

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Teresa Bridges [I]
Jessica Butler [B]
Gerald Byrd [E2]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Ora Darby [C1]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Reginald Hayes [N]
Kenneth Irby [N]
John W. Jones [Z]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental Breakfast



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Website
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This Week at a Glance & Activities

Today, July 29

Music ~ Unity/Combined Choir
Sunday School 8:30A; Worship Service 10A

Monday, July 30

Deacon Executive Committee Meeting 7:30P; Deaconess Executive Team Meeting 7:30P

Tuesday, July 31

Noon Day Prayer 12P

Wednesday, Aug 1

Praise & Worship 7:30P; Bible Study 8P

Thursday, July Aug 2

Voices of Zion 7P; Joint Leadership Meeting 7:30P

Friday, July Aug 3

No Scheduled Activities

Saturday, Aug 4

Church Meeting 10A

CHILDREN'S MINISTRY

Salvation Station, the children's summer worship program, will be closed the month of August. Children's Church will resume in September.

MARRIED COUPLES MINISTRY

"SAVE THE DATE"

FMZBC Married Couples' Ministry Presents "Remembering the Promise Dinner and Dance" Dec 7, 2018 at the Carlyle Club, Alexandria, VA. Cost: \$125.00 per couple. Join us in an elegant evening of love and re-committal to one another. *Registration Starts in September 2018!*

FMZBC 22ND ANNUAL GOLF CLASSIC

ATTENTION GOLFERS - SAVE THE DATE: FMZBC 22nd Annual Golf Classic will be held on Monday September 17th at Old Hickory Golf Club. We will see you there.

PARKING MINISTRY

Are you looking for a great ministry to join? The Parking Ministry is seeking new members. You will enjoy the great outdoors, flexible hours, and interaction with very nice customers. POC: Rickey Grayson, (703) 407-1295 or Ron Norman (703) 586-0820.

SMALL GROUPS MINISTRY

WOULD YOU LIKE TO START A NEW INTEREST BASED SMALL GROUP? I'd like to hear from YOU!! POC: Stephanie Craddock, Small Groups Director Scraddock@firstmountzionbc.org or (703) 670-0184

ZONE K2 FELLOWSHIP POTLUCK BREAKFAST

Join us on Saturday, August 11th at 9:30a.m. for a breakfast fellowship. The fellowship will be at the Hampton Oaks Community Center (80 Northampton Blvd). We also plan to collect school supplies for students in need. For menu and additional details contact Deacon and Deaconess Seth (540-720-6212)

MEN'S MINISTRY

ATTENTION ALL MEN!...GET READY, GET READY, GET READY....The time to register for the Men's Retreat is **NOW!!!** Our retreat to Pine Creek Retreat Center in Gore, VA on September 7-8, 2018 is fast approaching. Register **TODAY** in the Narthex. The cost is only \$125 for the all-inclusive event (transportation, 3 meals, accommodations, and activities). You can reserve your space with a deposit or pay in full today. I pray you seize this opportunity to invest in your spiritual growth and brotherhood. We look forward to seeing you Mighty Men of God. Iron Sharpening Iron (Prov. 7:17). mensministry@firstmountzionbc.org

WOMEN'S MINISTRY (SALT)

Sisters Abounding in Light and Truth - John 15:5

Fall Book Club Session

The Women's Ministry will sponsor a Fall Book Club session, starting September 8, 2018. Based on popular requests, we will re-visit, "The Armor of God" by: Pricilla Shirer. Please contact Sister Robin Hawkins at, womenministry@firstmountzionbc.org. Additional information and updates will be provided in subsequent announcements.

Women's Ministry Blouse

If you purchased a blouse in 2018 and have not yet received it please contact Sister Linda L. Young at, womenministry@firstmountzionbc.org.

YOUTH MINISTRY

Youth Worship Service Participants: All youth (6th to 12th Grade) are given the opportunity to participate in the Sunday worship services by leading the responsive reading, morning prayer or offertory prayer. Note: 12th graders should reach out before Sunday, August 19th. If you are interested, please contact Rev. John McNeill at 703-670-0184.

THE ARCHIVES ROOM

The archives room (1st floor) is open today. Come see the wall display of FMZ children. Browse and read through the collection of documents that provide information about FMZ history, church membership, events and activities that are characteristic of FMZ, etc.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
August
REHEARSALS**

Women's Choir Ensemble
Tues 28; 7P

**Women's Choir Praise
Team**
Tues 28; 7P

Men's Choir Ensemble
Tues 14, 21; 7:30P

Voices of Zion Ensemble
Thurs 2, 16; 7P
Mon 13; 7P

Jewels Choir
Thurs 16; 7P

Mass Choir
Thurs 23; 7:30P

2018 REVIVAL

Sunday, August 5: Rev. Etoria V. Gogins, Pastor, First AME Church, Manassas, VA Monday, Tuesday & Wednesday, August 6-8: Rev. Dr. Jerome C. Ross, Pastor, Providence Park Baptist Church, Richmond, VA Thursday & Friday (August 9-10): Rev. Dr. John W. Kinney, Pastor, Ebenezer Baptist Church, Beaverdam, VA & former Dean, School of Theology, Virginia Union University

Music & Arts/Devotion Schedule

Monday – Women's Choir
Devotions – Women's Ministry

Tuesday – Men's Choir
Devotions – Men's Ministry

Wednesday – Voices of Zion
Devotions – Youth Ministry

Thursday – Young Adult Ensemble
Devotions – Pastor's Aide Ministry

Friday – Combined/Unity Choir
Devotions – Associate Ministers

**MONEY SMART MINISTRY (MSM)
SAVE THE DATE!!!!!!**

The next workshop will be held On Saturday, September 15, 2018 from 9:00 a.m. –11:00 "Social Security - Get all the latest information and facts on the benefits of the program. Our goal is to empower all members to be learn how to make realistic financial goals and how to stick with them. We will share how to be better Stewards of God's resources by sharing in "Hands On" money management techniques through interactive classroom activities. Come out and learn what the Bible says about this topic. Mark your calendar. Sign up will be held starting in August after each service or email the ministry at mon-eysmart@firstmountzionbc.org. Please Like us Facebook at <https://www.facebook.com/FMZBCMoneysmartMinistry/>

LOST AND FOUND

The church has a lost and found section across from the VBS bulletin board. There are, lost Bibles, textbooks (mostly Algebra) along with journals, eye glasses etc. Check out the lost and found section to locate your lost items.

RESOURCE ROOM

Need to catch up on past emails? Have a resume to update? The Resource Room (347) is located on the north side of the building. The room is open during work hours from 9:00a.m. to 5:00p.m. Please stop by the front desk to sign in.

2019 BUDGET SUBMISSIONS

Ministry budget requests for 2019 are due to the Trustee Ministry by August 27, 2018. All submissions are required to be submitted on the 2019 FMZBC Ministry Budget Request form which is available in the forms box in the Narthex near the Administrative Office and on the Church's website. In order for the submissions to be considered, they must be submitted with the ministry chair signature (required) and approved by the FMZ leadership chair who has oversight of that ministry (signature). The reverse side of the Budget Request form identifies the leadership ministry that has oversight. Please submit original submissions to the Financial Secretary with all appropriate signatures. The Trustee Ministry will present the 2019 Budget for Church approval at the December 1, 2018, Church meeting. Contact Trustees Maxine DuFore, Oscar Dailey, William Bradley, Leslie Gerald or Bobby Long with any questions.