

"I WAS SICK AND  
YE VISITED ME"

Our Known Sick and/  
or Shut-in Prayer List

Christopher Bates [B]  
Teresa Bridges [I]  
Jessica Butler [B]  
Terry Carey [F1]  
Yvonne Carter [C1]  
Charlie Clark [K1]  
Curley Creamier [C2]  
Samuel Graham [L1]  
Edwin Green [M3]  
Beulah (BJ) Harper [D1]  
Cheryl Harris [D1]  
Kenneth Irby [N]  
Kizzie Lane [G1]  
Gwynne McCatharine [N]  
William C. McLeod [H1]  
Maria McNair [C1]  
Ralph Minor [B]  
Suzette Montero [F2]  
Kathy Payne [M3]  
Bertha Pickering [K1]  
Essie Pullman [Z]  
Frances Reynolds-Collier [N]  
Katherine Stevens [D1]  
Haywood Thomas [D4]  
Cynthia Thompson [M2]  
Cynthia Walker [Z]  
Clyde Wimbush [N]

**GRAIN OF HEAVEN**

Continental Breakfast



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**This Week at a Glance & Activities**

**Today, Nov 26**

Music ~ Men's Choir  
Sunday School 7A; Worship Service 8A; Sunday School 9:45A; Juvenile Detention 10A; Worship Service 11A;

**Monday, Nov 27**

Academic Education Ministry Tutorial 7P; Bod 4 God SGM 7P; Christmas Choir 7P; Journey to Joy/ Grief-share 7P; Married Couples Ministry 7P; Retire Inspired Small Group 7P

**Tuesday, Nov 28**

Flower Ministry 10A; Noon Day Prayer 12P; Alzheimer's Caregiver Support SGM2; Mary Elizabeth Ministry 7P; Singles Ministry 7P; Small Groups Planning Committee Meeting 7P; Toastmasters 7P; Women's Choir 7P; Trustee Ministry 7:30P

**Wednesday, Nov 29**

Praise & Worship 7:30P; Bible Study 8P

**Thursday, Nov 30**

Soup to Nuts Cooking and Baking SGM (Woodbridge) 6:30P; A Page at a Time Scrap Booking SGM 7P; Blessed and Highly Favored SGM (Dumfries) 7P; Christmas Choir 7P; R&B (Reading & Believing) SGM 7P; The C.O.R.E. Ministry meeting 7P; Joint Leadership Ministry 7:30P; Mass Choir 7:30P

**Friday, Dec 1**

1st Class Single Women for God SGM 7P; Carpenters for Christ 7P; Where is God in the Movie Small Group 7P; Youth First Friday (Prayer Dinner) 7P; Professional Women Small Group (Four Seasons) 7:30P

**Saturday, Dec 2**

Deacon/Deaconess Fellowship Set-up 8A; Church Meeting 10A; Mary Elizabeth Ministry Graduation 11A; Soup to Nuts Cooking and Baking SGM (Woodbridge) 6:30P

**CHILDREN'S MINISTRY**

Children's Church is closed today.  
Children's church provides children (pre K - 5th grade) an opportunity to worship and learn about Jesus Christ in a safe, age appropriate, and fun environment.  
During Children's Church service, the nursery will be located in Room 202-A.

Children's Church Guidelines:  
Nursery - 12 months - 3 years  
Children's Church - 3 years (potty trained) and up.

If you are interested in serving with Children's Church, which runs from September-June, we encourage you to be part of our ministry by sharing your giftedness.

Please contact Michelle Wallace at [ChildrensMinistry@firstmountzionbc.org](mailto:ChildrensMinistry@firstmountzionbc.org) or 240-602-5929.

**Mercantile** - Coming 2nd Sunday, **December 10th**, during Children's Church. Children should bring all Christian Character Dollars earned in Children's Ministry to shop at Mercantile. POC: Judy Best, Mercantile Coordinator, (703) 670-0746, [genesis04@msn.com](mailto:genesis04@msn.com).

**YOUTH MINISTRY**

**First Friday in December:** The Youth Prayer Dinner will be held on Friday, December 1st from 7-9 pm in the Grain of Heaven for 6th thru 12th graders. Sign-ups begin today after the 8am and 11am services. Dressy attire is required for this event. Jeans and tennis shoes are not allowed. Also, youth are asked to participate in the **Youth Canned Food Drive Contest** to fight hunger in the community. The top 6 winners will receive a prize. Canned goods should be brought to the prayer dinner. POC: Rev. John McNeill (703) 670-0184 or [jmcneill@firstmountzionbc.org](mailto:jmcneill@firstmountzionbc.org) or [imcn@firstmountzionbc.org](mailto:imcn@firstmountzionbc.org).

**YM Spiritual Journey (Pilgrimage) 2017:** On Saturday, December 9<sup>th</sup> (7am - 3pm), the Youth Ministry members will travel to the new Museum of the Bible (Washington, DC). The \$20 cost covers our 2 hour early entry, transportation, t-shirt and electronic guide for the museum. Sign-ups will begin Today after the 8am and 11am services in the Narthex. The link for your perusal is <https://www.museumofthebible.org>. POC: Rev. McNeill at (703) 670-0184.

**CHURCH MEETING**

Church Meeting is scheduled for Saturday, December 2nd at 10am. All members are encouraged to attend.

