

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Teresa Bridges [I]
Jessica Butler [B]
Gerald Byrd [E2]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Ora Darby [C1]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Reginald Hayes [N]
Kenneth Irby [N]
John W. Jones [Z]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental Breakfast



Dr. Luke E. Torian, Pastor
16622 Dumfries Road
Dumfries, VA 22025
Ph. (703) 670-0184
Fax (703) 670-0296

Website
www.fmzbc.com

This Week at a Glance & Activities

Today, Aug 19

Music ~ Voices of Zion/Jewels
Sunday School 7A; Worship Service
8A; Sunday School 9:45A; Juvenile
Detention 10A; Worship Service 11A

Monday, Aug 20

Alzheimer's Caregiver Support SGM
3 (Offsite) 7P; Deacon Ministry Inter-
view Training 7:30P; Trustee Minis-
try Finance Committee 7:30P

Tuesday, Aug 21

Noon Day Prayer 12P; Men's Choir
Ensemble 7P

Wednesday, Aug 22

Alzheimer's Caregiver Support SGM
11A; Praise & Worship 7:30P; Bible
Study 8P

Thursday, Aug 23

Trustee Strategic Planning Commit-
tee 7P; Mass Choir 7:30P

Friday, Aug 24

No Scheduled Activities

Saturday, Aug 25

SHARE Distribution

CHILDREN'S MINISTRY

Salvation Station, the children's summer
worship program, will be closed the month
of August. Children's Church will resume in
September.

MARRIED COUPLES MINISTRY

FELLOWSHIP IN THE PARK: Please join
the FMZBC Married Couples' Ministry Sum-
mer Fellowship in the Park on August 26,
2018 at Leesylvania State Park, Wood-
bridge, VA. There will be lots of barbeque,
fun and fellowship. Cost per couple is
\$30.00. Please see Les or Karen Young to
sign-up or email [marriedcou-
ples@firstmountzionbc.org](mailto:marriedcouples@firstmountzionbc.org).

"SAVE THE DATE"

FMZBC Married Couples' Ministry Presents
"Remembering the Promise Dinner and
Dance" Dec 7, 2018 at the Carlyle Club,
Alexandria, VA. Cost: \$125.00 per couple.
Join us in an elegant evening of love and
re-committal to one another. ***Registration
Starts in September 2018!***

FMZBC 22ND ANNUAL GOLF CLASSIC

ATTENTION GOLFERS: The FMZBC
22nd Annual Golf Classic will be held Mon-
day, September 17th at Old Hickory Golf
Club in Woodbridge, Va. The cost per play-
er is \$100.00. You can play, be a sponsor,
or just buy a Golf shirt. Please sign up in
the Narthex. POC: Al Shelton (703) 969-
5910.

MONEY SMART MINISTRY (MSM)

SAVE THE DATE!!!!!!!

The next workshop will be held On Satur-
day, September 15, 2018 from 9:00 –11:00
am **"Social Security - Get all the latest
information and facts on the benefits of
the program.** Our goal is to empower all
members to be learn how to make realistic
financial goals and how to stick with them.
We will share how to be better Stewards of
God's resources by sharing in "Hands On"
money management techniques through
interactive classroom activities. Come out
and learn what the Bible says about this
topic. Mark your calendar. Sign up in the
Narthex after each service or email the
ministry at [mon-
eysmart@firstmountzionbc.org](mailto:mon-
eysmart@firstmountzionbc.org). Please
Like us Facebook at [https://
www.facebook.com/
FMZBCMoneysmartMinistry/](https://
www.facebook.com/
FMZBCMoneysmartMinistry/)

WOMEN'S MINISTRY (SALT)

Women's Ministry Book Club

Revisit

**The Armor of God by: Pricilla Shirer
SIGN-UP (Narthex) Aug 26th & Sep 2nd**

Love to read; longing to discuss the interesting
aspects of the books you read? As a Christian,
you're thinking you'd like to confidentially engage
like-minded people. The Women's Ministry Book
Club facilitates meaning and purpose, evokes a
deeper connection with the divine, foster commu-
nal identity, and guides practical life application.
First session begins on September 8th. Additional
information will be available at the registration
desk. POC: Sister Robin Hawkins or Linda L.
Young, womensministry@firstmountzionbc.org.

