

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Christopher Bates [B]
Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Gwynne McCatharine [N]
Nellie McLeod [H1]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Kathy Payne [M3]
Bertha Pickering [K1]
Essie Pullman [Z]
Frances Reynolds-Collier [N]
Katherine Stevens [D1]
William Terry [M1]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Myrtle Stith [K4]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

No Breakfast



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This Week at a Glance & Activities

Today, Sep 10

Music ~ Women's Choir
Sunday School 7:00A; Worship Service 8A; Small Groups/ Group Link 9A; Sunday School 9:45A; Juvenile Detention 10A; Children's Church 11A; Worship Service 11A

Monday, Sep 11

Benevolence Committee 7P; Christian Education Department Ministry 7P; Connected to Connect 7P; Journey to Joy/GriefShare 7P; Deacon Executive Committee Meeting 7:30P

Tuesday, Sep 12

Alzheimer's Caregiver Support Small Group 2 7P; Mary Elizabeth Ministry-Planning Meeting 7P; Pi Lambda Lambda OPPF 7P; Toastmasters 7P; Young Adult Ministry 18-25 7P; Men's Choir 7:30P

Wednesday, Sep 13

Alzheimer's Caregiver Support Small Group 1 11A; Praise & Worship 7:30P; Worship Service 8P

Thursday, Sep 14

Adult/Young Adult Ministry 26-40 7P; Jewels Choir 7P; NCBW-PWCC 7P; Pastor's Aide Ministry 7P; Voices of Zion 7P; Willing Workers Ministry 7P; Men's Ministry Monthly Meeting 7:30P; Trustee HR/ Admin Committee 7:30P

Friday, Sep 15

No Scheduled Activities

Saturday, Sept 16

FMZ School of Ushering 9A; M1, M2, M3 Zone Fellowship 9A; Volunteer Screening Ministry 9A; Married Couples Ministry 10A; Pi Lambda Lambda OPPF 10A; Junior Ushers 11:30A

CHILDREN'S MINISTRY

Children's Church provides children (pre K - 5th grade) an opportunity to worship and learn about Jesus Christ in a safe, age appropriate and fun environment.

During Children's Church service, the nursery will be located in Room 202-A.

Children's Church Guidelines:

Nursery—12 months—3 years

Children's Church—3 years (potty trained) and up.

Volunteers Welcome—If you are interested in volunteering for Children's Church, which runs from September through June, we encourage you to join our team by sharing your giftedness.

POC: Michelle Wallace, 240-602-5929 or new1021@verizon.net.

FMZBC 21st ANNUAL GOLF CLASSIC

ATTENTION GOLFERS: You can register today at <https://www.fmzbc.com> or <https://www.eventbrite.com/e/first-mount-zion-baptist-church-the-21st-annual-golf-classic-registration-17890148917>

Volunteers are needed- call Al Shelton at (703) 969-5910.

SINGLE'S MINISTRY MEETING

Calling all Singles! If you are single by chance, by choice, or by change, you are invited to the Singles Vision Casting Meeting on Tuesday, September 19 at 7pm. All single persons are invited to join in a revisioning or cast your vision for your ministry meeting. POC: Rev. Maxine Thompson, CED Coordinator, mthompson@firstmountzionbc.org.

WOMEN'S MINISTRY

Sisters, you are invited to participate in the Women's Ministry Planning Committee meeting on September 23rd from 9:00am – 11:00am, at FMZBC. The objective is to use our spiritual gifts in an effort to glorify God. Come join us as we plan for a proposed November 2017 Men's and Women's Joint Conference and 2018 ministry events. We look forward to serving with you! POC: Sister Linda Young, lindalyoung@hotmail.com.

FMZBC 2018 CHURCH BUDGET

The Trustee Ministry has commenced development of the 2018 church budget. Ministry Leads are requested to submit completed 2018 Budget Request Forms no later than September 24. Forms are available in the mailbox area. Submissions can be emailed to FMZBCTrusteeSecretary@aol.com or left in the Trustee mailbox. Please contact Trustee William Bradley, Trustee Karen M. Davis or Trustee Leslie Gerald with questions.

GRIEFSHARE

FMZBC's Grief Support Ministry, Journey to Joy, introduces and presents GriefShare, a special weekly seminar and support group designed to help you rebuild your life after the death of a loved one. This 13-week program runs September 11th thru December 11, 2017. Facilitators will lead each session's special topic through a participant handbook, DVDs featuring grief experts and group discussions. Register in the Narthex. Sessions are free of charge. We know it hurts and we want to help and provide encouragement after the death of a loved one.

BOD4GOD is back!!

It is a 12 week faith based weight-loss Small Group. It was created because it is so hard for people to lose weight on their own. But with God's help and the encouragement of a group of like-minded weight losers, anyone can become healthier and live a full rich life.

Sign up at Group Link Today! \$30 (includes t-shirt & book). POC: Stephanie M. Craddock, Small Groups Director, (703) 670-0184 or scraddock@firstmountzionbc.org.

