

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental Breakfast



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Website
www.fmzbc.com

This Week at a Glance & Activities

Today, Apr 29

Music ~ Combined Choir
Sunday School 8:30A; Unity Service
10A; Juvenile Detention 10A

Monday, Apr 30

POISED Class 10A; Soccer Shots
3:30P; Academic Education Ministry
Tutorial 7P; Bod 4 God SGM 7P;
Christian Dating SGM 7P; Financial
Freedom for Millennials SGM 7P;
Journey to Joy/GriefShare 7P

Tuesday, May 1

How to Study the Bible SGM 11A;
Noon Day Prayer 12P; Usher Ministry
Meeting 7P; VBS Crafts Commit-
tee 7P; Women's Choir 7P; Women-
en's Choir Praise Team 7P; Trustee
Ministry 7:30P

Wednesday, May 2

POISED Class 10A; Senior's Ministry
12:30P; Praise & Worship 7:30P;
Bible Study 8P

Thursday, May 3

Soup to Nuts Cooking & Baking
SGM (Woodbridge) 6:30P; Celebrate
Recovery SGM 7P; Our Words Have
Power SGM 7P; Singles Ministry
(Offsite) 7P; Professional Women 1
SGM (Four Seasons) 7:30P

Friday, May 4

POISED Class 10A; Carpenters for
Christ 7P; Where is God in the Movie
SGM 7P; Youth First Friday 7P;
Professional Women 2 SGM (Four
Seasons) 7:30P

Saturday, May 5

Christian Fellowship Basketball
League 9A; Women's Ministry Committee
9A; Common Thread Sewing
SGM 10A; Daughters of the King
SGM 10A; Women's Ministry Book
Club 10A; Singles Ministry Bowling
Event (Offsite) 2P

**ACADEMIC EDUCATION MINISTRY
(AEM)**

The following Scholarship applications are
in the Narthex by the mailboxes. Pick up
your application today! All specifications
and contacts are listed on the individual
applications.

- **Franklin Dunlap Memorial Scholarship presented by Pi Lambda Lambda Chapter of the Omega Psi Phi Fraternity of PWC**
- **George M. Hampton Foundation Scholarship**
- **Alpha Phi Alpha Fraternity, Inc. Ira Dorsey Scholarship**
- **The Gospel Worship Experience Scholarship**
- **Omicron Zeta Sigma Chapter of Phi Beta Sigma Fraternity, Inc. Scholarship**
- **Northern Virginia Baptist Association - Helen B. Webb Scholarship**
- **Manassas-Woodbridge, Virginia Chapter, Jack and Jill of America, Inc. Scholarship**
- **The Prince William Area Chapter of the Virginia State University Alumni Association 2018 Scholarship**
- **Jack and Jill of America, Inc. for African-American Male Potomac High School Seniors**

High School Seniors, if you haven't picked
up your packet, they are available by the
mailboxes in the Narthex near the elevator.

CHILDREN'S MINISTRY

Children's Church will be closed on April 29,
2018 (today); May 13, 2018 and May 27,
2018.

Children's church provides children (pre K -
5th grade) an opportunity to worship and
learn about Jesus Christ in a safe, age
appropriate, and fun environment.

Children's Church Guidelines:

- Nursery - 12 months - 3 years
- Children's Church - 3 years (potty trained)
and up.

If you are interested in serving with Children's
Church, which runs from September-June,
we encourage you to be part of our
ministry by sharing your giftedness.

Please contact Michelle Wallace at ChildrensMinistry@firstmountzionbc.org or
240-602-5929.

YOUTH MINISTRY

**Youth Ministry First Friday (Movie Night on
May 4 at 7pm):** All youth (6th thru 12th Graders)
are invited to have fun and fellowship with their
friends! Since this is a PG13 movie, all must par-
ents must sign a Parent Consent Form. This First
Friday will include a movie, food, conversations
and laughter. Bring a friend.

Spiritual Journey 2018 Update: The new date
and departure time for our Spiritual Journey to the
Museum of the Bible is **Saturday, May. 5th**
(7:30am -3pm). We will gather at door B for our
departure and return. I'll send a reminder note as
the date approaches. Again, the link for your
perusal is <https://www.museumofthebible.org>.

Youth Theological Institute (YTI) Stream: Rising
high school juniors or seniors, may benefit
from exploring their vocation and engaging in
theological discourse from July 8-14th at Virginia
Union University's Campus. Applications are due
May 1st. Contact Rev. McNeill as soon as possible
and begin the application process if you are inter-
ested. To learn more or to apply for the program,
visit the following web-
site www.STREAMYTI.com and or search <http://www.streamyti.com/scholarapplication>.