Girlfriend Day II

**Sight & Sound Theatres – Lancaster, PA
PRODUCTION: JESUS
SEPTEMBER 1, 2018**

Please stop by the Women's Ministry Registration
desk on Aug 19 and 26th and pick-up information
on arrival/departure/return times. If registered and
you can't attend, please coordinate financial trans-
fer arrangements with Registration NLT August
26. Additional information will be provided at the
registration desk. POC: Lisa Robinson or Linda
L. Young, womensministry@firstmountzionbc.org

YOUTH MINISTRY

Youth Worship Service Participants: All youth
(6th to 12th Grade) are given the opportunity to
participate in the Sunday worship services by
leading the responsive reading, morning prayer or
offertory prayer. If you are interested, please con-
tact Rev. John McNeill at 703-670-0184.

First Friday (September 7th): All 6th -12th Graders
are invited to participate in the **2018 Fall Youth
Ministry Kick-off!** This year's theme is **Wise
Builders (Matt. 7:24-27)!** Join your friends for
the first FMZ Youth vs. FMZ Spiritual Guides bas-
ketball game. There will be prizes, food, and
fun. Bring a friend! All FMZ Youth (girls and boys)
may participate on the basketball team. by con-
tacting Rev. McNeill at
jmccneill@firstmountzionbc.org or (703) 670-
0184.

PARKING MINISTRY

Are you looking for a great ministry to join? The
Parking Ministry is seeking new members. You
will enjoy the great outdoors, flexible hours, and
interaction with very nice customers. POC: Rickey
Grayson, (703) 407-1295 or Ron Norman (703)
586-0820.

ADMINISTRATIVE OFFICE STAFF

Ahmon Bryant
Food Service Assistant
abravant@firstmountzionbc.org

Sherise Campbell
Food Service Director
scampbell@firstmountzionbc.org

Stephanie M. Craddock
Small Groups Director
scraddock@firstmountzionbc.org

Beverly Grant
Information Technology Assistant
bgrant@firstmountzionbc.org

Sherry Hilliard
Financial Secretary
shilliard@firstmountzionbc.org

Rev. Tracey D. Holley
Minister of Christian Education
tholley@firstmountzionbc.org

Ernest Holmes
Custodian
eholmes@firstmountzionbc.org

Walter Holmes
Assistant Facility Manager
wholmes@firstmountzionbc.org

Antonio Howard
Custodian
ahoward@firstmountzionbc.org

Tiffany Howard
Receptionist
thoward@firstmountzionbc.org

Rev. Sandra K. James
Assistant Pastor
sjames@firstmountzionbc.org

Tommy Johnson
Audio Visual Director
tjohnson@firstmountzionbc.org

Rev. John C. McNeill, Jr.
Youth Minister
jmcneill@firstmountzionbc.org

Sylvia Moore
Executive Assistant to Pastor
smoore@firstmountzionbc.org

Pat Paige
Administrative Assistant
ppaige@firstmountzionbc.org

Deloris Quarterman
Food Service Assistant
dquarterman@firstmountzionbc.org

Ernest Robbins
Facility Manager
erobbins@firstmountzionbc.org

Sylstea C. Sledge
Minister of Music
ssledge@firstmountzionbc.org

Bréh Stevens-Mitchell
Music Ministry Administrative Assistant
BStevensMitchell@firstmountzionbc.org

