

"I WAS SICK AND  
YE VISITED ME"

Our Known Sick and/  
or Shut-in Prayer List

Teresa Bridges [I]  
Jessica Butler [B]  
Gerald Byrd [E2]  
Terry Carey [F1]  
Yvonne Carter [C1]  
Charlie Clark [K1]  
Curley Creamier [C2]  
Ora Darby [C1]  
Samuel Graham [L1]  
Edwin Green [M3]  
Beulah (BJ) Harper [D1]  
Cheryl Harris [D1]  
Kenneth Irby [N]  
Kizzie Lane [G1]  
Thomas Maxey [G2]  
Gwynne McCatharine [N]  
William C. McLeod [H1]  
Maria McNair [C1]  
Ralph Minor [B]  
Suzette Montero [F2]  
Bertha Pickering [K1]  
Essie Pullman [Z]  
Frances Reynolds-Collier [N]  
Katherine Stevens [D1]  
Myrtle Stith [K4]  
Haywood Thomas [D4]  
Cynthia Thompson [M2]  
Cynthia Walker [Z]  
Clyde Wimbush [N]

**GRAIN OF HEAVEN**

**Bacon, Turkey Sausage,  
Potatoes, Grits, Scram-  
bled Eggs, Biscuits, and  
Waffles.**



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**This Week at a Glance & Activities**

**Today, June 24**

Music ~ Men's Choir  
Sunday School 7A; Worship Service 8A; Sunday School 9:45A; Juvenile Detention 10A; Worship Service 11A; Children's Church 11A; The CORE Ministry Meeting 12:30P; Vacation Bible School Set Up 2P

**Monday, June 25**

Vacation Bible School 8A; Christian Dating SGM 7P; Communications and Publicity Committee/Ministry 7P; Joint Leadership Retreat Planning Meeting 7:30P

**Tuesday, June 26**

Vacation Bible School 8A; Alzheimer's Caregiver Support SGM 7P; Photography Ministry 7P; Small Groups Planning Committee 7P; Toastmasters 7P; Trustee Executive Board Meeting 7P; Women's Choir 7P

**Wednesday, June 27**

Alzheimer's Caregiver Support SGM 1 11A; Praise & Worship 7:30P; Worship Service 8P

**Thursday, June 28**

Vacation Bible School 8A; Celebrate Recovery SGM 7P; R&B (Reading and Believing) SGM 7P; Trustee Strategic Planning Committee 7P; Mass Choir 7:30P

**Friday, June 29**

Vacation Bible School 8A

**Saturday, June 30**

Spiritual Gifts 8:30A

**ACADEMIC EDUCATION MINISTRY  
(AEM)**

The following Scholarship application is in the Narthex by the mailboxes. Pick up your application today! All specifications and contacts are listed on the application.

- **The Gospel Worship Experience Scholarship**

**CHILDREN'S MINISTRY**

Salvation Station, the children's summer worship program, will be closed this summer for July and August, except on 3rd Sunday, July 15th. Children's Church will resume in September.

Graduation for **Children's Ministry Preteen Class** (entering 6th grade in September 2018) will be held on 3rd Sunday, **July 15th** in the chapel during the children's worship service. All preteen class members planning to participate in this special recognition service must notify Ben Duckenfield, Salvation Station Director, 540-467-1380, [benjamin.duckenfield3.bd@gmail.com](mailto:benjamin.duckenfield3.bd@gmail.com), or Judy Best, 703-670-0746, [genesis04@msn.com](mailto:genesis04@msn.com), by July 8th.

**VACATION BIBLE SCHOOL**

**VBS SERVICE PROJECT**

**PLEASE DONATE**

Please support this year's VBS service project, **Fun in the Sun! – Outdoor Toy Drive** for the Brisben Center which provides shelter to at-risk and homeless men, women, and children. Pick up a flyer with details at the VBS sign-up table in the Narthex. Donations can be dropped off at the VBS sign-up table.

**SINGLES MINISTRY**

Singles Ministry Monthly Meeting is Tues, June 26 at 7pm. Topic: Myths about Singleness: The Mis-interpreted life of Singleness. All singles and other interested persons are invited to join in the discussion. [singlesministry@firstmountzionbc.org](mailto:singlesministry@firstmountzionbc.org) POC: Rev. Maxine Thompson [mthompson@firstmountzionbc.org](mailto:mthompson@firstmountzionbc.org)

**WOMEN'S MINISTRY (SALT)  
Sisters Abounding in Light and Truth  
- John 15:5**

**Fall Book Club Session**

The Women's Ministry will sponsor a Fall Book Club session, starting September 8, 2018. Based on popular requests, we will re-visit, "The Armor of God" by: Pricilla Shirer. Please contact Sister Robin Hawkins at, [womenministry@firstmountzionbc.org](mailto:womenministry@firstmountzionbc.org). Additional information and updates will be provided in subsequent announcements.

