

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Christopher Bates [B]
Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Yvonne Carter [C1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Gwynne McCatharine [N]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Kathy Payne [M3]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Myrtle Stith [K4]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

**Turkey Sausage, Grits,
Eggs, Biscuits, Bacon,
and Potatoes**



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This Week at a Glance & Activities

Today, Nov 5

Music ~ Mass Choir
Sunday School 7A; Worship Service
8A; Sunday School 9:45A; Juvenile
Detention 10A; Children's Church
11A; Worship Service 11A

Monday, Nov 6

Academic Education Ministry Tutori-
al 7P; Alzheimer's Caregiver Support
SGM 3 7P; Bod 4 God SGM 7P;
Celebrate Recovery SGM 7P; Chil-
dren's Ministry 7P; Financial Free-
dom for Millennials SGM 7P; Jour-
ney to Joy/GriefShare 7P; Maturing
In Christ SGM (Four Seasons) 7P;
Women's Choir Praise Team 7P;
Deacon Executive Meeting 7:30P

Tuesday, Nov 7

How to Study the Bible SGM 11A;
Noon Day Prayer 12P; Deaf Ministry
7P; Security Ministry 7P; Senior
Usher Ministry 7P; Women's Choir
7P; Women's Choir Praise Team 7P;
Trustee Ministry 7:30

Wednesday, Nov 8

Alzheimer's Caregiver Support
SGM1 11A; Praise & Worship 7:30P;
Bible Study 8P

Thursday, Nov 9

A Page at a Time Scrap Booking
SGM 7P; Blessed and Highly Fa-
vored SGM (Dumfries) 7P; Jewels
Choir 7P; Married Couples Ministry
7P; Pastor's Aide Ministry 7P; R&B
(Reading & Believing) SGM 7P;
Voices of Zion 7P; Young Adult &
Adult Ministry Meeting 7P; Men's
Ministry Monthly Meeting 7:30P;
Trustee HR/ Admin Committee
7:30P

Friday, Nov 10

Church Office Closed

Christian Warriors SGM (Dumfries)
6:30P; Circling God's Word SGM
(Offsite) 7P; Warriors of Love SGM
(Woodbridge) 7:30P

Saturday, Nov 11



Veterans Day

FMZBC NOMINATING COMMITTEE

The FMZBC Nominating Committee is seeking nominations for the following positions for 2018: Church Clerk (1); Assistant Church Clerks (2). If you would like to nominate a FMZ member to serve in either of these positions, please stop by the Nominating Committee table in the Narthex, complete a ballot and place it in the nomination box. A brief description of the responsibilities for each position is located on the back of the ballot. The Nominating Committee will compile the list of all nominees to be voted on at the December 2nd church meeting. Nominating Committee members are Deaconess Betty Ross, Sister Clarice Torian and Brother Elijah Banks.

ANGEL TREE PRISON FELLOWSHIP

Please sign up in the Narthex after service today to participate in the Angel Tree prison fellowship. If you want to make a difference in a child's life please volunteer to purchase gifts, wrap gifts, and/or deliver gifts. If you have questions, call Al Shelton at (703) 969-5910.

MEN AND WOMEN'S CONFERENCE

Calling Every Man and Every Woman -- Don't miss the Men & Women's 2017 Dinner, Dance and Conference, being held on Friday, Nov. 17 & Saturday, Nov. 18, 2017. Enjoy a Friday evening of fine dining, dancing, and fellowship. Then, come for a short time on Saturday from 9:00 am - 1:30 pm and allow your souls to be blessed as anointed speakers pour into you and equip you with strategies for winning The Tug-of-War between the spirit and the flesh! Registration is on line @ www.fmzbc.com and in the Narthex, immediately following service. Attire: After 5 or Sunday best! POC: Linda L. Young (womensministry@firstmountzionbc.org) or Mark Jessup (mensministry@firstmountzionbc.org).

WOMEN'S MINISTRY

Thanksgiving Outreach: The Women's Ministry invites you and your family to support SERVE Manassas for its annual Operation Turkey program. We will be helping prepare Thanksgiving meal bags for needy families in Prince William County on Saturday, November 11th from 10am-2pm. Volunteers must be at least 12 years of age. To be added to our volunteer list, please email your name(s) and a contact number NLT Wednesday, November 9th to womensministry@firstmountzionbc.org.

ACADEMIC EDUCATION MINISTRY (AEM)

Attention All FMZBC 2018 High School Graduates. You are invited to attend the FMZBC Scholarship Workshop on Sunday, November 19, at the end of the 11am service in the Choir Room. Come out and get your application and scholarship information from the AEM. Parents are welcome also. See you there! Point of Information: Sister Glorine W. Gholson--(703) 221-1524 or glodessa@aol.com

Attention Community Service Organizations.

Community service groups are again welcome to advertise their academic scholarships in the church bulletin through the AEM. Simply email your application with all the necessary information to FMZ/AEM Scholarship Chairman, Sister Glorine W. Gholson, at glodessa@aol.com and your scholarship application will be advertised in a timely manner in the church bulletin for any applicants. The AEM thanks you for supporting our youth as they pursue higher education.

