



"I WAS SICK AND  
YE VISITED ME"

Our Known Sick and/  
or Shut-in Prayer List

Christopher Bates [B]  
Teresa Bridges [I]  
Jessica Butler [B]  
Terry Carey [F1]  
Yvonne Carter [C1]  
Charlie Clark [K1]  
Curley Creamier [C2]  
Samuel Graham [L1]  
Edwin Green [M3]  
Beulah (BJ) Harper [D1]  
Cheryl Harris [D1]  
Kenneth Irby [N]  
Kizzie Lane [G1]  
Thomas Maxey [G2]  
Gwynne McCatharine [N]  
William C. McLeod [H1]  
Maria McNair [C1]  
Ralph Minor [B]  
Suzette Montero [F2]  
Bertha Pickering [K1]  
Essie Pullman [Z]  
Frances Reynolds-Collier [N]  
Katherine Stevens [D1]  
Haywood Thomas [D4]  
Cynthia Thompson [M2]  
Cynthia Walker [Z]  
Clyde Wimbrush [N]

**GRAIN OF HEAVEN**

No Breakfast



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**This Week at a Glance & Activities**

**Today, Dec 31**

Music ~ Combined Choir  
Sunday School 8:30A; Unity Service  
10A; Watch Night Service 10P

**Monday, Jan 1**



**New Year's Day**

Church Office Closed

**Tuesday, Jan 2**

How to Study the Bible SGM 11A;  
Noon Day Prayer 12P; Deaf Ministry  
7P; Money Smart Ministry 7P; Women's  
Choir Praise Team 7P; Women's  
Choir 7P; Trustee Ministry  
7:30P

**Wednesday, Jan 3**

Praise & Worship 7:30P; Bible Study  
8P

**Thursday, Jan 4**

Soup to Nuts Cooking and Baking  
SGM (Woodbridge) 6:30P; A Page  
at a Time Scrap Booking SGM 7P;  
Our Words Have Power SGM 7P;  
Professional Women SGM (Four  
Seasons) 7:30P

**Friday, Jan 5**

Christian Warriors SGM  
(Woodbridge) 6:30P; Carpenters for  
Christ 7P; Where is God in the Move-  
ie SGM 7P; Youth

**Saturday, Jan 6**

Christian Fellowship Basketball  
League 9A; Officers Orientation 10A;  
WICA Debutantes College/Career  
Workshop 10A

**CHILDREN'S MINISTRY**

Children's Church is closed Today.

Children's church provides children (pre K -  
5th grade) an opportunity to worship and  
learn about Jesus Christ in a safe, age  
appropriate, and fun environment.

During Children's Church service, the  
nursery will be located in Room 202-A on  
Sundays.

Children's Church Guidelines:  
Nursery - 12 months - 3 years  
Children's Church - 3 years (potty trained)  
and up.

If you are interested in serving with Chil-  
dren's Church, which runs from September-  
June, we encourage you to be part of our  
ministry by sharing your giftedness.

Please contact Michelle Wallace at [ChildrensMinistry@firstmountzionbc.org](mailto:ChildrensMinistry@firstmountzionbc.org) or  
240-602-5929.

**ACADEMIC EDUCATION MINISTRY  
(AEM)**

The AEM will host a College Student Panel  
Discussion on Sunday, January 7, 2018  
immediately following the 11:00 AM Wor-  
ship Service in the Choir Room. FMZ Col-  
lege students will share their experiences  
and discuss the challenges of transitioning  
from high school to college and campus life,  
being on their own for the first time and  
pitfalls to avoid during the transition pro-  
cess. They will answer questions from  
students and parents. Parents/Guardians &  
high school students are requested to at-  
tend and participate in this valuable discus-  
sion. Parents/Guardians of middle school  
students are also encouraged to at-  
tend. Don't miss this opportunity to hear  
what these outstanding FMZ college stu-  
dents have to offer as well as receive an-  
swers to your hard questions. No sign-up is  
required. Just come on in! Refreshments  
will be served. POC: Sis. Malinda, Bro.  
Ken Spencer, or Bro. Gerry Griffin at  
[aem@firstmountzionbc.org](mailto:aem@firstmountzionbc.org).

**FMZ SINGLE'S MINISTRY PRESENTS  
A BOWLING FUN PARTY**

WHEN: Saturday, January 6, 2018  
TIME: 2:00 PM  
WHERE: 13409 Occoquan Road Wood-  
bridge, VA 22191  
COST: \$10.00 includes Shoes

All Singles and friends are invited to join us.  
May start a FMZ Bowling League if enough  
interest.