Rev. Maxine Thompson
CED Coordinator
mthompson@firstmountzionbc.org

Gregory Took
Custodian
gtooks@firstmountzionbc.org

Pastor Luke E. Torian
ltorian@firstmountzionbc.org

Laura Valkenburg
Fitness Center Director
lvalkenburg@firstmountzionbc.org

Renee Woolfolk
Church Business Administrator
rwoolfolk@firstmountzionbc.org

THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
August
REHEARSALS**

Women's Choir
Tues 28; 7P

**Women's Choir Praise
Team**
Tues 28; 7P

Men's Choir Ensemble
Tues 21; 7:30P

Mass Choir
Thurs 23; 7:30P

SMALL GROUPS MINISTRY
Save the Date
Award Winning Stage Play
"Forget Me Not"

SATURDAY, September 29, 2018 –
12:00PM **FREE EVENT**

The FMZBC Small Groups Ministry (in collaboration with USAgainst Alzheimer's) will host the stage play "Forget Me Not" to bring awareness to our church and community regarding Alzheimer's Disease and other Dementias. The way GDavis Productions takes on a disease like Alzheimer's has been called "brilliant". **Forget Me Not** takes the audience into the life of a family facing this medical challenge and shows its impact on not just the immediate family but friends, marriage, and those in the community as well. During the event, there will be a Q&A session facilitated by a panel of experts so you will leave equipped with answers to important questions about medical and social services that are available in your communities and learn how researchers are working on prayerfully, one day finding a cure!! Even though the event is **Free**, please register at www.forgetmenotplay.com

POC: Stephanie M. Craddock at Scraddock@firstmountzionbc.org or (703) 670-0184 or Deacon Michell Clark at Michellc278@verizon.net or (703) 969-9745

2019 BUDGET SUBMISSIONS

Ministry budget requests for 2019 are due to the Trustee Ministry by August 27, 2018. All submissions are required to be submitted on the 2019 FMZBC Ministry Budget Request form which is available in the forms box in the Narthex near the Administrative Office and on the Church's website. In order for the submissions to be considered, they must be submitted with the ministry chair signature (required) and approved by the FMZ leadership chair who has oversight of that ministry (signature). The reverse side of the Budget Request form identifies the leadership ministry that has oversight. Please submit original submissions to the Financial Secretary with all appropriate signatures. The Trustee Ministry will present the 2019 Budget for Church approval at the December 1, 2018, Church meeting. Contact Trustees Maxine DuFore, Oscar Dailey, William Bradley, Leslie Gerald or Bobby Long with any questions.

VACANCY ANNOUNCEMENT

Director, Child Care & Learning Center
FT, Salary & Benefits \$40,000 to \$50,000

Connected to Connect, Inc., at FMZ, Dumfries, VA, is seeking an enthusiastic educator to manage all operations and curriculum at its child care and learning center. Develops, implements and oversees curriculum; supervises a staff of full time and part time childcare providers. Establishes and implements organizational goals, objectives, strategic plans, policies and operating procedures. Plans, develops, and implements strategies for generating resources and/or revenues for the Center. Responsible for program planning, licensing, hiring, and budgeting for the center. Bachelor's degree with a minimum of 5 years of directly related experience in a child care and CPR and First-aid certified required. Submit resume with cover letter and three references to: CTC, FMZBC, Rm. 161, 16622 Dumfries Rd., Dumfries, VA 22025. Applications must be post-marked by August 31st.

PWC NAACP

The PWC NAACP will hold its monthly General Membership Meeting on Tuesday, August 21st, from 7:30 to 9:00 p.m. at the First AME Church located at 10313 S. Grant Ave., Manassas, VA. Please come out and join us. If you are unable to attend the meeting, you can participate on-line by using our GoToMeeting procedure. Go to our website at pwnaacp.org and access the calendar entry for this meeting.

PWC NAACP YOUTH COUNCIL

The Prince William NAACP Youth Council will host its Kick Off event on Saturday, August 25th, from 1:00 pm to 3:00 pm at the Ferlazzo Building, 15941 Donald Curtis Drive, Woodbridge, VA. Interested middle school and high school students are invited. Contact Mrs. Andrea Bryson at 703-494-2596, by August 23rd, if you plan to attend.

SHARE DISTRIBUTION

August SHARE packages will be distributed on Saturday, August 25th from 9 -10am in the gymnasium. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.