A College visit to Virginia Commonwealth University and Virginia Union University has been scheduled for Friday, November 10, 2017 for First Mount Zion Baptist Church high school students. This will give the students an opportunity to tour a college campus, learn about college life, ask relevant questions and receive information about two local universities. Departure time is 9:00am and return time is approximately 6:30pm. A snack will be provided, however students should bring money for lunch and souvenirs. Please sign-up in the Narthex after 8 am and 11am service. For more information, please contact Sonya Almond at Christine251946@gmail.com or Gerry Griffin at griffing@rocketmail.com.

Scholarship Opportunity

Coca-Cola Scholars Program--Coca-Cola Scholars Foundation. Applicants must be current high school (or home-schooled) seniors attending school in the United States (or select DoD schools); U.S. Citizens; U.S. Nationals; U.S. Permanent Residents; Refugees; Asylees; Cuban-Haitian Entrants; or Humanitarian Parolees; anticipating completion of high school diploma at the time of application; planning to pursue a degree at an accredited U.S. post-secondary institution; and, carrying a minimum 3.00 GPA at the end of their junior year of high school. Amount of scholarship: \$20,000. Email scholars@coca-cola.com; Mailing address: Post Office Box 442; Atlanta, GA 30301; telephone (404) 733-5420; toll free 800-306-2653. Apply today if you qualify!

IN HONOR OF VETERANS DAY

If you are a veteran or active duty service person please wear your uniform or service paraphernalia (Vietnam vests, sash, hats, retiree pins...etc.) on Sunday, November 12 to the 8:00 or 11:00 worship service in honor of Veterans Day.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
November
REHEARSALS**

Mass Choir
Thurs 30; 7:30P

Christmas Choir
Mon 6; 7P

**Women's Choir Praise
Team**
Mon 6; 7P
Tues 7; 7P

Women's Choir
Tues 7, 28; 7P

Voices of Zion/Jewels
Thurs 9, 16; 7P

Worship Praise Ensemble
Mon 13; 7:30P

Men's Choir
Tues 14, 21; 7:30P

CONNECTED TO CONNECT, INC.

Connected To Connect, Inc. is a non-profit organization responsible for the oversight of Proverbs Place Childcare and Learning Center and the Divine Inspirations bookstore. Connected To Connect is seeking board members. To learn more about Connected To Connect and about opportunities to serve, please contact Laurie Wilson, (703) 615-2891.

CHILDREN'S MINISTRY

Children's Church will be closed on November 12, 2017.

Children's church provides children (pre K - 5th grade) an opportunity to worship and learn about Jesus Christ in a safe, age appropriate, and fun environment.

During Children's Church service, the nursery will be located in Room 202-A on Sundays.

Children's Church Guidelines:

Nursery - 12 months - 3 years

Children's Church - 3 years (potty trained) and up.

If you are interested in serving with Children's Church, which runs from September-June, we encourage you to be part of our ministry by sharing your giftedness.

Please contact Michelle Wallace at ChildrensMinistry@firstmountzionbc.org or 240-602-5929.

FOSTER PARENTING

"Have you been thinking about becoming a foster parent? Become a Foster Parent with Braley & Thompson. We are seeking dedicated foster families; couples and single parents are welcomed. Come join me at one of our information sessions where you can ask questions about the process." You can rsvp for any of our upcoming sessions at: <https://www.meetup.com/Northern-Virginia-Foster-Parents/>. We offer free training and sign-on bonus! For additional info please contact Natasha Cupido, [703-878-8216](tel:703-878-8216) natasha.cupido@rescare.com

**CELEBRATE RECOVERY SMALL
GROUP**

Celebrate Recovery is a Christ-centered recovery program based on the eight principles from the Beatitudes. Celebrate Recovery is a safe place that will lead us to freedom as we address our struggles with our hurts, addictive and compulsive behaviors, hang-ups and issues of life that hinder our walk with God. Confidentiality is key and group discussions are designed to be gender-specific. You are not alone. For more information. POC: Stephanie M. Craddock, Small Groups Director - Scraddock@firstmountzionbc.org or (703) 670-0184

YOUTH MINISTRY

YM Spiritual Journey (Pilgrimage) 2017: On Saturday, Dec. 9th (7am -3pm), the Youth Ministry members will travel to the new Museum of the Bible (Washington, DC). The \$20 cost covers our 2 hour early entry, transportation, t-shirt and electronic guide for the museum. Sign-ups will begin Sunday, November 12th after the 8am and 11am services in the Narthex. The link for your perusal is <https://www.museumofthebible.org>. POC: Rev. McNeill at (703) 670-0184.

VOLUNTEER SCREENING

The Volunteer Screening Committee will conduct training and interviews on Saturday, November 18, 2017 beginning promptly at 9:00 AM. Please plan to attend this session if you have been a member of FMZBC for at least 6 months, and have the desire to work in youth/children related ministries. It is not necessary to sign up. Contact Cynthia Zorn Pettigrew at 703 - 730-5227 or Clarice Torian at 703-730-6353 if you have questions.

SHARE REGISTRATION

Today is the last day to register for November SHARE packages. SHARE packages are \$22 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.