

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Christopher Bates [B]
Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Kathy Payne [M3]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

**Turkey Sausage, Grits,
Eggs, Biscuits, Bacon,
Potatoes, and Pancake &
Sausage on a Stick.**



**Thanksgiving Day
Church Office Closed**

**Friday, Nov 24
Church Office Closed**

**Saturday, Nov 25
Church Closed**

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Website
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This Week at a Glance & Activities

Today, Nov 19

Music ~ Voices of Zion/Jewels
Sunday School 7A; Worship Service
8A; Meet and Greet Zone Members
and G1 Leadership 9:20A; New
Members Graduation 9:30A; Sunday
School 9:45A; Juvenile Detention
10A; Worship Service 11A; 1st Class
Single Women for God SGM 1P;
Academic Education Ministry Schol-
arship Workshop 1P; Study to Show
Thyself Approved SGM 1P; Civilian
& Military Outreach SGM
(Alexandria) 2P; Hungry for the
Word SGM (Stafford) 3P; Inspirational
Journey Study Group (Offsite) 3P

Monday, Nov 20

Academic Education Ministry Tutori-
al 7P; Alzheimer's Caregiver Support
SGM 3 7P; Bod 4 God SGM 7P;
Celebrate Recovery SGM 7P; Christ-
mas Choir 7P; Financial Freedom for
Millennials SGM 7P; Journey to Joy/
Griefshare 7P; NCBW-PWCC 7P;
Deacon Ministry Interview Training
7:30P; Trustee Ministry Finance
Committee 7:30P

Tuesday, Nov 21

How to Study the Bible SGM 11A;
Noon Day Prayer 12P; Academic
Education Ministry Monthly Meeting
7P; Deaconess Ministry Monthly
Meeting 7:30P; Men's Choir 7:30P

Wednesday, Nov 22

Alzheimer's Caregiver Support SGM
1 11A; Thanksgiving Service 7:30P

Thursday, Nov 23

CHILDREN'S MINISTRY

Children's Church will be closed November
26, 2017.

Children's church provides children (pre K -
5th grade) an opportunity to worship and
learn about Jesus Christ in a safe, age
appropriate, and fun environment.

During Children's Church service, the
nursery will be located in Room 202-A.

Children's Church Guidelines:

Nursery - 12 months - 3 years

Children's Church - 3 years (potty trained)
and up.

If you are interested in serving with Chil-
dren's Church, which runs from September-
June, we encourage you to be part of our
ministry by sharing your giftedness.

Please contact Michelle Wallace at ChildrensMinistry@firstmountzionbc.org or
240-602-5929.

Mercantile - Coming 2nd Sunday, **Decem-
ber 10th**, during Children's Church. Chil-
dren should bring all Christian Character
Dollars earned in Children's Ministry to
shop at Mercantile. POC: Judy Best, Mer-
cantile Coordinator, (703) 670-0746, genesis04@msn.com.

YOUTH MINISTRY

First Friday in December: The Youth
Prayer Dinner will be held on Friday, De-
cember 1st from 7-9 pm in the Grain of
Heaven for 6th thru 12th graders. Sign-ups
begin today after the 8am and 11am ser-
vices. Dressy attire is required for this
event. Jeans and tennis shoes are not al-
lowed. Also, youth are asked to participate
in the **Youth Canned Food Drive Contest**
to fight hunger in the community. The top 6
winners will receive a prize. Canned goods
should be brought to the prayer din-
ner. POC: Rev. John McNeill (703) 670-
0184 or
jmceill@firstmountzionbc.org or
jmceill@firstmountzionbc.org.

**YM Spiritual Journey (Pilgrimage)
2017:** On Saturday, December 9th (7am -
3pm), the Youth Ministry members will travel
to the new Museum of the Bible
(Washington, DC). The \$20 cost covers our
2 hour early entry, transportation, t-shirt and
electronic guide for the museum. Sign-ups
will begin Today after the 8am and 11am
services in the Narthex. The link for your
perusal is [https://
www.museumofthebible.org](https://www.museumofthebible.org). POC: Rev.
McNeill at (703) 670-0184.

ACADEMIC EDUCATION MINISTRY (AEM)

The Annual AEM FMZ Scholarship Workshop will
be held today immediately after the 11 o'clock
service in the Choir Room. All 2018 graduating
high school seniors who are members of FMZ
are invited to attend. Come out and begin the appli-
cation process. Parents are also welcome to
attend. Don't miss out; see you there! POC Sister
Glorine W. Gholson, AEM FMZ Scholarship
Chairman

Attention Community Service Organiza-
tions. Community service groups are again wel-
come to advertise their academic scholarships in
the church bulletin through the AEM. Simply
email your application with all the necessary infor-
mation to FMZ/AEM Scholarship Chairman, Sister
Glorine W. Gholson, at glodessa@aol.com and
your scholarship application will be advertised in a
timely manner in the church bulletin for any appli-
cants. The AEM thanks you for supporting our
youth as they pursue higher education.

