

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Myrtle Stith [K4]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

**Turkey Sausage, Grits,
Eggs, Biscuits, Bacon,
Potatoes, Omelet Sta-
tion, and Fried Chicken.**



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This Week at a Glance & Activities

Today, Apr 22

Music ~ Men's Choir
Sunday School 7A; Worship Service 8A; Sunday School 9:45A; Juvenile Detention 10A; Worship Service 11A; Children's Church 11A; Study to Show Thyself Approved SGM (Offsite) 1:30P

Monday, Apr 23

POISED Class 10A; Soccer Shots 3:30P; Academic Education Ministry Tutorial 7P; Bod 4 God SGM 7P; Celebrate Recovery SGM 7P; Christian Dating SGM 7P; Journey to Joy/GriefShare 7P; Money Smart Ministry 7P; Retire Inspired SGM 7P

Tuesday, Apr 24

Noon Day Prayer 12P; Alzheimer's Caregiver Support SGM 2 7P; Joint Leadership Committee 7P; Photography Ministry 7P; Singles Ministry 7P; Small Groups Planning Committee Meeting 7P; Toastmasters 7P; Trustee Executive Board Meeting 7P; Unity Choir 7P;

Wednesday, Apr 25

POISED Class 10A; Alzheimer's Caregiver Support SGM 11A; Praise & Worship 7:30P; Bible Study 8P

Thursday, Apr 26

Celebrate Recovery SGM 7P; Dance Ministry Rehearsal 7P; R&B (Reading & Believing) SGM 7P; Strategic Planning Committee 7P; Unity Choir 7P;

Friday, Apr 27

POISED Class 10A; Christian Warriors SGM (Offsite) 6:30P; Warriors of Love SGM (Woodbridge) 7P

Saturday, Apr 28

FMZ School of Ushering 9A; Sunday School Training Session 9A; The Eagles Health & Nutrition SGM 9A; Women's Ministry Planning Meeting 9A; Common Thread Sewing SGM 10A; Dance Ministry Rehearsal 10A; The CORE Ministry 10A; DST Seniors Luncheon 11A; Women's Ministry Book Club 11A

ACADEMIC EDUCATION MINISTRY (AEM)

The following Scholarship applications are in the Narthex by the mailboxes. Pick up your application today! All specifications and contacts are listed on the individual applications.

- **Franklin Dunlap Memorial Scholarship presented by Pi Lambda Lambda Chapter of the Omega Psi Phi Fraternity of PWC**
- **George M. Hampton Foundation Scholarship**
- **Alpha Phi Alpha Fraternity, Inc. Ira Dorsey Scholarship**
- **The Gospel Worship Experience Scholarship**
- **Omicron Zeta Sigma Chapter of Phi Beta Sigma Fraternity, Inc. Scholarship**
- **Northern Virginia Baptist Association - Helen B. Webb Scholarship**
- **Manassas-Woodbridge, Virginia Chapter, Jack and Jill of America, Inc. Scholarship**
- **The Prince William Area Chapter of the Virginia State University Alumni Association 2018 Scholarship**
- **Jack and Jill of America, Inc. for African-American Male Potomac High School Seniors**

High School Seniors, if you haven't picked up your packet, they are available by the mailboxes in the Narthex near the elevator.

MEN'S MINISTRY

ATTENTION ALL MEN!... Come and fellowship on Saturday, May 12th at 9 a.m., as we gather 'Outside The Walls'. We will have our breakfast fellowship at the Old Country Buffet (2942 Prince William Pkwy) for good food, GREAT Fellowship, and God's Word. The cost is ONLY \$9 per person (includes beverage, & gratuities). RSVP in the Narthex TODAY!!!! I pray you seize this opportunity to invest in your spiritual growth and brotherhood. We look forward to seeing you Mighty Men of God. Iron Sharpening Iron (Prov. 27:17). mensministry@firstmountzionbc.org

YOUTH MINISTRY

Youth Ministry First Friday (Movie Night on May 4 at 7pm): All youth (6th thru 12th Graders) are invited to have fun and fellowship with their friends! Since this is a PG13 movie, all must parents must sign a Parent Consent Form. This First Friday will include a movie, food, conversations and laughter. Bring a friend.

Spiritual Journey 2018 Update: The new date and departure time for our Spiritual Journey to the Museum of the Bible is **Saturday, May 5th (7:30am -3pm)**. We will gather at door B for our departure and return. I'll send a reminder note as the date approaches. Again, the link for your perusal is <https://www.museumofthebible.org>.