**Women's Ministry Blouse**

If you purchased a blouse in 2018 and have not yet received it please contact Sister Linda L. Young at, [womenministry@firstmountzionbc.org](mailto:womenministry@firstmountzionbc.org).

**YOUTH MINISTRY**

**Youth Worship Service Participants:** All youth (6<sup>th</sup> to 12<sup>th</sup> Grade) are given the opportunity to participate in the Sunday worship services by leading the responsive reading, morning prayer or offertory prayer. Note: 12th graders should reach out before Sunday, August 19<sup>th</sup>. If you are interested, please contact Rev. John McNeill at 703-670-0184.

**SPIRITUAL GIFTS MINISTRY**

The Spiritual Gifts Ministry's 2nd quarter workshop will be held on Saturday, June 30th from 8:30 am – 12:00 noon. It's not too late in the year to come and learn more about how God is gifting you for service. Registration for the workshop is strongly encouraged to the following address: [Spiritual-Gifts@firstmountzionbc.org](mailto:Spiritual-Gifts@firstmountzionbc.org). Please note that the final day to register for the workshop is Thursday, June 28th. We look forward to seeing you.

**ADMINISTRATIVE OFFICE STAFF**

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**THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.**

**MUSIC & ARTS  
MINISTRY  
June  
REHEARSALS**

**Mass Choir  
Thurs 28; 7:30P**

**FMZBC 16<sup>TH</sup> ANNUAL BLOOD DRIVE**

**Save the date - July 22, 2018.** The Single's and Health Ministries will be conducting FMZBC 16th Annual Blood Drive. Please sign up in the Narthex after worship service today and help save a **Life**. POC: Al Shelton at (703)969-5910.

**FMZBC 22<sup>ND</sup> ANNUAL GOLF CLASSIC**

**ATTENTION GOLFERS - SAVE THE DATE:** FMZBC 22nd Annual Golf Classic will be held on Monday September 17th at Old Hickory Golf Club. We will see you there.

**PROFESSIONAL WOMEN SMALL  
GROUP**

**HELP US MEET OUR GOAL  
GO WITH THE FLOW**

Support the Professional Women Small Group as we give homeless and under-sheltered women dignity by donating sanitary products. Place your donations in the FLOW boxes located in the Women's restroom where you will find a list of needed products. Learn more at <https://www.youtube.com/watch?v=c5-UW1ESgWc&t=4ske>

**REVIVED COMMUNICATIONS &  
PUBLICITY MINISTRY**

First Mount Zion and the Trustee Ministry announce the revival of the Communications and Publicity Ministry (CPM). The CPM is responsible for the Messenger, our monthly church newsletter. The new, enhanced Messenger is a monthly newsletter to tell the wonderful stories of worship, service, study, and stewardship from across our congregation and community. The newly revived and enhanced Messenger will begin in September. The Messenger represents our growth as a congregation and will be available in both print and electronic formats. The articles will reflect our history, stories of our ministries, our fellowship, and faithful servants. We encourage all members to share their stories, praise reports, photos/captions and news. Our goal is to amplify our church mission, vision, and the Word of God throughout the congregation and our communities. Our rich history of over 150 years and our ongoing service should be treasured, shared, and publicized to connect people who have a desire to become fully devoted followers of Jesus Christ. Help us tell the story by being part of the story through your service and participation in ministry. Please celebrate and share God's abundance! For more information or questions contact your Communications and Publicity Ministry: [cpm@firstmountzionbc.org](mailto:cpm@firstmountzionbc.org).

**NCBW/PWCC**

NCBW/PWCC will host a 5k-10k Walk/Run on Saturday, June 30<sup>th</sup> at 7:00am to prevent diabetes. Join us at Montclair Tabernacle Church (next to Reid Elementary School on 234/Dumfries Road). Cost to register is \$25.00 for the 5k walk/run and \$35.00 for the 10k walk/run. POC's: Mary R. Lively at [mrilively@comcast.net](mailto:mrilively@comcast.net) and Ms. Shelia D. Coleman at [sheliadcoleman@aol.com](mailto:sheliadcoleman@aol.com).