



"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Christopher Bates [B]
Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Thomas Maxey [G2]
Gwynne McCathorine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

**Turkey Sausage, Grits,
Eggs, Biscuits, Bacon,
Potatoes, and Omelet
Station**



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This Week at a Glance & Activities

Today, Jan 14

Music ~ Women's Choir
Worship Service 8A; Sunday School
9:45A; Juvenile Detention 10A; Wor-
ship Service 11A; Diverse Disciples
of Christ Youth SGM 1P; God's
Knowledge is Powerful SGM 1P

Monday, Jan 15



Church Office Closed
Martin L. King, Jr. Day

Tuesday, Jan 16

How to Study the Bible SGM 11A;
Noon Day Prayer 12P; Academic
Education Ministry Monthly Meeting
7P; Money Smart Ministry 7P; Dea-
coness Ministry Monthly Meeting
7:30P; Men's Choir 7:30P

Wednesday, Jan 17

Senior's Ministry 12:30P; Praise &
Worship 7:30P; Bible Study 8P

Thursday, Jan 18

Soup to Nuts Cooking and Baking
SGM (Woodbridge) 6:30P; A Page
at a Time Scrap Booking SGM 7P;
Jewels Choir 7P; Motorcycle Ministry
7P; Our Words Have Power SGM
7P; Voices of Zion 7P; Deacon Min-
istry Meeting 7:30P

Friday, Jan 19

No Scheduled Activities.

Saturday, Jan 20

Volunteer Screening 8:30A; 1st
Class Single Women for God SGM
9A; Christian Fellowship Basketball
League 9A; SHARE Distribution 9A;
FMZ School of Ushering 9A; Money
Smart Ministry Workshop 9A; Wom-
en's Ministry Fellowship 9A; Pi
Lambda Lambda OPPF 10A; Junior
Ushers 11:30A; End of Life Care
SGM 1P

CHILDREN'S MINISTRY

Children's Church is closed the month of
January.

Children's church provides children (pre K -
5th grade) an opportunity to worship and
learn about Jesus Christ in a safe, age
appropriate, and fun environment.

During Children's Church service, the
nursery will be located in Room 202-A on
Sundays.

Children's Church Guidelines:
Nursery - 12 months - 3 years
Children's Church - 3 years (potty trained)
and up.

If you are interested in serving with Chil-
dren's Church, which runs from September-
June, we encourage you to be part of our
ministry by sharing your giftedness.

Please contact Michelle Wallace at ChildrensMinistry@firstmountzionbc.org or
240-602-5929.

**ACADEMIC EDUCATION MINISTRY
(AEM)**

The following Scholarship applications are
in the Narthex by the mailboxes:

Northern Virginia Delta Education and Com-
munity Service (NVDECS) Foundation
Scholarship and Fellowship is offering two
(2) unique scholarship/fellowship awards:

1. **The Mary L. Norman Memorial Schol-
arship** (\$2000)
2. **The Delta Decisions
IQA Fellowship** (\$2000)

**The Northern Virginia Urban League, Inc.
Board of Directors**

**The Psi Alpha Alpha Chapter of the
Omega Psi Phi Fraternity, Inc**

**Northern Virginia Electric Corporation
(NOVEC) Scholarship Program** (\$1500)

Pick up your application today! All specifica-
tions and contacts are listed on the individu-
al applications.

YOUTH MINISTRY

Youth Bible Study on Wednesdays: Come and
ask the question(s) that you've always had about
the Bible. Learn how to do the right things for the
right reasons. Discover how to please God.
"Friends & Peer Pressure" is the general theme
for our Wednesday night study which begins at
8pm. POC: Rev. McNeill for details at
jmneill@firstmountzionbc.org or 703-670-0184.

PHOTOGRAPHY MINISTRY

Do you enjoy taking photos just for fun? Do you
photograph people or events in your spare time?
Consider joining the FMZ Photography Ministry!
For more info, call or text Benson Blake at 703-
346-3433, or email [photog-
raphy@firstmountzionbc.org](mailto:photography@firstmountzionbc.org).

