel FMZ Deaf Ministry will be hosting its annual Deaf Awareness Day program on Saturday, November 3rd from 9-12noon.

Please mark your calendar to come out support and learn about the Deaf Community as God continues to unite and build two communities together for a greater purpose and work!

WOMEN'S MINISTRY

Sisters Abounding in Light and Truth – SALT
"I am the Vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: without me ye can do nothing" John15:5.

Greeting Sisters! On November 3, 2018 FMZ 9:00am – 12:00pm; the Women's Ministry will participate in joint fellowship with the – Hands Sharing the Gospel FMZ Deaf Ministry – 2018 Deaf Awareness Day Program. Theme: Growing in Community, Acts 2:42-47. You won't want to miss this ministry moment from within the walls of FMZBC. There will not be a Women's Ministry Fellowship on November 10th. POC: Linda L. Young – womensministry@firstmountbc.org.

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
November
REHEARSALS**

Voices of Zion/ Jewels
Thurs 8, 15; 7P

**Women's Choir Praise
Team**
Mon 5; 7P
Tues 6; 7P

Women's Choir
Tues 6

Men's Choir
Tues 13, 20; 7P

Mass Choir
Thurs 1, 29; 7:30P



SMALL GROUP MINISTRY

Come and join us for the **New**, Smart Step Family Support Small Group! We believe God will help us encourage, empower, and equip each other to be good stewards of His blessing called family. This Small Group will study the Smart Step family curriculum which reveals the 7 fundamental steps to blended family success and provides practical, realistic solutions to the issues you may face as a step family. Whether married or soon to be married, you'll discover how to communicate effectively and solve every day puzzles of stepchildren and step family relationships.

Session Dates: October 28th November 18th & 25th, December 16th & 30th, January 13th and 27th at 3:00PM – Stafford.
POC: Doug and Elizabeth Freeman - email: esrb@msn.com or Stephanie M. Craddock, Small Groups Director – Scraddock@firstmountzionbc.org or 703-670-0184.

GRIEF SHARE

FMZBC's Grief Support Ministry, Journey to Joy will host our third GriefShare session, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This 13-week program runs thru December 17, 2018 from 7:00 – 9:00 pm. GriefShare is a free facilitator designed program with special topics, a participant handbook, DVDs featuring grief experts and group discussions. Join us on Monday evening! We know it hurts and we want to help and provide encouragement after the death of a loved one.

DANCE TEAM

As we begin to prepare for the 2018 Christmas Production, please mark your calendars and plan to join us for an informational, October 30, 2018, 7pm. Dancers of all ages are welcomed to attend. For any additional information please contact Sis. LaDonna Stevens-Wright via email at Lstevens112@gmail.com or by phone, 703-505-1427.

USHER MINISTRY

Are you willing to serve? Join the First Mount Zion Senior or Junior Usher Ministry. The FMZ Ushering Ministry is a very critical ministry because it's one's first encounter when entering the sanctuary. At FMZ, it's not all about "ushering" members and visitors to their seats during church service or programs. We like to see ourselves as providing both spiritual and physical comfort in the house of God while ensuring that everyone feels at home. Please visit our table in the Narthex or email Renae Allen, renae.allen@hotmail.com (Sr. Ushers) or Anthony Anderson, aanderso57@gmail.com (Jr. Ushers) about joining this ministry.

VOLUNTEER SCREENING

The Volunteer Screening Committee will conduct training and interviews on Saturday, **November 17th** beginning promptly at 9:00 AM. Please plan to attend this session if you have been a member of FMZBC for at least 6 months, and have the desire to work in youth/children related ministries. It is not necessary to sign up. Contact Cynthia Zorn Pettigrew at 703 -730-5227 or Clarice Torian at 703-730-6353 if you have questions.

SHARE REGISTRATION

The last day to register for November SHARE packages is November 5th. SHARE packages are \$23 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.