POC: Rev. Maxine Thompson, [mthomp-son@firstmountzionbc.org](mailto:mthomp-son@firstmountzionbc.org) or Sister Renae Allen, [renae.allen@hotmail.com](mailto:renae.allen@hotmail.com)

**YOUTH MINISTRY**

**Youth First Friday (Game Night):** January 6<sup>th</sup> at  
7pm. All youth (6th thru 12th Graders) are invited  
to have fun and fellowship with their friends! This  
First Friday will include games, food, conversation  
and laughter. POC: Rev. McNeill for details at  
[jmneill@firstmountzionbc.org](mailto:jmneill@firstmountzionbc.org) or 703-670-0184.

**Youth Bible Study on Wednesdays:** Come and  
ask the question(s) that you've always had about  
the Bible. Learn how to do the right things for the  
right reasons. Discover how to please God.  
"Friends & Peer Pressure" is the general theme  
for our Wednesday night study which begins at  
8pm. POC: Rev. McNeill for details at  
[jmneill@firstmountzionbc.org](mailto:jmneill@firstmountzionbc.org) or 703-670-0184.

**Youth Canned Food Drive Results:** FMZBC  
Youth, Parents and Youth Servants, thank you for  
your contributions and support during our 2017  
Canned Food Drive. Together, we gave 355 lbs  
of canned food items to the ACTS Food  
Bank. Thank you God for blessing us to serve  
others! Sincerely Yours in Christ, Rev. McNeill

**PHOTOGRAPHY MINISTRY**

Do you enjoy taking photos just for fun? Do you  
photograph people or events in your spare time?  
Consider joining the FMZ Photography Ministry!  
For more info, call or text Benson Blake at 703-  
346-3433, or email [photography@firstmountzionbc.org](mailto:photography@firstmountzionbc.org).

**WOMEN'S MINISTRY**

**Sisters Abiding in Light and Truth (SALT)  
John 15:5**

**Attention First Mount Zion Sisters!** The Janu-  
ary 6, Women's Ministry Planning Committee has  
been rescheduled for Jan 11, 2018, from 7:00pm  
- 9:00pm at FMZBC. **Women's Ministry Resolu-  
tion:** I will live as a woman answerable to God  
and faithfully committed to His Word. POC:  
Linda L. Young - [womensminis-try@firstmountzionbc.org](mailto:womensministry@firstmountzionbc.org).

**YOUNG ADULT MINISTRY**

The C.O.R.E. will host its first ministry kick-off/  
general body meeting on Thursday, January 11,  
2018, 7pm at FMZBC. All young adults are invited  
to jumpstart this year with the C.O.R.E. and see  
the amazing things that God has planned for us!  
Questions? POC: Roconia Price at  
[TheCore@FirstMountZionBC.Org](mailto:TheCore@FirstMountZionBC.Org)



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**THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.**

**MUSIC & ARTS  
MINISTRY  
January  
REHEARSALS**

**Men's Choir**  
Tues 9, 16; 7:30P

**Women's Choir**  
Tues 2, 9; 7P

**Voices of Zion/Jewels**  
Thurs 11,18; 7P

**Mass Choir**  
Thurs 25; 7:30P

**FMZBC FIT BY GOD**

**FMZ Basketball:** Saturday January 6<sup>th</sup> at 12:50pm FMZ vs. St. Francis in the Gymnasium. Concessions available in the Grain of Heaven. Come watch, fellowship and support our church team. Go FMZBC!

**Aerobic Toning:** Low impact aerobic exercise combined with muscle toning and stretching. Thursday nights at 7 pm starting January 4<sup>th</sup>. On the gym stage, open to all members. Come exercise and fellowship.

**2018 MLK CHOIR REHEARSAL**

Youth in grades K through 12 are invited to join the Martin Luther King Community Choir who will perform at the Annual Martin Luther King Day celebration on January 15, 2018 at the Hylton Chapel. Rehearsals have begun! It's not too late to join! The second rehearsal will be at Chinn Regional Library, at 1:30 p.m., on Saturday, January 6 which will also include a free performance for the public at 3pm. The final rehearsal will be at Hylton Memorial Chapel, on Friday, January 12, at 7:00 p.m. The choir needs your voice and talent as a part of this wonderful community-wide celebration; please join us! Any questions? Please contact [MLKcommunitychoir2018@gmail.com](mailto:MLKcommunitychoir2018@gmail.com) or LaToya Ransom, [Lransom@hotmail.com](mailto:Lransom@hotmail.com).