

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Teresa Bridges [I]
Jessica Butler [B]
Gerald Byrd [E2]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Ora Darby [C1]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental Breakfast



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This Week at a Glance & Activities

Today, July 8

Music ~ Women's Choir
Sunday School 7A; Worship Service 8A; Sunday School 9:45A; Juvenile Detention 10A; Worship Service 11A; The CORE Ministry Meeting 12:30P; Associates Ministers 1P

Monday, July 9

No Scheduled Activities

Tuesday, July 10

Noon Day Prayer 12P; Alzheimer's Caregiver Support SGM 2 (Offsite) 7P; Men's Choir 7:30P; Trustee Ministry 7:30P;

Wednesday, July 11

Alzheimer's Caregiver Support SGM 1 (Offsite) 7P; Praise & Worship 7:30P; Bible Study 8P

Thursday, July 12

Jewels Choir 7P; Voices of Zion 7P; Committee For Excellence In Leadership 7:30P

Friday, July 13

No Scheduled Activities

Saturday, July 14

No Scheduled Activities

ACADEMIC EDUCATION MINISTRY (AEM)

The following Scholarship application is in the Narthex by the mailboxes. Pick up your application today! All specifications and contacts are listed on the application.

- **The Gospel Worship Experience Scholarship**

CHILDREN'S MINISTRY

Salvation Station, the children's summer worship program, will be closed this summer for July and August, except on 3rd Sunday, July 15th. Children's Church will resume in September.

Graduation for **Children's Ministry Preteen Class** (entering 6th grade in September 2018) will be held on 3rd Sunday, **July 15th** in the chapel during the children's worship service. All preteen class members planning to participate in this special recognition service must notify Ben Duckenfield, Salvation Station Director, 540-467-1380, benjamin.duckenfield3.bd@gmail.com, or Judy Best, 703-670-0746, genesis04@msn.com, by July 8th.

MARRIED COUPLES MINISTRY

"SAVE THE DATE"

FMZBC Married Couples' Ministry Presents "Remembering the Promise Dinner and Dance" Dec 7, 2018 at the Carlyle Club, Alexandria, VA. Cost: \$125.00 per couple. Join us in an elegant evening of love and re-committal to one another. ***Registration Starts in September 2018!***

FMZBC 16TH ANNUAL BLOOD DRIVE

Save the date - July 22, 2018. The Single's and Health Ministries will be conducting FMZBC 16th Annual Blood Drive. Please sign up in the Narthex after worship service today and help save a **Life**. POC: Al Shelton at (703)969-5910.

FMZBC 22ND ANNUAL GOLF CLASSIC

ATTENTION GOLFERS - SAVE THE DATE: FMZBC 22nd Annual Golf Classic will be held on Monday September 17th at Old Hickory Golf Club. We will see you there.

WOMEN'S MINISTRY (SALT) Sisters Abounding in Light and Truth - John 15:5

Fall Book Club Session

The Women's Ministry will sponsor a Fall Book Club session, starting September 8, 2018. Based on popular requests, we will re-visit, "The Armor of God" by: Pricilla Shirer. Please contact Sister Robin Hawkins at, womenministry@firstmountzionbc.org. Additional information and updates will be provided in subsequent announcements.

Women's Ministry Blouse

If you purchased a blouse in 2018 and have not yet received it please contact Sister Linda L. Young at, womenministry@firstmountzionbc.org.

YOUTH MINISTRY

Youth Worship Service Participants: All youth (6th to 12th Grade) are given the opportunity to participate in the Sunday worship services by leading the responsive reading, morning prayer or offertory prayer. Note: 12th graders should reach out before Sunday, August 19th. If you are interested, please contact Rev. John McNeill at 703-670-0184.

MUSIC & ARTS MINISTRY

Calling all Former Voices of Zion and Jewels Members!!!! We will be having a reunion celebration on the 5th Sunday in July and would love for you to attend! Rehearsal dates are as follows: Tuesday, July 17th, Thursday, July 19th, Tuesday 24th and July, 26th. To confirm your attendance or submit any questions concerning this event, please contact Bréh Stevens-Mitchell at bstevensmitchell@firstmountzionbc.org. Thank you!

PROFESSIONAL WOMEN SMALL GROUP HELP US MEET OUR GOAL GO WITH THE FLOW

Support the Professional Women Small Group as we give homeless and under-sheltered women dignity by donating sanitary products. Place your donations in the FLOW boxes located in the Women's restroom where you will find a list of needed products. Learn more at <https://www.youtube.com/watch?v=c5-UW1ESqWc&t=4ske>

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
July
REHEARSALS**

Men's Choir
Tues 10, 17; 7:30P

Voices of Zion
Thurs 12; 7P

Jewels Choir
Thurs 12; 7P

Mass Choir
Thurs 26; 7:30P

**PRAY FOR OUR MISSIONARIES &
POST ENCOURAGING WORDS**

A delegation of 20 members, representing The CORE (*FMZ's Young Adult Ministry*) will be in La Romana, Dominican Republic sharing in construction and water filtration systems with the community of Bethesda Church. Please pray for them; keep up with their experience, and post encouraging words beginning Sunday, July 14 through Friday, July 20 at <https://www.praisingpelicanmissions.org/mission-trip-journals?tripid=10329>.

SMALL GROUPS MINISTRY

WOULD YOU LIKE TO START A NEW INTEREST BASED SMALL GROUP? I'd like to hear from YOU!! POC: **Stephanie Craddock, Small Groups Director** Scraddock@firstmountzionbc.org or (703) 670-0184

SHARE DISTRIBUTION

July SHARE packages will be distributed on Saturday, July 21st from 9 -10am in the gymnasium. POC Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.

PWC NAACP

The PWC NAACP will hold its monthly General Membership Meeting on Tuesday, July 17th, from 7:30 to 9:00 p.m. at the First AME Church located at 10313 S. Grant Ave., Manassas, VA. Please come out and join us. If you are unable to attend the meeting, you can participate on-line by using our GoToMeeting procedure. Go to our website at pwnaacp.org and access the calendar entry for this meeting.