If you have any questions, please contact Rev.
John McNeill, Jr. at 703-670-0184 or
jmccneil@firstmountzionbc.org.

**WOMEN'S MINISTRY
Women's Ministry (SALT)**

**Sister's Abounding in Light and Truth "I am
the Vine, ye are the branches: he that abideth
in me, and I in him the same bringeth forth
much fruit: without me, ye can do nothing."
John 15:5**

In recognition and celebration of Mother's Day;
the Women's Ministry Fellowship will **NOT** meet
on May 12, 2018. Our next fellowship is sched-
uled for June 9, 2018. Stay connected more infor-
mation to follow... POC: Linda L. Young, womensministry@firstmountzionbc.org.

**Sight & Sound Girlfriend Day II
SOLD OUT!!!**

The Women's Ministry Registration Committee will
be located in the Narthex on Apr 29 and May 6 to
serve those who have already registered and
want to pay their final installment. Account must
be paid in full NLT June 17. POC: Lisa Robin-
son or Linda L. Young, womensministry@firstmountzionbc.org.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
May
REHEARSALS**

Women's Choir
Tues 1, 8; 7P

**Women's Choir Praise
Team**
Tues 1; 7P
Mon 7; 7P

Men's Choir
Tues 15, 22; 7:30P

Jewels Choir
Thurs 17; 7P

Voices of Zion
Sat 12; 10A
Thurs 17; 7P

Mass Choir
Thurs 3, 24; 7P

MEN'S MINISTRY

ATTENTION ALL MEN!...Come and fellowship on Saturday, May 12th at 9 a.m., as we gather 'Outside The Walls'. We will have our breakfast fellowship at the Old Country Buffet (2942 Prince William Pkwy) for good food, GREAT Fellowship, and God's Word. The cost is ONLY \$9 per person (includes beverage, & gratuities). RSVP in the Narthex TODAY!!!! I pray you seize this opportunity to invest in your spiritual growth and brotherhood. We look forward to seeing you Mighty Men of God. Iron Sharpening Iron (Prov. 27:17). mensministry@firstmountzionbc.org

SMALL GROUPS MINISTRY

Save the Date

Interest Based Small Groups Appreciation "Connected by Laughter"

With Guest Comedian, Marcus D. Wiley. Friday, June 15, 2018 - 7:00PM at First Mount Zion Baptist Church.

Free Event. Open to everyone for an evening of Laughter and Praise!

POC: Stephanie M. Craddock – Scraddock@firstmountzionbc.org or 703-670-0184

Where is God in the Movie?

Join us for Movie Night. Every First Friday– Adults 18 years and above.

Friday, May 4th @ 7PM in the FMZ Lecture Hall. Enter through Door P in the back of the church

You are sure to enjoy the food, fun, laughter and conversation.

POC: Rev. Maxine Thompson – Mthompson@firstmountzionbc.org

GRIEFSHARE

FMZBC's Grief Support Ministry, Journey to Joy will host our second Grief-Share session, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This 13 week program runs through May 14, 2018. GriefShare is a free facilitator designed program with special topics, a participant handbook, DVDs featuring grief experts and group discussions. Join us on Monday evening! **We know it hurts and we want to help and provide encouragement after the death of a loved one.**

SOCIAL COMMITTEE MINISTRY

The FMZ Family Fun Day will be held on May 20th immediately after the 11am service. Volunteer Sign-ups will be held in the Narthex today and May 6th. If you have any questions, POC: Courtney Holeman at cwholeman@gmail.com.

SCHOLARSHIP GOLF TOURNAMENT

Phi Beta Sigma Fraternity, Inc., Omicron Zeta Sigma Alumni Chapter Scholarship Golf Tournament, In Partnership With The Blue Wellness Foundation Monday, June 25, 2018, 9:00 am to 3:00 pm, Forest Green Golf Course 4500 Poa Annu Lane, Triangle, VA 22172. Register today at OZS1914.ORG. Cost: \$100.00 Per Golfer.

SHARE REGISTRATION

The last day to register for May SHARE packages is May 7th. SHARE packages are \$23 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.

VACANCY ANNOUNCEMENT

\$6,600 - \$7,000 Yearly Salary

Jewels Choir Director

The Jewels Choir Director is primarily responsible for leading, teaching, and preparing a small to medium size choir of young children. The Jewels Choir Director works closely with the Minister of Music, FMZBC staff and leadership, volunteers, and musicians in fulfilling the responsibilities of the third Sunday worship service and overall mission of FMZBC. The full job description is available in the Admin Office and will be open until filled.