

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Christopher Bates [B]
Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Gwynne McCatharine [N]
Nellie McLeod [H1]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Kathy Payne [M3]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Myrtle Stith [K4]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental Breakfast



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This Week at a Glance & Activities

Today, Sep 24

Music ~ Men's Choir
Sunday School 7:00A; Worship Service 8A; Sunday School 9:45A; Juvenile Detention 10A; Worship Service 11A; Consecration/ Ordination Reception 1PM

Monday, Sep 25

Bod4God SGM 7P; Celebrate Recovery SGM 7P; Deacon's Ministry Communion Training 7P; Financial Freedom for Millennials SGM 7P; Journey to Joy/GriefShare 7P; Security Ministry Meeting 7P

Tuesday, Sep 26

Alzheimer's Caregiver Support SGM2 7P; Small Groups Planning Committee Meeting 7P; Toastmasters 7P; Women's Choir 7P

Wednesday, Sep 27

Alzheimer's Caregiver Support SGM1 11A; Praise & Worship 7:30P; Bible Study 8P

Thursday, Sep 28

Staff Retreat
A Page at a Time Scrap Booking SGM 7P; Blessed and Highly Favored SGM (Dumfries) 7P; R&B (Reading & Believing) SGM 7P; Strategic Planning Committee 7P; Mass Choir 7:30P

Friday, Sep 29

Staff Retreat
Christian Warriors SGM (Dumfries) 6:30P; 1st Class Single Women for God SGM (Offsite) 7P

Saturday, Sept 30

Staff Retreat
No Scheduled Activities.

CHILDREN'S MINISTRY

Children's church provides children (pre K - 5th grade) an opportunity to worship and learn about Jesus Christ in a safe, age appropriate, and fun environment.

During Children's Church service, the nursery will be located in Room 202-A on Sundays.

Children's Church Guidelines:

Nursery - 12 months - 3 years

Children's Church - 3 years (potty trained) and up.

If you are interested in serving with Children's Church, which runs from September-June, we encourage you to be part of our ministry by sharing your giftedness.

POC: Michelle Wallace, 240-602-5929 or new1021@verizon.net.

MEN'S MINISTRY

ATTENTION ALL MEN!... Come and fellowship on Saturday, October 14th at 9 a.m., as we hear the true meaning behind Mighty Men of V.A.L.O.R. Our Guest Speaker is our very own, Rev. Ernest Jones. I pray you seize this opportunity to "Glorify God thru Your Time & Service" by joining us and allowing Him, through the speaker, to provide you spiritual growth. A continental breakfast will be available. We look forward to seeing you Mighty Men of Valor. Iron Sharpening Iron (Prov. 27:17).

mensministry@firstmountzionbc.org

SUNDAY SCHOOL MINISTRY SERVANT APPRECIATION

To the 125+ teachers and class administrators who sacrifice their time and commit their excellent gifts to the Sunday School Ministry, the Christian Education Department extends a heartfelt thank you! Join us for our Servant Appreciation Program created especially for you on Sunday, October 1st from 1pm - 2:30pm. Please RSVP to: SundaySchool@firstmountzionbc.org.

FMZBC 2018 CHURCH BUDGET

The Trustee Ministry has commenced development of the 2018 church budget. Ministry Leads are requested to submit completed 2018 Budget Request Forms no later than Today. Forms are available in the mailbox area. Submissions can be emailed to FMZBCTrusteeSecretary@aol.com or left in the Trustee mailbox. Please contact Trustee William Bradley, Trustee Karen M. Davis or Trustee Leslie Gerald with questions.

ACADEMIC EDUCATION MINISTRY (AEM) TUTORIAL PROGRAM

Tutorial Sign-Ups for 2017-2018. Tutors are needed--Yes, we need you to sign up to be an AEM tutor this year. Choose the subject that fits you best to help our students do better in their academic subjects. **Students:** If you are finding that you need more help in a particular subject area, then sign up for free tutoring! Sign up in the Narthex today! All information that you need is available at the Tutorial table today after both services! Tutors and students: Don't miss out on this opportunity! POC: Brother Gerry Griffin (aem@firstmountzionbc.org)

DEACONESS MINISTRY 2017 ANNUAL COMMUNITY GIVEAWAY

EVENT DATE: Saturday, October 21, 2017
EVENT TIME: 8:00am - 12:00pm
"Matthew 25:21 NIV His master replied, 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things.'" **Come and share your master's blessings! Bring in your gently used or new items and non-perishable foods to be a blessing to someone.**
Donations will be accepted until Tuesday, October 17, 2017.

