

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Teresa Bridges [I]
Jessica Butler [B]
Gerald Byrd [E2]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Ora Darby [C1]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Reginald Hayes [N]
Kenneth Irby [N]
John W. Jones [Z]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental Breakfast



Dr. Luke E. Torian, Pastor
16622 Dumfries Road
Dumfries, VA 22025
Ph. (703) 670-0184
Fax (703) 670-0296

Website
www.fmzbc.com

This Week at a Glance & Activities

Today, Aug 12

Music ~ Women's Choir Ensemble
Sunday School 7A; Worship Service
8A; Sunday School 9:45A; Juvenile
Detention 10A; Worship Service 11A

Monday, Aug 13

Voices of Zion 7P

Tuesday, Aug 14

Noon Day Prayer 12P; Alzheimer's
Caregiver Support SGM 2 (Offsite)
7P; Men's Choir Ensemble 7:30P

Wednesday, Aug 15

Praise & Worship 7:30P; Bible Study
8P

Thursday, Aug 16

Jewels Choir 7P; Trustee Strategic
Planning Committee 7P; Voices of
Zion Ensemble 7P; Deacon Ministry
Meeting 7:30P; Trustee Facility and
Real Property Committee 7:30P

Friday, Aug 17

No Scheduled Activities

Saturday, Aug 18

No Scheduled Activities

CHILDREN'S MINISTRY

Salvation Station, the children's summer
worship program, will be closed the month
of August. Children's Church will resume in
September.

MARRIED COUPLES MINISTRY

FELLOWSHIP IN THE PARK: Please join
the FMZBC Married Couples' Ministry Sum-
mer Fellowship in the Park on August 26,
2018 at Leesylvania State Park, Wood-
bridge, VA. There will be lots of barbeque,
fun and fellowship. Cost per couple is
\$30.00. Please see Les or Karen Young to
sign-up or email [marriedcou-
ples@firstmountzionbc.org](mailto:marriedcouples@firstmountzionbc.org).

"SAVE THE DATE"

FMZBC Married Couples' Ministry Presents
"Remembering the Promise Dinner and
Dance" Dec 7, 2018 at the Carlyle Club,
Alexandria, VA. Cost: \$125.00 per couple.
Join us in an elegant evening of love and
re-committal to one another. *Registration
Starts in September 2018!*

FMZBC 22ND ANNUAL GOLF CLASSIC

ATTENTION GOLFERS: The FMZBC
22nd Annual Golf Classic will be held Mon-
day, September 17th at Old Hickory Golf
Club in Woodbridge, Va. The cost per play-
er is \$100.00. You can play, be a sponsor,
or just buy a Golf shirt. Please sign up in
the Narthex. POC: Al Shelton (703) 969-
5910.

PARKING MINISTRY

Are you looking for a great ministry to join?
The Parking Ministry is seeking new mem-
bers. You will enjoy the great outdoors,
flexible hours, and interaction with very nice
customers. POC: Rickey Grayson, (703)
407-1295 or Ron Norman (703) 586-0820.

RESOURCE ROOM

Need to catch up on past emails? Have a
resume to update? The Resource Room
(347) is located on the north side of the
building. The room is open during work
hours from 9:00a.m. to 5:00p.m. Please
stop by the front desk to sign in.

MEN'S MINISTRY

**ATTENTION ALL MEN!...GET READY, GET
READY, GET READY....**The time to register for
the Men's Retreat is **NOW!!!** Our retreat to Pine
Creek Retreat Center in Gore, VA on September
7-8, 2018 is fast approaching. Register **TODAY**
in the Narthex. The cost is only \$125 for the all-
inclusive event (transportation, 3 meals, accom-
modations, and activities). You can reserve your
space with a deposit or pay in full today. I pray
you seize this opportunity to invest in your spiritual
growth and brotherhood. We look forward to see-
ing you Mighty Men of God. Iron Sharpening Iron
(Prov. 7:17). mensministry@firstmountzionbc.org

WOMEN'S MINISTRY (SALT)

**Sisters Abounding in Light and Truth
- John 15:5**

Fall Book Club Session

The Women's Ministry will sponsor a Fall Book
Club session, starting September 8, 2018. Based
on popular requests, we will re-visit, "The Armor of
God" by: Pricilla Shirer. Please contact Sister
Robin Hawkins at, [womenminis-
try@firstmountzionbc.org](mailto:womenministry@firstmountzionbc.org). Additional information
and updates will be provided in subsequent an-
nouncements.

Women's Ministry Blouse

If you purchased a blouse in 2018 and have not
yet received it please contact Sister Linda L.
Young at, womenministry@firstmountzionbc.org.

YOUTH MINISTRY

Youth Worship Service Participants: All youth
(6th to 12th Grade) are given the opportunity to
participate in the Sunday worship services by
leading the responsive reading, morning prayer or
offertory prayer. Note: 12th graders should reach
out before Sunday, August 19th. If you are inter-
ested, please contact Rev. John McNeill at 703-
670-0184.