MUSIC MINISTRY

Happy New Year!!

Come and join us in 2018. Open season for join-
ing the Mass, Women, Men, Voices of Zion, Jew-
els Choirs, Drama Ministry, and Dance Ministries
of FMZ. Sign up today! POC: Brother Sledge -
ssledge@firstmountzionbc.org

FMZ BASKETBALL

Saturday January 20th at 11:35am FMZ vs. Har-
vest Life Changers in the Gymnasium. Conces-
sions available in the Grain of Heaven. Come
watch, fellowship and support our church team.
Go FMZBC!

PRAYER



FMZBC Leadership is available every Sunday
after the 8 and 11 am Worship Services in the
Chapel for any member or guest who desires
prayer.

VOLUNTEER SCREENING

The Volunteer Screening Committee will conduct
training and interviews on Saturday, January 20,
2018 beginning promptly at 9:00 AM. Please plan
to attend this session if you have been a member
of FMZBC for at least 6 months, and have the
desire to work in youth/children related ministries.
It is not necessary to sign up. Contact Cynthia
Zorn Pettigrew at 703 -730-5227 or Clarice Torian
at 703-730-6353 if you have questions.





ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
January
REHEARSALS**

Men's Choir
Tues 16, 23; 7:30P

Voices of Zion/Jewels
Thurs 18; 7P

Mass Choir
Thurs 25; 7:30P

**MONEY SMART MINISTRY (MSM)
SAVE THE DATE!!!!!!**

The next workshop will be held on Saturday, January 20th from 9:00 -11:00 a.m. The workshop topic: **'Financial Goals for the New Year.'** The great thing about having a financial goal(s) is that anyone can do it, regardless of income or wealth level. Our goal is to empower all members to learn how to make realistic financial goals and how to stick with them. We will share how to be better Stewards of God's money by sharing in "Hands On" money management techniques through interactive classroom activities. Come out and learn what the Bible says about these topics. Mark your calendar. Sign up January 7th and 14th after both services or email the ministry at monesmart@firstmountzionbc.org

SHARE DISTRIBUTION

January SHARE packages will be distributed on Saturday, January 20th from 9 - 10am in the gymnasium. POC Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.

SUNDAY SCHOOL MINISTRY

The first 2018 quarterly training for all Sunday School teachers will be held on Saturday, January 27th from 9-11am. If you have been reflecting on the call to serve in the Sunday School Ministry, this session is for you too! Come learn about this year's goals and participate in breakout focus groups to share your ideas. Sign up thru this Link: www.SignUpGenius.com/go/60B0F4FA4AF29ABF58-winter Questions? Email: sundayschool@firstmountzionbc.org POC: Superintendent Gillis Taylor.

MEN'S MINISTRY

ATTENTION ALL MEN; Young & Mature!!!...Join us on Saturday, January 20th at 9 a.m. for our first monthly Men's Fellowship of 2018. You will receive a Blessing from God as our very own PASTOR LUKE E. TORIAN delivers our charge on "Being Mighty Men of Abundance", 2 Corinthians 9:8-11(NKJV). I pray you seize this opportunity by joining us and allowing Him, through the speaker, to provide you spiritual growth. A continental breakfast will be available. We look forward to seeing you Mighty Men of God. Iron sharpening Iron (Prov. 27:17) mens-ministry@firstmountzionbc.org.

PWC NAACP

The PWC NAACP will hold its monthly General Membership Meeting on Tuesday, January 16th, from 7:30 to 9:00 p.m. at the First AME Church located at 10313 S. Grant Ave., Manassas, VA. Please come out and join us. If you are unable to attend the meeting, you can participate on-line by using our GoToMeeting procedure. Go to our website at pwnaacp.org and access the calendar entry for this meeting.