DEACONESS MINISTRY 2017 ANNUAL COMMUNITY GIVEAWAY

EVENT DATE: Saturday, October 21, 2017
EVENT TIME: 8:00 – 12:00pm

"Matthew 25:21 NIV His master replied, 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things.'" **Come and share your master's blessings! Bring in your gently used or new items and non-perishable foods to be a blessing to someone.**

Donations will be accepted until Tuesday, October 17, 2017.

Collection times will be Monday, Tuesday and Thursday 9:30am – 12:00pm, 1:00pm – 3:30pm and 7:00pm – 8:30pm; Wednesday and Fridays collection times will be 9:30am – 12:00pm, 1:00pm – 3:30pm; and No Evening Collections. There will be one Saturday collection date: October 14, 2017. **No Sunday collections. Volunteers are needed.** POC: Mozelle Floyd (703) 439-9021

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
September
REHEARSALS**

Jewels Choir
Thurs 14; 7P

Mass Choir
Thurs 21, 28; 7:30P

Men's Choir
Tues 12, 19; 7:30P

Voices of Zion
Thurs 14; 7P

Women's Choir
Tues 26; 7P

ZONE H2 MEMBERS

Zone H-2 Meet and Greet with Love Gifts.

- **When:** Sundays, September 10, 17 and 24
- **Time:** After 8:00am and 11:00am Worship Services
- **Where:** Executive Conference Room

This special Meet and Greet will give members the chance to connect, take a togetherness photo, and receive your Love gift.

Zone H-2 Leadership Team: Deaconesses Jan Jacobs, Mary Lively, Deacon Jake Jacobs and Rev. Karl Brower.

YOUTH MINISTRY

First Friday (October 6th): All 6th -12th Graders are invited to participate in the **2017 Fall Youth Ministry Kick-off!** This year's theme is **Be Bold (Acts 4:31)!** Join your friends for first FMZ Youth vs. FMZ Spiritual Guides basketball game, prizes, food and fun. All FMZ Youth (girls and boys) may participate on the basketball team by contacting Rev. McNeill at jmcneill@firstmountzionbc.org or (703) 670-0184.

MUSIC & ARTS MINISTRY

Come share your gift of singing with the Music Ministry!!

Mass Choir, Women's Choir, Men's Choir, Voices of Zion Choir,

Jewels Choir (ages 5-12). If interested, email Bro. Sledge – ssledge@firstmountzionbc.org

VOICES OF ZION PARENT MEETING – Thursday, September 14th 7PM.

Bring a friend month to rehearsals and to church.

JEWELS CHOIR Parent Meeting – Thursday, September 14th 7:15PM.

MUSIC MINISTRY MEETING – Monday, September 18th – 7PM.

For all Choir Members, Directors, Musicians, Arts Auxiliaries, and Music Ministry Leaders.

PWC NAACP

The Prince William NAACP Youth Council will hold its first meeting of the 2017-2018 year on September 17, 2017, 2:30 p.m. at Potomac Library. This meeting is open to all middle and high school students. Please contact Andrea Bryson at 703-494-2596 for further information.

The PWC NAACP will hold an Open House on September 19th in lieu of its General Membership meeting at the First AME Church located at 10313 South Grant Avenue, Manassas, Va., from 7:30 to 9:00 p.m. Please come join us and find out about the various activities in which our standing committees are engaged to address the needs of the Prince William Community.

ANNUAL SALUTE TO AMERICAN VETERANS

The third annual Salute to American Veterans Ball will be held on November 11, 2017 at the Expo and Conference Center in Fredericksburg, VA from 6P—12A. The first two veterans balls were so successful, we're moving the venue to the large Expo Center to accommodate the increase in attendance. The cost is \$75 per person and includes a great program recognizing our veterans, active duty, family and supporters, a full course meal, entertainment and lots of fun. There will also be auctions, raffles and giveaways. Proceeds to benefit H.O.M.E sponsored youth events, initiatives, selected Veterans outreach programs and future leaders of America. For more information or ticket purchase, please contact Deacon Andrew Walker at andrew.walker55@verizon.net or call 540-226-3967. Tickets can be purchased on line or from me. For detailed information about the veterans ball and to purchase tickets on online, please visit the following website: www.americanveteransball.org.

FIT BY GOD

Line Dancing- Now on Thursday nights! 8 Week Program staring Sept. 14th in the gymnasium. From 7pm to 7:45pm will be beginner level dancing and from 7:45pm to 8:30pm will be more advance level dancing. You choose which level (or both levels) you wish to participate in. Just come learn, dance and fellowship! For more information email Lori at LValkenburg@FirstMountZionBC.org or call 703-670-0225.

FMZBC Email Service

FMZ is in the process of switching email service to Office365. Effective August 30, 2017, ALL NEW EMAIL was delivered to the new mailboxes in Office365.

In order to send and receive email using your FMZBC issued email address please use the following URL:

outlook.office.com. If you have not received your new username and password please contact Renee Woolfolk, Church Business Administrator at (703) 670-0184.

SHARE REGISTRATION

Today is the last day to register for September SHARE packages. SHARE packages are \$22 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.