Youth Bible Study on Wednesdays: On April, 25th at 8pm, we will explore what does it mean to be a follower (disciple) of Jesus Christ? Come and ask the question(s) that you've always had about the Bible. Learn how to do the right things for the right reasons. Discover how to please God. "The Christian Life" is the general theme for our Wednesday night study. See you there! Bring a friend.

Youth Theological Institute (YTI) Stream: Rising high school juniors or seniors, may could benefit from exploring their vocation and engaging in theological discourse from July 8-14th at Virginia Union University's Campus. Applications are due May 1st. Contact Rev. McNeill as soon as possible and begin the application process if you are interested. To learn more or to apply for the program, visit the following website www.STREAMYTI.com and or search <http://www.streamyti.com/scholarapplication>.

If you have any questions, please call or contact Rev. John McNeill, Jr. at 703-670-0184 or jmccneill@firstmountzionbc.org.

WOMEN'S MINISTRY SPRING DONATION DRIVE

After each Sunday service in April, the Women's Ministry will be collecting newborn diapers for Mary's Shelter in Fredericksburg, which provides housing for women experiencing a crisis during pregnancy. Look for our table in the Narthex to drop off your donations! POC is Sister Dora Muhammad, womensministry@firstmountzionbc.com.

SUNDAY SCHOOL MINISTRY

The Spring Quarter training for all Sunday School servants will be held on Saturday, April 28 from 9-11am, themed "Understanding, Connecting & Growing." If you have been reflecting on the call to serve in the Sunday School Ministry, this session is for you too! Sign up thru this link: <http://www.signupgenius.com/go/60b0f4fa4af29abf58-spring> Questions? Email: sundayschool@firstmountzionbc.org POC: Superintendent Gillis Taylor

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
APRIL
REHEARSALS**

Unity Choir
Tues 24; 7P
Thurs 26; 7P

THE CORE

April is National Financial Literacy Month! Join The CORE at FMZBC on Saturday, April 28 at 10 AM for Money Matters: Planning for a Better Tomorrow Starts Today- A Presentation by Jonathan Wright. To sign-up contact TheCore@firstmountzionbc.org.

SINGLES MINISTRY

Singles Ministry monthly meeting on Tuesday, April 24th at 7pm. This session's topic is a book discussion: Thrive, The Single Life as God Intended. All singles are invited to join us for a robust discussion time. Hope to see you there! POC: Rev. Maxine Thompson singles-ministry@firstmountzionbc.org

**MONEY SMART MINISTRY (MSM)
SAVE THE DATE!!!!!!**

The next workshop will be held on Monday, April 23, 2018 from 7:00 p.m. – 8:30 p.m. The workshop topic: **“What Does an Abundant Life Look Like” A Money Smart Ministry Open Forum.** We will discuss topics and answer your questions regarding time or money; financial freedom; giving, etc. Our goal is to empower all members to learn how to make realistic financial goals and how to stick with them. We want to show you how to be good stewards of the resources that God has provided by sharing in “Hands On” money management techniques through interactive classroom activities. Mark your calendar. Sign up will be held after service today, or you can email the ministry at mon-eysmart@firstmountzionbc.org Like us on Facebook at: <https://www.facebook.com/FMZBCMoneysmartMinistry/>

GRIEFSHARE

FMZBC's Grief Support Ministry, Journey to Joy will host our second Grief-Share session, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This 13 week program runs through May 14, 2018. GriefShare is a free facilitator designed program with special topics, a participant handbook, DVDs featuring grief experts and group discussions. Join us on Monday evening! **We know it hurts and we want to help and provide encouragement after the death of a loved one.**

SCHOLARSHIP GOLF TOURNAMENT

Phi Beta Sigma Fraternity, Inc., Omicron Zeta Sigma Alumni Chapter Scholarship Golf Tournament, In Partnership With The Blue Wellness Foundation Monday, June 25, 2018, 9:00 am to 3:00 pm, Forest Green Golf Course 4500 Poa Annua Lane, Triangle, VA 22172. Register today at OZS1914.ORG. Cost: \$100.00 Per Golfer.

SHARE REGISTRATION

The last day to register for May SHARE packages is May 7th. SHARE packages are \$23 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.

VACANCY ANNOUNCEMENT

\$6,600 - \$7,000 Yearly Salary

Jewels Choir Director

The Jewels Choir Director is primarily responsible for leading, teaching, and preparing a small to medium size choir of young children. The Jewels Choir Director works closely with the Minister of Music, FMZBC staff and leadership, volunteers, and musicians in fulfilling the responsibilities of the third Sunday worship service and overall mission of FMZBC. The full job description is available in the Admin Office and will be open until filled.