**Update: Youth Bible Study will continue
through the summer.** We have an exciting
lesson planned for you. We will begin Wednes-
day night (August 15th) at 8pm in the Resource
Room near the Chapel. Bring a friend.

First Friday (September 7th): All 6th -12th Graders
are invited to participate in the **2018 Fall Youth
Ministry Kick-off!** This year's theme is **Wise
Builders (Matt. 7:24-27)!** Join your friends for
the first FMZ Youth vs. FMZ Spiritual Guides bas-
ketball game. There will be prizes, food, and
fun. Bring a friend! All FMZ Youth (girls and boys)
may participate on the basketball team. by con-
tacting Rev. McNeill at
jmccneill@firstmountzionbc.org or (703) 670-
0184.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
August
REHEARSALS**

Women's Choir
Tues 28; 7P

**Women's Choir Praise
Team**
Tues 28; 7P

Men's Choir Ensemble
Tues 14, 21; 7:30P

Voices of Zion Ensemble
Mon 13; 7P
Thurs 16; 7P

Jewels Choir
Thurs 16; 7P

Mass Choir
Thurs 23; 7:30P

**MONEY SMART MINISTRY (MSM)
SAVE THE DATE!!!!!!**

The next workshop will be held On Saturday, September 15, 2018 from 9:00 a.m. –11:00 "Social Security - Get all the latest information and facts on the benefits of the program. Our goal is to empower all members to be learn how to make realistic financial goals and how to stick with them. We will share how to be better Stewards of God's resources by sharing in "Hands On" money management techniques through interactive classroom activities. Come out and learn what the Bible says about this topic. Mark your calendar. Sign up will be held starting in August after each service or email the ministry at mon-eysmart@firstmountzionbc.org. Please Like us Facebook at <https://www.facebook.com/FMZBCMoneysmartMinistry/>

**SMALL GROUPS MINISTRY
Save the Date**

Award Winning Stage Play
"Forget Me Not"

SATURDAY, September 29, 2018 –
12:00PM **FREE EVENT**

The FMZBC Small Groups Ministry (in collaboration with USAgainst Alzheimer's) will host the stage play "Forget Me Not" to bring awareness to our church and community regarding Alzheimer's Disease and other Dementias. The way GDavis Productions takes on a disease like Alzheimer's has been called "brilliant". **Forget Me Not** takes the audience into the life of a family facing this medical challenge and shows its impact on not just the immediate family but friends, marriage, and those in the community as well. During the event, there will be a Q&A session facilitated by a panel of experts so you will leave equipped with answers to important questions about medical and social services that are available in your communities and learn how researchers are working on prayerfully, one day finding a cure!! Even though the event is **Free**, please register at www.forgetmenotplay.com

POC: Stephanie M. Craddock at Scraddock@firstmountzionbc.org or (703) 670-0184 or Deacon Michell Clark at Michellc278@verizon.net or (703) 969-9745

2019 BUDGET SUBMISSIONS

Ministry budget requests for 2019 are due to the Trustee Ministry by August 27, 2018. All submissions are required to be submitted on the 2019 FMZBC Ministry Budget Request form which is available in the forms box in the Narthex near the Administrative Office and on the Church's website. In order for the submissions to be considered, they must be submitted with the ministry chair signature (required) and approved by the FMZ leadership chair who has oversight of that ministry (signature). The reverse side of the Budget Request form identifies the leadership ministry that has oversight. Please submit original submissions to the Financial Secretary with all appropriate signatures. The Trustee Ministry will present the 2019 Budget for Church approval at the December 1, 2018, Church meeting. Contact Trustees Maxine DuFore, Oscar Dailey, William Bradley, Leslie Gerald or Bobby Long with any questions.

VACANCY ANNOUNCEMENT

Director, Child Care & Learning Center
FT, Salary & Benefits \$40,000 to \$50,000

Connected to Connect, Inc., at FMZ, Dumfries, VA, is seeking an enthusiastic educator to manage all operations and curriculum at its child care and learning center. Develops, implements and oversees curriculum; supervises a staff of full time and part time childcare providers. Establishes and implements organizational goals, objectives, strategic plans, policies and operating procedures. Plans, develops, and implements strategies for generating resources and/or revenues for the Center. Responsible for program planning, licensing, hiring, and budgeting for the center. Bachelor's degree with a minimum of 5 years of directly related experience in a child care and CPR and First-aid certified required. Submit resume with cover letter and three references to: CTC, FMZBC, Rm. 161, 16622 Dumfries Rd., Dumfries, VA 22025. Applications must be post-marked by August 31st.

SHARE REGISTRATION

Today is the last day to register for August SHARE packages. SHARE packages are \$23 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.