Collection times will be Monday, Tuesday and Thursday 9:30am - 12:00pm, 1:00pm - 3:30pm and 7:00pm - 8:30pm; Wednesday and Fridays collection times will be 9:30am - 12:00pm, 1:00pm - 3:30pm; and No Evening Collections. There will be one Saturday collection date: October 14, 2017. **No Sunday collections. Volunteers are needed.** POC: Mozelle Floyd (703) 439-9021

GRIEF SHARE

FMZBC's Grief Support Ministry, **Journey to Joy** introduces and presents **GriefShare**, a weekly seminar and support group designed to help you rebuild your life after the death of a loved one. Facilitators will lead each session's special topic through a participant workbook, DVDs featuring grief experts and group discussions. Join us September 25, 2017, 7:00 - 9:00 pm for session 3: "The Journey of Grief".

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
September
REHEARSALS**

Mass Choir
Thurs 28; 7:30P

Women's Choir
Tues 26; 7P

YOUTH MINISTRY

First Friday (October 6th): All 6th -12th Graders are invited to participate in the **2017 Fall Youth Ministry Kick-off!** This year's theme is **Be Bold (Acts 4:31)!** Join your friends for first FMZ Youth vs. FMZ Spiritual Guides basketball game, prizes, food and fun. All FMZ Youth (girls and boys) may participate on the basketball team by contacting Rev. McNeill at jmcneill@firstmountzionbc.org or (703) 670-0184.

FIT BY GOD

Line Dancing- Now on Thursday nights! 8 Week Program in the gymnasium. From 7pm to 7:45pm will be beginner level dancing and from 7:45pm to 8:30pm will be more advance level dancing. You choose which level (or both levels) you wish to participate in. Just come learn, dance and fellowship! For more information email Lori at LValkenburg@FirstMountZionBC.org or call 703-670-0225.

MONEY SMART MINISTRY (MSM)

SAVE THE DATE!!!!!!

The next upcoming workshop will be held on Saturday, November 11th from 9:00 a.m. – 11:00 a.m. The workshop topic: **‘Where Does Your Loose Change Go? Ways to Increase Your Savings.’** Our goal is to empower all members to be better Stewards of God's money by sharing in "Hands On" money management techniques through interactive classroom activities. Come out and learn what the Bible says about these topics. Mark your calendar. Sign up will be held after each service starting in October after each service or email the ministry at moneysmart@firstmountzionbc.org

WOMEN IN COMMUNITY ACTION (WICA)

Women In Community Action (WICA) is planning its 25th Debutante Ball. All young ladies who are high school juniors and seniors are invited to the Kick-Off meeting which will be held on October 8, 2017, at Hylton Senior High School. WICA's debutante ball program consists of fun and educational activities leading up to the Ball. The beautiful debutantes will make their debut on March 24, 2018, at the formal Debutante Ball. Parents are welcome so come on out and learn about our Debutante Ball Program. For more information, please contact our Debutante Ball Chairman at 571-345-5515 or Sister Glorine Gholson at (703) 221-1524 or any WICA member.

ZONE H2 MEMBERS

Zone H-2 Meet and Greet with Love Gifts.

- **When:** Today
- **Time:** After 8:00am and 11:00am Worship Services
- **Where:** Executive Conference Room

This special Meet and Greet will give members the chance to connect, take a togetherness photo, and receive your Love gift.

MEN AND WOMEN'S CONFERENCE

ATTENTION ALL Brothers & Sisters...SAVE THE DATE; Men/Women's Conference, November 17th & 18th... 'A Tug-of-War: The Battle between the Spirit and the Flesh' (Galatians 5:17). For more information contact Sis. Linda Young (womensministry@firstmountzionbc.org) or Bro. Mark Jessup (mensministry@firstmountzionbc.org).

ADOPTION AND FOSTER CARE INFORMATION SESSION

Today more than 700 children in the Virginia foster care system are waiting to be adopted. Other children entering the system, need foster parents. Most of the children have experienced the trauma of abuse, neglect, or abandonment. They need the support of a loving family to help them heal. Can you be that family? *On Saturday, September 30 at 1 PM, meet with staff of the Virginia One Church, One Child in the MDW Hall at First Baptist Church, Manassas located at 9258 Center Street, Manassas, VA 20110. This will be for an adoption/foster care information session. Free and open to the public.*

Zone H-2 Leadership Team: Deaconesses Jan Jacobs, Mary Lively, Deacon Jake Jacobs and Rev. Karl Brower.