**FLOWER MINISTRY**

The Flower Ministry is in need of volunteers to help with decorating the sanctuary and narthex for Christmas. Come "Join Us" on November 28th from 10:00am - 1:00pm to decorate the church for Christmas! No special talents required--just a desire to help add holiday joy and beauty to FMZ for the Christmas holidays. Anyone interested and available should contact Vera Brackett [vbrack17@verizon.net](mailto:vbrack17@verizon.net) or (703) 494-4529.

**FMZBC ZONE CHRISTMAS FELLOWSHIP**

The FMZBC Christmas Zone Fellowship will be held in the gymnasium after the 11 AM Service on December 3, 2017 for Zones I thru N and December 10, 2017 for Zones B thru H2. This event will include food, entertainment and fellowship.

**ANGEL TREE PRISON FELLOWSHIP**

Please sign up in the Narthex after service today to participate in the Angel Tree prison fellowship. If you want to make a difference in a child's life please volunteer to purchase gifts, wrap gifts, and/or deliver gifts. If you have questions, call Al Shelton at (703) 969-5910.

**ANNUAL CED HOLIDAY BRUNCH**

Don't miss this year's **Annual CED Holiday Brunch: A Servant Appreciation** on Saturday, Dec. 16, 2017 at The Waterford! It is destined to be another blessed time of fellowship; laughter; fun; food; giveaways; and extraordinary entertainment, featuring The Gospel Violinist, Eric Taylor! Slots sell out fast, so register today. Only \$20!

**FMZBC BASKETBALL TEAM**

FMZ competes in the Christian Fellowship Basketball League (CFBL). The season runs from December into May. Practices are Thursday evenings and games are Saturday mornings. Must be a member of the church and be at least 16 years of age. Interested? Come tryout to play. Tryouts are on Thursday, November 30<sup>th</sup> and December 7<sup>th</sup> from 7-9pm in the gymnasium. Questions? Contact Lori Valkenburg at [LValkenburg@FirstMountZionBC.org](mailto:LValkenburg@FirstMountZionBC.org).

**ADMINISTRATIVE OFFICE STAFF**

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**THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.**

**MUSIC & ARTS  
MINISTRY  
November  
REHEARSALS**

**Mass Choir**  
Thurs 30; 7:30P

**Women's Choir**  
Tues 28; 7P

**Christmas Choir**  
Mon 27; 7P  
Thurs 30; 7P

**2017 ZONE FELLOWSHIP OUTREACH**

This year the FMZBC Zone Fellowship 2017 Christmas Outreach effort will support Mary Elizabeth Ministry (an organization within our church), and Action in Community Through Service of Prince William, Inc. (ACTS).

1. You may donate any of the following **(NEW)** baby items to assist **Mary Elizabeth** in providing assistance to young single parents within our communities:

- Small baby items (bottles, pacifiers, bibs)
- Disposable diapers (size newborn to #4)
- Pull-ups and diapers size 5/6

New boys and girls clothing, socks, shoes (size newborn to 2T)

2. You may also donate the following to support ACTS effort to provide for the needs of homeless residents:

Non-perishable food items for the ACTS food pantry.

Thank you for willingness to support our outreach effort. Your donation can make a real difference in the lives of needy people. **The Zone Outreach Committee will collect donations in the Narthex before and after each worship service today, December 3 and 10, 2017. We will also collect donations in the gym on Sunday, December 3 and 10, 2017**

**SHARE REGISTRATION**

The last day to register for December SHARE packages is December 3rd. SHARE packages are \$22 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.

**FMZBC NOMINATING COMMITTEE**

The FMZBC Nominating Committee is seeking nominations for the following positions for 2018: Church Clerk (1); Assistant Church Clerks (2). If you would like to nominate a FMZ member to serve in either of these positions, please stop by the Nominating Committee table in the Narthex, complete a ballot and place it in the nomination box. A brief description of the responsibilities for each position is located on the back of the ballot. The Nominating Committee will compile the list of all nominees to be voted on at the December 2nd church meeting. Nominating Committee members are Deaconess Betty Ross, Sister Clarice Torian and Brother Elijah Banks.

**PROVERBS PLACE**

Proverbs Place Child Care and Learning Center, is currently hiring for the position of part-time teacher assistant and a full time lead teacher. Interest applicants should call Chudney at 703.565.5062 to schedule an interview.

**FOSTER PARENTING**

"Have you been thinking about becoming a foster parent? Become a Foster Parent with Braley & Thompson. We are seeking dedicated foster families; couples and single parents are welcomed. Come join me at one of our information sessions where you can ask questions about the process." You can rsvp for any of our upcoming sessions at: <https://www.meetup.com/Northern-Virginia-Foster-Parents/>. We offer free training and sign-on bonus! For additional info please contact Natasha Cupido, [703-878-8216](tel:703-878-8216) [natasha.cupido@rescare.com](mailto:natasha.cupido@rescare.com)

**NATIONAL ADOPTION AWARENESS**

November is National Adoption Awareness Month. Today, more than 800 children in the Virginia foster care system are waiting to be adopted. Most of the children have experienced the trauma of abuse, neglect, or abandonment. They need the support of a loving family to help them heal. They deserve the love and stability that a permanent family provides. Can you be that family? Call Virginia One Church, One Child today and learn how you can adopt (804) 329-3420 or (800) 440-5090.