Love Donations to FMZ Students Attending Insti-
tutions of Higher Learning. The AEM will provide
Love Donations to FMZ students who are attend-
ing institutions of higher education. Institutions of
higher learning may be a college, university, com-
munity college, technical school or other school
offering a degree or certification. The Love Dona-
tions consist of an encouragement card and a
monetary donation. Request parents/guardians
provide the student's name, name of the institu-
tion, classification, major, mailing address (home
and school) and student's FMZ member number
to Brother Kenneth Spencer, skenneths@comcast.net
or Sister Pat Paige,
ppaige@firstmountzionbc.org by December 1,
2017.

FLOWER MINISTRY

The Flower Ministry is in need of volunteers to
help with decorating the sanctuary and narthex
for Christmas. Come "Join Us" on November 28th
from 10:00am - 1:00pm to decorate the church for
Christmas! No special talents required--just a
desire to help add holiday joy and beauty to FMZ
for the Christmas holidays. Anyone interested and
available should contact Vera Brackett
vbrack17@verizon.net or (703) 494-4529.

FMZBC ZONE CHRISTMAS FELLOWSHIP

The FMZBC Christmas Zone Fellowship will be
held in the gymnasium after the 11 AM Service on
December 3, 2017 for Zones I thru N and Decem-
ber 10, 2017 for Zones B thru H2. This event will
include food, entertainment and fellowship.

ANGEL TREE PRISON FELLOWSHIP

Please sign up in the Narthex after service today
to participate in the Angel Tree prison fellowship.
If you want to make a difference in a child's life
please volunteer to purchase gifts, wrap gifts, and/
or deliver gifts. If you have questions, call Al Shel-
ton at (703) 969-5910.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
November
REHEARSALS**

Mass Choir
Thurs 30; 7:30P

Women's Choir
Tues 28; 7P

Men's Choir
Tues 21; 7:30P

Christmas Choir
Mon 20, 27; 7P
Thurs 30; 7P

GRIEF SHARE

FMZBC's Grief Support Ministry, Journey to Joy introduces and presents GriefShare, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. Facilitators will lead each session's special topic through a participant handbook, DVDs featuring grief experts and group discussions. Join us Monday evening November 20th, 7:00 - 9:00pm for session 10: "Lessons of Grief – Part One."

FOSTER PARENTING

"Have you been thinking about becoming a foster parent? Become a Foster Parent with Braley & Thompson. We are seeking dedicated foster families; couples and single parents are welcomed. Come join me at one of our information sessions where you can ask questions about the process." You can rsvp for any of our upcoming sessions at: <https://www.meetup.com/Northern-Virginia-Foster-Parents/>. We offer free training and sign-on bonus! For additional info please contact Natasha Cupido, [703-878-8216](tel:703-878-8216) natasha.cupido@rescare.com

NATIONAL ADOPTION AWARENESS

November is National Adoption Awareness Month. Today, more than 800 children in the Virginia foster care system are waiting to be adopted. Most of the children have experienced the trauma of abuse, neglect, or abandonment. They need the support of a loving family to help them heal. They deserve the love and stability that a permanent family provides. Can you be that family? Call Virginia One Church, One Child today and learn how you can adopt (804) 329-3420 or (800) 440-5090.

DANCERS FOR CHRISTMAS

MUSICAL

Dancers ages 11- adults interested in dancing for the Christmas Musical please contact Sis. Johnda Adams at dancingGiri71@gmail.com or 703-623-2554. Rehearsal will be Tuesday, November 21st 7PM.

**CELEBRATE RECOVERY SMALL
GROUP**

Celebrate Recovery is a Christ-centered recovery program based on the eight principles from the Beatitudes. Celebrate Recovery is a safe place that will lead us to freedom as we address our struggles with our hurts, addictive and compulsive behaviors, hang-ups and issues of life that hinder our walk with God. Confidentiality is key and group discussions are designed to be gender-specific. You are not alone. For more information. POC: Stephanie M. Craddock, Small Groups Director - Scraddock@firstmountzionbc.org or (703) 670-0184

FMZBC NOMINATING COMMITTEE

The FMZBC Nominating Committee is seeking nominations for the following positions for 2018: Church Clerk (1); Assistant Church Clerks (2). If you would like to nominate a FMZ member to serve in either of these positions, please stop by the Nominating Committee table in the Narthex, complete a ballot and place it in the nomination box. A brief description of the responsibilities for each position is located on the back of the ballot. The Nominating Committee will compile the list of all nominees to be voted on at the December 2nd church meeting. Nominating Committee members are Deaconess Betty Ross, Sister Clarice Torian and Brother Elijah Banks.

PROVERBS PLACE

Proverbs Place Child Care and Learning Center, is currently hiring for the position of part-time teacher assistant and a full time lead teacher. Interest applicants should call Chudney at 703.565.5062 to schedule an interview.

PWC NAACP

The PWC NAACP will hold its monthly General Membership Meeting on Tuesday, November 21st, from 7:30 to 9:00 p.m. at the First AME Church located at 10313 S. Grant Ave., Manassas, VA. Please come out and join us. If you are unable to attend the meeting, you can participate on-line by using our GoToMeeting procedure. Go to our website at pwnaaccp.org and access the calendar entry for this meeting.